



Republic of the Philippines  
**Department of Education**  
 SOCCSKSARGEN REGION

December 26, 2022

REGION MEMORANDUM  
 ESSD No. 163, s. 2022

**CONDUCT OF INTEGRATED SCHOOL NUTRITION MODEL (ISNM)  
 ONLINE CONFERENCE**

To: Schools Division Superintendents

1. The Bureau of Learner Support Services – School Health Division (BLSS-SHD) in coordination with the International Institute of Rural Reconstruction (IIRR), will conduct an online conference for Lighthouse Schools on **January 12-13, 2023** via Zoom (link to be disseminated).

2. The conference aims to validate the conducted Online Survey on the status and activities on agro-diversity conservation/ promotion and school food environment for garden resilience and healthy diets. The Bulletin of Information (Annex 1) is attached for ready reference.

3. As prework, ISNM program coordinators in all governance levels and those assigned in Lighthouse Schools shall accomplish the survey questionnaire titled **“Assessment of Agrodiversity in Schools and Links to School Feeding, Environment and Nutrition Education”** which can be accessed at [https://bit.ly/ISNM\\_Agrobio](https://bit.ly/ISNM_Agrobio) , from **December 19-29, 2022**. The output of the survey will contribute to the collaborative research of the IIRR on Fruits and Sustainable Healthy Diets (FRESH) which shall be processed to develop strategies for 2023-2025 to strengthen the implementation of the ISNM. The FRESH initiative is composed of work packages that aims to use an end-to-end approach to increase fruits and vegetable intakes, improve quality of diet as well as nutrition and health while improving livelihood and empowering youth.

4. The respondents are the following:

<b>Governance Level</b>	<b>Participants</b>
Regional Office	Nutritionist-Dietitian II, ESSD Project Development Officer, GPP/ISNM Coordinator
Schools Division Office	Gulayan sa Paaralan (GPP) Focal Person, SGOD School-Based Feeding Program(SBFP) Focal Person, SGOD

MLAI/ESSD-SHS/RM CONDUCT OF ISNM ONLINE CONFERENCE/169/December 26, 2022



**Address:** Regional Center, Brgy. Carpenter Hill, City of Koronadal  
**Telefax No.:** (083) 2288825/ (083) 2281893  
**Website:** depedroxii.org  
**Email:** region12@deped.gov.ph





Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

	Nutrition Education Coordinator, CID
Lighthouse School	School Head, Lighthouse School (as the ISNM lead) Nutrition Education and Promotion Coordinator GPP Coordinator SBFP Coordinator

- For questions and concerns, contact Ms. Christine Isabel B. Buenvenida, Health Education Officer II or Ms Jona V. Sales, Technical Assistant I at (02) 8632-9935 or at [nutirionsupport@deped.gov.ph](mailto:nutirionsupport@deped.gov.ph)
- For information and appropriate action of all concerned.

  
**CARLITO D. ROCAFORT**  
Director IV

Encl: Bulletin of Information  
Reference: OUGFO Memo No. 2022-03- dated December 12, 2022  
Allotment: None  
To be indicated in the Perpetual Index under the following Subjects:  
LEARNERS          NUTRITION          PROGRAM

MLAI/ESSD-SHS/RM CONDUCT OF ISNM ONLINE CONFERENCE/169/December 26, 2022



**Address:** Regional Center, Brgy. Carpenter Hill, City of Koronadal  
**Telefax No.:** (083) 2288825/ (083) 2281893  
**Website:** [depedroxii.org](http://depedroxii.org)  
**Email:** [region12@deped.gov.ph](mailto:region12@deped.gov.ph)





Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

---

*Annex 1 Bulletin of Information*

**BULLETIN OF INFORMATION**

**I. RATIONALE**

The Department of Education Bureau of Learner Support Services (BLSS) scaled out the Integrated School Nutrition Model (ISNM) across the country in 2018. As of December 2020, ISNM is being implemented by 273 Lighthouse Schools (LS) from 220 SDOs across all 17 regions of the country. In order to help improve the nutritional status, knowledge and attitudes of schoolchildren, as well as the year-round productivity of the school garden, DepEd has collaborated on the ISNM project with the International Institute of Rural Reconstruction (IIRR), the Department of Science and Technology-Food and Nutrition Research Institute (DOST-FNRI) and other organizations. Lighthouse Schools serve as learning hubs for other schools to learn about ISNM. They implement the integrated model of regular school feeding program with a well sustained bio-intensive garden, and school-based nutrition education activities.

In February 2022, an online work conference was held that was participated by 373 schools composed of 1,464 teachers, principals, supervisors, GPP coordinators and development officers across the country. The one-day 16-batch online work conference re-oriented the Lighthouse Schools in implementing the Integrated School Nutrition Model. Schools identified common challenges implementing ISNM in the context of the COVID-19 pandemic and their adaptation strategies to maintain the integration of school feeding, gardening, and nutrition education interventions amidst the new normal. A combination of face to face and online activities such as the use of social media for campaign and monitoring success of school programs; partnership building; and development of nutrition education materials were extended to the parents of learners at home during the pandemic. Community involvement, partnership and capacity strengthening activities for both teachers and parents were highlighted in the workshop discussions. Strengthening capacities and partnerships can sustain the integration of school feeding, gardening, and nutrition education extending it to the homes and communities.

**II. OBJECTIVES:**

The Lighthouse Schools Online Conference aims to validate the conducted Online Survey on the status and activities on agrobiodiversity conservation/promotion and school food environment for garden resilience and healthy diets. Specifically, at the end of the training participants should be able to:

---

MLAI/ESSD-SHS/RM CONDUCT OF ISNM ONLINE CONFERENCE/169/December 26, 2022



**Address:** Regional Center, Brgy. Carpenter Hill, City of Koronadal  
**Telefax No.:** (083) 2288825/ (083) 2281893  
**Website:** [depedroxii.org](http://depedroxii.org)  
**Email:** [region12@deped.gov.ph](mailto:region12@deped.gov.ph)





Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

---

1. To discuss the opportunities of lighthouse schools and crop museums on promoting agrodiversity for improving garden resilience and dietary adversity; and

2. To discuss and understand the factors influencing behavior of learners on consumption of healthy food products within the school.

IV. DATES AND VENUES:

Date: January 12 & 13, 2023 (2 days)

Venue: via Zoom

V. PARTICIPANTS:

- Nutritionist-Dietitian II, ESSD
- Project Development Officer, GPP/ISNM Coordinator
- Gulayan sa Paaralan (GPP) Division Coordinator, SGOD
- School-Based Feeding Program (SBFP) Division Coordinator, SGOD
- Nutrition Education Coordinator, CID
- School Head, Lighthouse School
- Nutrition Education and Promotion School Coordinator
- GPP School Coordinator
- SBFP School Coordinator

VI. PROGRAM OF ACTIVITIES (3 hrs per day)

The online work conference employs lecture presentations, discussions, and workshops to present the result of the previously conducted ISNM Online Work Conference in February 2022 and the Online Survey this December 2022. A discussion on the opportunities of lighthouse schools and crop museums on promoting agrodiversity will be assessed during the workshop discussion. It will validate the result of the recently conducted survey on the extent of agrodiversity of schools and its benefits on the diets of school children and garden resilience. Participants will be divided into breakout rooms to answer the given guide questions. Factors affecting the learners' behavior towards consumption of healthy foods within schools will be assessed. This will enable us to understand the quality, accessibility, and availability of healthy foods as started in DepEd Order No. 13 s. 2017, influencing their decision and choices on what to eat within the schools.

---

MLAI/ESSD-SHS/RM CONDUCT OF ISNM ONLINE CONFERENCE/169/December 26, 2022



**Address:** Regional Center, Brgy. Carpenter Hill, City of Koronadal  
**Telefax No.:** (083) 2288825/ (083) 2281893  
**Website:** [depedroxii.org](http://depedroxii.org)  
**Email:** [region12@deped.gov.ph](mailto:region12@deped.gov.ph)





Republic of the Philippines  
**Department of Education**  
 SOCCSKSARGEN REGION

Time	Duration (min)	Proposed Program	Methodology	Resource Speaker
<b>Day 1</b>				
8:30 – 8:50 AM	20	Attendance and Pre-test  <b>Preliminaries</b> Opening Prayer House Rules Opening Remarks	Zoom Link  Video presentation PowerPoint	DepEd-SHD (Dra. Dumlao) IIRR
8:50 – 9:00 AM	10	<b>Session Overview and Objectives</b>	PowerPoint	DepEd-SHD
9:00 – 9:30 AM	30	<b>2022 ISNM Conference and Survey Result Presentation</b>	Lecture Presentation	Ma. Shiela Anunciado IIRR
9:30 – 9:40 AM	10	<b>Ice Breaker Game</b>	Mini Games	DepEd
9:40 – 10:40 AM	60	<b>Workshop 1. Agrobiodiversity Conservation and Promotion in Schools</b>  Presentation of Workshop Guidelines and Guide Questions (5mins)  <i>Guide Questions:</i>	The host will share the workshop guidelines and guide questions.  Participants are divided into 5 breakout rooms with assigned facilitators from IIRR and DepEd. Participants will assign a reporter to	Facilitators DepEd (7pax) IIRR (4pax)

Time	Duration (min)	Proposed Program	Methodology	Resource Speaker
		1.What are the factors influencing the selection of crops to produce and utilize in schools and in communities? (20mins) 2.What are the challenges of the schools in conservation, collecting and utilization of indigenous fruits and vegetables? (20mins) 2.What are the strategies and best practices implemented for the promotion of Indigenous fruits and vegetables? (20mins)	share their answers in the plenary.	
10:40 – 11:10 AM	30	<b>Presentation of Workshop 1 Outputs</b>	Each group is given 5-min to present their outputs. After all the groups have presented, facilitators will provide feedback.	Participants
11:10 – 11:25 AM	15	<b>Q &amp; A</b>	Open Discussion	ALL
11:25 – 11:30 AM	5	<b>Announcements for Day 2 Sessions</b>	PowerPoint of the Day 2 activities.	IIRR

MLAI/ESSD-SHS/RM CONDUCT OF ISNM ONLINE CONFERENCE/169/December 26, 2022



**Address:** Regional Center, Brgy. Carpenter Hill, City of Koronadal  
**Telefax No.:** (083) 2288825/ (083) 2281893  
**Website:** depedroxii.org  
**Email:** region12@deped.gov.ph







Republic of the Philippines  
**Department of Education**  
 SOCCSKSARGEN REGION

Day 2				
Time	Duration (min)	Proposed Program	Methodology	Resource Speaker
8:30 – 8:45 AM	15	Attendance House Rules Recall of Day 1 activities	Google Form Link Video presentation PowerPoint	DepEd
8:45 – 10:05 AM	80	<b>Workshop 2. School Food Environment</b>  Presentation of Workshop Guidelines and Guide Questions (5mins)  <i>Guide Questions:</i> 1. What are the available fresh foods (fruits and vegetables) and nutri-snacks are serve in schools? (20mins) 2. Where do you get your fresh food products? Where do you get your nutria-snacks? (20mins) 2. What are the factors influencing the availability of nutritious food meals and products served in schools? (20mins)	The host will share the workshop guidelines and guide questions.  Participants are divided into 5 breakout rooms with assigned facilitators from IIRR and Deped. Participants will assign a reporter to share their answers in the plenary.	Facilitators DepEd (3pax) IIRR (2pax)

Time	Duration (min)	Proposed Program	Methodology	Resource Speaker
		3. What mechanisms should be put in place to promote learners' consumption of healthy food products/meals in schools? (20mins)		
10:05 – 10:20 AM	15	<b>Roulette Raffle</b>	Raffle	IIRR
10:20 – 10:50 AM	30	<b>Presentation of Workshop 2 Outputs</b>	Each group is given 5-min to present their outputs. After all the groups have presented, facilitators will provide feedback.	Participants
10:50 – 11:00 AM	10	<b>Q and A</b>	Open Discussion	ALL
11:00 – 11:15 AM	15	<b>Evaluation and Post test Distribution of E-certificates</b>	Google Form Link Presentation of how participants can get e-certificates.	IIRR DepEd
11:15 – 11:20 AM	5	<b>Closing Remarks</b>	Recorded Video Message from IIRR	Emily Oro
-END-				

MLAI/ESSD-SHS/RM CONDUCT OF ISNM ONLINE CONFERENCE/169/December 26, 2022



**Address:** Regional Center, Brgy. Carpenter Hill, City of Koronadal  
**Telefax No.:** (083) 2288825/ (083) 2281893  
**Website:** depedroxii.org  
**Email:** region12@deped.gov.ph





Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

VI. LIST OF LIGHTHOUSE SCHOOLS:

No.	REGION	SDO	DISTRICT	SCHOOL NUMBER	NAME OF LIGHTHOUSE SCHOOL
244	Region XII	General Santos City	Buayan	131302	Datu Acad Dalid Elementary School
245	Region XII	Kidapawan City	Kidapawan City District III	131344	Lanao Central Elementary School
246	Region XII	Koronadal City	Koronadal East District I	131382	Namnama ES
247	Region XII	North Cotabato	President Roxas North	130355	Ilustre CES
248	Region XII	Sarangani	West Kiamba	130499	Kiamba Central School SPED Center
249	Region XII	South Cotabato	Sto. Niño	130763	Teresita ES
250	Region XII	Sultan Kudarat	Isulan South	131012	Bambad Central School
251	Region XII	Tacurong City	Tacurong South	131232	Josue S. Alcasid CS

MLAI/ESSD-SHS/RM CONDUCT OF ISNM ONLINE CONFERENCE/169/December 26, 2022



**Address:** Regional Center, Brgy. Carpenter Hill, City of Koronadal  
**Telefax No.:** (083) 2288825/ (083) 2281893  
**Website:** [depedroxii.org](http://depedroxii.org)  
**Email:** [region12@deped.gov.ph](mailto:region12@deped.gov.ph)

