



Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION

September 16, 2022

REGION MEMORANDUM
ESSD No. 111, s. 2022

**ENJOINING DEPED SOCCSKSARGEN IN THE CONDUCT
OF 2022 BLOODLETTING ACTIVITY**

To: Schools Division Superintendents

1. In reference to the CSC RO XII's conduct of the 2022 Bloodletting Activity in Koronadal City in celebration of the 122nd Philippine Civil Service Anniversary this September, the DepEd SOCCSKSARGEN ESSD-SHS enjoins regional office personnel and all schools division offices to participate in the said activity, with the ten-year overarching theme: "Transforming public service in the next decade: Honing Agile and Future Ready Servant-Heroes."
2. The Blood-letting activity shall be held on September 20, 2022 at the KCC Events Center of the KCC Mall of Marbel, Koronadal City at 8:00 a.m. – 11:00 a.m.
3. On top of the health benefits, screening for multiple disease markers, the volunteerism as well as the opportunity to save lives are the aim of this activity.
4. Furthermore, all SDOs are encouraged to conduct blood-letting activities in their respective divisions, whereby all Division Blood-letting Coordinators will submit proposed date of implementation on or before October 15, 2022. SDOs are likewise advised to coordinate with the nearest Philippine Red Cross center in their particular areas.
5. Following are the requirements of potential donors:
 - a. Weight: at least 50kg (110 lb)
 - b. Blood Pressure: Systolic BP of 90-160mmhg and Diastolic of 90-100mmhg
 - c. Age: at least 18 years old to 60 years old
 - d. Pulse rate: 60-100 beats/minutes with regular rhythm
 - e. Normal hemoglobin count will be checked on the day of donation
 - f. Sleep at least 5 hours the previous night
 - g. No alcohol consumption at least 24 hours before blood donation
 - i. Vaccination card (Partially/fully vaccinated)
6. For queries and clarification, you may contact Dr. Kay Kashmyra Chio-Buenaflor, MO IV or Dr. Mina Fe S. Ruz, Dentist III at (083) 228-1667.
7. Wide dissemination and compliance with the memorandum is desired


CARLITO D. ROCAFORT
Director IV



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Encl.: None

Reference: CSC RO XII

Allotment: None

To be indicated in the Perpetual Index under the following Subjects:
HEALTH PROGRAM

MFSR/ESSD-SHS/RM – Enjoining DepEd SOCCSKSARGEN in the Conduct of 2022 Bloodletting Activity/114/September 13, 2022



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