



Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

October 26, 2022

REGION MEMORANDUM  
ESSD No. 142, s, 2022

**DISSEMINATION OF DOH PUBLIC ADVISORY ON HAND, FOOT  
AND MOUTH DISEASE**

To: Schools Division Superintendents  
All Others Concerned

1. The Department of Health (DOH) raises its concern due to increasing cases of children affected with Hand, Foot and Mouth Disease (HFMD) which is known to be highly contagious. With the opening of full face to face classes, the BLSS-SHD office together with ESSD-SHS enjoins the different division offices thru their School Health and Nutrition personnel to increase awareness and promote prevention of HFMD.

2. The vaccine for the virus causing HFMD is still being developed. However, with the following simple steps, the disease can be PREVENTED:

- a. Washing of hands often with soap and water for at least 20 seconds, if not available use an alcohol-based sanitizer;
- b. Cleaning and disinfecting frequently touched surfaces and shared items including door knobs;
- c. Avoiding touching of eyes, nose, and mouth;
- d. Avoiding touching someone who has hand, foot, and mouth disease such as holding hands, hugging, etc.
- e. Wearing of face masks

3. HFMD is normally mild and self-limiting; however, complications such as dehydration, meningitis or encephalitis can occur. Hence, advocacy and information dissemination to parents, learners and teachers is emphasized. Minimum health standards as per DO 039, s. 2022 titled "Health and Safety Protocols in the light of the COVID-19 pandemic" shall not be compromised.

4. Attached is the Memorandum for reference and guidance.

5. For any inquiries on the subject, Dr. Kay Kashmyra T. Chio- Buenaflor, MD, Medical Officer IV may be contacted at (083) 228-1667 or thru email at [ro12.essd@deped.gov.ph](mailto:ro12.essd@deped.gov.ph).



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6. Immediate dissemination of this memorandum is desired.

  
**CARLITO D. ROCAFORT**  
Director IV

Encl.: As stated

Reference: OUGFO No. 2022-03-1690

Allotment: NONE

To be indicated in the Perpetual Index under the subject:  
HEALTH EDUCATION                      LEARNERS  
CLASSES                                      INFORMATION

*KKCB/ESSD-SHS/RM- DISSEMINATION OF DOH PUBLIC ADVISORY ON HAND, FOOT AND MOUTH DISEASE/ 140/October 26, 2022*



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