



Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION

September 12, 2022

REGION MEMORANDUM
AD No. 42, s. 2022

WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES

TO: Schools Division Superintendents
All Other Personnel Concerned

1. The Bureau of Human Resource and Organizational Development – Employee Welfare Division (BHROD-EWD), DepEd-Central Office launched the **Wellness Day Webinar Series** last August 31, 2022. The series of webinars are composed of different sessions that aim to address various concerns related to the psychological and financial well-being of our employees. These will be conducted using virtual platforms via ZOOM or MS Teams and streamed live through DepEd Philippines Facebook (FB) Page.
2. To increase awareness in promoting the well-being of our employees across all governance levels, this office invites all DepEd employees to participate in the scheduled sessions. All personnel are advised to join through the online Zoom or MS Teams meeting room by registering at the link provided with the detailed episode announcements/invitations posted on the DepEd Philippines FB page.
3. For queries or clarifications, feel free to communicate with BHROD-EWD through the email address bhrod.ewd@deped.gov.ph.
4. Enclosed is the indicative schedule of the webinars for guidance.
5. For immediate and wide dissemination.


CARLITO D. ROCAFORT
Director IV

Encl.: As stated
Reference: Memorandum DM-OUHROD-2022-0015
Allotment: None
To be indicated in the Perpetual Index under the subject
WELLNESS PERSONNEL EMPLOYEE WELFARE

EBA/AD-P/RM/WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES /029 /September 12, 2022



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Enclosure to Region Memorandum AD No. 42, s. 2022

ANNEX A

Wellness Day Webinar Series
August to November 2022

	DATE AND TIME	THEME
1	August 31, 2022 1:30 p.m. – 3:30 p.m.	<i>Financial Wellness</i>
2	September 14, 2022 9:00 a.m. to 11:00 a.m.	<i>Financial Wellness</i>
3	September 28, 2022 9:00 a.m. to 10:30 a.m.	<i>Psychosocial Wellness</i>
4	October 19, 2022 9:00 a.m. to 10:30 a.m.	<i>Psychosocial Wellness</i>
5	October 26, 2022 9:00 a.m. to 10:30 a.m.	<i>Psychosocial Wellness</i>
6	November 09, 2022 9:00 a.m. to 10:30 a.m.	<i>Psychosocial Wellness</i>
7	November 15, 2022 9:00 a.m. to 11:00 a.m.	<i>Financial Wellness</i>
8	November 16, 2022 9:00 a.m. to 11:00 a.m.	<i>Financial Wellness</i>
9	November 29, 2022 9:00 a.m. to 10:30 a.m.	<i>Psychosocial Wellness</i>



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