Region XII Advisory No. 012, 2023

In compliance with DepEd Order (DO) No. 8, s. 2013 this advisory is issued not for endorsement per DO 28, s. 2001, but only for the information of DepEd officials, personnel/staff, as well as the concerned public. (Visit <u>www.depedroxii</u>) February 20, 2023

RACE AGAINST SUICIDE: A GATEKEEPER TRAINING FOR SUICIDE PREVENTION IN SCHOOLS

The Philippine Guidance and Counseling Association (PGCA) Region XII Chapter and Notre Dame of Dadiangas University's Guidance and Testing Center, in partnership with the NDDU Peer Facilitator's Society, will facilitate the conduct of the learning event titled **Race Against Suicide: A Gatekeeper Training for Suicide Prevention in Schools** on **March 16 -17, 2023** at Bro. James MacKnight Auditorium, Notre Dame of Dadiangas University, General Santos City.

This training aims to: a) enhance the participants' knowledge of suicide and self-harm; b) provide the participants with an assessment tool to identify and classify students at risk or those that need immediate intervention; c) learn how to utilize telemental health as a medium to provide suicide risk assessment and intervention; d) describe the importance of the school mental health referral system; e) develop skills on how to refer distressed learners; and f) appreciate the value of using the CSSR-S tool and the creation of the school mental health crisis team; g) train guidance counselors and practitioners to become effective gatekeepers in the school setting to prevent suicide within the community through proper identification, management, and referral of learners-at-risk as well as the establishment of the **school mental health crisis team**.

A registration fee of PhP1,500.00 (early bird rate until March 03, 2023/Php1,800.00 (onsite registration) will be charged to interested participants.

Likewise, participants are directed to institute measures and procedures to ensure that there will be no disruption of classes as stipulated in DO 9.s.2005, DO 44, s.22 and RM CLMD 337 s. 2022.

Attached is the letter for reference and other details.

February 14, 2023

CARLITO D. ROCAPORT, CESO V Director IV DepEd Region XII Brgy. Carpenter Hills, Koronadal City South Cotabato

I EY NO. XI FEB 1 5 2023 8.00 TIME: BY:

Dear Dir. Rocaport:

Greetings from Notre Dame!

The Philippine Guidance and Counseling Association (PGCA) Region XII Chapter and Notre Dame of Dadiangas University's Guidance and Testing Center, in partnership with the NDDU Peer Facilitator's Society will facilitate the conduct of the learning event entitled **RACE Against Suicide:** A Gatekeeper Training for Suicide Prevention in Schools. This training event will be conducted on March 16 and 17 2023 at the Bro. James McKnight Auditorium, Notre Dame of Dadiangas University, General Santos City.

PGCA inc.

The training program, which is also in collaboration with the UNILAB Foundation, HeadsUp PH, Bayanihan Wellbeing, and PGCA National, hosted the in-person training of trainers titled RACE against Suicide on November 21–22, 2022, at the Diamond Hotel Malate Manila. The trained RGCs from the PGCA-Region XII Chapter shall transfer these skills to the RGCs from the different private and public basic and higher educational institutions in Region XII; thus, the proposed conduct of training in Region XII guidance practitioners.

Furthermore, this training aims to: a) enhance the participants' knowledge of suicide and self-harm; b) provide the participants with an assessment tool to identify and classify students at risk or those that need immediate intervention; c) learn how to utilize tele-mental health as a medium to provide suicide risk assessment and intervention; d) describe the importance of the school mental health referral system; e) develop skills on how to refer distressed learners; and f) appreciate the value of using the CSSR-S tool and the creation of the school mental health crisis team; g) train guidance counselors and practitioners to become effective gatekeepers in the school setting to prevent suicide within the community through proper identification, management, and referral of learnersat-risk as well as the establishment of **the school mental health crisis team**.

With this, PGCA - Region XII Chapter respectfully requests the approval of your Office for the participation in official business of the RGC's and guidance practitioners of the Department of Education in both private and public schools in Region XII to the said training. Further, kindly allow the modest registration fee of Php1,500.00 (early bird rate until March 03, 2023) / Php1,800.00 (onsite registration) to be charged to the local funds of the institution or the Office where the guidance practitioner is serving.

We look forward to your favorable response as we journey together in preventing the rise of suicide cases in our region and in promoting and protecting the mental health in our schools, organizations, and community.

Respectfully yours,

JASMINE DE GUZMAN-PONCIANO, RGC President, PGCA – Region XII Chapter

Office Address, Notre Dame of Dadiangas University, General Santos City Cp No: 552-4444 local 2237 Email: jponciano@ndduedu.ph