



Republic of the Philippines
Department of Education
REGION XII
SCHOOLS DIVISION OF SOUTH COTABATO

Office of the Schools Division
Superintendent

15 Sept 2023

DIVISION MEMORANDUM
SGOD No. **114** s. 2023

STRENGTHENING OF THE OK SA DEPED PROGRAMS PARTICULARLY
THE MENTAL HEALTH PROGRAM

To: Public Schools District Supervisors/Principals In-Charge
Public Elementary and Secondary School Heads
All School Health Section Personnel
All Others Concerned

1. In reference to DepEd Order No. 028, s. 2018 titled **Policy and Guidelines On Oplan Kalusugan sa Department of Education** (OK sa DepEd) in the provision of basic medical care to learners to allow them to attain their full educational potential, this office through the SGOD- School Health Section aims to strengthen and intensify the **Ok sa DepEd Mental Health** programs to address depression and suicide as mandated through the **RA 11036** otherwise known as **Mental Health Act** which provides duties and responsibilities for DepEd in regulating a comprehensive school mental health policy.

2. This activity aims to:

- a. educate our learners and personnel about the significance of maintaining a good mental health in order to avoid depression and suicide;
- b. develop guidelines and standards on age-appropriate and evidence-based mental-health programs; and
- c. develop activities that will promote suicide prevention in the school setting.

3. Anent these, all School Health Section Nurses of SDO South Cotabato are advised to prepare and conduct activities that would help in the prevention of suicide among learners and personnel. Post activity report shall be submitted to the Division Mental Health Coordinator Maryln O. Dagum RN on or before Sept. 30, 2023 in support of the National Suicide Prevention Month for September and the incoming World Mental Health month this October.

4. For any inquiry regarding the conduct of the activity, personnel concerned are advised to contact Marlyn O. Dagum RN through cellphone no. 09955562369.

SDOSC-OSDS-DIO-NM-v3.0r0.0.effective04/06/2020



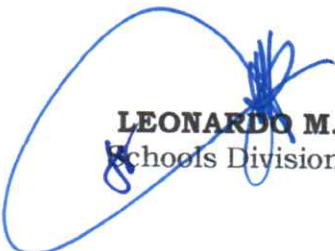
Address: Alunan Avenue, Koronadal City, South Cotabato 9506
Telephone Number: (083)228-3801
Email Address: south.cotabato@deped.gov.ph





Republic of the Philippines
Department of Education
REGION XII
SCHOOLS DIVISION OF SOUTH COTABATO

6. Immediate dissemination of this memorandum is directed.


LEONARDO M. BALALA. CESE
Schools Division Superintendent

Encl.: None

Reference: DO 28, S. 2018
RA 11036

To be indicated in the Perpetual Index
under the following subjects:

POLICY

AAM/DM-strengthening of the OK sa deped programs particularly the mental
health program
0000/September 15, 2023

SDOSC-OSDS-DIO-NM-v3.0r0.0, effective 04/06/2020



Address: Alunan Avenue, Koronadal City, South Cotabato 9506
Telephone Number: (083)228-3801
Email Address: south.cotabato@deped.gov.ph

