

Republic of the Philippines

Department of Education

REGION XII SCHOOLS DIVISION OF SOUTH COTABATO

Mental Health Advocacies

- 1. Reproduction of IEC materials; Mental Health Calendar for students
- 2. Tarpaulin Printing of smoking/vape /alcohol ban beverage in Schools and DepEd offices
- 3. Webinar on Safe places in School/Resilient Educator/Whole School Approach
- 4. Webinar/ Limited face to face on Psychological Burn Out in the New Normal, Understanding Burn-out and learn to cope
- 5. Psychological First Aid Virtual Training
- 6. Caring for your mental health (PTA Federation, Pres, Advisers, School Heads, Guidance and Nurses)
- 7. Mindfulness Techniques Webinar for Learners (School SSGC Pres, Advisers, School head, Guidance and nurses)
- 8. Webinar or limited face to face on children with Intellectual Deficit Assessment
- 9. Counseling and referral Program in School (Guidance Counselors/Coordinators)
- 10. National Mental Health Day IEC Tarp
- 11. Reproduction of Modules and other IEC materials based on DepEd Memorandum



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