



Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION

Enclosure 1 to Region Memorandum CLMD-2024-141



2024 SOCCSKSARGEN REGIONAL ATHLETIC ASSOCIATION MEET

TECHNICAL GUIDELINES





Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION

2024 SRAA MEET TECHNICAL GUIDELINES

ARCHERY

I. RULES AND REGULATIONS *(Cite International Rules)*

The latest edition of the World Archery (formerly FITA) rules for outdoor target archery shall be used to govern the conduct of the tournament.

II. ELIGIBILITY

DepEd rules on eligibility shall apply. All athletes will submit documents at the RSAC for verification, validation, and evaluation. In anyhow, RSAC will determine the eligibility of an athletes and coaches.

2.1 Must be a Filipino Citizen.

2.2 Must be enrolled in a recognized school at the beginning of the current school year.

2.3 Must have attended / finished the curriculum year.

2.4 Should have participated in the preliminary meets (Municipal meet).

2.5 Elementary athletes shall have been born in 2011 or later, and secondary athletes in 2006 or later.

2.6 Pupil/student-athletes that transferred from one division to another are allowed to participate, provided their transfer was done at the beginning of the school year. Transferees from one district to another within the division are allowed to participate, provided, they have participated in the lower meets.

2.7 Elementary athletes shall play in the elementary division, and secondary athletes shall play in the secondary division. However, elementary athletes who been declared overage in the elementary level are allowed to play in the secondary level.

III. COMPOSITION OF THE CONTINGENT/DELEGATION

The Division Delegation's archery team shall consist of Boys Team and Girls team for both secondary and elementary. A secondary team shall compose of four (4) but not less than three (3) archers and a team coach and elementary team shall compose of eight (8) but not less than three (3) archers and a team coach.

Team chaperons may accompany the girl teams, but they shall not be allowed to coach. Team Trainers, archer's personal coaches, parents and delegation team officials will not be allowed in the archers' area and competition field during the tournament.

IV. DISQUALIFICATION

IV.1 Over-aged athletes.

IV.2 Athletes with failing grades in more than two (2) core subjects in the second grading period.

IV.3 Athletes who are members of the National Team, national training pool and development pool receiving monthly stipend / allowances from the PSC.



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IV.4 Athletes who failed to submit the required documents/failed to submit themselves for personal interview on the specified time.

IV.5 Penalized with suspension or ban during the previous Palaro.

3.7 Athletes whose eligibility is questioned and pending appeal with the Schools Division Superintendent are not allowed to play.

V. A. EVENTS/DISCIPLINES

Competition in Archery for the Secondary Level shall consist of the following events:

	BOYS/GIRLS	TARGET FACES	# OF ARROWS/END/ SET
E V E N T S	1. 70-meter distance	122 cm	36 arrows = 6 arrows per end
	2. 60-meter distance	122 cm	36 arrows = 6 arrows per end
	3. 50-meter distance	80 cm	36 arrows = 6 arrows per end
	4. 30-meter distance	80 cm	36 arrows = 6 arrows per end
	5. 1440 round		144 arrows – aggregate scores
	6. Olympic Round (70 meters)	122 cm	Set System – 3 arrows per end 5 ends – 6 set points
	7. Team Event (70 meters)	122 cm	Set system – 2 arrows per archer 4 ends – 5 set points
	8. Mixed Team (70 meters)	122 cm	Set System – 2 arrows per archer 4 ends – 5 set points

Competition in Archery for the Elementary Level shall consist of the following events:

Category A (Grade 5 to 6)

	BOYS/GIRLS	TARGET FACES	# OF ARROWS/END/ SET
E V E N T S	1. 1 st 30-meter distance	122 cm	36 arrows = 6 arrows per end
	2. 2 nd 30-meter distance	122 cm	36 arrows = 6 arrows per end
	3. 720 round		72 arrows = 6 aggregate scores
	4. Olympic Round (30m)	122 cm	Set System – 3 arrows per end 5 ends – 6 set points
	5. Team Event (30m)	122 cm	Set system – 2 arrows per archer 4 ends – 5 set points
	6. Mixed Team (20m)	122 cm	Set System – 2 arrows per archer 4 ends – 5 set points

Category B (Grade 1 to 4)

	BOYS/GIRLS	TARGET FACES	# OF ARROWS/END/ SET
E V E	1. 1 st 20-meter distance	122 cm	36 arrows = 6 arrows per end
	2. 2 nd 20-meter distance	122 cm	36 arrows = 6 arrows per end
	3. 720 round		72 arrows = 6 aggregate scores



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N T S	4. Olympic Round (20m)	122 cm	Set System – 3 arrows per end 5 ends – 6 set points
	5. Team Event (20m)	122 cm	Set system – 2 arrows per archer 4 ends – 5 set points
	6. Mixed Team (20m)	122 cm	Set System – 2 arrows per archer 4 ends – 5 set points

B. MEDALS TO BE AWARDED

Medals at stake in the Archery Tournament **Secondary Level** are as follows:

EVENTS	MEDALS NEEDED		MEDAL COUNTS	
			Girls	Boys
70 Meter Distance	1 st , 2 nd , 3 rd	2sets	1	1
60 Meter Distance	1 st , 2 nd , 3 rd	2sets	1	1
50 Meter Distance	1 st , 2 nd , 3 rd	2sets	1	1
30 Meter Distance	1 st , 2 nd , 3 rd	2sets	1	1
1440 Round	1 st , 2 nd , 3 rd	2sets	1	1
Olympic Rd. Individual Champion	1 st , 2 nd , 3 rd	2sets	1	1
Team Champion	1 st , 2 nd , 3 rd	10sets	1	1
Mixed Team Event	1 st , 2 nd , 3 rd	2sets	1	1
TOTAL Medals Needed		24 sets	8	8

Medals at stake in the Archery Tournament **Elementary Level** are as follows:

Category A (Grade 5 to 6)

EVENTS	MEDALS NEEDED	B/G	MEDAL COUNTS	
			Girls	Boys
1 st 30m Distance	1 st , 2 nd , 3 rd	2 sets	0	0
2 nd 30m Distance	1 st , 2 nd , 3 rd	2 sets	0	0
720 Round	1 st , 2 nd 3 rd	2 sets	0	0
Olympic Round Individual (30m)	1 st , 2 nd , 3 rd	2 sets	0	0
Team Olympic Round (30m)	1 st , 2 nd , 3 rd	10 sets	0	0
Mixed Team (30m)	1 st , 2 nd , 3 rd	2 sets	0	0
TOTAL Medals Needed		20 sets	0	0

Category B (Grade 1 to 4)

EVENTS	MEDALS NEEDED	B/G	MEDAL COUNTS	
			Girls	Boys
1 st 20m Distance	1 st , 2 nd , 3 rd	2 sets	0	0



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2 nd 20m Distance	1 st , 2 nd , 3 rd	2 sets	0	0
720 Round	1 st , 2 nd , 3 rd	2 sets	0	0
Olympic Round Individual (20m)	1 st , 2 nd , 3 rd	2 sets	0	0
Team Olympic Round (20m)	1 st , 2 nd , 3 rd	10 sets	0	0
Mixed Team (20m)	1 st , 2 nd , 3 rd	2 sets	0	0
TOTAL Medals Needed		20 sets	0	0

C. QUALIFYING SCORE:

EVENTS	BOYS		GIRLS	
	Qualifying Score		Qualifying Score	
1440 Round	1142		1079	

VI. TOURNAMENT RULES

A. The latest edition of the World Archery (formerly **FITA**) rules for outdoor target archery shall be used to govern the conduct of the tournament.

B. The results of the 1440 Round will be used as the bases for ranking the individual competitors in the Girls and Boys category then the top 4 archers in each category will be selected for Palarong Pambansa if they meet the qualifying score. No qualifying score will be applied to elementary level since the competition is only a demonstration and open tournament.

C. New Rule

The following new rules for international competitions will apply

1. *20 seconds per arrow is the time allowed for individual alternate shooting, and for all team and mixed team rounds including shoot-offs*
2. *30 seconds per arrow is the time allowed for individual shooting during qualifications, Olympic round and Compound rounds where alternate shooting does not apply, including shoot-offs*
3. *No extra time shall be allowed for equipment failure or the treatment of medical problems, but the athlete concerned may leave the shooting line to resolve the issue and return to shoot any remaining arrow(s) if the time limit permits. In the Team Event other member(s) of the team may shoot in the meantime.*
4. *Scores and Number of xs and 10s indicated in the scorecard of the archer will prevail over other recorded documents.*

D. Competition in the Olympic Round will be as follows:

1. An **Elimination round** in which all archers (seeded according to their rank in the 1440 Round) in each archers shoot a series of matches to determine the



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quarterfinalists. Each match shall consist of five (5) sets of three (3) arrows shot at the 122cm target face placed at the 70 meters for both girls and boys. The set system of scoring shall be used.

2. A Finals round in which the remaining quarter finalists (top 8 archers in each class) shoot a series of matches, ending with the Gold Medal Matches. Each match shall consist of up to five (5) sets of three (3) arrows shot at the 122cm target face placed at the 70meter distance for both girls and boys. (Alternate shooting will apply on the BMM and GMM). The set system of scoring shall be used.
3. The scores in the 1440 Round of the ***top three archers*** from each team shall be the team's aggregate score. All Team scores will be calculated in a similar manner and each Team will be ranked in the Girls and Boys Classes. *However, any member of a team who shot in the 1440 Round may be fielded in the Team Event provided the final composition must be submitted to the tournament secretary before the announced deadline for the re-computation of team aggregate score.* All teams will shoot in the Olympic Round Team Event which consists of:
 - The **Team Elimination Round** in which the ten (10) teams one in each Division shoot a series of elimination matches to determine the top teams in each class. Each match shall consist of four (4) ends of six (6) arrows at the 122cm target face placed at the 70meter distance for both girls and boys. Each archer shall shoot two (2) arrows per end. The set system of scoring shall be used.
 - The **Team Finals Round** in which the top eight (8) teams in each class shoot a series of matches ending with the Team Gold Medal Matches. Each match shall consist of four (4) ends of six (6) arrows shot at the 122cm target face placed at the 70meter distance (Alternate shooting will apply on the BMM* and GMM*). Each archer shall shoot two (2) arrows per end. The set system of scoring shall be used.
4. The scores in the 1440 Round of the top-ranked boy archer and top-ranked girl archer from each team shall be the Division MIXED TEAM's aggregate score. All Mixed Team scores will be calculated in a similar manner and each Division Mixed Team will be ranked. All teams will shoot in the Olympic Round Mixed Team Event which consist of:
 - The **Mixed Team Elimination Round** in which the ten (10) teams one in each Division shoot a series of elimination matches to determine the top teams. Each match shall consist of four (4) ends of four (4) arrows at the 122cm target face placed at the 70-meter distance. Each archer shall shoot two (2) arrows per end. The set system of scoring shall be used.
 - The **Mixed Team Finals Round** in which the top eight (8) teams shoot a series of matches ending with the Mixed Team Gold Medal Matches. Each match shall consist of four (4) ends of four (4) arrows shot at 122cm target face placed at the



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70meter distance (Alternate shooting will apply on the BMM and GMM). The set system of scoring shall be used.

Scoring

Distances (30 , 50, 60, 70 meters)

-Scoring is based on the hit of an arrow in the target face (1, 2, 3, 4, 5, 6, 7, 8, 9, 10, X, and M for missed – the accumulated/total score will be the basis on ranking per event.

Olympic Round

-Individual event is set system raise to 6.

-Team event is set system raise to 5.

Ties

- Ties in score between archers vying for medal in the distance round events (30, 50, 60, & 70 meters) shall be resolved using one arrow shoot- off method. Another shoot-off will be given if scores are tied in the first shoot off, the nearest to the x will be declared winner.

-Ties in scores between individuals and teams vying for a medal in the Olympic round events shall be resolved using one arrow per archer shoot- off method. Another shoot-off will be given if scores are tied in the first shoot off, the nearest to the x will be declared winner.

- Ties in scores between archers and teams in the ranking shall be resolved by the most number of 10s +Xs.

- Ties in the scores between archers vying for medal in the Single FITA Round (combined scores) shall be resolved by the most number of 10s + Xs.

VII. PLAYING AREA, EQUIPMENT AND COMPETITION UNIFORM

VII.1 Playing Area

VII.1.1 Standard requirement

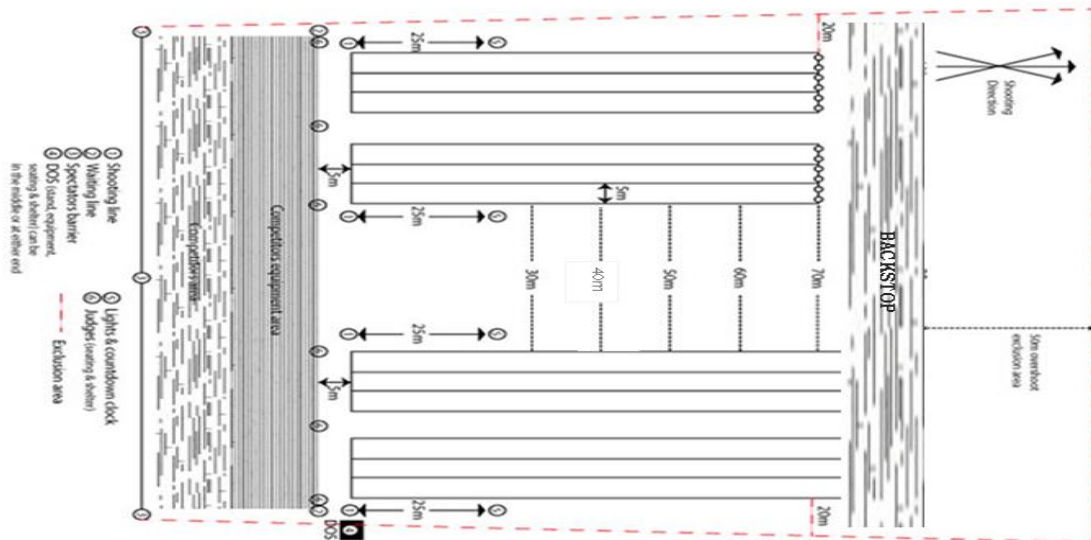
The field is oriented to prevent archers from shooting with the sun in their eyes. The shooting line is located on the north side of the range as are the targets with a tolerance allowance from the magnetic of +/- 20 degrees. This allows the sun to be behind the archers most of the day.

The field of play is divided into shooting lanes containing one to four target butts. A line parallel to the shooting line is marked 3m in front of the shooting line. This line is there mainly for tournament purposes. If an archer has an arrow that falls within this 3m area the arrow is deemed as not being shot. Another arrow may be shot under the guidance of the officiating judge. A waiting line is marked at least 5m behind the shooting line. There must be a minimum of 5m between the shooting line and waiting archer



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VII.1.2 Layout



VII.2 Equipment

- Each archer should have his/ her own set of equipment which should conform to FITA Recurve Bow specifications (Book 3, 11.1) and must submit for inspection. It is the archer's responsibility to use equipment which complies with the rules. If in doubt the archer should show his equipment to the Judge(s) before using it in competitions. Any archer found to be using equipment contravening the rules may have his or her scores disqualified
- General regulations to be applied in all items used in the competition must be conform in the latest Rules and Regulations used in the latest Palarong Pambansa. (if no memo on the changes of the rules the T.O will at ease all the regulations.
- All participating divisions will provide their target butts and stands.
- The coach is the only person who can make query/raise a protest.

VII.3 Competition Uniform

- All members of the team including the coaches must wear the delegation uniform during the competition.

VII.3.1 Athlete

VII.3.1.a. The archer's family name followed by the initial of his first name (e.g. MOSQUERA, K J.) should be printed on the upper back portion of the shirt. Letter height ID from 5 cm in block letters.

VII.3.1.b. All archers must wear rubber shoes. Slippers, crocs, sandals and similar footwear shall not be allowed. Rubber boots and rain gear may be allowed if the weather and field conditions warrant their use.



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VII.3.1.c. Archers must always wear their target assignment numbers on their arrow quiver when shooting in the tournament and during official practice day and inspection of equipment.

VII.3.1.d. Team uniforms are also required to worn during practice day. No denim or jeans, regardless the color, or camouflage clothes and equipment may be worn nor any oversize or baggy type pants or shorts

VII.3.1.e. During the Team and Mixed Team match play competition the same color and style shirt/top and the same color pants/shorts/skirts shall be worn.

VII.3.2 Coach

The coaches must wear the delegation uniform during the competition. Slippers, crocs, sandals and similar footwear shall not be allowed.

VII.3.3 Technical Official

The Technical Official must wear the prescribed uniform during the competition. Slippers, crocs, sandals and similar footwear shall not be allowed.

VIII. TECHNICAL OFFICIALS

VIII.1 Qualifications

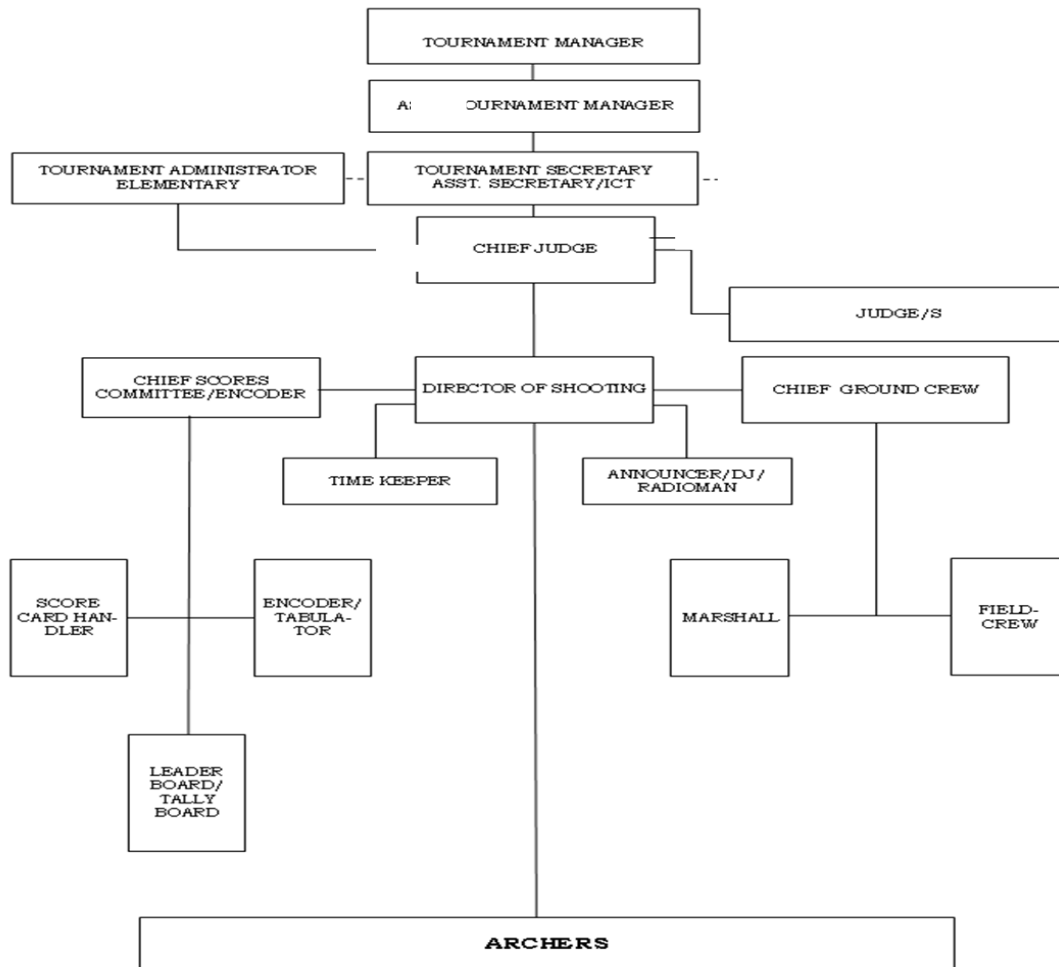
- Attended Accreditation Seminar and must pass the required screening procedure.
- Undergone Refresher Activity.



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VIII.2 Organizational Structure

ORGANIZATIONAL STRUCTURE



VIII.3 Terms of Reference *(based on organizational structure)*

1. Tournament Manager
 - i. Manage the operation of the game.
 - ii. Contact the Judges and discuss the rules of the game.
 - iii. Remind Judges of their role in the competition.
 - iv. Explain the role of each other.
2. Tournament Administrators
 - i. Responsible in the smooth conduct of the game.
 - ii. Check the official post before the start of the game.
 - iii. Prepare the schedule of the game and the match play.
3. Tournament Secretary
 - 3.I.1. Gathered all documents for validation and approval
 - 3.I.2. Coordinate to all chief/ves of the different committee.



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- 3.I.3. Prepare necessary documents for submission to the Regional Technical Staff/Secretariat.
- 3.I.4. Make the accomplishment report.
4. Asst. Secretary/ICT
 - 4.I.1. Consolidate the result from the score committees and submit the same to the Tournament Secretary the hard copy and softcopy of the validated result of the game.
 - 4.I.2. Submit the validated and approve softcopy online.
5. Chief Judge
 - 5.I.1. Conduct meeting before, and after the event with the TM in attendance.
 - 5.I.2. Maintain close contact with the technical officials especially with the judge.
 - 5.I.3. Stress new rules and interpretation.
 - 5.I.4. Plan the various duties of the appointed judges.
6. Member Judge Commission
 - 6.I.1. Check the field lay out
 - 6.I.2. Check distances
 - 6.I.3. Check lines and shooting positions
 - 6.I.4. Check target faces and their set ups
 - 6.I.5. Check the integrity of the target butts and stands
 - 6.I.6. Check the shooting signals and equipment's.
 - 6.I.7. Check the uniforms and archery equipment.
7. Director of Shooting
 - 7.I. The DOS must work in close cooperation with the:
Team delegate, TM & Judges, field crew, Archers, score committee, ICT and secretary.
 - 8.2 The DOS should be an IJ, CJ or an experienced Judge.
 - 8.3 DOS should be assisted by a competent Deputy DOS.
 - 8.4 Should have perfect knowledge of the rules like the Judges but must also understand how the field crew and the scores committee
 - 8.5 Major Duties
 - 8.V.1 Control of the shooting and supply on the competition field.
 - 8.V.2 Ability to speak through a microphone.
 - 8.V.3 He makes the archers shoot without any problems and worries
8. Chief Score Committee
 - 9.1. Takes a lead in the facilitator of the same from the score card handler to the encoder and tabulator.
 - 9.2. Check the accuracy and validity of the results.
9. Chief ground crew
 - 10.1 In charge of the lay out of the field
 - 10.2 Set lines, lane, buttress, stands, barriers and all field equipment.
10. Leader board/Tabulator
 - 11.1. Coordinate with the scorecard handler and encoders
 - 11.2 In charge of the tally board and leader board



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- 11.3 Always check the accuracy of the results
- 11. Announcer /DJ/Radioman
 - Make announcement in proper English.
- 12. Score Cards Holder
 - 13. 1 Gather/retrieve quickly the results/scores obtained by the athletes and quickly turn-over to the encoder to fastract not to delay the time.
 - 13.2 Determine the score card owner (archers) to avoid mis entries of the score obtained.
 - 13. 3 Accompany the archers for the retrieval of arrows from the target face. Always remember to let the archers sign the score card after the game.
- 13. Time Keeper
 - 14.1 Must work with the DOS.
 - 14.2 Synchronized the time with the DOS.
 - 14.3 Inform the athlete of their remaining time.
 - 14.4 Inform the DOS of the time.
 - 14.5 Record the time (logbook) in every end.
- 15. Marshall
 - Are deployed infront of the house, back of the house and field of play to secure the safety of all archers, officials, and spectators.

IX. DETERMINATION OF WINNER

To determine the winner, the top (3) three in every event will be given a medal (Gold, Silver, Bronze) based on their Ranks.

X. SELECTION COMMITTEE

- X.I. Composition
 - X.1.1 Tournament Manager
 - X.1.2 Tournament Administrator
 - X.1.3 Chief Judge
 - X.1.4 Chief Score Committee
 - X.1.5 Tournament Secretary
- X.2 Qualifications
 - Passed the national/Regional Accreditation.
 - Member of the TWG (Technical Working Group).
 - Can interpret the rules and guidelines.
 - Serves at least (2) two Years as a Judge.
 - Serves as a Technical Official in the lower Meet.
- X.3 Terms of Reference
 - a. Tournament Manager
 - validate and approve the results of all events being played.
 - b. Tournament Secretary
 - consolidate and review the results submitted by the Technical Officials.



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- c. Tournament Technical Officials
-facilitate the events and gathered the results.

XI. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

XI.1 Selection of Recommended Athletes

Only secondary archers who beat the 1440 qualifying scores can be included in the selection for Palarong Pambansa. The top 4 archers based on the ranking will be automatically the selected athletes to represent SOCCSKSARGEN Region.

The elementary level has no selection of archers and no medal count (Demo Sport).

XI.2 Selection of Recommended Coach

The most number of athletes selected for Palarong Pambansa shall be the coach with the approval of the selection committee; however, if there is a tie in a number of athletes selected, the points accumulated by the selected players will prevail.

XI.3 Selection of Recommended Chaperon

The chaperon of the selected/winning coach in the girl's division will be chosen to accompany the selected players.

X1.4 Law of succession in Selection of Athletes, Coaches and Chaperons in the event of withdrawal of any Athletes, Coaches and Chaperons, the law of succession will prevail.

XII. SPECIAL AWARDS (*Certificate of Recognition*)

XII.1 Athlete

- Most Organized Delegation
- Most Punctual
- Most Improved Player
- Cleanest and Eco-friendly Delegation
- Most Discipline Delegation

XII.2 Technical Official

- Archery Technical Official of the Year
- Best Judge

XIII. PROTEST, PENALTIES, AND SANCTIONS

XIII.1 Protest

-Protest can be raised by the coach before, during and after the competition through a written communication signed by the coach and head of the delegation and to be submitted to the Regional Director.



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XIII.2 Penalties

XIII.2.1 Bouncers

The Judge, on being notified of this situation, will proceed to the shooting line to determine the exact problem then retire to the waiting line. As the line is clearing the Judge will move to the shooting line, and indicate the problem to the DOS by visual signals or by radio communication (if any).

XIII.2.2 Pass-Through

When a pass-through is claimed, the Judge should first try to locate the arrow either on the ground or possibly embedded in the target in such a way that it is not possible to see its nock. Once the Judge is certain that the arrow really is a pass through, judged by its position on the ground and/or other proofs, he or she should try to identify the hole and the value.

XIII.2.3 Hanging Arrows

If an arrow is hanging across the target face, but not properly embedded in the buttress, all shooting on the buttress must cease immediately in order to reduce the risk of the arrow falling out of the target, or being damaged by another arrow. Then the procedure is the same as for a bouncer and a pass-through.

XIII.2.4 Equipment Failures

Should an athlete experience failure of his/her equipment during an end, he/she will immediately call a Judge.

XIII.2.5 Medical Problems

Muscular stress or injury is not considered as equipment failure. It is the athlete's responsibility to be fit for the competition. But be aware that recently, rules have been accepted regarding an unexpected medical problem occurring during the competition.

XIII.2.6 Shooting Before and After the Signal

As athletes are not allowed to raise the bow arm until the signal is given, shooting before the signal is rare. More often you will face the problem of an athlete shooting after the time limit has expired, letting the arrow go on or closely after the signal (the first audio sound is the indication that the time has expired).

XIII.2.7 Discrepancies between Sound and Timing Signals

Sound Signals. The rules say that the audible signal is valid if there is a discrepancy between it and the lights. So if the differential between the two is a matter of a second or so, the sound is to be considered the correct valid function.

Timing Signals. For a long time there has been discussion between Judges as to how to handle situations when there has been something wrong with the time warning signal (yellow lights, clocks etc.) causing athletes to not be able to shoot their last arrow(s) before the sound signal to stop shooting is given at the correct time, or to shoot in a hurry if the timing on the clock is set incorrectly too short.



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XIII.2.8 Number of Arrows Shot – In /Out of time

On occasion athletes may for one reason or another shoot more arrows than permitted or even shoot arrows before or after the timing signals to commence and to stop respectively.

XIII.2.9 Unsportsmanlike Behavior

The rule book now addresses the issue of un-sportsmanlike behavior, it goes on to say that that Un-sportsmanlike behavior shall not be tolerated. Such conduct by an athlete or anyone deemed to assisting an athlete shall result in disqualification of the athlete in question and may further result in suspension from future events.

XIII.3 Sanctions

XIII.3.1 Bouncers

If there is an arrow close to a scoring line, the Judge should follow the proper procedure to decide the value of the arrow before marking the hole. In such cases the Judge will take note of the score(s) in the notebook. If the Judge finds more than one unmarked hole in the target face, he/she will give the arrow the lowest value of the unmarked scoring holes.

XIII.3.2 Pass-Through

Pushing back the arrow should only happen if it is necessary to identify the value of the arrow and should not be done until all other arrows have been scored.

XIII.3.3 Hanging Arrows

The value of a hanging arrow is judged by its impact on the scoring zone from which it is hanging. Sometimes the shaft of a hanging arrow is touching a number of scoring zones, but this has no significance on the actual score.

XIII.3.4 Equipment Failures

Please note that the rule applies for “any equipment failure”, so if an athlete unfortunately gets a second or more equipment failures, they will be handled in the same way. Furthermore, athletes with equipment failures will not be given time to make practice arrows after correcting such failures. In the match play phase of the competition there is no time allowed for equipment failure.

XIII.3.5 Medical Problems

These medical rules are not valid for match play phases of the competition.

XIII.3.6 Shooting Before and After the Signal

For an arrow shot on the competition field after the closure of the practice session and before the start of the competition, or during breaks, the athlete will lose the highest scoring arrow of the next end; however, he/she will shoot 3 or 6 arrows as the case may be in that end. It would be advisable to inform the athlete to



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shoot a full end, record all the arrows and then the Judge will change the score sheet. If this happens a red card will be shown at the conclusion of the end.

XIII.3.7 Discrepancies between Sound and Timing Signals

Sound Signals. Your action in this case should be to discover which control was in fact accurate and decide to the advantage of the athletes, who should not be penalized because of an official's oversight.

Timing Signals. On occasions (mostly when athletes have to make up arrows due to bouncers, equipment failures etc.) Judges have taken over the timing responsibility. However, Judges are not timers – in fact they are there to control the conduct of timing. Therefore, as a basic procedure the DOS or the deputies shall do the timing in all situations where timing is necessary.

XIII.3.8 Number of Arrows Shot – In /Out of time

If an arrow is shot out of time it is imperative that you give a red card and that the original scores are duly noted on the score card as these actions are subject to appeal.

XIII.3.9 Unsportsmanlike Behavior

Verbal insults directed to a Judge, by either an athlete or an official representing the athlete should be dealt with calmly by issuing a warning to the team manager, indicating that the athlete may be disqualified if further verbal insults are heard.

XIV. PROPOSED SCHEDULE OF THE GAME

XIV.1 Official Practice Day

-Team Captains Meeting will be held during Solidarity sessions or during Official Practice Day to discuss the schedule, uniform, requirements, latest rules modifications, medals to be awarded and other matters.

-Official Practice Day shall be held one day before the start of the Tournament on the actual tournament venue to familiarize the archers with the prevailing conditions at the tournament site. The tournament field must be laid out and all venue equipment should be in place. The Official Practice shall be controlled by the DOS and Official Timer.

-Inspection of Equipment will be on the Practice Day. Nevertheless, subsequent inspections may be done during the course of the tournament to ensure adherence to equipment rules (refer to FITA rule Book) provided that these will not affect the settings



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of the bow in question. Later violations, when found, will be penalized according to FITA rules.

-Practice Facilities. Practice field will be made available a day before the competition.

-The tournament field may be used by the competitors for practice on all days of the competition at all times arranged by the tournament manager / DOS. However, all practice must cease fifteen (15) minutes before the start of competition.

XIV.2 Competition Proper

2024 SOCCSKSARGEN REGIONAL ATHELETIC ASSOCIATION MEET

Day 1: May 13 PRACTICE DAY AND EQUIPMENT INSPECTION		
Time	Event	Venue
6 :00-10:00	Solidarity Meeting	
6 :00-10:00	Team Captain's Meeting/Official Practice/Equipment Inspection- Elementary & Secondary	Teresita ES, Sto. Nino, South Cotabato
3:00-4:00	Opening Ceremony	Sto.Nino CES Grandstand, Sto. Nino, South Cotabato
Day 2 – May 14		
Time	Event	Category
6:00-7:30	30m	Secondary-G
	20m (Cat. B)	Elementary-G
	30m (Cat. A)	Elementary-G
7:30-9:00	30m	Secondary-B
	20m (Cat. B)	Elementary-B
	30m (Cat. A)	Elementary-B
12:00-1:00	Lunch Break	
3:00-4:00	50m	Secondary-G
4:00-5:30	50m	Secondary-B
5:30-6:00	AWARDING 30m, 50m	Secondary
	20m (Cat. A & B)	Elementary
Day 3- May 15		
Time	Event	Category



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6:00-7:30	60m	Secondary-G
	20m (Cat. B)	Elementary-G
	30m (Cat. A)	Elementary-G
7:30-12:00	60m	Secondary-B
	20m (Cat. B)	Elementary-B
	30m (Cat. A)	Elementary-B
12:00-1:00	Lunch Break	
2:30-4:00	70m	Secondary-G
4:00-5:30	70m	Secondary-B
5:00-6:00	AWARDING 60m, 70m	Secondary
	20m, 30m (Cat. A & B)	Elementary
Day 4- May 16		
Time	Event	Category
6:00-7:30	Individual Olympic Round	Secondary-G Elementary-G
7:30-9:00	Individual Olympic Round	Secondary-B Elementary-B
12:00-1:00	Lunch	
2:30-4:00	Medal Match Individual Olympic Round	All Category
4:00-5:30	Mixed Team Event	All Category
Day 5- May 17		
6:00-9:30	Team Event	All Category
10:00-12:00	Closing Program	Sto. Nino CES
Home Sweet Home		

**Games schedule subject for changes*

XV. RISK ASSESSMENT

XV.1 Proposed Plan of Action (Attachment A)

XVI. SECURITY & SAFETY PROTOCOLS

Safety is the most important purpose of any inspection. Any accident caused by a lack of basic safety precautions cannot be tolerated and all potential hazards are to be rectified prior to the tournament. For this reason, it is important that all technical



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official, coaches, co-coaches, and chaperons participate in the inspection as a group. The following recommendations for safety inspections:

- Be certain that there are no paths from target to target or shooting positions which could be in jeopardy if an arrow goes astray.
- Be certain that all paths from target to target are properly marked so no one walks in a wrong direction and happens to get into a shooting lane.
- Paths usually used for public purposes must not cross the shooting direction, in front of the target or behind the target.
- Be certain that the background of a target is fully exposed to the athlete in the shooting position. If not, take the necessary steps to make the shooting on that target safe. Be aware that single nets will not stop carbon arrows that miss the target, so additional precautions may have to be taken.
- Spectators are usually controlled by leading them into special areas in the terrain - all the route marked with ropes or ribbons.
- Also remember that the organizers have to take into consideration that it may be necessary to bring in first aid personnel and/or spare equipment without having to stop the shooting or endanger the personnel going into the course.

OTHER SAFETY STANDARDS AND PROTOCOLS

- A. Archers, coaches, chaperon and officials are subject for thermal scanning and should sign in a logbook upon entry at the venue.
 - B. Archers, Coaches, chaperons, athletes and officials must bring their own sanitizer and disposable towel with them.
 - C. All equipment (bow, arrows, quiver etc.) should be cleaned with an appropriate disinfectant before and after their use in the field.
 - D. Follow the local rules regarding social distancing.
 - E. Always wear a mask, except when shooting.
 - F. Archers and their personnel should be able to enter and leave the training ground or field of play in a unidirectional way to avoid crossing the path of any person.
 - G. The maximum number of athletes and delegation official in the same area will be determined by the Tournament Management.
- Be safe and respect others.

XVII. MONITORING AND EVALUATION SYSTEM

XVII.1 Narrative Report

The Tournament Manager shall submit a narrative report to the technical staff on the conduct of the tournament on an incident/s that happened (*if there is/are*) at the end of the tournament.



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XVIII: EFFECTIVITY

These Technical Guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

ARNIS

I. COMPETITION RULES AND REGULATION:

The DepEd-PEKAF Arnis Guidelines and Ground Rules shall be adapted for the purpose of the Department of Education school sports competition leading to Palarong Pambansa and other sports competition for Arnis.

The DepEd-PEKAF guidelines shall be a modified Sports Arnis competition rules of the Philippine Eskrima Kali Arnis Federation and the Department of Education Arnis Association of the Philippines (DEAAP) for the purposes of school sports event

II. ELIGIBILITY:

1. ATHLETES

- 1.1 Eligibility of Athletes must adhere to the Rules and Guidelines for the National Accreditation and Screening (NSAC) requirements for eligibility.
- 1.2 Athlete Records of Participation, training and competition.

2. COACHES/ASSISTANT COACHES/CHAPERON

- 2.1 Eligibility of coaches, assistant coach, and chaperon must adhere to the Rules and Guidelines of the National Screening and Accreditation Committee.
- 2.2 Coaches, Assistant coaches /Chaperons must be DepEd accredited in accordance with Technical Guidelines and NSAC requirements.

III. PARTICIPANTS: TEAM COMPOSITION

Elementary Level

- Boys: 3 Players and 1 Coach
- Girls: 3 Players, 1 Coach and 1 Assistant coach/Chaperon

Secondary Level (Anyo / Full contact events)

- Boys: 5 Players and 1 Coach
- Girls: 5 Players 1 Coach and 1 Assistant Coach/Chaperon

IV. DISQUALIFICATIONS:

1. Participants not qualify in the NSAC Eligibilities and age requirements;



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2. Participants not qualify for the weight category based from the official entry submitted during the officials weigh in for secondary; and
3. Other disqualification provided on DepEd/PEKAF rules and regulation.

V. SPORTS EVENT:

FULL CONTACT SECONDARY LEVEL - There shall be a maximum of Five (5) participants distributed evenly in the different weight divisions for both Secondary Boys and Girls. Each Division/team is allowed only one (1) entry in each weight category.

ANYO ELEMENTARY and SECONDARY - Five (5) Players will come from the Team members in the Likha Anyo team event who qualify in the weigh-in in the secondary level both boys/ girls and three (3) players for elementary who will qualify in the NSAC age requirements for both boys and girls.

VI. CATEGORIES: FULL CONTACT (BLADED WEAPON CONCEPT) PADDED STICK SECONDARY LEVEL

BOYS	CATEGORY	GIRLS
43 kgs up to 47 kgs	Pin weight	37 kgs up to 40 kgs
Over 47 kgs up to 51 kgs	Bantamweight	Over 40 kgs up to 44 kgs
Over 51 kgs up to 55 kgs	Featherweight	Over 44 kgs up to 48 kgs
Over 55 kgs up to 60 kgs	Extra Lightweight	Over 48 kgs up to 52 kg
Over 60 kgs up to 65 kgs	Half Lightweight	Over 52 kgs up to 56 kgs

ANYO COMPETITION CATEGORY:

Elementary Boys and Girls

TRADITIONAL

- A. Individual Likha Anyo Single Weapon - 1 player per individual category
- B. Individual Likha Anyo Double Weapon - 1 player per individual category
- C. Individual Likha Anyo Espada y Daga - 1 player per individual category

NON-TRADITIONAL

- D. Team (Synchronized) Likha Anyo Single Weapon - 3 players per team category
- E. Team (Synchronized) Likha Anyo Double Weapon - 3 players per team category
- F. Team (Synchronized) Likha Anyo Espada y Daga - 3 players per team category
- G. Team (Synchronized Mixed) double Weapon - 1 boy and 1 girl

Secondary Boys and Girls

TRADITIONAL

- A. Individual Likha Anyo Single Weapon Category - 1 player per individual category
- B. Individual Likha Anyo Double Weapon Category - 1 player per individual category
- C. Individual Likha Espada y Daga - 1 player per individual category

NON-TRADITIONAL

- D. Team (Synchronized) Likha Anyo Single Weapon - 3 players per team category



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E. Team (Synchronized) Likha Anyo Double Weapon - 3 players per team category

F. Team (synchronized) Likha Anyo Espada y Daga - 3 players per team category

VII. EQUIPMENT

For the purpose of this standard, all equipment shall adhere to the specifications of DEAAP/PEKAF or its approved equivalent and by no means shall be substituted without prior consent of the Tournament/Sports Manager. No competitors shall be allowed to compete without the basic standard protective gears as follows:

- Head gear, color coded in red and blue
- Body vest color coded in red and blue
- Groin protector both male/female
- Hand and arms guard protectors color coded in red and blue
- Leg guard protectors (femur and shin guard) color coded in red and blue
- Hand Gloves
- Rubber footwear

VIII. WEAPONS for ANYO

A player may have the option to choose any of the following weapons with a minimum length of 24 inches and a maximum length of 36 inches.

Wooden stick/yantok - The cane (stick) made of wood or rattan should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches.)

Wooden Replica of a Bladed Weapon - The wooden replica should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches) in full length and should be ethnic Filipino in origin.

Metallic Unbladed Replica of a Bladed Weapon - The metallic replica should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches) in full length and should be ethnic Filipino in origin.

Metallic/wooden Unbladed replica of a bladed sword and dagger- The metallic replica of the sword should measure not more than 60cm. in length and the dagger should measure not less than 20cm. and not more than 31cm. and should be Filipino in origin.

IX. UNIFORM/COSTUME

1. Participants are required to wear the standard uniform for Full Contact

* White plain T-shirt (athlete's name, school/club logo, division and region may appear on provided that it does not dominate the over-all appearance of the shirt.

* Plain red pants (school/club logo may appear on the pants).



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* Rubber soled shoes.

2. Anyo Competition Costume:

* Participants are required to wear the official regional/team delegation uniform or Arnis Uniform (white T-shirt and Red pants)

X: PROTEST, PENALTIES AND SANCTION:

1. ANYO COMPETITION

1.1. Violation of time limit shall cause the participant/s deduction of point.

A deduction of point five (0.5) should be given in short of the minimum one

(1) minute time limit or in excess of the maximum of two (2) minute time limit.

1.2. Stepping and/or going out of the boundary lines will cause the performer/s a deduction of zero point one (0.1) per stepping violation.

1.3. Performer/s who accidentally lose grip of the weapon/s or disarms should be given a deduction of one (1) point for every violation.

1.4. Weapon gets destroyed or has any apparent damage to any part of the weapon will cause the performer/s a deduction of zero point five (0.5) per violation of player/team.

1.5. Failure to execute the standard Pugay at the start/end of performance would mean a one (1) point deduction

1.6 Dangerous acrobatic moves/routines and Body Drops shall be considered as foul or Paglabag, Such as:

1.6.1 Front Drop

1.6.2 Side Drop

1.6.3 Combo Body Drop

1.6.4 V-Twist Drop

1.6.5 Suicide Drop

1.7. Stunts and fancy moves may be considered legal and allowed provided that an athlete/performer landed on one or both feet after the execution.

1.8. Demeaning acts which are deemed derogatory, disrespectful, and detrimental to the integrity of sports and martial art will NOT be allowed and will be considered as Foul/Violation or paglabag.

2. Queries/Protest and Complaint on Technicalities

2.1. Queries shall be done immediately after the competition and before the next match begins. Evidence justification through Video cameras is just a secondary basis for clarification. Final decision is based on the deliberation of the officiating officials of that match or bout.

2.2. Protest shall be done immediately after the match/bout and shall be made in writing within 2 hours by the coach duly signed by the athletic



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manager or authorized representative of the delegation addressed to the Technical Committee.

- 2.3. Any action made otherwise shall be nullified.
- 2.4. Coaches/Assistant Coach /Chaperons who failed to attend the solidarity Meeting shall waive his/her rights for queries and protest.
- 2.5. "JUDGEMENT CALL CANNOT BE PROTESTED"

3. Full Contact Event:

- 3.1. Every contestant who contravenes the rules shall be warned or penalized. The nature of the penalty will be announced by the referee after the appropriate consultation within the referee panel.
- 3.2. Warning may be imposed for attempted minor infractions of the rules. Warning may be imposed also for the first instance of any minor infractions.
- 3.3. The following scale of penalties shall operate: minor violation (paglabag) – not engaging the opponent, prolonged grabbing, pushing using any part of the body.
- 3.4. Major violation (sinadyang paglabag) – hitting the groin, neck, back of the head, sweeping, throwing, punching, kicking, thrusting and butting technique, uncalled remarks, hitting injured parts, whether it is intentional or unintentional; The referee/ judges had the discretion to imposed disqualification from the match even on first offense, depending the gravity of the offense.
- 3.5. A penalty can be directly imposed for a rules infraction but once given, repeats of that category infractions must be accompanied by an increased in severity of penalty imposed.
- 3.6. Dishonorable disqualification may be invoked from the following: a.) When a contestant commits an act which harms the prestige of Arnis. Such as: Throwing of Arnis stick, spiting, etc. b.) When an action/s of a contestant are considered to be dangerous and deliberately violate the rules concerning prohibited behavior.

XI: CONDUCT OF THE COMPETITION:

1. General Guidelines in FULL CONTACT Event

- 1.1. The Conduct of the Competition for Full Contact Bladed Weapon Concept shall be on A two-out-of-three round system. Each round shall be held for a continuous One (1) minute with three (3) judges using flag system both Elementary and Secondary.
- 1.2. Players are required to show artistic Arnis movements unique to their styles for a least three (3) seconds when the referee says "HANDA". Failure to do this – First Offense will be given BABALA or warning. Second and succeeding offenses shall be considered as PAGLABAG or foul.
- 1.3. A SCORE: shall mean a strike with a padded stick using one hand only, delivered to a specific body points and is counted upon confirmation of Two (2) or Three (3) Judges



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by raising of color coded flags (2 same color – majority, 3- same color unanimous), simultaneously recorded on the score sheet. Every hit in the encounter confirmed by the judges will be stopped by the referee to award the score. (Bladed concepts must be observed).

1.4. (DRAW SCORE) Match Tie- Breaker

- A match is won when one competitor accumulates the majority of the points earned After the one (1) minute round expires. In the event that the scores, disarms, and fouls are the same at the end of the round, the ADVANTAGE POINT Principle shall be applied to break the tie.
- In every match, the first legitimate score is immediately recorded by the judges/recorder to the scorecard and documents the corresponding point to the player who gets the advantage point.
- The Advantage point Principle: The Advantage point is the very first score gained by either one of the two players. If the red player is the first to score in the match, the red player gets the advantage point and if the blue player is the first to score in the match, the player gets the advantage point.
- In the Bladed weapon concept events, the player who gets the advantage point wins the match to break the tie or draw.
- In the event that the time expires and NO score was made, a 30 seconds extension or SUDDEN DEATH shall apply. This applies in every round. First to score wins the round, First to commit foul/violation or paglabag losses the round.

1.5. Injuries

In case of minor/major injury caused by accidental blow/hit both intentional and un-intentional the referee must stop (hinto) the match and call the attention of the medical doctor and decides/suggests to give the injured player a little time to rest before he/she can continue the game, the decision as stated shall be suspended for a while. However, the rest period shall not be more than two (2) minutes after which the medical doctor must declare the fitness of the injured player to continue or discontinue the game.

2. GENERAL RULES OF THE GAME FOR LABANAN

BLADED WEAPON CONCEPT MECHANICS OF THE MATCH

- 2.1. Bladed weapon concept of sparring is characterized by point system, in which a Contestant who successfully landed a legal strike/technique with one hand shall be awarded by point immediately.
- 2.2. The normal duration of a match is 3 rounds, continuous 1 minute per round with a 15 seconds rest interval for secondary level.
- 2.3. The timing of the bout starts when the referee gives the signal to start (Handa) and Stops each time he calls “Hinto.”
- 2.4. The Time-Keeper shall signal by an early audible gong or whistle indicating time- up.



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- 2.5. Contestants are encouraged to demonstrate twirling technique before engaging into blows.
- 2.6. A score is awarded when a technique is performed according to the following criteria to a scoring area:
- a.) Sporting attitude- refers to a non-malicious attitude of great concentration obvious during delivery of the scoring technique.
 - b.) Vigorous application- defines the power, speed of the techniques and the will for it to succeed
 - c.) Fighting awareness - is the state of continued commitment in which the contestant maintains total concentration, observation and awareness of the total opponent's potentiality to counter-attack.
 - d.) Good timing- means delivering a technique when it will have the greatest potential effect.
 - e.) Distancing- delivering a technique at the precise distance where it will have the greatest potential effect. Thus if the technique is delivered on an opponent who is rapidly moving away, the potential effect of the blow is reduced.
- 2.7 A legitimate strike is given a point if it is delivered to a specific body point in correct form, with power, right timing, with art, distance and intent.
- 2.8 Spontaneous strike is allowed, but the judges can only give one (1) point per encounter But in accordance with the guidelines on legitimate strike.

3. PROHIBITED BEHAVIOR

- 3.1. The following are forbidden:
- a.) Techniques which make contact with the throat, groin and back of the head.
 - b.) Techniques which make maliciously obvious in excessive contact.
 - c.) Intentional attack to the injured parts of the opponent.
 - d.) Prolonged and purposeless grabbing.
 - e.) wrestling, clinching, violent pushing, sweeping, throwing, kicks, knee, punch, thrusting, butting, elbow smash, head butting.
 - f.) Not engaging with the opponent.
 - g.) Hitting an opponent who is in the act of rising, who signals to surrender.
 - h.) Failure to step back when ordered to break.
 - j.) Use of prohibited drugs such as stimulants, steroids, opiates and the likes.
- 3.2. Any discourteous behavior such as provocation and uncalled remarks. Any competitor/s, coach or official members of a team who have discourteously towards any members of the refereeing panel by words, gestures, etc., can earn the immediate disqualification of the whole group from the tournament.
- 3.3. In addition, attention is drawn to the coach's behavior. He shall at all times, during the operation of match, remain in his position and must not by words or deed, interrupt or course to be interrupt the smooth operation of the match. In the event that the coach contravenes the rules, then his/her competitor/s will be penalized accordingly.



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4. CONDUCT AND ORGANIZATION OF THE COMPETITION FOR ANYO EVENT:

4.1. Anyo performance is classified into two (2) major classification

a. Traditional Form; Anyo performance both in secondary and elementary Level which are strictly combative and emphasize focused on Arnis skills and technique application without fancy movements and without music accompaniments.

b. Non Traditional Form; Anyo performance both in secondary and elementary Level which can incorporate weapons release/throws, kicks, jumps rolls and other creative acrobatic movements provided that must follow the principle of Eskrima Kali Arnis and that atleast (80%) of the performance shall emphasize sticks weapon being used and arnis skills/technique are emphasized. Music accompaniment is allowed.

4.2. Anyo performance is a demonstration or combination of pre-arrange or Choreographed sets of body movements, offensive and defensive technique through striking, blocking, thrusting using stick wooden replica or metallic unbladed replica of a bladed weapon.

4.3. Anyo competition takes the form of individual or a team matches of three (3) and it Can be mixed of male and female.

4.4 Anyo competition takes the form of individual and team matches. Team matches Consist of competition between three (3) or five (5) people in a team. A team of three and shall consist of all males or all females and can be a mixed male and female.

4.5 In Anyo, music is optional but when there is time that may cause a delay, the management has the right to order the performer to perform even without music. Only Filipino ethnic music is allowed.

4.6. The time duration of the performance shall have minimum one (1) minute and a Maximum of two (2) minutes performance. The official time shall start at the time the performer/s executes the standard salutation (Pugay) and it shall officially end when the performer/s executes the ending salutation (Pugay)

4.7. The conduct of the competition shall be one (1) round Anyo performance for both Secondary and Elementary level (boys/girls)

4.8. Standard Pugay is at close stance, salutation is done by placing the right hand with the weapon pointing upward over the left chest, while the left arm is at the side at closed fist and followed by a nod.

4.9. Score in the Likha Anyo competition shall have a numerical value from 7-10 with an increment of 0.1



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XII: DETERMINATION OF WINNER:

1. FULL CONTACT CRITERIA FOR DECISION

- 1.1. In every bout there should be a winner. The referee will call for a hatol, Judges will raise the flag red or blue as winner on his/her judgement.
- 1.2. Majority of the colors raised by the judges will be declared the winner.
- 1.3. In the event that the time expires and NO score was made, a 30 seconds extension or SUDDEN DEATH shall apply. This applies in every round. First to score wins the round, First to commit foul/violation or paglabag losses the round.

2. DETERMINING THE WINNER IN ANYO COMPETITION:

- 2.1. There shall be Five (5) judges. The highest and the lowest score will be removed and the remaining scores of the Three (3) judges will be added together to get the average score.
- 2.2. In case of tie, the highest and the lowest score of the Five (5) Judges shall be backed and added together to break the tie.
- 2.3. In case another Tie: Repeat performance.
- 2.4. The ranking of participants is based from the net score obtained which is determined by deducting all identified point deduction/s committed if any in accordance with the rules.

3. ANYO CRITERIA FOR DECISION:

In assessing the performance of a performer/s in Anyo competition, the following criteria must be observed.

3.1. Coordination and Synchronization of Movement

- a. Anyo must be performed with competence
- b. Precise/ timing and identical rhythmic movement
- c. Sense of balance action of steps/stances
- d. Harmonization/rhythm of movement

3.2. Artistic Execution

- a. Proper/good form execution
- b. Gracefulness
- c. Elegant/stylish
- d. Refined martial arts movement

3.3. Bearing and Stage Presence

- a. Demonstration of strength power, and balance
- b. Correct focus of attention and concentration
- c. Composure
- d. Attitude

3.4. Degree of Difficulty

- a. Magnitude of complicatedness
- b. Complexity of the art and techniques



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- c. Intricacy of movement of the body
- d. Execution of art/ style

3.5 Creativity and authenticity

- a. Originality
- b. Inventiveness
- c. imaginativeness of forms
- d. Fluidity of the executions of skills and technique.

4. SELECTION OF ATHLETES

a. Elementary Boys and Girls

- * Combined Medal Tally of the individual, Team Synchronized Events and Team Synchronized Mixed Event of Boys and Girls.

c. Secondary Boys and Girls:

- * Medal Tally of the Synchronized Events for the 3 players and the 2 remaining will be combined medal tally of their Anyo and sparring. In case there are more than 3 athletes played in the Team Synchronized Events of the winning team, they will be all prioritized.
- *BASE ON Team Event. If in case of tie/Triple Tie we will based on total number of medal or option of the selection committee composed of Event Supervisor, and Technical Officials.
- *Not all Gold Medalist player/s are assured to qualify to 2024 Palarong Pambansa.

XIII: TOTAL NUMBER OF MEDALS PER EVENTS/CATEGORIES

EVENTS/CATEGORIES		GOLD	SILVER	BRONZE
ANYO EVENTS ELEMENTARY (BOYS & GIRLS)				
NO.	INDIVIDUAL (Traditional)			
1.	Single Weapon Category 1 player per category	2	2	2
2.	Double Weapon Category 1 player per category	2	2	2
3.	Espada y Daga Likha Anyo 1 player per category	2	2	2
TEAM SYNCHRONIZE (Non traditional)				
4.	Team (Synchronized) Single Weapon Category (3 players)	6	6	6
5.	Team (Synchronized double Weapon Category (3 players)	6	6	6
6.	Team (Synchronized Likha Anyo Espada Y Daga Category (3 players per category)	6	6	6



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7.	Team (Synchronized Mixed) double Weapon Category (1 boys/1 girls)	2	2	2
ANYO EVENTS SECONDARY (BOYS & GIRLS)				
INDIVIDUAL (Traditional)				
8.	Single Weapon Category 1 player per category	2	2	2
9.	Double Weapon Category 1 player per category	2	2	2
10.	Espada y Daga Likha Anyo 1 player per category	2	2	2
TEAM SYNCRONIZED				
11.	Team (Synchronized) Single Weapon Category (3 players)	6	6	6
12.	Team (Synchronized) Double Weapon Category (3 players)	6	6	6
13.	Team (Synchronized) Likha Anyo Espada Y Daga Category (3 players per category)	6	6	6
BLADED WEAPON CONCEPT FULL CONTACT SECONDARY (BOYS)				
14.	Pinweight 43 Kilograms up to 47 Kilograms	1	1	2
15.	Bantamweight Over 47 Kilograms up to 51 Klbs	1	1	2
16.	Featherweight Over 51 Kilograms up to 55 Klbs	1	1	2
17.	Extra Lightweight Over 55 Kilograms up to 60 Klbs	1	1	2
18.	Half Lightweight Over 60 Kilograms up to 65 Klbs	1	1	2
BLADED WEAPON CONCEPT FULL CONTACT SECONDARY (GIRLS)				
19.	Pinweight 37 Kilograms up to 40 Kilograms	1	1	2
20.	Bantamweight Over 40 Kilograms up to 44 Klbs	1	1	2
21.	Featherweight Over 44 Kilograms up to 48 Klbs	1	1	2
22.	Extra Lightweight Over 48 Kilograms up to 52 Klbs	1	1	2
23.	Half Lightweight Over 52 Kilograms up to 56 Klbs	1	1	2
TOTAL		60	60	70

XIV. OTHER MATTERS:

- The Technical Committee shall decide on all other queries/issues not mentioned in the ground rules. Judgment calls cannot be protested.
- The schedule for Order of Performance of LIKHA ANYO and Matching will be started right after weigh-in and drawing of lots a day before the competition proper.

XV. EFFECTIVITY:

These technical guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

ATHLETICS

1. World Athletics rules will be applied.
2. An athlete is allowed to compete 3 individual events and 2 relays.
3. A team may enter 2 athletes per event.
4. Entry form should be prepared by rank, according to fastest to slowest/farthest to nearest indicating no. 1 and no. 2 respectively. Prepared in 4 copies and be submitted during the solidarity meeting to the Tournament Secretary.
5. Athletes must wear their delegation uniform and athlete number or race bib when reporting to the roll call area and during the competition.
6. No coach or any party identified with an athlete is allowed within the vicinity of the playing area and during the competition.
7. Using a starting block is a “MUST” in sprint and hurdles events.
8. Law of succession will be observed.
9. In relays, qualifiers can change runners a maximum of 4.
 In case of inclement weather in an event cannot be safely competed, coaches will be consulted to the postponement or cancellation to the schedule by the technical management based on the rule of the majority.
10. In case of unfinished finals, due to typhoon, ranking will be based on the result of time trials or semi-final.
12. No points for unplayed events.
13. Game starts at 6:00 am and ends at 9:00 am and resumes at 3:00 pm and ends at 6:00 pm.
14. Awarding of medals will be done the next day after the competition has been concluded. All awardees must be in decent delegation uniform with shoes.
15. The starting height of the bar in high jump and pole vault will be as follows:

High Jump

Elem Girls – 1.15m	Sec. Girls – 1.30m
Elem Boys – 1.25m	Sec. Boys – 1.40m

Pole Vault 2.0 m

Succeeding three raising of bar – 20cm
 Thereafter – 10cm

16. High Jump and Pole Vault

	High Jump	Pole Vault
More than 3 athletes	1 min	1 min
2 or 3 athletes	1.5 min	2 min
1 athlete	2 min	3 min
Consecutive Trials	2 min	3 min



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Email: region12@deped.gov.ph



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17. Weight of throwing implements:

Implements	Elementary		Secondary	
	Girls	Boys	Girls	Boys
Shots	3kg	5kg	4kg	6kg
Discus	.75kg	1.5kg	1kg	1.75kg
Javelin	300grms	400grms	600grms	700grms

18. Height of hurdles

	Elementary		Secondary	
	Girls	Boys	Girls	Boys
100MHH	0.762m		0.840m	
110MHH		0.914m		0.991m
400MHH	0.762m	0.840m	0.762m	0.914m

19. 30 meters receiving zone in 4x100 meter relay will apply.

20. Only athlete/s who can beat the qualifying standards for athletics (DM No. 020, s. 2024) shall qualify to play in the 2024 Palarong Pambansa.

21. All other/additional ground rules will be talk about during the solidarity meeting upon the condition of the playing venue/ground, implement and situation.

22. EFFECTIVITY:

These technical guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

BADMINTON

1. GENERAL RULE:

- 1.1. The competition shall be held in accordance with the current Laws and Regulations of the Badminton World Federation (BWF)
- 1.2. The Technical Committee/Tournament Manager shall be responsible for the technical organization of the tournament. The decision of the committee in all matters regarding the competition shall be final.

2. SPECIFIC RULES:

2.1. PARTICIPANTS

- 2.1.1. Only the official coach listed in the gallery are allowed to sit on the coach' chair and approach the player/s during intervals, approach the match control or referee with regards to questions and inquiries during the match.
- 2.1.2. Only qualified athletes in the approved gallery of delegates per event shall be allowed to participate and compete.

2.2. ELIGIBILITY RULES

- 2.2.1. The latest DepEd Regional Screening and Accreditation Committee (RSAC) rules on SRAA participation shall apply.
- 2.2.2. Only qualified athletes, coaches and chaperons in the approved gallery of delegates per event shall be allowed to participate and compete.

3. COMPOSITION OF THE CONTINGENT/ DELEGATION

NO.	DIVISION	
1.	Cotabato Province	Emperors
2.	General Santos City	Generals
3.	Kidapawan City	Titans
4.	Koronadal City	Red Armour
5.	Sarangani Province	Volts
6.	South Cotabato	Dreamweavers
7.	Sultan Kudarat	Sultans
8.	Tacurong City	Shining Kudongs

4. ENTRIES AND TEAM INFORMATION

4.1 COMPOSITION OF A TEAM

Individual competition (Elementary/Secondary) Boys and Girls	
*Boys Singles (BS)	-Two entries per Division



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*Girls Singles (GS)	- Two entries per Division
*Boys Doubles (BD)	-One entry per Division
*Girls Doubles (GD)	-One entry per Division

5. DRAWING OF LOTS

- 5.1.1 The drawing of lots for the game schedule will be done by the Coaches during Solidarity meeting of the SRAA Meet one (1) day before the actual competition. (Fish bowl pick draw lots shall be implemented).
- 5.1.2 Coaches or representatives (chaperons) shall be the one to make the draw to determine their opponent.
- 5.1.3 Coach/representatives' right to question the tournament proceeding or technical guidelines shall be waived if he/she fails to attend the solidarity meeting and draw lots.

6. ENTRY OF PLAYERS

- 6.1.1. Coaches shall submit their entries for Singles and Doubles events during the solidarity meeting.
- 6.1.2. The entries shall be duly signed by the coach/team representative
- 6.1.3. Upon submission of the entries, no more substitution or alterations and changes shall be allowed especially after the draw.

7. HOW TO WIN A GAME/MATCH

The BWF new scoring system of 1-21 points (rally point), best of three games will be implemented. In case the score reaches 20 all, the player/pair who gains an advantage of two (2) points wins the game (22-20, 23-21). If the score reaches 29 all, the player/pair who score the 30th points win the game.

8. CONDUCT OF COMPETITION

8.1.1. Game Schedule

Schedule	Activity
Day 0	➤ Solidarity Meeting
Day 1	OPENING PROGRAM (ALL) Elementary (Elimination and Semi-Finals) ➤ Singles (Boys and Girls) ➤ Doubles (Boys and Girls)
Day 2	Secondary (Elimination and Semi-Finals) ➤ Singles (Boys and Girls) ➤ Doubles (Boys and Girls)
Day 3	Elementary and Secondary (Finals) ➤ Singles (Boys and Girls) ➤ Doubles (Boys and Girls) AWARDING



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9. PARTICIPANTS CONDUCT

- a. Foul words and other unsportsmanlike conduct will automatically be given warning/fault for misconduct by the umpire.
- b. Smoking and drinking liquor is strictly prohibited within the playing area.
- c. Using flash photography and video cameras with lights are strictly prohibited during the match.
- d. A ten (10) minute grace period on the scheduled match shall be given to the players to report to his/her designated court, otherwise the player/s shall be declared defeat via walkover.
- e. Strictly observe courtesy and discipline, order and cleanliness at all times.
- f. Be a good sport by being gracious in victory and accepting defeat with dignity.
- g. Refrain from engaging in disrespectful conduct of any sort including profanity, obscene gestures or offensive remarks that demean individuals or the sport.
- h. Coaches must dress appropriately in the team uniform (sports clothing) and/or shirt/polo, shirt/blouse or long trousers/skirt. Inappropriate clothing (amongst other items) includes jeans, flip flops/sandals and beach/Bermuda shorts.

10. TECHNICAL OFFICIALS

10.1.1 Qualifications

DepEd employees with credentials that have undergone Regional Accreditation for Technical Officials or have served the previous Division or SRAA Meet.

10.1.2 Terms of Reference

1. Tournament Manager

- a. Conduct and manage the over-all badminton tournament
- b. Identifies the playing venue, prepares and ensure the availability of the equipment and materials needed for the tournament.
- c. Oversee the conduct of the tournament and supervise the Technical Working Group with regards to their roles, duties and functions.
- d. Serves as chief executive officer of the tournament
- e. Make decisions about basic format and structure of the tournament

2. Consultant

- a. Provides recommendations on tournament improvement and innovation.
- b. Assist in the development and implementation of policies and procedures and ensure high standards including health and safety, risk assessments, equal opportunities and safeguarding.

3. Tournament Administrators/Referees (Secondary and Elementary)

- a. Assist the Tournament Manager in running the competition



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- b. Responsible for assuring that the competition is fair and played under the BWF laws.
- c. Perform all other related duties as assigned by the Tournament Manager.
- d. Assess and evaluate the performance of the court officials (umpire, service judge and line judges) during the tournament.
- e. Provide constructive and encouraging feedback to the court officials
- f. Supervise all aspects of play, including but not limited to the conduct and actions of players, coaches, officials and spectators
- g. The over- all in- charge of the tournament proper

4. Tournament Secretary

- a. Post the schedule of matches and results.
- b. Keeps all the record of the tournament.
- c. Allowed to give information on game result upon approval of the tournament manager
- d. Prepare the daily attendance and groupings of technical officials

5. Tournament Encoder/ICT

- a. A computer literate and in-charge of making pairing/seeding and drawing of lots and provide computer print-out and submit it to the Tournament Secretary for verification and approval.
- b. In-charge of the preparation and submission of on-line reports.
- c. Works hand in hand with the Tournament Secretary in securing the tournament official results

6. Court Officials

a. The Umpire

He/She shall be the in-charge of the match, the court and its immediate surrounds. He shall report to the Tournament Referee.

b. The Service Judge

He/She shall call service faults made by the server should they occur.

c. Line Judges

They shall indicate whether a shuttle landed “in” or “out” on the lines assigned.

11. MODE/FORMAT OF TOURNAMENT

The format of competition shall be on Single Elimination or Knock-out system for all events both in elementary and secondary level.

Ranks 1 of both Singles A and B will compete against each other to determine the overall ranks of the players in the Singles Category.



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12. SELECTION OF RECOMMENDED ATHLETES, COACHES AND CHAPERONS

12.1 Selection of Recommended Athletes

The Champion and the First Runner-up in the Singles category, and the Champion in the Doubles category will compose the team of the Region to the 2024 Palarong Pambansa.

The Mixed-doubles players for the Palarong Pambansa shall be determined through these procedures:

- The champion players in Doubles both Boy's and Girl's categories will play in a Singles Match.
- The winner in the boy's category will be paired with the winner in the girl's category to form a pair of mixed doubles for the 2024 Palarong Pambansa.

12.2 Selection of Recommended Coach

The winning coach of the Doubles Category will be the official coach to the Palarong Pambansa 2024.

12.3 Selection of Recommended Chaperon

The Tournament Technical Committee shall select the chaperon for the Girls Team (Elementary and Secondary) if ever the Coaches are males.

13. AWARDS medal tally/count

13.1.1. Elementary (Boys and Girls)

EVENT	GOLD	SILVER	BRONZE
SINGLES	2	2	4
DOUBLES	4	4	8
TOTAL	6	6	12

13.1.2. Secondary (Boys and Girls)

EVENT	GOLD	SILVER	BRONZE
SINGLES	2	2	4
DOUBLES	4	4	8
TOTAL	6	6	12



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14. MISCELLANEOUS/PROVISIONS

14.1. PROTEST/COMPLAINS

- a. All entries are presumed to have been decided with finality by the Regional Screening Committee, therefore any protest on eligibility shall not be entertained by the Badminton Tournament/ Competition Management Team.
- b. All matters arising from the actual conduct of the match that will push teams to file a protest shall require its filing addressed to the Regional Director, attention to the Jury of Appeals, duly signed by the coach, approved by the head of the delegation. It must be handed over to the Tournament Manager within two (2) hours after the match.
- c. No protest will be entertained regarding the decision of the referee. Only technicalities of the game may be protested.
- d. Only the official coach can file a protest.

14.2 PENALTIES:

Protest Fee of Five Thousand Pesos (P 5,000.00) non – refundable.

14.3 SANCTIONS:

Athlete: Banned from playing any DepEd tournament for 1 year

Coach: Banned from coaching for one (1) year

Technical Official: Banned from performing a function in any DepEd tournament

15. MISCONDUCT DURING COMPETITIONS/PENALTY

The umpire shall administer any breach of Law

- a. Issuing a warning to the offending side; or
- b. Faulting the offending side, if previously warned; or
- c. Faulting the offending side in cases of flagrant offence or breach.

16. VICTORY CEREMONIES:

- 16.1.1. Victory/ Awarding ceremonies shall follow immediately after the conclusion of the tournament.
- 16.1.2. Top three (3) team/ delegation (players and coaches) are advised to wear their delegation uniform especially when they are to receive their awards (medals or certificates).



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17. SECURITY & SAFETY STANDARDS PROTOCOLS:

In case of the outside interference that may cause the delay of the games, the following actions should be done;

- a. The Tournament Manager prior to the start of the games should orient safety measures when there will be untoward natural occurrences. Ensure the presence of the medical team and the PNP Personnel and LGU local force multipliers in the playing venue.
- b. The presence of Utility/ Maintenance Unit to safeguard of the playing venue and ensure the safety and maintenance of sports equipment, comfort rooms, ventilation, electricity, sound system, tables and chairs and assigned area for spectators, parents and trainers.

18. EFFECTIVITY:

These Technical Guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

BASEBALL ELEMENTARY

XVIII. RULES AND REGULATIONS

Little League Intermediate (50-70) Playing Rules published by LITTLE LEAGUE BASEBALL INCORPORATED shall be used as the primary playing rules. In addition, the following Tournament Guidelines and Rules will be observed;

A. Innings:

It shall be played in **SEVEN (7) innings**, *Round Robin Elimination*, Semifinal and *Championship game*. Any team shall have the option to concede

B. Mercy Rule:

RUN RULE: If at the end of four (4) innings three and one-half innings if the home team is ahead, one team has a lead of fifteen (15) runs or more, the coach of the team with the least runs shall concede the victory to the opponent. If at the end of a regulation game one team has a lead of ten (10) runs or more, the coach of the team with the least runs shall concede the victory to the opponent. NOTE 1: If the visiting team has a lead of fifteen (15) or ten (10) or more runs respectively, the home team must bat in its half of the inning. NOTE 2: A game determined by the 15 run rule, shall be considered a regulation game.

If a Game is called due to **“FORCE MAJEURE SITUATION”**, it is a regulation game if **five (5) innings** have been completed and in all games in the Elementary (Little League Baseball, 50-70 division).

Note: In case the game has progressed beyond 5 or 4 1/2 inning if Home Team is ahead but has not been completed, the game shall be a “Called Game”. The winner shall be the team that scored more runs in the last completed inning.

C. Hit by a Pitch Ball:

On **HPB**, removal of the pitcher shall be imposed when:

1. If in the judgment of the umpire the pitch was intentional even if it was only the first time that hit the batter.
2. If for preventive measures, the umpire may ask the coach to replace the pitcher in order to avoid any further untoward incident.
3. If the pitcher hits three (3) batters in an inning. He shall be transferred to another position and shall only return as pitcher in the succeeding games. If he hits Five (5) batters in a game, he shall be removed from the game and may play as pitcher in their succeeding games.

D. PITCHING RULES:

- a. Any player on a tournament team may pitch. Exception: Any player, who has played the position of catcher in four (4) or more innings in a game, is not eligible to pitch on that calendar day.



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- b. A player who played the position of catcher for three (3) innings or less, moves to the pitcher position, and delivers 21 pitches or more in the same day, may not return to the catcher position on that calendar day.
- c. A pitcher remaining in the game, but moving to a different position, can return as a pitcher anytime in the remainder of the game, but only once per game.
- d. The coach must remove the pitcher when said pitcher reaches the pitch limit for his/her age group as noted below, but the pitcher may remain in the game at another position:
League Age: 13 - 14: 95 pitches per day
 11 - 12: 85 pitches per day
 9 - 10: 75 pitches per day
 8: 50 pitches per day
- e. If a player delivers 41 or more pitches, the player cannot play the position of the catcher for the remainder of that day.
- f. Pitchers rest requirements:
 - If a player pitches
 - 66 or more: four (4) calendar days of rest must be observed.
 - 51-65 : three (3) calendar days of rest must be observed.
 - 36-50 : two (2) calendar days of rest must be observed.
 - 21-35 : one (1) calendar day of rest must be observed.
 - 1-20 : no (0) calendar day of rest is required.

NOTE: Under no circumstance shall a player pitch in three (3) consecutive days.

- g. In a game suspended by darkness, weather, or other causes and resumed the following calendar day, the pitcher of record at the time the game was halted may continue to the extent of his/her eligibility, provided he/she delivered 40 or less pitches, and subject to each of these conditions:
 1. If the pitcher delivered 20 or less pitches before the game was suspended, that pitcher's pitch count will begin at zero for the continuation portion of the game.
 2. If the pitcher delivered between 21 and 40 pitches before the game was suspended, that pitcher's pitch count will begin with the number of pitches delivered in that game
 3. Failure to remove a pitcher who has reached his/her maximum number of pitches required by league age or use of an ineligible pitcher is basis for protest. Violations protested or brought to the Tournament Committee's attention, shall result (by action of the Tournament Committee) in the suspension of the coach for the next two scheduled tournament games.
- h. Intentional Walk -Pitches must be thrown.

Penalty:

Suspension of the coach for the next two scheduled tournament games

Additional penalties:

Forfeiture of a game and/or disqualification of the team, coaches from further tournament participation if:

1. a coach takes any action that results in making a **travesty** of the game, causing players to intentionally perform poorly for the purpose of extending or shortening a game, or;
2. a team fails to meet the requirements of this rule **more than once**, or;



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3. A coach **willfully and knowingly disregards** the requirements of this rule.

E. BENCH / DUGOUT:

- The screened players, entered as official member of the team, their Head coach and Assistant Coach are the only person allowed to occupy their bench/dugout for the duration of the game; **fourteen (14) persons** to wit, **twelve (12) players and one (1) coach and one assistant coach. Only the Official Coach and Assistant coach** of the team can direct play during the progress of the game
- Teams may use two (2) adult base coaches or any combination of coach and players

F. VISITS (CONFERENCE):

- A coach may not leave a dugout for any reason during a game without receiving permission from an umpire. The coach may be removed from the field for the remainder of the game for violation of this rule.
- When permission is granted, coach will be permitted to go to the mound to confer with the pitcher or any defensive player(s). A coach who is granted a time out to talk to any defensive player will be charged with a visit to the pitcher.
- A coach may come out **once in one inning** to visit with the pitcher, but the **second time** out, the player must be removed as a pitcher.
- The coach may come **out twice** in a game to visit with the pitcher, but the **third time out**, the player must be removed as a pitcher.
- The rule applies to each pitcher who enters a game.

G. EXTRA INNING RULE:

When the completion of seven innings and the score is tied, the following tie-breaker will be played to determine a winning team:

- a. The eighth inning will be played as normal.
- b. Starting in the top of the ninth inning, and each half inning thereafter, the offensive team shall begin its turn at bat with the player who is scheduled to bat last in that respective half inning being placed on second base. **EXAMPLE:** If the number five batter is the lead-off batter, the number four batter in the batting order will be placed on second base. An eligible substitute or special pinch runner may be inserted for the runner.

I. INJURY / ILLNESS:

If a player is injured or becomes ill during a game, the decision of a doctor (if present) or medical personnel will be final as to whether or not the player may continue in the game.

1.MANDATORY PLAY:

CONTINUOUS BATTING ORDER

All Teams must adopt a policy of a continuous batting order.

Each player is required to bat in his respective spot in the batting order



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A player may be entered &/ or re-entered defensively in the game at any time¹. Head coaches are responsible for fulfilling the mandatory play requirements.

- ✓ A Pitcher remaining in the game but moving to a different position, can return as Pitcher anytime in the remainder of the game, but only once per game.
- ✓ If a player is injured, becomes ill, or must leave the game site after the start of the game, the team will skip over him when his time at bat comes up without penalty.
- ✓ If the injured, ill, or absent player returns, he is merely inserted into the original spot in the batting order & the games continues.
- ✓ Also, if a player arrives later to a game site, if the manager chooses to enter him in the lineup, he would be added to the end of the current lineup
- ✓ An improper batter will be considered batting out of turn (see rule 6.07)
- ✓ If a player unable to complete a plate appearance due to injury, illness or ejection, the next batter in the line up shall take his place in the plate and assume the count of the original batter.
- ✓ An improper batter will be considered batting out of turn (see rule 6.07)
- ✓ If a player unable to complete a plate appearance due to injury, illness or ejection, the next batter in the line up shall take his place in the plate and assume the count of the original batter.
- ✓ Managers/Coaches are responsible for ensuring that all players fulfill the requirements of playing participation.

2. There is no exception to this rule unless the game is shortened for any reason.

EXCEPTION: Mercy Rule, Players' Injury and Illness.

3. In case of an ABBREVIATED GAME (Mercy Rule) the players in the official list who did not play in that game must be included in the starting line-up/first 9 players of the team in their next schedule game (immediate succeeding game).

NOTE: A game is not considered shortened if the home team does not complete the offensive half of the fourth or fifth inning (or any extra inning) due to winning the game.

PENALTY:

● Failure to meet the mandatory play requirements in this rule is a basis for protest. If one or more players on a roster do not meet this requirement, and if protested or brought to the Baseball Tournament Committee's attention shall result by action of the

Tournament Manager.

▶ First (1st) and Second (2nd) OFFENSE: **WARNING**

▶ AFTER THE 2ND WARNING: **EJECTION OF THE HEAD COACH**

4. In case both opposing teams violated the mandatory play rule, the result of the play shall stand.



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K. SUBSTITUTIONS / RE-ENTRY:

- a. If illness, injury, or the ejection of a player prevents a team from fielding nine (9) players, a player previously used in the lineup may be inserted, but only if there are no other eligible substitutes available. The opposing coach shall select the player to re-enter the lineup.
- b. A player ejected from the game is not eligible for re-entry. b. Any player who has been removed for a substitute may re-enter the game in the SAME position in the batting order.
- c. A substitute entering the game for the first time may not be removed prior to completion of her/his mandatory play requirements. **NOTE** : A player who has met the mandatory play requirements, and is a pitcher at the time she/he is removed, may be removed for a substitute batter and re-enter the game as a pitcher once, provided the pitcher was not physically replaced on the mound.
- d. A starter and his/her substitute must not be in the line-up at the same time, except as provided in 3.03; **NOTE**. Once mandatory play is met, a starter and substitute(s) can enter/re-enter for each other as desired, but must re-enter in the SAME position in the batting order.
- e. Defensive substitutions must be made while the team is on defense. Offensive substitutions must be made at the time the offensive player has her/his turn at bat or is on base.
- f. Improper substitution is a basis for protest. Protests involving improper substitution not resolved before the next pitch or play shall not be considered. A pitcher remaining in the game, but moving to a different position, can return as a pitcher anytime in the remainder of the game, but only once per game.

L. BATTER'S BOX RULE:

Batters must keep one foot in the batter's box except for certain specified conditions. Penalty: Warning, then strike.

M. SUSPENDED GAMES:

1. In case a game is stopped because of weather, darkness or other reason, the following will apply: before a contest becomes a regulation game, it is not an official game and shall resumed at the exact point of suspension.
2. After it becomes a regulation game, it is rule a complete game.
3. When it is tied it shall be ruled a suspended game.
4. The completion or scheduling of suspended game shall be given priority by the SRAA Technical Committee in order to complete it as soon as possible.
5. The new schedule has to be officially approved in writing by the tournament Manager before being release to all participants
6. ***If there are difficulties concerning the closing date, only the games necessary to establish the final positions of the first three teams will be rescheduled. No team shall be asked to play more than two games on the same day, unless the case warranted by exceptional circumstances and agreed by both teams affected by this measure. Would the exceptional circumstance persist and***



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would any of the involved teams refuse to play two games on the same day, the TOURNAMENT OFFICIALS has the authority officially to determine whether they must play or not and the or teams will be the obligation to do it if the decision of the TOURNAMENT OFFICIALS it as to be so. If the team or teams do not agree to play, they will lose the game by forfeit to appear.

7. A game is considered a regulation game if five innings have been completed and the umpire calls the game. The umpires must wait a minimum of 60 minutes – and no more than ninety (90) minutes – before making a decision about whether to call the game and make it become a regulation game.
- In case, when **the weather condition shall no longer permit/allow the tournament to be finished**, the following measures shall be adopted;
***If 3rd Place or higher rank has been established, shared championship (co-champions) shall be declared.**

XIX. ELIGIBILITY

A. ATHLETES

- Must be a Filipino Citizen.
- Must be enrolled in a recognized school at the beginning of the current school year.
- Must have attended / finished the curriculum year.
- Should have participated in the preliminary meets (Division meet).
- Elementary athletes shall have been born in 2010 or later.
- Pupil/student-athletes that transferred from one division to another are allowed to participate, provided their transfer was done at the beginning of the school year. Transferee from one district to another within the division are allowed to participate, provided, they have participated in the lower meets.
- Elementary athletes shall play in the elementary division, and secondary athletes shall play in the secondary division. However, elementary athletes who been declared overage in the elementary level are allowed to play in the secondary level.
- Complied the requirement of RSAC

B. COACH/Assistant Coach

- Coach and Assistant Coach must be school or DepED personnel.
- Coach and Assistant Coach from private and public schools must have a minimum tenure of service for at least six (6) months.
- Must undergo training's, seminars, and workshop.
- Documents to be submitted:
 - Certificate of Employment (certified true copy of the original document duly notarized)
 - Form 212 with three (3) pieces ID pictures
 - Medical Certificate



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. Training's Certificates

XX. COMPOSITION OF THE CONTINGENT/DELEGATION

SOUTH COTABATO	SARANGANI PROVINCE
GENERAL SANTOS CITY	COTABATO PROVINCE
KIDAPAWAN CITY	SULTAN KUDARAT
Tacurong City	Koronadal City

XXI. DISQUALIFICATION

- Over-aged athletes.
- Athletes with failing grades in more than two (3) core subjects in the second grading period.
 - Athletes who are members of the National Team, national training pool and development pool receiving monthly stipend / allowances from the PSC.
 - Athletes who failed to submit the required documents/failed to submit themselves for personal interview on the specified time.
 - Penalized with suspension or ban during the previous Palaro.
 - Elementary athletes with 3rd molars are automatically disqualified.
 - Athletes whose eligibility are questioned and pending appeal with the RSAC are not allowed to play.

XXII. EVENTS/DISCIPLINES

V.1 Competition in Elementary Level:
 Elementary Little League Baseball (50-70)

XXIII. CATEGORIES

VI.1 Elementary – Boys

XXIV. PLAYING AREA, EQUIPMENT AND COMPETITION UNIFORM

VII.1 **Playing Area - Refer to Little League Baseball Incorporated Rule Book**

VII.1.1 **Standard Requirement**
 At least Two (2) Diamond.

VII.1.2 **Layout**

- Pitching Distance – 50 ft., Bases- 70 ft.
- Home Plate to Second Base – 90 ft.



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- Backstop should not be less than 35 ft. from the home plate.

VII.2 Equipment

A. BAT/S

The bat must be a baseball bat which meets the USA Baseball Bat standard (USABat) as adopted by Little League.

It shall not be more than 34" inches in length; nor more than $2\frac{5}{8}$ inches in diameter, and if wood, not less than fifteen-sixteenths ($\frac{15}{16}$) inches in diameter ($\frac{7}{8}$ inch for bats less than 30") at its smallest part.

Bats meeting the Batted Ball Coefficient of Restitution (**BBCOR**) standard may also be used.

NOTE: Solid one-piece wood barrel bats do not require a USA Baseball logo.

-Composite is allowed. All **BPF – 1.15** bats are prohibited.

-Players may use official bats from Regional Meet management.

-In the absence of any of the bats mentioned, any non-altered/non-dilapidated bats

may be used provided it was inspected and approved by the umpires present.

It is **MANDATORY** for all competing teams **to provide their respective teams with the necessary equipment**; Bats, Batting Helmet, Shin guards, Catcher's mask, Groin guard & Catcher's body protector.

VII.3 Competition Uniform

VII.3.1 Athlete

They should be wearing division uniform the same uniform as the other members of the team (short pants and *t-shirts* are allowed provided the color and style is similar to the official uniform of the team). Teams with athletes having more than one (1) set of uniforms must have **identical back numbers**. The back number should be from 1-12 only.

II. Unnecessary apparel:

It should not be worn by any official member of the team during the game.

1. All players on a team shall wear numbered uniforms identical in color, trim, and style. Teams shall have preference to wear the color of their regions. It also applies for their second set of uniforms.
2. All players must wear specified and different back number at the back of the uniform. Each player will keep the same number during the competition. Teams with more than 1 set of uniforms must have identical back numbers.



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3. **UNDERSHIRTS.** It is nor mandatory that all layers wear undershirts. No players may wear ragged, frayed, or slit sleeves on exposed shirts
4. **NUMBERS.** An Arabic number of contrasting colors at least 15.2 cm (6 in) high must be worn on the back of all uniform shirts. No manager, coach, or players on the same team may wear identical numbers. Numbers 1 to 12 only shall be used. Players without numbers will not be permitted to play.
5. **NAMES.** Individual names may be worn above the numbers on the back off all uniform shirts.
6. **PANTS.** All players shall be alike in color and style (lining is not included)
7. Shoes with metal spikes or cleats are not permitted.
8. **CAPS.** Ball caps are mandatory for all players and must be identical in color, trim and style including their insignia and it must be worn properly.
Effect: If the player refuses to comply with the provisions of this aspect (Uniforms) then that player will removed from the game.

VII.3.2 **Coach**

They should be wearing the same uniform as the other members of the team (short pants and *t-shirts* are allowed provided the color and style is similar to the official uniform of the team). Teams with athletes having more than one (1) set of uniforms must have **identical back numbers**. The back number should be from 1-12 only.

VII.3.3 **Technical Official**

Umpires must dress in the ff. Manner, while traveling to and from games;

Acceptable:

- Prescribe officiating official uniform on field (Black or Navy Blue, Charcoal Gray or Dark Gray Pants)
- Caps (Black or Navy Blue)
- Shoes (Black)
- Casual Dress, Shirt Golf, Shirt Dress, Pants

Not acceptable;

- Blue Jeans, T-Shirts,Shorts,Division Logo Item,FlipFlap Sandals
Warm-up Suits

XXV. TECHNICAL OFFICIALS

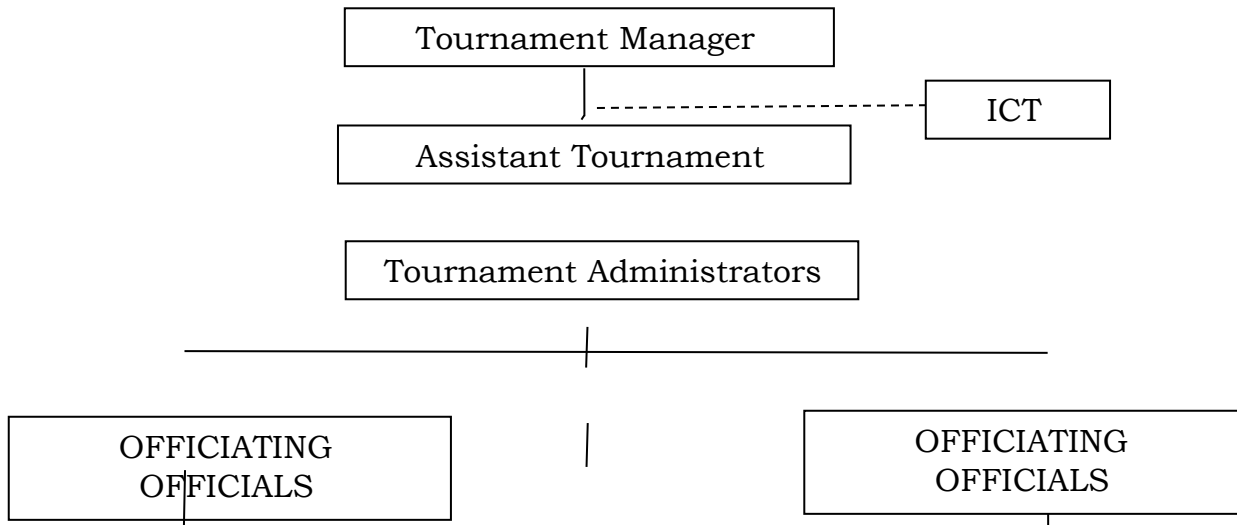
VIII.1 Qualifications

- DepEd Employee
- Must have Baseball Umpires Club Affiliation
- Undergone Any Umpiring/Officiating Trainings/ Seminars



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- Not more than 50 years old
- VIII.2 Organizational Structure



VIII.3 Terms of Reference *(based on organizational structure)*

- Not more than 55 years old and undergone DepEd Accreditation Seminar.

XXVI. CONDUCT OF THE COMPETITIONS

METHOD OF COMPETITION/ TOURNAMENT FORMAT:

IX.1 **Seeding**

A. GROUPING / BRACKET

Teams will be distributed in 2 Groups/Bracket following the seeding rule:

SARANGANI PROVINCE(1)	COTABATO PROVINCE(2)
KIDAPAWAN CITY (4)	SULTAN KUDARAT (3)
GENERAL SANTOS CITY (5)	SOUTH COTABATO (6)
KORONADAL CITY	TACURONG CITY

Note: The basis of the Ranking will be the result of the previous Palarong Panrehiyon

IX.2 Competition format:

1. Round 1: Single Round Robin (Elimination)



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2. Round 2: Semi Final (Single Elimination)
3. Round 3: Final (Championship)

1. Game Schedule:

Date	Diamond	Bracket	Game No.	Competing Teams	Winner
Day 1	1	A	1	1. _____ vs 2. _____	
	1	A	3	3. _____ vs 4. _____	
	2	B	2	5. _____ vs 6. _____	
	2	B	4	7. _____ vs 8. _____	
	1	A	5	1. _____ vs 4. _____	
	1	A	7	2. _____ vs 3. _____	
	2	B	6	5. _____ vs 8. _____	
	2	B	8	6. _____ vs 7. _____	
Day 2	1	A	9	1. _____ vs 3. _____	
	1	A	11	4. _____ vs 2. _____	
	2	B	10	5. _____ vs 7. _____	
	2	B	12	6. _____ vs 8. _____	
	1		13	A1: _____ vs B2: _____	
	2		14	B1: _____ vs A2: _____	
Day 3	2		15	L13: _____ vs L14: _____	For Bronze
	1		16	W13: _____ vs W14: _____	For Gold

A. SEMI FINAL ROUND: Best two (2) Teams in each bracket will qualify for the Semi final.

SFG1 : A1 vs. B2
SFG2 : B1 vs. A2

B. FINALS:

- **Battle for 3rd Place (Bronze Medal Game)**
L SFG1 VS L SFG2
- **Championship Game:**
W SFG1 VS W SFG2

III. TIE BREAKING PROCEDURE:

- a. Double Tie – Win over the Other
- b. Triple Tie : THE RUNS ALLOWED RATIO
 (RATIO = TOTAL RUNS ALLOWED/ TOTAL INNINGS PLAYED)
 The less Runs Ratio will advance to the next level.



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IV. SCHEDULE OF GAMES/ LAW OF IMMEDIATE SUCCESSION

- All scheduled games shall start at 6:00 A.M.
- Only the **first game in the morning** shall be given fixed scheduled time. Games that follow shall start immediately after the end of each preceding game.
- **Inspection of each athlete's gallery** must be done before the start of any game.

Note: If weather condition (especially in the afternoon), when it usually rains and deemed necessary, at the discretion of the Tournament Manager, this rule may be changed as follows;

- If in the umpire's judgment the weather is so hot at 10:30 in the morning, the game shall be suspended and resumed at 2:00 pm the same day

XXVII. DETERMINATION OF WINNER

The Teams with the most number of wins in the elimination round will advance to semi final round. Winners of the semi final rounds will advance to the Final Rounds. Winners in the final rounds will be declared Champion.

XXVIII. SELECTION COMMITTEE

XXIX. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

XII.1 Selection of Recommended Athletes:

Winner Takes all

XII.2 Selection of Recommended Coach and assistant Coach

Coach and assistant coach shall come from the champion team.

XXX. MEDALS AT STAKE *(Based on number of events/ disciplines)*

XIII.1 Medals to be Awarded

Rank	Award	
Champion	12 Medals Gold / 12 Certificates	2 Certificates
1 st –Runner- ups	12 Medals Silver/ 12 Certificates	2 Certificates
2 nd Runner-ups	12 Medal Bronze/12 Certificates	2 Certificates
Other Teams	Certificates	Certificates



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XIII.2 Me

XIII.2 Medals to be Counted (Over-all ranking)

One (1)

XXXI. SPECIAL AWARDS (*Certificate of Recognition*)

XIV.1 **Athlete**

Best Pitcher	Pitcher who had a lot of SO, less number of BB	Certificates
Best Slugger	Batter who had the greatest number of hit	Certificates
Home Run King	Batter who had the greatest number of homeruns	Certificates
RBI King	Batter who had assist his teammates to home	Certificates
Most Number of Stolen Base	Batter runner who had most number of stolen bases	Certificates
MVP	Average Rank 1 in all awards.	Certificates

XIV.2 **Technical Official**

- Most Improve Umpire
- Best Umpire

XXXII. COACHES

Certificate of Merit/ Award

XXXIII. PROTEST, PENALTIES, AND SANCTIONS

XV.1 Protest:

1. All protests must be settled on the playing field. No protest will be considered following the completion of the game, or on a judgment call.
2. Playing rule or improper substitution: Must be made before the next pitch, play or attempted play.
3. Mandatory play: As soon as the facts become known.
4. Ineligible pitcher or player: As soon as facts become known, but before either team's next game.
5. Protest that shall receive and considered include matters of the following:
 - a. Misinterpretation of the playing rule.
 - b. Failure of an umpire to apply the correct rule to a given situation.
 - c. Failure to impose the correct penalty for a given violation.
6. Protests on eligibility of player: See Palarong Pambansa Manual of Operation: Implementing Rules and Screening Guidelines.

Note: On appeal plays, must be made before the next pitch.

XV.2 Penalties

- **For XV1.1:** To be resolve in the field



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- For XV1.2: Suspension of the Head Coach for the next two(2) scheduled games
- For XV1.3: Suspension of the Head Coach for the remainder of the International Tournament
- For XV1.4: Suspension of the Head Coach for the next two(2) schedule games
- For XV1.5: Apply the correct interpretation based on the Little League official playing rules
- For XV1.6: Base on the decision of the RSAC

XV.3 Sanctions

- Repetitive violation of the Coach will caused the Total Disqualification in any DepEd Baseball Tournament

XXXIV. PROPOSED SCHEDULE OF THE GAME

XV.1 Official Practice Day
May 9-12, 2024

XV.2 Competition Proper
 ➤ **May 13-17, 2024**

XXXV. RISK ASSESSMENT

XVII.1 Proposed Plan of Action

8.5 Process Risk Assessment

INFORMATION			
PROCESS NAME:	SRAA Meet 2020	PROCESS OWNER:	BASEBALL Technical Officials
CUSTOMER:	Delegation / Division		

PROCESS RISK ASSESSMENT								
RISK/ISSUES	RISK PROBABILITY	IMPACT TO CUSTOMERS	RISK IMPACT	CORRECTION	RISK PRIORITY	OPPORTUNITIES FOR IMPROVEMENT	TIMELINE	SUCCESS INDICATORS
	Medium	Delayed of games.	Medium	Host division should provide	64	To be included in the Procurement of	Before the SRAA	1. At least quality equipment



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	u m		u m	quality equipment	1 4 4	Sports Equipment with specific brand and specification.	Meet comes.	s will be provided.
2.Preparednes s/ Readiness if natural and human calamity occurs during the game. (earthquake, heat flood, fire)	H i g h	Game will be disrupt ed	H i g h	1. Before the game an orientation / briefing will be conducted.	1 4 4	It will become a practice every meet comes. Application of DRRM- safety management	May 10- 12, 2024	100% will be oriented in the Safety Precautions if natural / human calamity comes.
3.Technical Failure	L o w	Discour agemen t of the players and support ers .	L o w	Presence of mind and correct execution of calls	1 6	Exposure in games for proper execution	May 10- 12, 2024	.100% calls is correct
4. Preparednes s of the playing venue	M e d i u m	Athlete s and officiati ng officials could not perfor med well	M e d i u m	Inform the host or event coordinator to prepare the diamond according to its specification	6 4	Improve the performance of the athletes and the officiating official	May 13- 17, 2024	Athletes & officiating officials perform well in the game

XXXVI. SECURITY & SAFETY PROTOCOLS

The host division must provide adequate security such as; (Pulis, Brgy. Tanod and other volunteers)as umpires enter and exit the playing field. It is recommended at least 1 security officer mus accompany game official to and from the playing field and their billeting quarters

XXXVII. MONITORING AND EVALUATION SYSTEM

XVII.1 Performance Assessment

ASSESSMENT PERFORMANCE OF OFFICIATING OFFICIAL IN BASEBALL

Ratee:				School:				Division:			
A. P L A T E U M P I R E				B. B A S E U M P I R E							
Skills to be Measured	Descriptive Rating	Numerical Rating	Rating	Skills to be Measured	Descriptive Rating	Num. Rating	Rating				
							1B	3B	ave.		
1. STARTING A GAME	Very well done	10%		1. STARTING A GAME	Very well done	10%					
Entering the Field	Well done	9%			Well done	8%					
Pre-Game Briefing	Good enough	8%			Good enough	6%					
Putting the ball in Play	Fairly done	7%			Fairly done	4%					
2. STANCE	Very well done	15%		2. Stance	Very well done	15%					
Head, Trunk, Feet & Hands	Well done	14%			Well done	14%					
	Good enough	13%			Good enough	13%					
	Fairly done	12%			Fairly done	12%					
3. CALLING BALLS & STRIKE (Timing, Accuracy & Consistency)	Very well done	20%		3. Calling "Out" "Safe" "Fair & Foul Balls" "Balls" & Time Outs "BB" "Overthrown" & Passed ball	Very well done	25%					
	Well done	19%			Well done	24%					
	Good enough	18%			Good enough	23%					
	Fairly done	17%			Fairly done	21%					





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XXI: NARRATIVE REPORT

The Tournament Manager shall submit a narrative report to the technical staff on the conduct of the tournament including the incident/s happened (if there is/are) at the end of the tournament.

XXII: EFFECTIVITY

These Technical Guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

BASEBALL SECONDARY

XXXVIII. RULES AND REGULATIONS

The **OFFICIAL BASEBALL RULES OF WBSC** shall be followed in all the games.
CONVENTIONAL BASEBALL RULES (REGULAR Baseball Rules).

H. Innings:

It shall be played in **FIVE (5) innings** for round robin Elimination, **SEVEN (7) innings** during Semifinal and *Championship game*. Any team shall have the option to concede

I. Mercy Rule:

10-Run Rule shall be applied in all the games, except in the championship game (bottom of 3rd or 2 ½ inning if the home team is ahead in a five (5) inning games) and (bottom of 5th or 4 ½ inning if home team is ahead in a seven inning games) as the case may be.

If a Game is called due to **“FORCE MAJEURE SITUATION”**, it is a regulation game if **three (3) innings** have been completed in a five-inning game and if **five(5) innings** have been completed in a seven inning games.

Note: In case the game has progressed beyond 3rd or 5th inning but has not been completed, the game shall be a “Called Game”. The winner shall be the team that scored more runs in the last completed inning.

J. Running Rules:

Special Pinch Runner is allowed but it is considered as substitution. (the Pinch Runner must play defense in the process.)

K. Hit by a Pitch Ball:

On **HPB**, removal of the pitcher shall be imposed when:

1. If in the judgment of the umpire the pitch was intentional even if it was only the first time that hit the batter.
2. If for preventive measures, the umpire may ask the coach to replace the pitcher in order to avoid any further untoward incident.
3. If the pitcher hits three (3) batters in an inning. He shall be transferred to another position and shall only return as pitcher in the succeeding innings. If he hits Five (5) batters in a game, he shall be removed from the game and may play as pitcher in their succeeding games.

L. PITCHING RULES:

1. There is a Pitch Count and rest requirement of every Pitcher to be followed.

Number of pitches

1 – 49 pitches

50 – 104 pitches

Rest days

No Rest

1 day



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**Maximum 105
pitches will be allowed)**

4 days (no more than 105

2. The **20-second rule** for the pitcher must be enforced at all time during the game (without runners on base). Teams shall be directed to have a catcher ready to warm-up the pitcher as soon as an inning is completed.
3. The pitcher shall complete **eight (8) warm-up** pitches during starting of the game and **three (3) warm-up pitches** between innings and the Home-plate Umpire shall ensure that the pitches are thrown without undue delay. If a team fails to complete the warm-up pitches in a reasonable length of time, the Umpire may terminate them and call "Play Ball".

M. BENCH / DUGOUT:

- The screened players, entered as official member of the team, their Head coach and Assistant Coach are the only person allowed to occupy their bench/dugout for the duration of the game; **fourteen (14) persons** to wit, **twelve (12) players and one (1) coach and one assistant coach. Only the Official Coach and Assistant coach** of the team can direct play during the progress of the game
- Teams may use two (2) adult base coaches or any combination of coach and players

N. VISITS (CONFERENCE):

- A coach may not leave a dugout for any reason during a game without receiving permission from an umpire. The coach may be removed from the field for the remainder of the game for violation of this rule.
- When permission is granted, coach will be permitted to go to the mound to confer with the pitcher or any defensive player(s). A coach who is granted a time out to talk to any defensive player will be charged with a visit to the pitcher.
- A coach may come out **twice** in one inning to visit with the pitcher, but the third time out, the player must be removed as a pitcher.

O. EXTRA INNING RULE:

If the game remains tied after the completion of five (5) innings and seven inning game, the following procedures will be implemented during extra innings:

- Each team will begin the 6th inning or the 8th inning as normal game. On the 7th or 9th inning with runners on 2nd base. (The last batter or third out in the previous inning)

P. INJURY /ILLNESS:

If a player is injured or becomes ill during a game, the decision of a doctor (if present) or medical personnel will be final as to whether or not the player may continue in the game.

J. MANDATORY PLAY:



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- a. Mandatory play all. (one time at bat or 3 defensive outs)
- b. Coaches are solely responsible for ensuring that all players fulfill the requirements of mandatory play, even if notification is not made.
- c. There is no exception to this rule unless the game is shortened for any reason. Exception: Ten (10) Run Rule) Players' injury or ejection. In case of Abbreviated game, the players in the official list who did not play in that game must be included in the starting line-up/first 9 players of the team in their next scheduled game (immediate succeeding game). **NOTE:** A game is not considered shortened if the home team does not complete the offensive half of the 3rd or 4th inning (or any extra inning) due to winning the game.
- d. Failure to meet the mandatory play requirements in this rule is a basis for **forfeiture** of game (except on abbreviated game). If one or more players on a roster do not meet this requirement.

K. SUBSTITUTIONS

- g. If illness, injury, or the ejection of a player prevents a team from fielding nine (9) players, a player previously used in the lineup may be inserted, but only if there are no other eligible substitutes available. The opposing coach shall select the player to re-enter the lineup.
- h. A player ejected from the game is not eligible to play. A substitute entering the game for the first time may not be removed prior to completion of his mandatory play requirements. **NOTE:** A player who has met the mandatory play requirements, and is a pitcher at the time he is removed, may be removed for a substitute batter and re-enter the game as a pitcher once, provided the pitcher was not physically replaced on the mound.
- i. Defensive substitutions must be made while the team is on defense. Offensive substitutions must be made at the time the offensive player has his turn at bat or is on base.
- j. Improper substitution is a basis for protest. Protests involving improper substitution not resolved before the next pitch or play shall not be considered. A pitcher remaining in the game, but moving to a different position, can return as a pitcher anytime in the remainder of the game, but only once per game.

N. BATTER'S BOX RULE:

Batters must keep one foot in the batter's box except for certain specified conditions.
Penalty: Warning, then strike.

O. SUSPENDED GAMES:

In case a game is stopped because of weather, darkness or other reason, the following will apply: before a contest becomes a regulation game, it is not an official game and shall resumed at the exact point of suspension.

8. After it becomes a regulation game, it is rule a complete game.
9. When it is tied it shall be ruled a suspended game.
10. The completion or scheduling of suspended game shall be given priority by the Regional Technical Committee in order to complete it as soon as possible.



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11. The new schedule has to be officially approved in writing by the tournament Manager before being release to all participants
- A game is considered a regulation game if Three/Five innings have been completed and the umpire calls the game.
 - In case, when ***the weather condition shall no longer permit/allow the tournament to be finished***, the following measures shall be adopted;
- *If 3rd Place or higher rank has been established, shared championship (co-champions) shall be declared.**

XXXIX. ELIGIBILITY

C. ATHLETES

- Must be a Filipino Citizen.
- Must be enrolled in a recognized school at the beginning of the current school year.
- Must have attended / finished the curriculum year.
- Should have participated in the preliminary meets (Division meet).
- Secondary athletes shall have been born in 2005 or later.
- Elementary athletes shall play in the elementary division, and secondary athletes shall play in the secondary division. However, elementary athletes who been declared overage in the elementary level are allowed to play in the secondary level.
- Complied the requirement of RSAC

D. COACH/Assistant Coach

- Coach and Assistant Coach must be school or DepED personnel.
- Coach and Assistant Coach from private and public schools must have a minimum tenure of service for at least six (6) months.
- Must undergo training's, seminars, and workshop.
- Documents to be submitted:
 - Certificate of Employment (certified true copy of the original document duly notarized)
 - Form 212 with three (3) pieces ID pictures
 - Medical Certificate
 - Training's Certificates

XL. COMPOSITION OF THE CONTINGENT/DELEGATION

GENERAL SANTOS CITY	SARANGANI PROVINCE
TACURONG CITY	SOUTH COTABATO
KORONADAL CITY	SULTAN KUDARAT
KIDAPAWAN CITY	COTABATO PROVINCE

XLI. DISQUALIFICATION

- Over-aged athletes.



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- Athletes with failing grades in more than two (3) core subjects in the second grading period.
- Athletes who are members of the National Team, national training pool and development pool receiving monthly stipend / allowances from the PSC.
- Athletes who failed to submit the required documents/failed to submit themselves for personal interview on the specified time.
- Penalized with suspension or ban during the previous Palaro.
- Athletes whose eligibility are questioned and pending appeal with the RSAC are not allowed to play.

XLII. EVENTS/DISCIPLINES

- V.1 Competition in Secondary Level:
Official Baseball League

XLIII. CATEGORIES

- VI.1 Secondary – Boys

XLIV. PLAYING AREA, EQUIPMENT AND COMPETITION UNIFORM

VII.1 Playing Area

VII.1.1 Standard Requirement

At least Three-Four (2-3) Diamond.

VII.1.2 Layout

- Pitching Distance – 60.6 ft., Bases-90 ft.
- Home Plate to Second Base – 127 and 3/8 ft.
- Backstop should not be less than 35 ft. from the home plate.

VII. 2 Equipment

B. BAT/S

The allowable **measurements of the baseball bat** are as follows: Not greater than 34” long, a weight reduction of not more than -5 and a maximum barrel of 2 5/8.

A bat should not contain any additional part that provides a batter extra batting power. (2-piece bat and composite bat may be allowed to be used in any game for the duration of the Regional Meet).

Note: Provided such composite bat will be available as TOURNAMENT BAT (to be provided by the regional meet management), or such bat shall have the mark of **BBCOR** (batted ball coefficient of restitution)

VII.3 Competition Uniform

VII.3.1 Athlete

They should be wearing division uniform the same uniform as the other members of the team (short pants and *t-shirts* are allowed provided the color and style is similar to the official



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uniform of the team). Teams with athletes having more than one (1) set of uniforms must have **identical back numbers**. The back number should be from 1-12 only.

A. Unnecessary apparel:

It should not be worn by any official member of the team during the game.

9. All players on a team shall wear numbered uniforms identical in color, trim, and style. Teams shall have preference to wear the color of their regions. It also applies for their second set of uniforms.
10. All players must wear specified and different back number at the back of the uniform. Each player will keep the same number during the competition. Teams with more than 1 set of uniforms must have identical back numbers.
11. **UNDERSHIRTS.** It is not mandatory that all players wear undershirts. No players may wear ragged, frayed, or slit sleeves on exposed shirts
12. **NUMBERS.** An Arabic number of contrasting colors at least 15.2 cm (6 in) high must be worn on the back of all uniform shirts. No manager, coach, or players on the same team may wear identical numbers. Numbers 1 to 12 only shall be used. Players without numbers will not be permitted to play.
13. **NAMES.** Individual names may be worn above the numbers on the back of all uniform shirts.
14. **PANTS.** All players shall be alike in color and style (lining is not included)
15. **Shoes with metal spikes or cleats are not permitted.**
16. **CAPS.** Ball caps are mandatory for all players and must be identical in color, trim and style including their insignia and it must be worn properly.
Effect: If the player refuses to comply with the provisions of this aspect (Uniforms) then that player will be removed from the game.

VII.3.2 Coach

They should be wearing the same uniform as the other members of the team (short pants and *t-shirts* are allowed provided the color and style is similar to the official uniform of the team).

VII.3.3 Technical Official

Umpires must dress in the following manner, while traveling to and from games;

Acceptable:

- Prescribe officiating official uniform on field (Black or Navy Blue, Charcoal Gray or Dark Gray Pants)
- Caps (Black or Navy Blue)
- Shoes (Black)
- Casual Dress, Shirt Golf, Shirt Dress, Pants

Not acceptable;

- Blue Jeans, T-Shirts, Shorts, Division Logo Item, FlipFlap Sandals
Warm-up Suits

XLV. TECHNICAL OFFICIALS



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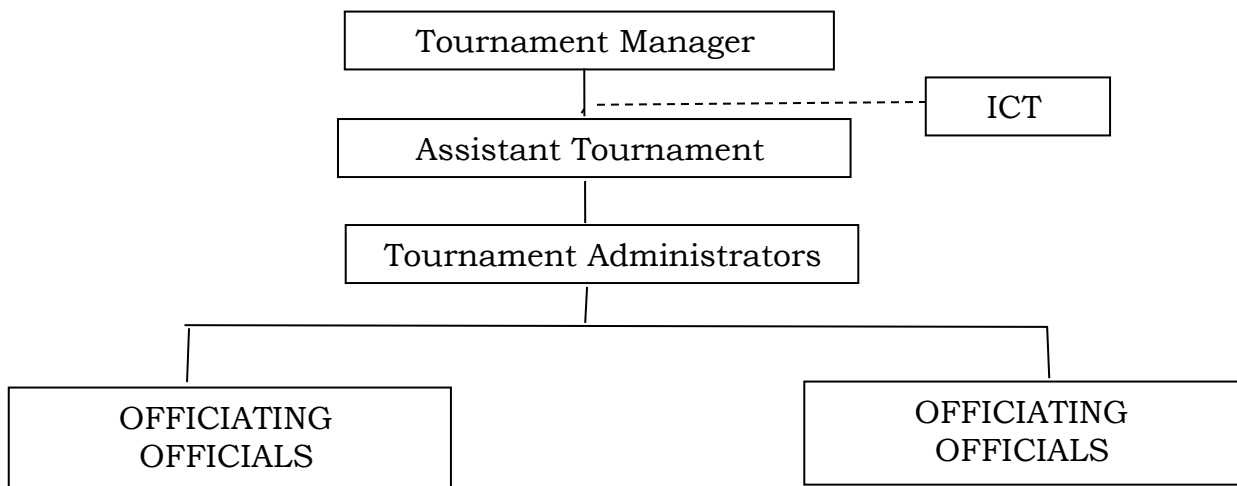


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VIII.1 Qualifications

- DepEd Employee
- Must have Baseball Umpires Club Affiliation
- Undergone Any Umpiring/Officiating Trainings/ Seminars
- Not more than 55 years old

VIII.2 Organizational Structure



VIII.3 Terms of Reference (based on organizational structure)

- Not more than 55 years old and undergone DepEd sAccreditation Seminar.

XLVI. CONDUCT OF THE COMPETITIONS

METHOD OF COMPETITION/ TOURNAMENT FORMAT

C. GROUPING / BRACKET: Seeding base on the result of SRAA 2023

Teams will be distributed in 2 Groups/Bracket following the Rule:

(Bracket A)	(Bracket B)
1. South Cotabato	2.Sarangani
3. Cotabato Province	4. General Santos City
6. Kidapawan City	5.Tacurong City
7. Koronadal City	8. Sultan Kudarat

IX.2 Competition format:



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4. Round 1: Single Round Robin in Bracket (Elimination)
5. Round 2: Semi Final (Cross Over/Top 2)
6. Round 3: Final (Championship)

2. Game Schedule:

Date	Diamond	Bracket	Game No.	Competing Teams	Winner
Day 1	1	A	1	1. _____ vs 2. _____	
	1	A	3	3. _____ vs 4. _____	
	2	B	2	5. _____ vs 6. _____	
	2	B	4	7. _____ vs 8. _____	
	1	A	5	1. _____ vs 4. _____	
	1	A	7	2. _____ vs 3. _____	
	2	B	6	5. _____ vs 8. _____	
	2	B	8	6. _____ vs 7. _____	
Day 2	1	A	9	1. _____ vs 3. _____	
	1	A	11	4. _____ vs 2. _____	
	2	B	10	5. _____ vs 7. _____	
	2	B	12	6. _____ vs 8. _____	
	1		13	A1: _____ vs B2: _____	
	2		14	B1: _____ vs A2: _____	
Day 3	2		15	L13: _____ vs L14: _____	For Bronze
	1		16	W13: _____ vs W14: _____	For Gold

B. SEMI FINAL ROUND: Top (2) Teams in each bracket will qualify for the Semifinal.

SFG1: A1 vs. B2

SFG2 B1 vs. A2

D. FINALS:

- **Battle for 3rd Place (Bronze Medal Game)**

L SFG13 VS L SFG 14

- **Championship Game:**

W SFG13 VS W SFG 14

K. TIE BREAKING PROCEDURE:

- c. Double Tie – Win over the Other
- d. Triple Tie: LESS RUNS ALLOWED
 LESS RUNS = TOTAL RUNS (SCORES) ALLOWED)

L. SCHEDULE OF GAMES/ LAW OF IMMEDIATE SUCCESSION



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- All scheduled games shall start at 6:00 A.M.
- Only the **first game in the morning** shall be given fixed scheduled time. Games that follow shall start immediately after the end of each preceding game.
- **Inspection of each athlete's gallery** must be done before the start of any game.

Note: If weather condition (especially in the afternoon), when it usually rains and deemed necessary, at the discretion of the Tournament Manager, this rule may be changed as follows; **Only the first game in the morning shall be given fixed scheduled time.** All concerned coaches shall be properly/duly notified of such change.

- If in the umpire's judgment the weather is so hot at 10:30 in the morning, the game shall be suspended and resumed at 2:00 pm the same day

XLVII. DETERMINATION OF WINNER

The Top Two (2) Teams in each bracket with the most number of wins in the Round Robin elimination will advance to Semi-final. Winners of the semi final rounds will advance to the Final Round. Winners in the final rounds will be declared Champion.

XLVIII. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

XII.1 Selection of Recommended Athletes:

Winner Takes all

XII.2 Selection of Recommended Coach and assistant Coach

Coach and assistant coach shall come from the champion team.

XLIX. MEDALS AT STAKE *(Based on number of events/disciplines)*

XIII.1 Medals to be Awarded

Rank	Award	Coach and A. Coach
Champion	12 Medals Gold / 12 Certificates	2 Certificates
1 st –Runner- ups	12 Medals Silver/ 12 Certificates	2 Certificates
2 nd Runner-ups	12 Medal Bronze/12 Certificates	2 Certificates
Other Teams	Certificates	2 Certificates

XIII.2 Medals to be Counted (Over-all ranking)

One (1)

L. SPECIAL AWARDS *(Certificate of Recognition)*

XIII.1 Athletes



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Best Pitcher	Pitcher who had a lot of SO, less number of BB	Certificates
Best Slugger	Batter who had most number of hit	Certificates
Home Run King	Batter who had most number of homeruns	Certificates
RBI King	Batter who had assist his teammates to home	Certificates
Most Number of Stolen Base	Batter runner who had most number of stolen bases	Certificates
MVP	Average Rank 1 in all awards.	Certificates

XIII.2 Technical Official

- Most Improve Umpire
- Best Umpire

LI. PROTEST, PENALTIES, AND SANCTIONS

XIV.1 Protest:

1. All protests must be settled on the playing field. No protest will be considered following the completion of the game, or on a judgment call.
2. Playing rule or improper substitution: Must be made before the next pitch, play or attempted play.
3. Mandatory play: Before the umpires leave the playing field
4. Ineligible pitcher or player: As soon as facts become known, but before either team's next game.
5. Misinterpretation of the playing rule. Failure of an umpire to apply the correct rule to a given situation.
6. Failure to impose the correct penalty for a given violation.
7. Protests on eligibility of player: See Palarong Pambansa Manual of Operation: Implementing Rules and Screening Guidelines and RSAC.

Note: On appeal plays, must be made before the next pitch.

XIV.2 Penalties

- For XV1.1: To be resolve in the field
- For XV1.2: (Suspension of the Head Coach for the next two (2) scheduled games) Imposed the necessary rules
- For XV1.3: (Suspension of the Head Coach for the remainder of the International Tournament) Forfeiture of the game
- For XV1.4: (Suspension of the Head Coach for the next two(2) schedule games) Imposed the necessary rules
- For XV1.5: Misinterpretation of the playing rule: Apply the correct interpretation based on the Official Playing rules
- For XV1.6: Protests on eligibility of player: Base on the decision of the RSAC

XV.3 Sanctions

Repetitive violation of the Playing Rules and Misbehavior of the Coach will cause the Total Disqualification in any DepEd Baseball Tournament, subject to the approval of the SRAA Regional Directorate.



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LII. PROPOSED SCHEDULE OF THE GAME

XV.1 Official Practice Day

➤ **May 10-12, 2024**

XV.2 Competition Proper

➤ **May 13-17, 2024**

LIII. RISK ASSESSMENT

XVII.1 Proposed Plan of Action

8.5 Process Risk Assessment

INFORMATION			
PROCESS NAME:	SRAA Meet 2020	PROCESS OWNER:	BASEBALL Technical Officials
CUSTOMER:	Delegation / Division		

PROCESS RISK ASSESSMENT								
RISK/ISSUES	RISK PROBABILITY	IMPACT TO CUSTOMERS	RISK IMPACT	CORRECTION	RISK PRIORITY	OPPORTUNITIES FOR IMPROVEMENT	TIMELINE	SUCCESS INDICATORS
2. Sub-standard equipments like ball, bat and etc..	Medium	Delayed of games.	Medium	Host division should provide quality equipment	64	To be included in the Procurement of Sports Equipment with specific brand and specification.	Before the SRAA Meet comes.	2. At least quality equipments will be provided.
2.Preparedness/ Readiness if natural and human calamity occurs during the game. (earthquake, extreme heat flood , fire)	High	Game will be disrupted	High	2. Before the game an orientation / briefing will be conducted.	144	It will become a practice every meet comes. Application of DRRM- safety management	May	100% will be oriented in the Safety Precautions if natural / human calamity comes.



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3. Technical Failure	Low	Discouragement of the players and supporters .	Low	Presence of mind and correct execution of calls	16	Exposure in games for proper execution	April	.100% calls is correct
5. Preparedness of the playing venue	Medium	Athletes and officiating officials could not performed well	Medium	Inform the host or event coordinator to prepare the diamond according to its specification	64	Improve the performance of the athletes and the officiating official	April	Athletes & officiating officials perform well in the game

LIV. SECURITY & SAFE SECURITY PROTOCOLS

The host division must provide adequate security such as; (Pulis, Brgy. Tanod, Scouts and other volunteers) as umpires enter and exit the playing field. It is recommended at least 1 security officer must accompany game official to and from the playing field and their billeting quarters

LV. MONITORING AND EVALUATION SYSTEM

XVIII.1 Performance Assessment

ASSESSMENT PERFORMANCE OF OFFICIATING OFFICIAL IN BASEBALL									
REGIONAL REFRESHER COURSE FOR SRAA TECHNICAL OFFICIALS									
PRACTICUM									
Ratee:		School:			Division:				
A. P L A T E		U M P I R E			B. B A S E		U M P I R E		
Skills to be Measured	Descriptive Rating	Numerical Rating	Rating	Skills to be Measured	Descriptive Rating	Num. Rating	Rating		
							1B	3B	ave.
1. STARTING A GAME	Very well done	10%		1. STARTING A GAME	Very well done	10%			
Entering the Field	Well done	9%			Well done	8%			
Pre-Game Briefing	Good enough	8%			Good enough	6%			
Putting the ball in Play	Fairly done	7%			Fairly done	4%			
2. STANCE	Very well done	15%		2. Stance	Very well done	15%			
Head, Trunk, Feet & Hands	Well done	14%			Well done	14%			
	Good enough	13%			Good enough	13%			
	Fairly done	12%			Fairly done	12%			
3. CALLING BALLS & STRIKE (Timing, Accuracy & Consistency)	Very well done	20%		3. Calling "Out" "Safe" "Fair & Foul Balls" "Balls" & Time Outs "BB" "Overthrown" & Passed ball	Very well done	25%			
	Well done	19%			Well done	24%			
	Good enough	18%			Good enough	23%			
	Fairly done	17%			Fairly done	21%			
4. CALLING "OUT" "FAIR & FOUL BALLS" "DEAD BALLS" & "TIME OUTS"	Very well done	10%		4. Mechanics	Very well done	25%			
	Well done	9%			Well done	24%			
	Good enough	8%			Good enough	23%			
	Fairly done	7%			Fairly done	21%			
5. Mechanics	Very well done	20%		5. Knowledge / Application of the Rules	Excellent	25%			
	Well done	19%			Very good	24%			
	Good enough	18%			Good	23%			
	Fairly done	17%			Fair	21%			
6. Knowledge / Application of the Rules	Excellent	25%		SUMMARY:			TOTAL=		
	Very good	24%		A. PLATE UMPIRE =			x 40% =		
	Good	23%		B. BASE UMPIRE =					
	Fair	21%		OVER ALL RATING =					
			TOTAL=						
			x 60% =						
				Rated by:					



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The Tournament Manager shall submit a narrative report to the technical staff on the conduct of the tournament including the incident/s happened (if there is/are) at the end of the tournament.

XXII: EFFECTIVITY

These Technical Guidelines shall take effect upon the approval of the Regional Director.

2024 SRAA MEET TECHNICAL GUIDELINES

BASKETBALL

I. RULES AND REGULATIONS

(The International Basketball Federation (FIBA) – Valid as of 1st October 2023 shall govern the Basketball competition except for the amendments introduced and approved in this Special Guidelines and Ground Rules for the Secondary and Elementary levels including the 3x3 basketball)

I.1 TIMING REGULATIONS

- A. For the Elementary
1. The game shall consist of 4 quarters. The First three quarters shall be played by 8 minutes and 10 minutes for the 4th quarter and 5 minutes for extra quarter.
- B. For 3x3 only (9 important rules)
1. The game must start with three (3) players on the court with one (1) quarter of ten (10) minutes playing time.
 2. The first team which scores 21 points or more wins the game if it happens before the end of regular playing time.
 3. If the score is tied at end of playing time, and extra quarter of time will be played and the first team to score two (2) points in the overtime wins the game.
 4. Every shot inside the arc shall be awarded 1 point.
 5. The shot behind the arc shall be awarded 2 points.



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6. Every successful free throw shall be awarded 1 point.
7. Penalty of team fouls 7, 8 and 9 shall be awarded 2 free throws.
8. Penalty for team fouls 10 and more shall be awarded two free throws + ball possession.
9. A player committing two (2) unsportsmanlike fouls (not applicable to technical fouls) will be disqualified in the game by the referees and may be disqualified from the tournament by the organizer. Unsportsmanlike foul & Disqualifying fouls are counted as two (2) fouls for team fouls purposes. The first Unsportsmanlike foul of a player shall be penalized with 2 free throws, but no ball possession. All disqualifying fouls (including the second unsportsmanlike foul of a player) shall be always penalized with 2 free throws and ball possession.

C. For Secondary:

The official FIBA 2023 Rules shall apply with the latest amendments.

- 1. Beginning and End of the Quarter, Overtime or the Game.**
- 2. Player's Injury**
- 3. Player is in act of shooting**
- 4. Illegal Cylinder**
- 5. Goal Tending/Basket Interference**
- 6. Double Foul**
- 7. Unsportsmanlike Foul**
- 8. Throw-in Foul**
- 9. Interval of Play**
- 10.24 sec. shot clock**

D. For both:

1. The Interval between the quarter, is one (1) minute while interval between halves, is (5) minutes.

I.2 PLAYERS PLAYING REGULATIONS

A. For **ELEMENTARY** only:

1. All players of the team shall be fielded before the end of the second quarter or within the first half. FAILURE of the coach to field a player in the 1st half shall be penalized with the Technical Foul (1FT only) charged to the coach.
2. All players shall play at least one (1) quarter but not more than three (3) quarters and shall be rested by one (1) quarter. If a coach fielded a player for more than three (3) quarters, shall be penalized with a **technical foul** charged to the coach.
3. Normal substitutions procedures shall apply in all quarters. (except when a certain rule does not apply). A player may enter in a game as a substitute as many times as possible within that quarter and considered as having played only in that quarter.
4. One (1) time out for every quarter shall be granted to each team for the first three (3) quarters and two (2) timeouts shall either be used or forfeited.
5. In case a team has an incomplete line up during the schedule game.
 - 5.1 The 1st quarter shall always start with 5 players while the other quarters may be played with remaining members of the team.
 - 5.2 A team with ONLY seven (7) players (physically present) at the start of the game shall be declared LOSER and FORFEIT.

INTERPRETITIONS OF RULE VII.



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EXEMPTIONS:

a.) **IN CASE OF INJURY/DISQUALIFICATIONS:**

(In the 1st/ 2nd quarter) – an injured player may be substituted by any player and such a **substitute player and injured player** shall be considered as having played in any particular quarter.

The “injured player” upon recovery may re-enter in the same quarter or may play in any quarter following Sec.1. Rule VII.

IMPORTANT Reminder: *WHENEVER POSSIBLE AND IF THE RULES WILL ALLOW, EVERY QUARTER SHALL BE PLAYED ALWAYS WITH FIVE (5) PLAYERS.*

b.) **For SECONDARY (BOYS AND GIRLS)**

1. The official FIBA Rules shall apply.

GAMES DISRUPTION

Games which are cancelled/disrupted/stopped or for any valid reason, shall be treated in the following manner:

- A. **REMATCH** if the disruption of the game took the place during the first half (1st and 2nd quarter), a game shall be replayed.
- B. **RESUMPTION**- if the disruption of the game took place during the second half (3rd and 4th quarter), the game shall be resumed with the remaining game time.
- C. **RESET** - if a scheduled game was cancelled for a valid reason, the management shall re-schedule the game at the bottom of the schedules.
- D. **DURATION OF WAITING** is 30 minutes.

II. ELIGIBILITY

R.A. 10588 and Palarong Pambansa Guidelines.

III. COMPOSITION OF THE CONTINGENT/DELEGATION

A. Team Composition

1. A team shall be composed of not more than 12 team members and 2 coaching staff (12+2) except Basketball Girls if the Head Coach/Asst. Coach are Males (12+3).
2. Players of 3 on 3 event (a maximum of 4 players) are separate from the 12 players of a team with a coach.

B. Coach 2

1. A team shall have the responsible Coaches (Head Coach and Asst. Coach/Chaperon) as required by Palarong Pambansa Rules and Guidelines (Certified Dep-Ed Employee with Appointment).
2. Only the Head Coach and Asst. Coach/Chaperon shall be allowed to stay within the team bench during official games (this is not applicable in 3 on 3).

IV. DISQUALIFICATION

1. A Thrown- out player must leave the confines of the playing area.
2. A player / coach who is disqualified as a result of a disqualifying foul/ fighting, Intentional foul, two (2) Unsportsmanlike fouls shall be automatically suspended. The number of games of suspension shall be determined by the Technical Committee and will be based on the gravity of the act (except players with two technical fouls).

A. FOULS



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1. **TECHNICAL FOULS**- any **PLAYER/COACH** who displays unsportsmanlike/ disrespectful act such as slashing of neck, showing of dirty fingers, pointing of accusing fingers and trash talking / shouting bad words/ foul language, contesting calls, arguing with the officials and the others. A **WARNING** maybe given or a **TECHNICAL FOUL** shall be slapped.
2. **PERSONNAL FOULS**- players causing contact with the opposing, playmate, which gives an unfair advantage and such contact are neither intentional nor flagrant.
3. **FLAGRANT FOULS**- a player causing contact excessive contact which may cause or have caused injury to an opponent, such as; a. excessive of elbow, b.) Throwing a punch, c.) Tripping, d.) Intentional contacting/ pushing the back of the player going for a basket shall be judged to be either an Unsportsmanlike/Disqualifying Fouls.

B. Players / coaches' conduct:

1. Any player /coach, who is slapped with a Disqualifying Foul and ejected because of Flagrant Unsportsmanlike Action/ Conduct, shall be penalized accordingly **PLUS an additional 1 game suspension** /total disqualification or banned from further participation, depending on the gravity of the offense. (Except players who committed Technical Fouls).
2. Uttering / shouting of obscene/foul language /bad words or verbal abuse from players /coaches to opponents/officials or teammates shall not be tolerated such as act shall be dealt with a warning or a Technical Foul. The **COACH** shall be responsible for the **DISCIPLINE** and **BEHAVIOR** of the followers, supporters and friends of the team.
3. Coaches shall always confirm their next schedule of the game with the Tournament Manager **BEFORE** leaving the playing venue / or after their game.
4. A team that walks out of their game shall be penalized with a Disqualification from the competition/Paloro and likewise the coach shall be **BANNED**.

V. EVENTS/DISCIPLINES

- V.1 Competition in Secondary Level:
Basketball Regular 5 on 5 and 3 x 3
- V.2 Competition in Elementary Level
Basketball Regular 5 on 5 Only

VI. CATEGORIES

- VI.1 Secondary – Boys (Regular 5 on 5)
VI.2 Secondary – Boys (3 x 3)
VI.3 Secondary – Girls (Regular 5 on 5)
VI.4 Secondary – Girls (3 x 3)
VI.5 Elementary – Boys (5 on 5 only)

VII. PLAYING AREA, EQUIPMENT AND COMPETITION UNIFORM

- VII.1 Playing Area – Based on FIBA RULES 2022
VII.1.1 Standard requirement - Based on FIBA RULES 2022
VII.1.2 Layout - Based on FIBA RULES 2022
- VII.2 Equipment
1. Ball



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- a. The SIZE of the BALL for the Secondary Girls, Elementary and 3x3 Level shall be size 6.
- b. The Secondary Boys shall use size 7.

VII.3 Competition Uniform

VII.3.1 Athlete – A player who is not wearing the team’s complete uniform still allowed to play. (In case of an incomplete uniform/s, a WRITTEN REQUEST FOR EXEMPTION shall be submitted and duly signed by the Head of Delegation addressed to the Tournament Manager, and the playing numbers shall be 0,00-99 and the assigned delegation color shall be followed).

VII.3.2 Coach – A coach must wear leather or rubber shoes with socks, jogging pants or jeans, t – shirts or polo shirts and sports short pants.

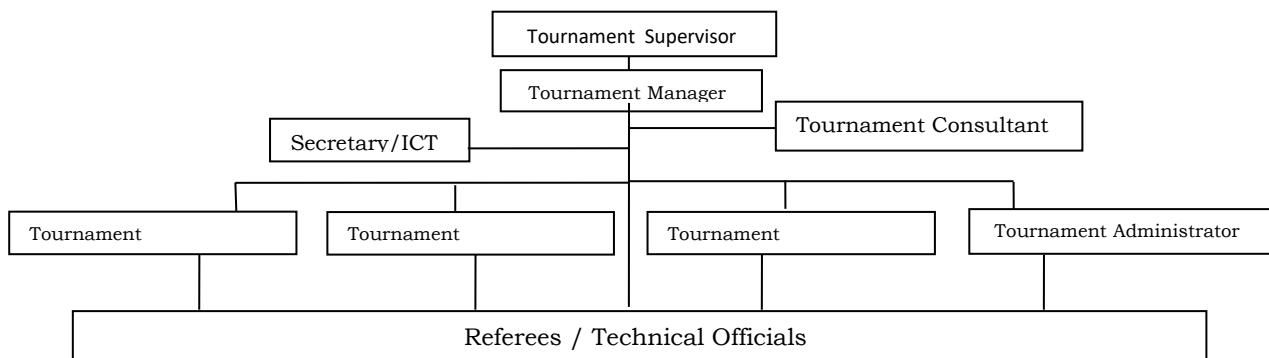
VII.3.3 Technical Official – An official must wear dark pants, black rubbers shoes with black socks, black belts and official referee’s uniform.

VIII. TECHNICAL OFFICIALS

VIII.1 Qualifications

- Must be a DepEd Region 12 Employee (with Appointment).
- Not more than 55 years old of age.
- Must be physically fit with latest Medical Certificate.
- Must possess certificate of training in Basketball Officiating.
- Must officiate/served in the lower meets.
- Must attend the Regional Refresher Activity.

VIII.2 **Organizational Structure**



VIII.3 Terms of Reference *(based on organizational structure)*

IX. CONDUCT OF THE COMPETITIONS

IX.1 **Seeding** will be used *instead of draw lots*.

- a. SEEDING FOR TWO BRACKETS WITH 8 TEAMS

“A”	“B”
1	2
4	3
5	6
8	7

IX.2 Competition format



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1. The eight (8) teams shall be divided into two (2) brackets A and B.
2. Bracket A and bracket B shall have four (4) teams.
3. This bracketing shall be applied to the Boys Elementary, Secondary Boys and Girls, and Secondary Boys and Girls 3 x 3.
4. The bracketing shall have done in a SEEDING system based on the last year SRAA result. Its bracket shall play in a single round robin system.
5. After the classification, there shall be a semi – final or crossover games to be played between the top one (1) team of bracket A against the top two (2) team of bracket B and the top two (2) team of Bracket A against the top one (1) team of bracket B in ONE Game Only.
6. The winners of both matches shall play for the championship game while the loser shall play for the third place.
7. This format shall be applied in all categories/disciplines.

A = **4** TEAMS

B = **4** TEAMS

SINGLE ROUND ROBIN FORMAT
Schedule of Games (Bracket “A”)

Teams from Bracket “A” (Top 1, Top 4, Top 5 and Top 8)

Game #**1** =**5** vs **4**, Game #**2** =**1** vs **8**, Game #**3** =**5** vs **1**,
Game #**4** =**4** vs **8** Game #**5** =**1** vs **4**, Game #**6** =**5** vs **8**.

Schedule of Games (Bracket “B”)

Teams from Bracket “B” (Top 2, Top 3, Top 6, and Top 7)

Game #**1** =**2** vs **7**, Game #**2** =**3** vs **6**, Game #**3** =**2** vs **6**,
Game #**4** =**7** vs **3** Game #**5** =**2** vs **3**, Game #**6** =**6** vs **7**.

Semi – Final Games / Crossover

SF1 – Top **1A** vs Top **2B**

SF2 – Top **2A** vs Top **1B**

FINALS

Third Place: LSF1 VS LSF2

Championship:WSF1 VS WSF2

X. DETERMINATION OF WINNER

1. The winner of the Final Round will be declared as **CHAMPION**.

XI. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

Winner take-all policy will be applied and be approved by the RSAC.

XII. MEDALS AT STAKE (*Based on number of events/disciplines*)



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- XII.1 Medals to be Awarded
- 44- gold
 - 44- silver
 - 44- bronze
- XII.2 Medals to be Counted (Over-all ranking)
- 5- gold
 - 5- silver
 - 5- bronze

XIII. SPECIAL AWARDS (*Certificate of Recognition*)

- XIII.1 Athlete
Mythical Five
- XIII.2 Technical Official
Top 3 Best Referees
Best Tournament Administrator
Best Scorer

XIV. PROTEST, PENALTIES, AND SANCTIONS

- XIV.1 Protest
- Protest will be entertained only if the eligibility of players is concern and the other offense is case to case basis.
 - The Team Captain shall inform immediately the referee and sign the score sheet right after the game in case of protest.
 - Protest shall be made in writing, duly signed by the head of delegation or his/her authorized representative /general athletic manager and shall be filed immediately one (1) hour after the game.
 - The protest shall be accompanied by an affidavit of witness and proof of evidence in support thereof.
 - No protest shall be entertained during and after the semi-final and final Round.
 - If found guilty, the Players and Coaches will be sanctioned for a two (2) year-suspension in SRAA Meet participation.

XV. PROPOSED SCHEDULE OF THE GAME

- XV.1 Official Practice Day
Two (2) Days OFFICIAL PRACTICE
Day 1- bracket A teams
Day 2- bracket B teams
- XV.2 Competition Proper
Four (4) Days

XVI. RISK ASSESSMENT

- XVI.1 Proposed Plan of Action

XVII. SECURITY & SAFETY PROTOCOLS

- Conduct Orientation before Game Proper

XVIII. MONITORING AND EVALUATION SYSTEM

- XVII.1 Performance Assessment
Conducted by Supervisors & Tournament Manager



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XIX: EFFECTIVITY

These Technical Guidelines shall take effect upon the approval of the Regional Director.

2024 SRAA MEET TECHNICAL GUIDELINES

BILLIARDS

I. RULING:

The ruling set by the 2024 SRAA MEET Technical Committee will be followed, to wit:

1. A player must bring the necessary equipment including snacks and beverages during the match. Extra equipment and snacks may be allowed i.e. tapper et al. during the break.
2. If the cue tip of the player's cue stick is accidentally broken, the player may borrow it from the venue or his/her teammates. He is not allowed to borrow from the opponent's cue stick.
3. If a player unscrewed his/her cue stick while the opponent takes a turn in running the table, the player who unscrewed the cue stick automatically loses the match.
4. Verbal communication between the coach and the player is strictly prohibited during the match. Coaches shall keep their distance from the playing player.
5. Each player can take one (1) time-out of FIVE MINUTES (5 minutes) in every match in the either 8-ball or 9-ball competition. It is only granted when it is the player's inning or turn to break.
6. **COACHES and AUDIENCES** cannot interfere with referees' decisions.
7. If a player feels that the referee has made an error in judgment, he may ask the referee to reconsider his call or lack of a call. However, the referees' decision on judgment calls is final.
8. No bringing gadgets such as cellphones, headphones, etc. during the match.
9. A player is given a 40-second shot clock and a 30-second extension per inning. (Conditional)
10. For slow play, 1st offense warning, 2nd offense loss of rack, 3rd offense loss of the match.
11. Winners' break in both 8-ball and 9-ball events.

II. ELIGIBILITY:

The participants for the event shall be students in Elementary and Secondary private and public schools. The billiard's age eligibility will be based on his and her cut-off date which is January of the year of the competition. The Division Screening Committee is in charge of this, and we will abide based **on Dep. Ed. NSAC** Guidelines.

III. COMPOSITION OF CONTINGENT:



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Category	Players	Coaches	Chaperon	Total
Boys	2	1		3
Girls	2	1	1	4
Total	4	2	1	7

IV. DISQUALIFICATION:

Unsportsmanlike Conduct

The rules and regulations give the referee and other officials considerable latitude in penalizing unsportsmanlike conduct. Several factors should be considered in such decisions, including previous conduct, previous warnings, how serious the offense is, and information that the players may have been given at the Players' Meeting at the start of the tournament.

Unsportsmanlike conduct is any intentional behavior that brings disrepute to the sport, or disrupts or changes the game to the extent that it cannot be played fairly.

➤ ***It includes:***

- Distracting the opponent.
- Changing the position of the balls in play other than by a shot.
- Playing a shot by intentionally miscuing.
- Continuing to play after a foul has been called or play has been suspended.
- Marking the table.
- Delay of the game.
- Using equipment inappropriately.
- Drinking beverages and illegal drugs are not allowed during programs regardless of the student's age.
- Profanity and abuse of equipment are not permitted.

V. SPORTS EVENTS/DISCIPLINE:

Disciplines that will be played during the 2024 SRAA MEET will be 9-ball and 8-ball singles.

NINE BALL- Nine balls are played with nine object balls numbered one through nine and the cue ball. The balls are played in ascending numerical order. The player legally pocketing the nine ball wins the rack.



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THE THREE-POINT BREAK RULE

(1) ONE

On the break shot, a minimum of three object balls must either be pocketed, touch the head string line or a combination of both. For example, if one object ball is pocketed, then at least two object balls must touch the head string line; or if two object balls are pocketed, then at least one object ball must touch the head string line. To touch the head string line means that the edge of the object ball must reach (break) the string line.

(2) TWO

If a player fails to meet the requirements in (1), but otherwise makes a legal break, the incoming player has the choice to accept the tables as is or hand the shot back to his opponent.

(3) THREE

In accepting the table as is, the incoming player is not permitted to play a “push-out”, he must play a legal shot to the ball on.

(4) FOUR

If the table is handed back to the breaker, the breaker is permitted to play a push-out. If so, his opponent will then have the choice to either play the shot or hand it back.

(5) FIVE

If a player fails to meet the requirements of (1), but otherwise makes a legal break and pockets the 9 balls, the 9 ball is re-spotted before the next shot is played.

The three-point rule must be present on all WPA ranking 9-ball events

- After the break, 3 object balls are required to pass the head string. This does not include the cue ball.
- Balls are not required to come to rest the head string so a ball that strikes a rail and returns across the head string back down the table would be legal.
- A ball that passes the head string and is subsequently pocketed counts as one ball.
- “Push out” shot may only be called after the break. A player must make his intention known to the referee; otherwise, an appropriate penalty be called.
- On a Push Out, the cue ball does not have to contact the lowest numbered ball first, or any object ball at all; no ball must contact a cushion.

EIGHT-BALL

- **Eightball is played with fifteen numbered object balls and the cue ball. The shooter’s group of seven balls (one through seven or nine through fifteen) must all be off the table before he attempts to pocket the eight balls to win. Shots are called.**



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- At least three (3) object balls must be driven or contacted to any rails.
- **Break Shot**, the following rules apply to the break shot:
 - (a) The cue ball begins in hand behind the head string.
 - (b) No ball is called, and the cue ball is not required to hit any object ball first.
 - (c) If the breaker pockets a ball and does not foul, he continues at the table, and the table remains open. (See 3.4 Open Table / Choosing Groups.)
 - (d) If no object ball is pocketed, at least four object balls must be driven to one or more rails, or the shot results in an illegal break, and the incoming player has the option of
 - (1) accepting the table in position, or
 - (2) re-racking and breaking, or
 - (3) re-racking and allowing the offending player to break again.
 - (e) Pocketing the eight ball on a legal break shot is not a foul. If the eight ball is pocketed, the breaker has the option of;
 - (1) re-spotting the eight ball and accepting the balls in position, or
 - (2) re-breaking.
 - (f) If the breaker pockets the eight ball and scratches (see definition 8.6 Scratch), the opponent has the option of
 - (1) re-spotting the eight ball and shooting with cue ball in hand behind the head string; or
 - (2) re-breaking.



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(g) If any object ball is driven off the table on a break shot, it is a foul; such balls remain out of play (except the eight ball which is re-spotted); and the incoming player has the option of

(1) accepting the table in position, or

(2) taking cue ball in hand behind the head string.

(h) If the breaker fouls in any manner not listed above, the following player has the option of

(1) accepting the balls in position, or

(2) taking cue ball in hand behind the head string.

Shots Required to Be Called On each shot except the break, shots must be called as explained in 1.6 Standard Call Shot. The eight ball may be called only after the shot on which the shooter's group has been cleared from the table.

STANDARD CALL SHOT

In games in which the shooter is required to call shots, the intended ball and pocket must be indicated for each shot. Details of the shot, such as cushions struck, or other balls contacted or pocketed are irrelevant. Only one ball may be called on each shot. For a called shot to count, the referee must be satisfied that the intended shot was made, so if there is any chance of confusion, e.g., with bank, combination, and similar shots, the shooter should indicate the ball and pocket. If the referee or opponent is unsure of the shot to be played, he may ask for a call. In call-shot games, the shooter may choose to call "safety" instead of a ball and pocket, and then play passes to the opponent at the end of the shot. Whether balls are being spotted after safeties depends on the rules of the game.

LOSING THE RACK

The shooter loses if he

- (a) fouls when pocketing the eight ball.
- (b) pockets the eight ball before his group is cleared.
- (c) pockets the eight ball in an uncalled pocket: or
- (d) drives the eight ball off the table. These do not apply to the break shot

VI. CATEGORIES

ELEMENTARY BOYS
SECONDARY BOYS
SECONDARY GIRLS

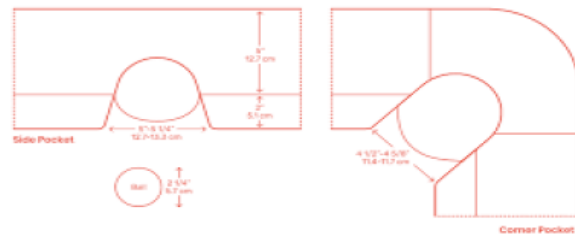
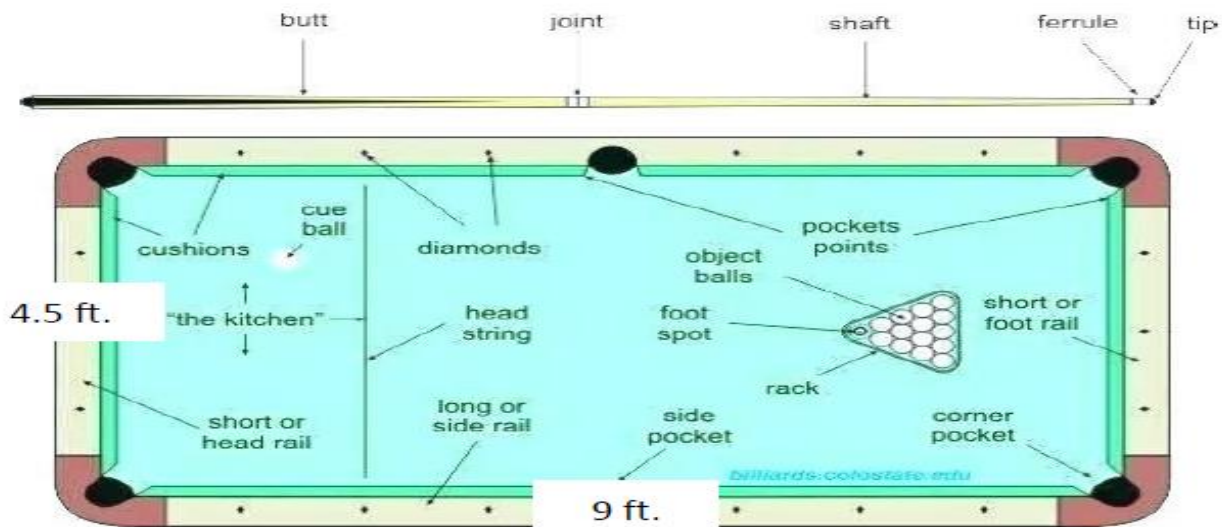
VII. PLAYING AREAS AND EQUIPMENT



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PLAYERS REQUIREMENTS

- A.** Each player shall be required to bring at least one of the following equipment during the event. Lending or borrowing of such equipment is strictly prohibited.
1. Break Cue
 2. Cue Sticks
 3. Jump Cue
 4. Chalk/Gloves
 5. Tapper
 6. Cue extension



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B. Players Dress Code

BOYS

- Delegation Uniform/Collared Polo (in the absence of delegation uniform)
- Long Pants
- Black shoes/shoes with rubber soles/delegation shoes
-

GIRLS

- Delegation Uniform/Collared Polo (in the absence of delegation uniform)
- Long Pants
- Black shoes/shoes with rubber soles/delegation shoes

VIII. OFFICIALS and FUNCTIONS

- Officiating Officials in the 2024 SRAA MEET must be a DepEd National Accredited passer, and one selected NSA representative
- Officiating Officials in the Regional Meet down to the lower meet must be regular DepEd employees.
- 20 Officiating Officials are needed for six (6) Billiard tables and three (3) for each table in 136 Games and a minimum of seven (7) racks per game.
- **Function of 3 Referee for each table**
 - 1. Referee**
 - 2. Scorer**
 - 3. 2nd Referee**

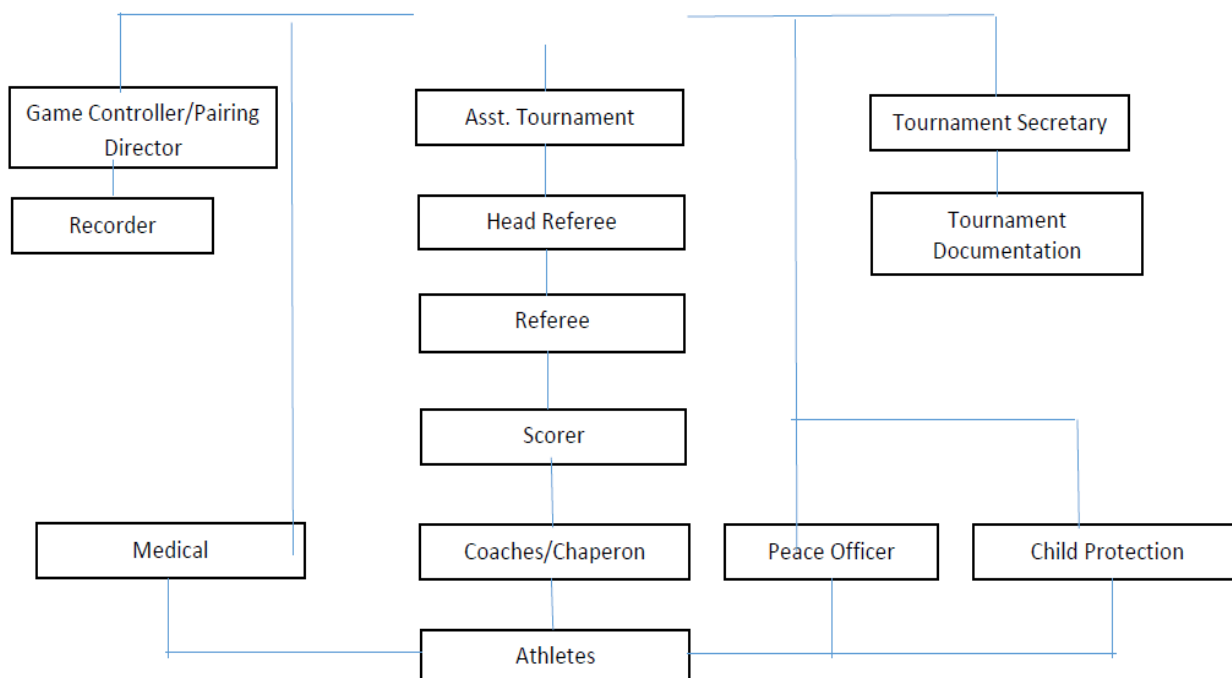
OFFICIATING OFFICIALS FOR THE 2024 SRAA MEET



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Officiating Officials	Number
Tournament Manager	1
Asst. Tournament Manager	1
Tournament Secretary	1
Head Referee	1
Game Controller/Pairing Director	1
Recorder	1
Tournament Documentation	1
Referee	18
Total	25

IX. ORGANIZATIONAL STRUCTURE



DUTIES AND RESPONSIBILITIES:

- **Tournament Manager** – The role of the Tournament Manager is to ensure that rules are strictly observed. Supervise the progress of the tournament. Enforce any decisions made to resolve disputes. Conduct refresher courses and solidarity with Officials and Coaches.
- **Asst. Tournament Manager** – Secure all equipment ready for the event. Help TM facilitate the event.



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- **Tournament Secretary**- Process all documents needed by all officials.
- **Head Referee** – Manages and assists the referee. Help referees settle disputes.
- **Referee** – Conduct and Manage the games.
- **Game Controller/Pairing Director** – Assign referee to designated match. Prepare the schedule of the match
- **Scorer** – Assist the referee by recording all the balls pocketed, and fouls committed by players, shot clock operator, and take video if necessary.
- **Recorder** – Records all winners and loser’s players with a signature. Post the game results.
- **Tournament Documentation** – Write a narrative report of each day. Take photographs and video. In charge of the opening and closing program
- **Coaches/Chaperons** – Assist players’ needs for the events. Instruct players about proper conduct during the game.
- **Athletes** – Know the rules and Regulations of the game
- **Medical** – Must be present in every event, and take action in case some players need medical help and advice.
- **Child Protection** – Present in all events
- **Peace Officer** – Present in all events

X. PROTEST, PENALTIES, AND SANCTIONS

Protest Ruling (WPA)

If a player needs a decision to be taken, the first person to be contacted is the referee. The referee will form his decision by all means that seem suitable to him. If the player wants to protest against that ruling, he may contact the head referee and after that the tournament director. In any regular tournament, the tournament director’s decision is binding and final.

XI. CONDUCT OF COMPETITION

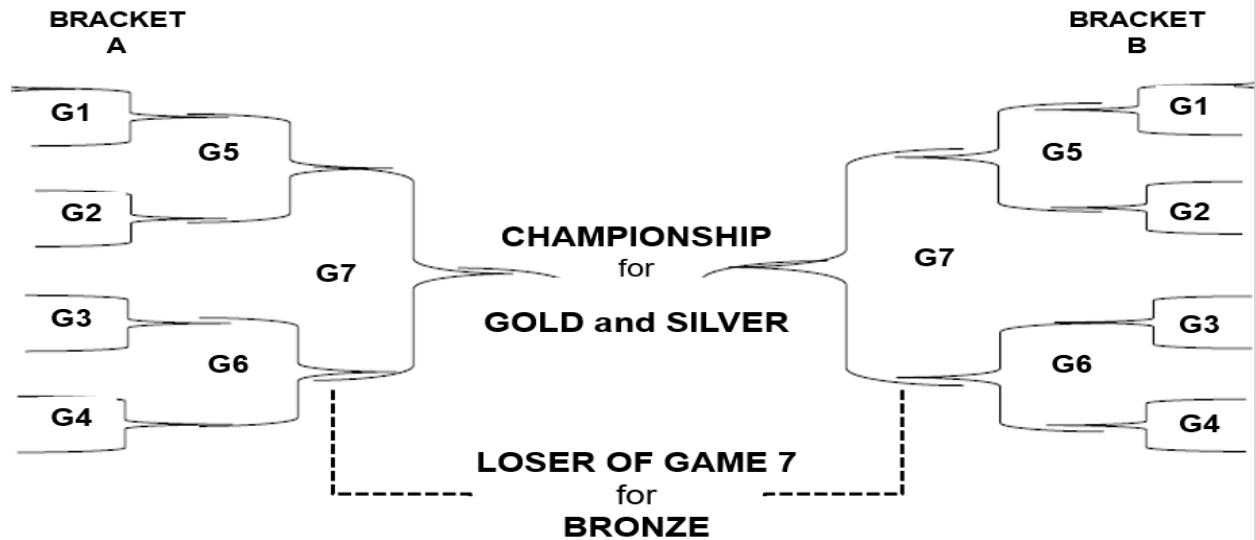
Disciplines that will be played during the **2024 SRAA MEET** will be 9-ball and singles. A single elimination or knock-out system is being applied. The match will be a race to five (3) for the elimination round, a race to six, (4) for the semi-final, and a race to seven (7) for the championship round.



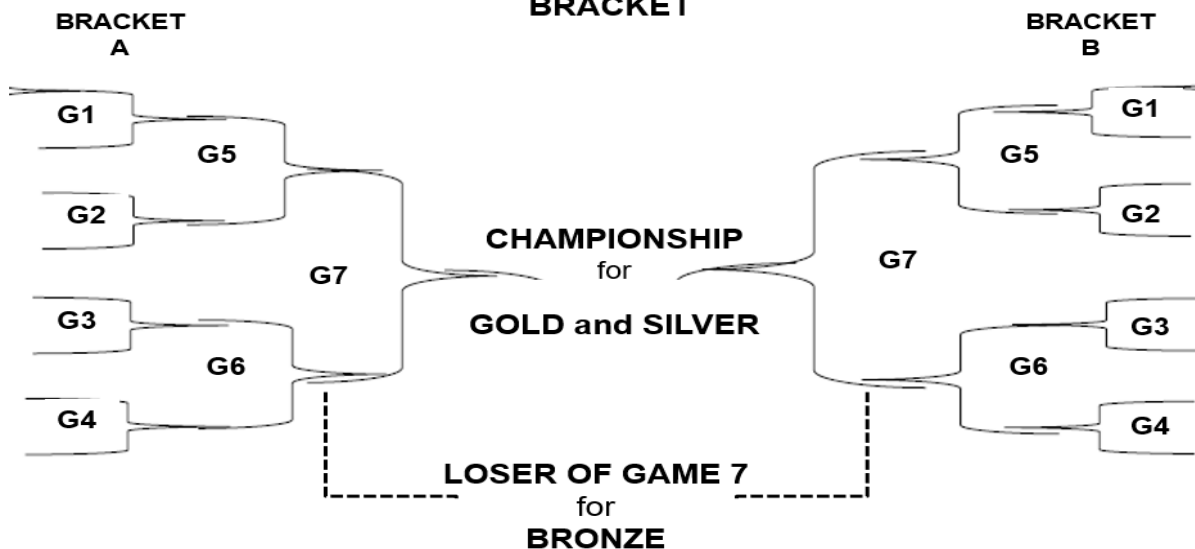
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XII.

8 BALL BOYS AND GIRLS



SINGLE ELEMINATION FOR 16 PLAYERS SINGLE BRACKET



DETERMINATION OF WINNERS

The championship for Group A will play 9 Ball against the champion of Group B to determine the gold and silver medalists respectively. The 1st Runner-Up of Group A will play against the 1st Runner-Up of Group B to determine the bronze medalist in a race to three (3) matches for 9 balls. The 2024 SRAA Meet Technical Committee reserves the right to increase the number of races depending on the number of participating areas.



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If there is only one champion in the 8 and 9 ball the coach of the player will automatically be the official coach for SRAA. To determine the second player both first runners in 8 balls and 9 balls will play 9 Balls and it will be raised to three (3).

Furthermore, the following is the mode of play to wit:

- a) The players will be grouped into two (2) – Group A and Group B
- b) Drawing of lots shall be done to determine the groupings; and
- c) A single elimination or knock-out system shall apply in the competition.

XIII. MEDALS TO BE CONTESTED

Medal	8 Ball boys	8 Ball Girls	9 Ball boys	9 Ball Girls	Total
Gold	1	1	1	1	4
Silver	1	1	1	1	4
Bronze	1	1	1	1	4
Total	3	3	3	3	12

XIV. NUMBER OF MEDALS TO BE AWARDED

medal	Number of pcs.
Gold	4
Silver	4
Bronze	4
Total	12

XV. SCHEDULE OF GAME



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DATE	TIME	GAM E	TABLE NO.	BRACKE T	COMPETITORS	REMARKS
Day 1 MAY 14, 2024	9 BALL SECONDARY BOYS					
	7:00-8:30	1 to 2	1 to 2	A	1 VS 2 & 3 VS 4	
	8:30-10:00	1 to 2	1 to 2	B	1 VS 2 & 3 VS 4	
	10:00-11:30	3 to 4	1 to 2	A	5 VS 6 & 7 VS 8	
	1:00-2:30	3 to 4	1 to 2	B	5 VS 6 & 7 VS 8	
	2:30-4:00	5 to 6	1 to 2	A	W1 VS W2 & W3 VS W4	
	4:00-5:30	5 to 6	1 to 2	B	W1 VS W2 & W3 VS W4	
DAY 2 MAY 15, 2024	7:00-9:00	7	1 to 2	A & B	W5 vs W6	SEMI-FINAL
	8 BALL SECONDARY BOYS					
	9:00-10:30	1 to 2	1 to 2	A	1 VS 2 & 3 VS 4	
	10:30-12:00	1 to 2	1 to 2	B	1 VS 2 & 3 VS 4	
	1:00-2:30	3 to 4	1 to 2	A	5 VS 6 & 7 VS 8	
	2:30-4:00	3 to 4	1 to 2	B	5 VS 6 & 7 VS 8	
	4:00-5:30	5 to 6	1 to 2	A	W1 VS W2 & W3 VS W4	
DAY 3 MAY 16, 2024	7:00-9:00	5 to 6	1 to 2	B	W1 VS W2 & W3 VS W4	
	9:00-10:30	7	1 to 2	A & B	W5 vs W6	SEMI-FINAL
	1:00-5:30	CHAMPIONSHIP GAME FOR 8 AND 9 BALL BOYS				



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DATE	TIME	GAME	TABLE NO.	BRACKET	COMPETITORS	REMARKS
Day 1 MAY 14, 2024	9 BALL SEEDMENT GIRLS					
	7:00-8:30	1 to 2	3 to 4	A	1 VS 2 & 3 VS 4	
	8:30-10:00	1 to 2	3 to 4	B	1 VS 2 & 3 VS 4	
	10:00-11:30	3 to 4	3 to 4	A	5 VS 6 & 7 VS 8	
	1:00-2:30	3 to 4	3 to 4	B	5 VS 6 & 7 VS 8	
	2:30-4:00	5 to 6	3 to 4	A	W1 VS W2 & W3 VS W4	
	4:00-5:30	5 to 6	3 to 4	B	W1 VS W2 & W3 VS W4	
DAY 2 MAY 15, 2024	7:00-9:00	7	3 to 4	A & B	W5 vs W6	SEMI-FINAL
	8 BALL SEEDMENT GIRLS					
	9:00-10:30	1 to 2	3 to 4	A	1 VS 2 & 3 VS 4	
	10:30-12:00	1 to 2	3 to 4	B	1 VS 2 & 3 VS 4	
	1:00-2:30	3 to 4	3 to 4	A	5 VS 6 & 7 VS 8	
	2:30-4:00	3 to 4	3 to 4	B	5 VS 6 & 7 VS 8	
	4:00-5:30	5 to 6	3 to 4	A	W1 VS W2 & W3 VS W4	
DAY 3 MAY 16, 2024	7:00-9:00	5 to 6	3 to 4	B	W1 VS W2 & W3 VS W4	
	9:00-10:30	7	3 to 4	A & B	W5 vs W6	SEMI-FINAL
	1:00-5:30	CHAMPIONSHIP GAME FOR 8 AND 9 BALL GIRLS				

**2024
SRAA**

MEET

COVID SAFETY GUIDELINES BILIARD

1. VENUE

- Masks must be worn by all individuals in the training hall and monitored by safety marshals, except for players practicing at the table.
- Players are allocated practice time on specific practice tables in the training hall before the match
- Players must abide by the practice schedule given and prevent any unnecessary interactions with players from other teams.



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- Players must sanitize their hands upon entry to and exit from the court
- No borrowing of cue sticks and billiard chalk.
- Players must not leave the chalk on the table after the shot.
- Common areas in the training hall must be cleaned with a disinfectant periodically and after every use, Billiard tables
 - o Floor
 - o Benches
 - o Balls
 - o Mechanical bridge
- The wearing of masks must be enforced by the Local Organizing Committee (LOC) and monitored by ambassadors throughout the training hall, except those actively practicing at the table.
- Health advisories must be displayed in common areas.

2. COMMON AREA

- Availability of hand washing amenities with soap and water, non-contact air hand dryers, or paper towels in toilets must be guaranteed.
- Toilets and changing rooms must only be used in small groups while maintaining a distance of at least 1m (3 feet) and enforced by the Local Organizing Committee. Alternating cubicles must be closed, and showering prohibited.
- Availability of hand-sanitizing products in common shared areas, elevators, and all rooms/areas must be ensured.
- Proper safe-distancing markers placed on the floor throughout the venue where crowd formation is a risk
- Local Organizing Committee may assign people to monitor these areas and ensure safe distancing is observed.

3. ENTRANCE AND EXIT

- The Local Organizing Committee must ensure a one-way system of entry and exit to the venue to avoid individuals crossing paths.
- Temperature screenings must be conducted at the entrance of the venue. Anyone with a body temperature of 37.5° degrees (°C) will not be allowed to enter, and proper protocols must be in place for the immediate testing of any such person.
- The Local Organizing Committee must ensure proper floor markings are placed to maintain a distance of 1m (3 feet) between people in the case of queue formation at the entrance to the venue.
- Local Organizing Committee officers must ensure that everyone is complying with floor markings and mask-wearing at all times.

4. FIELD OF PLAY



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- Periodic disinfection of match tables, floorings, billiard tables, and seats, towel boxes, audience stands, and other common areas.

5. SPECTATORS

- Spectators may only be permitted to attend the event upon consultation and prior approval by the medical regulations allowing the presence of spectators
- Where spectators are to be permitted, the limited seating capacity must be enforced
- Rows and sections of seats must be blocked to ensure social distancing of at least 1m (3 feet) between separate groups of spectators.
- Provide signage and floor markings to remind spectators to maintain social distance
- LOCs must place floor markings for queues outside the venue to ensure social distancing of 1m (3 feet) between individuals

6. DURING PLAY

- Players must have their powder to be used.
- Cue sticks must be sanitized after use.
- Players must not leave their chalk after the inning.

7. END OF MATCH

- Referee and players shall not shake hands at the end of the match. They can choose to bow or a “hand-raising” salutation, whichever is more comfortable while maintaining physical distance, regardless of formal and informal presentation.
- Referee shall exit the court after the match is finished with players of that court following behind while maintaining a distance of at least 1m (3 feet).
- After every match, a hygiene team shall quickly enter the FIELD OF PLAY (FOP) once the players and referee have moved off the FIELD OF PLAY (FOP) and clean the following area with disinfectant to prepare for the next match:
 - Coaches’ benches
 - Flooring in the FIELD OF PLAY (FOP).
 - Referees’ tables and chairs
 - Billiard tables

8. EFFECTIVITY:

These Technical Guidelines shall take effect upon the approval of the Regional Director.

2024 SRAA MEET TECHNICAL GUIDELINES



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BOXING

I- Rules and Regulations

IBA Technical and Competition Rules dated March 3, 2024

II- Eligibility

A. Only secondary learner-athletes who passed the screening and accreditation conducted by the Regional Screening and Accreditation Committee shall be allowed to participate

B. Eligibility of boxers on medical-related issues shall be referred to Rule 4.2.6 of the IBA Technical and Competition Rules

III- Age Classification and Weight Categories

AGE CLASSIFICATION	AGE	YEAR OF BIRTH	WEIGHT CATEGORY	WEIGHT RANGE
School Boys	13-14	2010-2011	Pin weight	44- 46 kg
School Boys	13-14	2010-2011	Light Fly weight	Over 46- 48 kg
Junior Boys	15-16	2008-2009	Pin weight	44- 46 kg
Junior Boys	15-16	2008-2009	Light Fly weight	Over 46- 48 kg
Junior Boys	15-16	2008-2009	Fly weight	Over 48- 50 kg
Junior Boys	15-16	2008-2009	Light Bantam weight	Over 50- 52 kg
Junior Boys	15-16	2008-2009	Bantamweight	Over 52- 54 kg
Youth Boys	17-18	2006-2007	Minimum weight	46 kg- 48 kg
Youth Boys	17-18	2006-2007	Flyweight	Over 48- 51 kg
Youth Boys	17-18	2006-2007	Bantamweight	Over 51- 54 kg

Note: Boxer's age is computed by subtracting his year of birth from the year of the Palaro.

IV- Sport Entries Check

- A. Two days before the first day of the actual boxing competition, the Sport Entries Check shall take place. This may be adjusted by the Tournament Manager in consideration to the scheduled activities prior to the opening of the SRAA Meet. All team delegations must attend to confirm their participation.
- B. During the Sport Entries Check, the registered Coach and/or the Asst. Coach shall submit their official final entry (see Appendix A for a copy) and shall present the following:
 1. Identification Card of each boxer.
 2. Boxer's Record Book of each boxer reflecting his participation in the lower meets.
 3. Medical Certificate issued within the previous three (3) months to the boxer or copy of the Medical Certificate submitted to RSAC
 4. Accomplished Fit to Box Form (Appendix B)
 5. Boxers' uniforms
 6. Boxers' equipment (**footwear , gum shield, hand wrap**)
- C. Please refer to Rule 6 of the IBA Technical and Competition Rules for other provisions in the Sport Entries Check.



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V- Official Draw

- A. Official Draw shall be conducted right after the Sport Entries Check.
- B. Only the entries who pass the Sport Entries Check shall be considered in the Official Draw.
- C. Computerized Draw by Swiss Timing System shall be used. If Swiss Timing System is not available, Manual Draw shall be done.
- D. Each team may send up to two (2) representatives to attend the Draw.

VI- Daily Weigh-In

- A. At the time fixed at 7:00 to 8:00 in the morning of each day of the competition, the Medical Check and the Daily Weigh-in shall be conducted. Only the boxers scheduled to box on the day shall be checked and weighed.
- B. The weight registered in the Sport Entries Check decides the Boxer's Weight Category for the entire competition.
- C. During the Boxer's first daily weigh-in of the competition, both the minimum and the maximum weights are controlled. The boxer's weight must not exceed the maximum weight limit nor below the minimum weight limit. On the succeeding boxer's daily weigh-in only the maximum weight limit shall be controlled
- D. The Weigh-In must be conducted by Competition Officials appointed by the Tournament Director. No coach is allowed inside the final weighing room.
- E. Boxers who do not comply with the requirements shall not be allowed to compete.

VII- Rounds

- A. School Boys: Three (3) rounds of one and a half (1 1/2) minutes per round and 1-minute interval between rounds
- B. Junior Boys: Three (3) rounds of two (2) minutes per round and 1-minute interval between rounds
- C. Youth Boys: Three (3) rounds of three (3) minutes per round and 1-minute interval between rounds

VIII- Compulsory Count Limits

- A. School Boys: Two (2) Knockdowns in a bout.
 - B. Junior Boys: Two (2) Knockdowns in a round, or three (3) knockdowns in a bout.
 - C. Youth Boys: Three (3) Knockdowns in a round, or four (4) knockdowns in a bout.
- Note: A "down" or a "count" caused by a foul shall not be counted in the compulsory count limit*

IX- Boxer's Uniform and Accessories

- A. A boxer shall box wearing a vest (singlet) and shorts. The vest and shorts can be in the Boxer's delegation colors or red or blue depending on their assigned corner. The vest (singlet) must cover the chest and the back and the short must not exceed the knee. The short's waistline must be clearly identified by contrasting color to the vest and shorts and must be 6-10 cm wide.
- B. The boxer must box in light boots or shoes (no spikes and raised heel).



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- C. No boxer shall be allowed to box with any tape in his body or uniform except a kinesiology taping at the back and below his waist.
- D. Wearing of bandage/hand wraps and personal gum shield is mandatory. No red or partially red gum shield shall be permitted. The team shall provide the gum shield and hand wraps of their boxers.

X- Seconds

- A. Each shall be entitled to be accompanied to the ring by up to three Seconds. However, only two (2) Seconds may mount the apron of the ring and one (1) may enter into the ring
- B. Seconds must have a towel for the boxer. Seconds may indicate retirement of the Boxer by throwing the towel into the ring when this Boxer is considered to be unfit or unable to continue boxing, except when the Referee is in the course of counting.
- C. Seconds can only use transparent water bottle
- D. Seconds should wear sports attire only. Slippers and denim pants are not allowed.
- E. Prohibited Activities for the Seconds
 1. Seconds should refrain from standing and/or encouraging or incite spectators by words or signs during the progress of the round. Seconds will not be allowed to touch the ring during the bout, cause scandal or disturb the competition
 2. Seconds will not be permitted to walk off Seconds' designated area with disagreed actions against the Referee
 3. Seconds will not be permitted to throw any item in to the ring to demonstrate a disagreement or to kick any chair or water bottle or to take any action that may deemed as unsportsmanlike behavior
 4. The use of any communication device such as but not limited to cellphone, walkie talkie, etc. is not permitted during the bout in the FOP
- F. Sanctions (refer to Rule 16.4 of the AOB Technical and Competition Rules)

XI- Scoring System

- A. Ten-Point Must Scoring System shall be implemented
- B. Five Judges shall be selected to judge each bout. All their scores shall be counted.
- C. The result of the bout shall be announced immediately after each bout

XII- Protest

- A.** Questions on technicality and eligibility of a boxer on medical-related issues shall be dealt with accordingly and shall be referred to the IBA Technical and Competition Rules. Issues shall be resolved immediately by the Tournament Director.

- B.** There is no protest on the result of bouts as stated in the IBA Technical and Competition Rules. The decision of the judges is final.

- C.** The Tournament Director shall immediately suspend a Referee and/or Judge for the rest of the Competition Day for any wrongdoing. Once the Competition is completed, the TD



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will discuss with the R&J Evaluators any further recommendation regarding sanctioning the Referee and/or Judge.

XIII- Other provisions not specified/stated in this Technical Guidelines shall be supplemented by the latest IBA Technical and Competition Rules (dated March 3,2024)

XIV- Awarding Ceremony

- A. All medalists are encouraged to participate in the Awarding Ceremony.
- B. They shall be dressed properly with their Delegation Uniform. Wearing of slippers during the Awarding shall not be allowed
- C. There will be ten (10) gold, ten (10) silver and twenty (20) bronze medals to be awarded.

XV. EFFECTIVITY:

These technical guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

CHESS

I. RULES AND REGULATIONS

The tournament shall be governed by FIDE Laws of Chess (January 2022) and those stated in the ground rules.

II. ELIGIBILITY

II.1 The Regional Screening and Accreditation Committee (RSAC) shall evaluate and verify the authenticity of the necessary documents of the athletes, coaches and chaperons to qualify prior to the schedule of the Regional Meet.

II.1.1 Athlete of both elementary and secondary must meet the age requirement based on Implementing Rules and Regulations of Palarong Pambansa.

II.1.2 Coach must have undergone minimum coaching training of 24 hours to qualify for Regional Meet.

III. COMPOSITION OF CONTINGENT/DELEGATION

III.1 Every division shall have the following composition below.

LEVEL	COACH	PLAYERS	CHAPERON
Elementary boys	1	2	
Elementary girls	1	2	*1
Secondary boys	1	2	
Secondary girls	1	2	*1
TOTAL	4	8	*2

***If the coach of girls' category happens to be a male.**

IV. DISQUALIFICATION

IV.1 Disqualification of the players, coaches and chaperons

Athletes, coaches and chaperons' documents failed to comply the standard implementing rules and regulations set by the Regional Screening and Accreditation Committee (RSAC) shall be subject for disqualification.

IV.2 Disqualification for the conduct of the game

IV.2.1 Anti-Cheating Guidelines of Arbiters Manual

IV.2.1.1 Cheating. A cheater typically acts and which devices are used for cheating. A player can cheat by: i) accepting information by another person (spectator, trainer, co-player, etc.); or ii) getting information from any source of information or communication (such as books, notes, etc., or any electronic device). Often a cheater is using a mobile phone hidden in a pocket. This is forbidden according to Art. 11.3.2.2 of the laws of chess.

V. SPORTS EVENTS/DISCIPLINES

V.1 INDIVIDUAL

- Standard Game
- Blitz Game



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V.1.2 TEAM

Standard Game
 Blitz Game

VI. CATEGORIES

VI.1 There shall be separate championships for the boys and girls in each division:

Individual:	STANDARD Secondary – Boys and Girls Elementary – Boys and Girls	BLITZ Secondary – Boys and Girls Elementary – Boys and Girls
Team:	STANDARD Secondary – Boys and Girls Elementary – Boys and Girls	BLITZ Secondary – Boys and Girls Elementary – Boys and Girls

VII. PLAYING AREA, EQUIPMENT AND COMPETITION UNIFORM

VII.1 Playing Area

VII.1.1 Tournament Venue

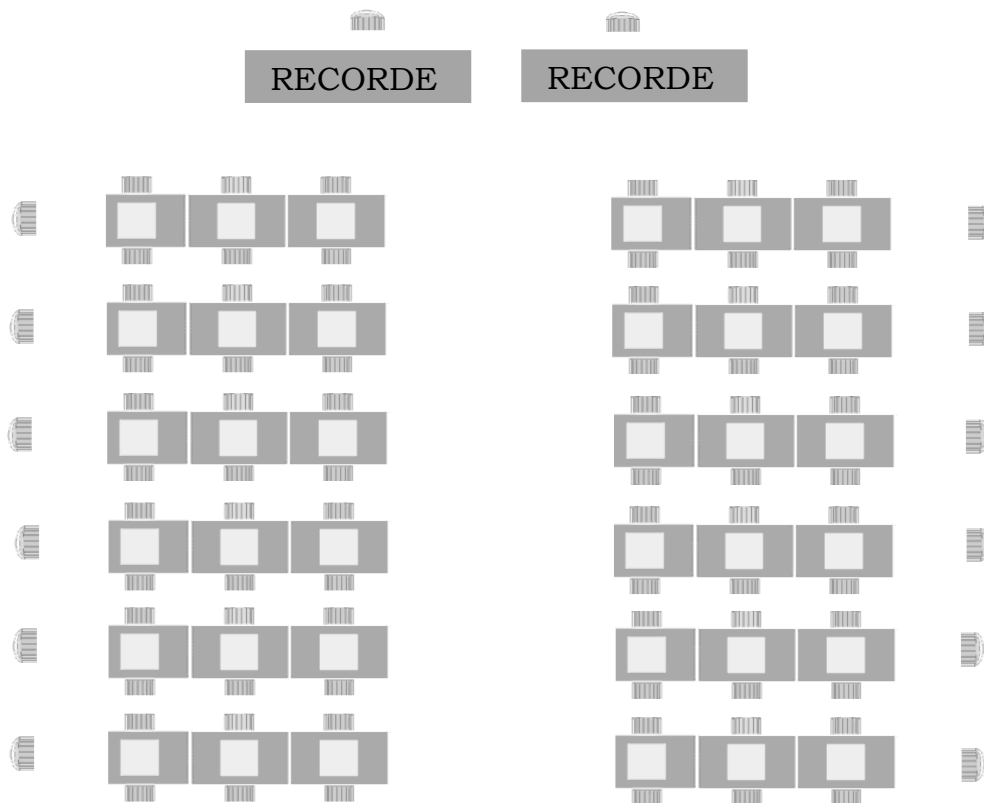
Tournament Venue for the Regional Meet shall be determined by the host division and to be inspected by the tournament manager.

VII.1.2 Standard Requirement

- VII.1.2.1 Tournament venue must be air-conditioned with 25 by 15 meters wide.
- VII.1.2.2 The tournament hall must be free from extraneous noise.
- VII.1.2.3 There should be a minimum of 1.5 meters between rows of players.

VII.1.3 Lay-Out

TOURNAMENT HALL/VENUE





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VII.1.3.1 The Chess Tables and chairs

For all official tournament, the length of the table is 110 cm. The width is 85 cm. The height of the table is 74 cm. The chairs should be comfortable for the players. Special dispensation should be given for children’s events. Any noise when moving the chairs must be avoided.

VII.2 Chess Equipment and Supplies

No.	Quantity	Unit	Item Description
1	40	pcs	The Official Clock of the World Chess Federation, DGT
2	40	sets	Tournament chess set (EUREKA), 40 pieces (with 2 extra queens), chess board
3	1	pcs	Analog Wall clock 34 cm x 34 cm



Supplies and Materials

No.	Quantity	Unit	Item Description
1	80	pcs	Double (AA) battery, Energizer
2	5	pcs	Ball pen
3	5	pcs	Pencil
4	5	pcs	Pentel Pen
5	5	pcs	Sign Pen , Blue color, 0.6
6	1	box	Staple No. 35
7	2	pcs	Correction Tape
8	2	bottles	Elmer’s Glue, big
9	20	pcs	Cartolina (5 White, 5 Blue, 5 Yellow and Green)
10	2	pc	Cartridge, Cannon 810 Black
11	2	pc	Cartridge, Cannon, 811 Colored



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12	2	reams	Bond Paper, Long size
13	2	reams	Bond Paper, short size
14	1	box	Paper Clip (Jumbo)
15	8	pcs	Paper Holder Clip, big
16	8	pcs	Folder
17	8	pcs	Envelop (Expandable)
18	2	pc	Cutter
19	2	pcs	Ruler, 30 cm
20	5	rolls	Masking tape, 2"
21	2	pcs	Scotch tape
22	1	pack	Garbage bag, Jumbo
23	1	pc.	Scissor big
24	4	pcs.	Double sided Tape 2 inches

VII.3 Competition Uniform

VII.3.1 Athlete shall be required to present their SRAA Meet ID's before the start of each round.

VII.3.1.1 Athlete must observe proper dress code while playing. The following are prohibited:

- a. Use of slippers
- b. Using Short Pants/Sandos

VII.3.1.2 USE OF UNIFORMS SHALL BE ENCOURAGE ON THE 1ST AND LAST ROUND.

VII.3.2 Coach shall be required to present their SRAA Meet ID's before the start of each round.

VII.3.3 Technical Official shall wear Issued SRAA 2024 uniform on Day 1, Formal Attire on Day 2 and Day 3, DepEd-ACTO Uniform on the last day.

VIII. TECHNICAL OFFICIALS

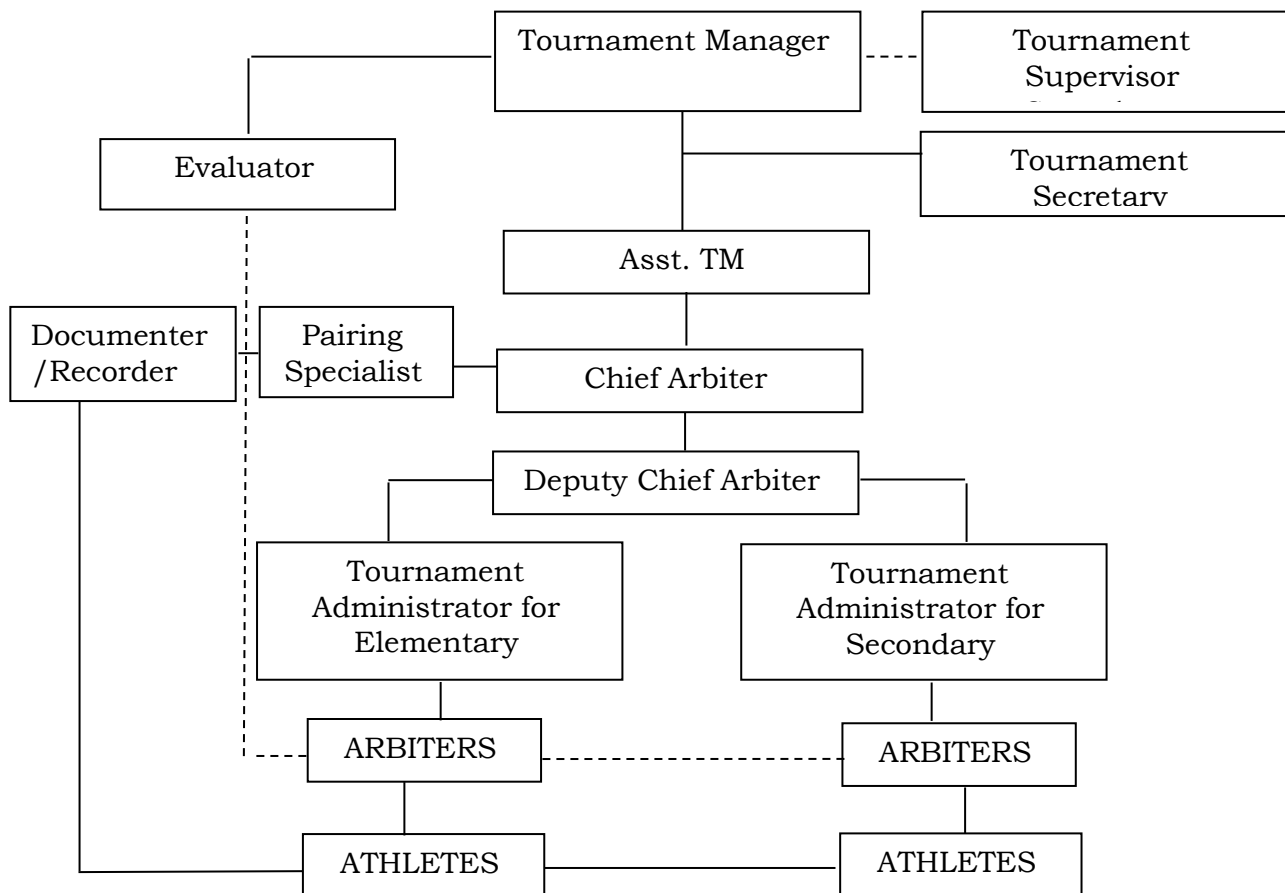
VIII.1 Qualifications

VIII.1.1 Qualified Technical Officials must be below 55 years old and passers of DepEd accreditation for officiating officials.



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VIII.2 ORGANIZATIONAL STRUCTURE



VIII.3 Terms of Reference/Job Description

VIII.3.1 The term of office in each position shall be one year from the recent conduct of the Regional Meet.

The Tournament Manager

1. Must be an Accredited Technical Officiating Officials of Dep-Ed.
2. In-Charge in hiring the tournament technical officiating officials.
3. Decides for venue, prepares the equipment and materials, needed for the tournament.
4. Give briefing to the technical officials of their functions and responsibilities. Makes a post games analysis /evaluation.
5. Oversee the proper course of the tournament, thus to ensure the players comfort during the game and supervise the work of his Technical Staff with regards to their duties and responsibilities.
6. Review the decision made by the technical committee (Jury of Appeal), in case of an appeal or protest made. His decision will be final an executory based on the merit, consultation presented by the technical committee.
7. Create the jury of appeal before the start of the tournament.



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The Assistant Tournament Director

1. Assist tournament manager in running the competition.
2. An alter ego of the Tournament Director/Manager.
3. Perform all other work-related duties as assigned by the Tournament Manager.

The Tournament Secretary

1. Must be an Accredited Dep-Ed Technical Officials.
2. The only person allowed to give information to the media upon the approval of the Tournament Manager.
3. Keeps all the records of the tournament, round by round in all division.

The Pairing Specialist/Encoder

1. Must be a Dep-Ed Accredited Technical Officiating Official/Titled Arbiter in NCFP.
2. Must be a computer literate, and in-charge in making PAIRING and Round Result (computer print-out) and submit it to the Tournament Secretary/Chief Recorder for verification and approval.
3. Work hand in hand with the Tournament Secretary/Chief Recorder.

The Chief Arbiter

1. Must be an Accredited Technical Officiating Officials of Dep-Ed/Titled Arbiter in NCFP.
2. Responsible for the technical management of the tournament, in-charge of the preparation of ground rules.
3. Appoints his Deputies.
4. Interpret the Fide Laws, Ground Rules and will give briefing to his Deputies and Arbiters for such interpretation and implementation.
5. In-charge in forming the Appeals Committee as the chairman, and will received the Bond deposit for any protest made.
6. In case of tie, it is his duty to explain the results to the respective players and coaches.

The Deputy Chief Arbiter

1. Must be an Accredited Technical Officials of Dep-Ed.
2. To assist the Chief Arbiter.
3. Solely in charge in division assigned.
4. Implement the Fide Laws and Ground Rules as prescribe by the tournament committee.
5. See to it that participants are well informed with their duties and responsibilities by reading the ground rules.
6. Announce/ Post the schedule of games.
7. In-charge in giving the pairing 30 minutes before the start of the game.
8. In case of tie break, he/ she will do the tie breaking of the results and submit it to the Chief Arbiter.

The Tournament Administrators

1. Must be an Accredited Technical Officials of DepEd.
2. Assign the arbiters in their respective tables.
3. Distribute the pairing to the arbiters of each table.



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4. Final check on the arrangement of players based on pairing.
5. Assign arbiters in a specific task during panic time.
6. Ensure the player's identity during each game based on the gallery of athletes.
7. Replace arbiter during his/ her personal necessity.

The Arbiters

1. Must be a Dep-Ed Accredited Technical Officials.
2. Assist the Deputy Chief Arbiter.
3. Supervised to the number of player/tables assigned. Check color allocation for each player.
4. Implement the Ground Rules/Fide Laws as prescribed by the tournament committee.
5. Checks the chess clocks before the start of the game.

The Consultant

1. Provides advice to the tournament management to solve problems, create value, improve growth, and maximize performance efficiency.
2. Prepares recommendations on tournament improvement and innovation.
3. Assist in the development and implementation of policies and procedures to ensure high standards including health & safety, risk assessments, equal opportunities and safeguarding.
4. Collaborate with the team to ensure the effective delivery of the tournament.

The Evaluator

1. Provide constructive and encouraging feedback that helps the arbiters to improve their skills and confidence in arbitration.
2. Assess and evaluate the performance of the arbiters during the tournament.
3. Prepare consolidated reports of the arbiters' evaluation.

IX. CONDUCT OF THE COMPETITIONS

IX.1 DRAW LOTS

IX.1.1 ID number shall be in draw lots.

IX.2 Competition Format

INDIVIDUAL

Standard Game	5 Rounds	30 min. and 30 sec. increment/Player
Blitz Game	5 Rounds	3min. and 2 sec. Increment/Player

*Individual Championship – The standing of the players after the end of the competition and tie-breaks.

TEAM

Standard Game	total score of player 1 and player 2 of the team based on the results of the individual event
Blitz Game	total score of player 1 and player 2 of the team based on the results of the individual event

*Team Championship – Total scores of 2 players in the Division.

*A Team with one player can play for individual event only and shall not qualify in the Team Event.



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A. STANDARD GAME

1. The **Individual Swiss System (5 rounds) with Team Results** shall be adopted.
2. The Swiss Manager Pairing Program or Swiss Master 5 shall be used. Pairing according to starting rank.
Note: Protest in pairing shall not be entertained.
3. The initial ranking of players will be based on the individual results of the previous meet.
4. Time control shall be 30 minutes and 30 sec. increment per player to finish the game using the digital clock.
5. Recording of moves in algebraic notation is mandatory. Player shall not record his /her move if the remaining time is less than 5 minutes.
6. Use of chess clock is compulsory.
7. Players, coaches and spectators are not allowed to make post games analysis, play against each other coaches, spectators, and players or discuss finished or unfinished games within the playing area.
8. Players are not allowed to eat inside the playing area while the game is in progress.
9. Players who have finished their games shall arrange the chess pieces and vacate the playing area after signing their score sheets and submit it to designated tournament officials.
9. The defaulting time is 30 minutes after the official start of each round. The wall clock inside the playing area shall be the official clock during the tournament.

B. BLITZ GAME

1. Time control shall be **three (3) minutes with two (2) seconds increment** per move to finish the game using the digital clock.
2. Players are not required to record his/her moves.

C. GAME POINTS SCORING SYSTEM

A player is credited **1 point for a win, .5 for a draw, and 0 for a loss.**

D. COLATILLA

All other matters not covered in this rules shall be decided by the Organizer (Chess Tournament Committee).

X. DETERMINATION OF THE WINNERS

X.1 TIE-BREAKS

The following Tie-Break systems (in descending order of priority) shall be applied to determine the final ranking.

INDIVIDUAL RESULTS

1. Direct Encounter
2. Buchholz System



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3. Median Buchholz System
4. S.B. System
5. Greater number of victories (Forfeits Counted)

TEAM RESULTS

1. Combined Buchholz Tie Breaks of the members of the Team
2. Combined Median Buchholz Tie Breaks of the members of the Team
3. Combined S.B. Tie Breaks of the members of the Team
4. Combined Greater Number of Victories of the members of the Team
5. Score of the player with the highest number of points.
6. A sudden death match (Armageddon) shall be played to resolve the tie if ties still occurs after applying all the tie breaks.

XI. SELECTION COMMITTEE

XI.1 Composition

Chairman:

LLOYD A. DALAYAP, Ph.D.

Tournament Manager

Members:

KERR BARSALOTE

Chief Arbiter

AKMAD SUCOL

Chief Arbiter

LILIBETH B. DALAYAP

Tournament Secretary

DR. HAZEL G. APARECE

Tournament Administrators (Secondary)

RICHARD ARCE

Tournament Administrators (Elementary)

ARIANNE ROSE T. FRANCISCO

Documenter

Consultant:

RONA N. TACOT

Tournament Supervisor

XI.2 Qualifications

The selection committee members must be accredited DepEd Technical officials.

XI.3 Terms of Reference

The members of this committee shall hold one-year term of office from the date of the Regional Meet.



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XII. SELECTION OF RECOMMENDED ATHLETES, COACHES AND CHAPERONS

XII.1 Selection of Recommended Athletes

XII.1.1 Top 2 players of every category in the Standard Game individual event such as Secondary Boys, Secondary Girls, Elementary Boys and Elementary Girls shall be qualified to compete in the Palarong Pambansa.

XII.2 Selection of Recommended Coach

XII.2.1 Coach of top (1) player in every category from the Standard Game individual event shall be and the chaperon be selected to coach in the Palarong Pambansa.

XII.3 Selection of Recommended Chaperon

XII.3 Chaperon shall be from the coach of top 2 player in the Standard Individual event of both Elementary and Secondary Girls category if the coach of top 1 player happened to be a male.

XII.3.1 If in case that the coach of top 2 player of both Elementary and Secondary Girls category in the Standard Individual event happened to be a male, the Selection Committee will refer to the SRAA Management.

XIII. MEDALS AT STAKE

XIII.1 Medals to be Awarded

STANDARD EVENT

INDIVIDUAL	GOLD	SILVER	BRONZE	TEAM	GOLD	SILVER	BRONZE
ELEMENTARY GIRLS	1	1	1	ELEMENTARY GIRLS	2	2	2
ELEMENTARY BOYS	1	1	1	ELEMENTARY BOYS	2	2	2
SECONDARY GIRLS	1	1	1	SECONDARY GIRLS	2	2	2
SECONDARY BOYS	1	1	1	SECONDARY BOYS	2	2	2
TOTAL	4	4	4	TOTAL	8	8	8

BLITZ EVENT

INDIVIDUAL	GOLD	SILVER	BRONZE	TEAM	GOLD	SILVER	BRONZE
ELEMENTARY GIRLS	1	1	1	ELEMENTARY GIRLS	2	2	2
ELEMENTARY BOYS	1	1	1	ELEMENTARY BOYS	2	2	2
SECONDARY GIRLS	1	1	1	SECONDARY GIRLS	2	2	2
SECONDARY BOYS	1	1	1	SECONDARY BOYS	2	2	2
TOTAL	4	4	4	TOTAL	8	8	8

Summary

GOLD	SILVER	BRONZE
24	24	24



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XIII.2 Medals to be Counted

STANDARD EVENT

BLITZ EVENT				INDIVIDUAL			TEAM		
				GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE
ELEMENTARY GIRLS				1	1	1			
ELEMENTARY BOYS				1	1	1			
TOTAL				4	4	4			
SECONDARY GIRLS				1	1	1			
SECONDARY BOYS				1	1	1			
TOTAL				4	4	4			

Summary

GOLD	SILVER	BRONZE
16	16	16

XIV. SPECIAL AWARDS

- XIV.1 Athlete. Player in every category with perfect score shall be given Best Player Award.
- XIV.2 Technical Official shall be given an award as “Most Outstanding Arbiter” based on performance and experiences.

XV. PROTEST, PENALTIES AND SANCTIONS

- XV.1 Protest shall be in writing and duly signed by the player and the coach and noted by the division PESS supervisor and shall be filed before the start of the next round of the concerned team not more than 30 minutes (standard) and 10 minutes (blitz) after the conclusion of the game in Question.
- XV.2 The event protest committee shall conduct investigation about the allegation questioning the decision or result of the game.
- XV.3 All deliberations of the appeals committee shall be presided by the tournament manager.
- XV.4 The decisions of the appeals committee on a point of the fact is final.

Appeals Committee

- | | | |
|-------------|----------------------|---------------------------------|
| Chairman: | Dr. Lloyd A. Dalayap | Tournament Manager |
| Members: | Kerr G. Barsalote | Asst. Tournament Manager |
| | Akmad Sucol | Chief Arbiter |
| | Richard Arce | Tournament Administrator –Elem. |
| | Dr. Hazel G. Aparece | Tournament Administrator –Sec. |
| | Bernard Cariaga | Pairing Database Programmer |
| | Lilibeth B. Dalayap | Tournament Secretary |
| Consultant: | Rona N. Tacot | Event Supervisor |



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XV.2 Penalties and Sanctions:

XV.2.1 Violation of this rules of chess shall be considered as an offense:

A. STANDARD

XV.2.1.1 Illegal moves

Wrong movement of piece; exposing the King to an attack; King remaining under check; capturing the opponent's King; using two hands in making a move; non-replacement of piece after pawn promotion; and pressing the clock without making a move.

Penalties

1 st offense	plus 2 minutes to the opponent's time
2 nd offense	loss of the game

XV.2.1.2 Infringement

Infringements made by a player such as: displacement of pieces on the chess board, use of force in pressing the clock & non-recording of moves shall be penalized as follows:

1 st & 2 nd offense	oral warning
3 rd offense	plus 2 minutes to the opponent's time
4 th offense	loss of the game

B. BLITZ

XV.2.1.3 Illegal moves

Wrong movement of piece; exposing the King to an attack; King remaining under check; capturing the opponent's King; using two hands in making a move; non-replacement of piece after pawn promotion; and pressing the clock without making a move.

Penalties

1 st offense	plus 1 minute to the opponent's time
2 nd offense	loss of the game

XV.2.1.4 Infringement

Infringements made by a player such as: displacement of pieces on the chess board & use of force in pressing the clock shall be penalized as follows:

1 st & 2 nd offense	oral warning
3 rd offense	plus 1 minute to the opponent's time
4 th offense	loss of the game

XV.3 Irregularities

XV.3.1 Mobile phones and other means of electronic communications are strictly prohibited inside the playing area. A player who will violate this rule shall lose his/her game.

XV.3.1 A team whose member is giving unsolicited advice or assistance to his teammate while the games are in progress shall lose their match.



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XVI. PROPOSED SCHEDULE OF THE GAME

XVI.1 Competition Proper

3

Day 1 (May 13, 2024)

OPENING CEREMONY/CEREMONIAL MOVE 4:00 PM

Day 2 (May 14, 2024)

BLITZ EVENT

Round 1	9:30 AM	Round 4	10:30 AM
Round 2	9:50 AM	Round 5	10:50 AM
Round 3	10:10 AM		

BLITZ FRIENDSHIP GAMES 2:00 PM

Day 3 May 15, 2024

STANDARD EVENT

Round 1	8:00 AM
Round 2	10:00 AM
Round 3	2:00 PM

Day 4 May 16, 2024

Round 4	8:00 AM
Round 5	10:00 AM
Awarding	2:30 PM

Day 5 May 17, 2024 **CLOSING CEREMONY**

XVII. RISK ASSESSMENT

XVII.1 Proposed Plan of Action (Please Attached Process Risk Assessment)



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Process Risk Assessment

INFORMATION			
PROCESS NAME: CHESS		PROCESS OWNER:	Region XII
CUSTOMER: Chess Players, Coaches and officiating Officials	SRAA 2024		

PROCESS RISK ASSESSMENT								
RISK/ISSUES	RISK PROBABILITY	IMPACT TO CUSTOMERS	RISK IMPACT	CORRECTION	RISK PRIORITY	OPPORTUNITIES FOR IMPROVEMENT	TIMELINE	SUCCESS INDICATORS
1. Postponement of the scheduled game due to Natural Calamities (Earthquake and Fire)	High (16)	Disrupted games	High (16)	Rescheduling of the game	256	Ensure safety of players in safe holding area	May 13-17, 2024	Awareness of safety measures



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						Psychological First Aid intervention by Medical Team		
2. Standard size of Chess Venue	High (16)	Inconvenient for playing	High (12)	The host Division should provide the standard venue requirement for the tournament	192	Smooth and convenience in the conduct of the tournament	May 13-17, 2024	Readiness of the host Division
3. Bullying among players	Medium (8)	Delay of the conduct of the game	Medium (8)	Sanction for misbehavior	64	Reminders from the Chief Arbiter prior to the succeeding game	May 13-17, 2024	Prevent bullying during game
4. Coaches are not aware on the posted results of the game.	Low (4)	Pairing will be affected	Low (4)	Prior to the next round, coaches should counter check the posted results.	16	Coaches are aware on the status ranking of the game.	May 13-17, 2024	Smooth conduct of the tournament



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XVIII. SECURITY AND SAFETY PROTOCOLS

XVIII.1 Sport Command Post. A team is composed of the following:

- XVIII.1.1 Police officer/ BPAT/ School Guards to ensure peace and order and safety of the players, coaches and officiating officials.
- XVIII.1.2 An emergency / First aiders or nurses to address health concerns of the arbiters, coaches and players should also be present during the conduct of the game.

XVIII.2 A DRRM focal person of the school shall have the following functions:

- XVIII.2.1 Supervise and enforce the policy and procedures of the safety measure set by the sports management.
- XVIII 2.2 Ensure assignment of parking attendant and usherettes.
- XVIII 2.3 Safety information dissemination of what to do during the conduct of the competition.

XVIII.3 Event Staff is in charge of the viability of the following:

- XVIII 3.1 He/she should ensure functionality of light and sound, water and sanitation, electricity, the comfort rooms and air-con unit.
- XVIII 3.2 His/ Her task is also to ensure safety of the spectators, parents and unused sports equipment. A place should be provided for the parents, coaches, spectators.
- XVIII 3.3 He/she should also impose the proper segregation of garbage in the venue.

XIX. MONITORING AND EVALUATION SYSTEM

XIX.1 Performance Assessment

- XIX.1.1 Evaluation sheet shall be provided by SRAA management and to be filled up by technical officials.
- XIX.1.2 Arbiters performance shall be assessed by the assigned evaluator using Arbiters performance sheet.

XIX.2 Narrative Report

- XIX.2.1 Competition reports shall be prepared by the assigned documenter and shall be submitted after the tournament proper to the SRAA Management.
- XIX.2.2 Chess competition publication (THE WITTY BLITZ) shall be issued during the SRAA meet.

XX. EFFECTIVITY

These technical guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

FOOTBALL

1. GENERAL RULES

- The competition shall be held in accordance with the current 2022-2023 International Football Association Board (IFAB) approved laws.
- The technical committee shall be responsible for the technical organization of the tournament. The decision thereof is final.
- Players shall wear their ID upon entering and inside the playing venue while waiting for their scheduled game.
- Official coaches and players should have their temperature check 30 minutes before their game kickoff time. If possible.
- Official coaches shall observe proper decorum during competition.
- Only the official coach is allowed to approach the match control/referee.
- Players and coaches shall always conduct themselves in a manner that shall reflect favorably upon the game as true generation.
- Players and coaches including identified team supporters, pointing dirty fingers, using profane language or any derogatory remarks addressed to the referees shall be warned, and repetition of the same offense warrant sanction. In such case, the offender may be thrown up from the vicinity of the playing venue.
- No coach, no play policy
- Coaches who failed to attend the solidarity meeting will not be allowed to coach in the entire tournament unless a valid reason will be presented subject to validation by DSO. A team with expelled coach (received a red card) can continue play in the presence of team captain.

2. SPECIFIC RULES

2.1 Participants

- 2.1.1. Maximum of 18 qualified players for each team, with 1 qualified coach.
- 2.1.2. A match is played by two teams, each consisting of not more than eleven (11) players including the goalkeeper. A match shall not start if either team has fewer than seven (7) players, (10 minutes grace period applies)

2.2 Entries and Team Information

- 2.2.1 Each team shall wear its division outfit as declared in the final registration form during the coaches/team managers solidarity meeting.
- 2.2.2 The goalkeeper must wear a jersey that has a color different from the rest of the team colors. (If the goalkeeper is used as a field player, he should also wear the same uniform as that of his being a goalkeeper jersey. The player's assigned numbers must be of contrasting colors from the jersey and should be either sew or printed.)



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- 2.2.3 Player shall play using his/her jersey bearing the originally registered number.
- 2.2.4 Under no circumstances will players be allowed to play with numbers not properly sew or printed on the jersey. A layer may not use a number different from his/her original registered one. Any team found guilty of infringing these rules shall be subject to disciplinary action.
- 2.2.5 Players are required to wear their complete uniform:
- Official jersey (first outfit)
 - Second outfit (if available) without any political advertisement
 - Long socks
 - Shin guards
 - Undergarments should be of the same color with the sleeves and short pants.
 - Football shoes (Barefoot athletes will not be allowed to play).
1. The captain of the team is required to wear an armband around his/her left arm for identity.

2.3 How to Win a Game/Set / Match

- 2.3.1. Playing time shall be two (2) periods of 25 minutes each with an interval of 5 minutes for elementary and two (2) periods of 30 minutes each with an interval of 5 minutes for the secondary.

2.4 Conduct of Competition

2.4.1 Groupings / Bracketing

Group A	Group B
1	2
4	3
5	6
8	7

- 2.4.2 Team line-up must be the same as the official approved Screening and Accreditation Committee.
- 2.4.3 Prior to the start of the match, the fourth official shall distribute the team line-up forms (Players Starting List) to the respective teams.
- 2.4.4 The forms must be properly accomplished and bear the signature of the head coach before it is returned to the fourth official.
- 2.4.5 No more than 7 players may be accomplished and signed by the coach before any substitution of a player could be made. 3 substitution opportunities per team shall be applied. A substitution during interval will not be counted as substitution opportunity.
- 2.4.6 The substitution forms must be accomplished and signed by the coach before any substitution of a player could be made. 3 substitution opportunities per team shall be applied. A substitution during interval will not be counted as substitution opportunity.
- 2.4.7 The incoming player must then submit this form to the fourth official of the match before he/she is allowed to enter in the field of play.
- 2.4.8 Any player who is substituted cannot re-enter the same match.



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2.4.9 No official coach during the match, NO PLAY.

2.5. Competition format

- 2.5.1 Teams will be group by 4 in each bracket depending on the member of entries playing single round robin in the number of entries playing single round robin in the elimination rounds.
- 2.5.2 Top 2 teams of every bracket will qualify in the semifinal playing cross over single elimination, losers will play for 3rd and 4th, winners will play the championship.
- 2.5.3 If draw exists after the duration of match in the semifinal round and in 3rd and 4th placement. 5 kicks from the penalty mark will be used to determine the winner, the same will applied to the 1st and 2nd placement or the final/championship match.

2.6. Participants Conduct

- 2.6.1. Team should be at the venue at least thirty (30) minutes before the scheduled time and should be already warmed up five (5) minutes before the time while equipment to be used are being inspected.
- 2.6.2. A grace period of ten (10) minutes shall be given to the non-appearing team after the scheduled playing time. Non-appearing of team after the grace period will automatically forfeit its game with a score of 3-0 and decide on further sanctions.

2.7. TECHNICAL AREA

Only the following duly accredited persons are authorized to sit on the substitutes' bench;

- Maximum of 7 substitutes/substituted players
- A suspended player is allowed to sit on the bench.
- Only the official coach is allowed to sit on the bench.

2.7.1. PLAYERS CAUTION OR DISMISSED FROM FIELD OF PLAY

1. A player who receives two (2) cautions (yellow card) shall automatically be suspended from the match following the match in which he received the second cautioned card.
2. A player expelled (red card) from the field of play by the referee shall be suspended for the next month.
3. Disciplinary measures such as caution, expulsion of players and officials shall be carried to the championship game.
4. After serving a suspension imposed on a player, he is allowed to play in the succeeding match, however if a player receives a yellow card in match, he will be suspended in the next match due to previous red card sanction. However, if a player receives 2 yellow cards or red card in a match, the player will not be allowed to participate in the whole duration of the tournament.
5. Any player guilty of initiating a mass confrontation or a fistfight with opponents/teammates are disqualified from participation from the tournament.



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Coaches who are expelled from the match are given two game suspension. If an expelled coach will not remove himself/herself from the play (an ample time will be given- maximum 10 minutes) the team will loss the match (3-0) if no score. It his/her team is leading will loss 3-0 to opponents.

2.7.2. WARMING UP BEFORE AND DURING THE MATCH

1. Depending on the weather and the condition of the playing field (to be decided on by the Tournament Manager), the teams will be allowed to warm up on the half of the pitch closes to their respective team bench.
2. During actual play:
 - A maximum of 7 players from each team may warm-up at the same time, but without the ball.
 - Only goalkeeper is allowed to warm-up with ball;
 - Not more than one (1) technician are allowed to accompany the 7 players during the warm-up.

2.7.7. LIQUID INTAKE DURING THE COURSE OF PLAY

Because the balance of the water in the body is essential for health, IFAB actively encourages players to drink liquid in the match. The following rules must observe so as to avoid disorderliness in the field and possible to injury.

- Bottled glass and any drinking materials that can cause danger to both teams are prohibited;
- Liquid may be taken during the play and stoppage of play;
- Drinks must be contained in plastic bottles and handed to the player/s at the touch lines, one meter away.

2.7.8. ABANDONMENT

Abandonment of Matches

- If a match has to be suspended as a result of any incident (walkout by the team, lack of order from spectator/s who invade the field of play), the tournament manager must decide, within 1 hour of such incident to determine the action to be taken. Teams that abandoned the match are disqualified from the tournament.
- Should it be necessary to award a match to one team, three (3) points shall be awarded in the ranking with a score of 3-0 or higher depending on the score at the time of stoppage showed a greater number of goals for he team to be declared the winner.

2.7.9. DRESS CODE FOR COACHES

- Division Uniforms or Pants with T-Shirts
- Leather or rubber shoes

2.8. DETERMINATION OF WINNERS

2.8.1. To determine team ranking, the following criteria will be used:

1. Ranking (win-3pts, draw-1pt., loss-0)
2. In case of tie, the following will be use:
 - Goal difference



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- Goal scored
- Win over the other
- Lesser number of yellow cards
- Toss coin

3 MISCELLANEOUS / PROVISION

3.1. PROTEST/COMPLAINS

3.1.1. All protest should be in written form duly signed by the coach and noted by the Division Sports Coordinator and must be handed to the Tournament Manager within one (1) hour after the match.

3.1.2. No protest will be entertained regarding eligibility of players.

3.1.3. No protest will be entertained regarding judgement calls of the referee. Only technicalities of the game may be protested.

- THOSE NOT COVERED BY THIS TOURNAMENT GUIDELINES, THE 2022/2023 IFAB LAWS will apply.

NOTE: In any case, in a free for all where the referee cannot identify the players who started the fight, this rule shall take effect:

Any match concerned: both teams will lose the game and will be banned from participating for the rest of the tournament.

4 PROLONGE INTERRUPTION

Interrupted matches even if it exceeds for four hours and played in another venue, match shall continue with the same score, time remaining and players.

5 UNFORSEEN PROVISIONS

As regards the specific items not expressly foreseen in this regulation, the Tournament Manager will decide in consultation with the general rules and guidelines contained in the 2022/2023 IFAB Laws of the Game and the Palarong Pambansa Rules and Regulations.



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2024 SRAA MEET TECHNICAL GUIDELINES

FUTSAL

I. RULES AND REGULATIONS

The competition shall be known as SRAA MEET 2024 U18 GIRLS FUTSAL TOURNAMENT

II. ELIGIBILITY

RSAC rules regarding age eligibility and qualification of athletes and accreditation/qualification of coaches shall strictly follow.

III. COMPOSITION OF CONTINGENT

1. Maximum of 12 players on a team (5 field players and one (1) of whom shall be a goal player.
2. 1 Coach. 1 chaperone (if applicable)
3. No Trainer is allowed to be in the delegation bench.

IV. DISQUALIFICATION

Those that are not accredited by RSAC shall not be allowed to play throughout the tournament.

V. PLAYER EQUIPMENTS

1. All players jersey number must be only from 1-12.
2. Same number shall be used by the player throughout the SRAA Meet 2024 game duration.
3. All players in the bench must wear bibs of different color from their playing uniform and to their opponents.
4. Division designated uniform must be worn.
5. Sponsors uniform is not allowed.
6. Long socks
7. Shin guards (no shin guard no play)
8. Futsal shoes or rubber sole (multi spikes shoes are not allowed)
9. In the event that both teams do not have spare/second outfits, one of the teams should wear their bibs with a toss coin who decides to wear bibs.
10. The goalkeeper must wear a jersey that has a color different from the rest of the team colors and the match officials.

VI. PROTEST PENALTIES AND SANCTIONS

A. PROTEST

1. All protest should be in written from duly signed by the coach and noted by the Head of the Delegation and must be handed over the Tournament Manager within (1) hour after the match.
2. No protest will be entertained regarding judgment calls of the referee. Only technicalities of the game may be protested.



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B. PLAYERS CAUTIONED OR DISMISSED FROM THE FIELD OF PLAY

1. A player who receives two (2) cautions (yellow card) shall automatically be suspended from the match following the match in which he received the second caution card.
2. A player who receive a red card in a game shall be expelled from the pitch by the referee shall be suspended for the next match and a **2-minute lock down rule before replacement.**
3. All cards shall be carried over all throughout the tournament.
4. A player who receives 2 red cards shall no longer be allowed to participate in the tournament.
5. In case of a free for all both teams will forfeit the game.

A. APPEARANCE OF THE TEAM

1. Team should be at the venue at least 30 minutes before the scheduled time and should be already worked up five (5) minutes before the time while equipment to be used are being inspected.
2. b. A grace period of (15) minutes shall be given to the non-appearing of team after the schedule playing time non- appearance of team after the grace period will automatically forfeit its game with a score of 1-0 (3 points) and Tournament Committee will meet immediately to decide a further sanction. The law of immediate succession shall be observed. Inspection of each athlete's gallery must be done before the start of any game.

VII. CONDUCT OF THE TOURNAMENT
TOURNAMENT FORMAT

1. Teams will be group by 2 in a bracket, playing single round robin in the elimination rounds.
2. Top 2 teams in each bracket will be playing in the semi-final round playing cross-over.
3. Bracket A top team versus runner-up bracket B team, Bracket B top team versus runner-up bracket A team.
4. For the 3rd and 4th placement in case of tie 3 kicks from the penalty mark will be used to determine the winner, during the championship game in case of tie an extension of 5 minutes per half without interval will be used, if it is still a tie 3 kicks from the penalty mark will be used to determine the winner.

DETERMINING THE RANKING

- Win - 3 points
- Draw - 1 point
- Loss - 0 point
- A defaulted game has a score of 1-0

In case of tie in the ranking, the following rules shall apply:

- Goal difference
- Greater number of goals



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- Win over the other
- Toss coin

NUMBER OF PARTICIPANTS / PLAYERS

1. Maximum of 12 players on a team (5 field players and one (1) of whom shall be a goal player.
2. Maximum of 7 substitutes can be used in a game
3. Flying substitution shall apply
4. A match shall not start if either team has less than 3 players

VIII. DURATION OF THE MATCH

1. The match will consist of two halves of 20 minutes per half (running time).
2. A halftime interval of not more than 5 minutes.
3. Each team is entitled to 1 timeout per half. Unused timeout cannot be carried over as additional timeout to the next half.

IX. Those other rules that are mentioned in these guideline FIFA Laws of the Game will apply.

X. EFFECTIVITY

These technical guidelines shall take effect upon the approval of the Regional Director.

2024 SRAA MEET TECHNICAL GUIDELINES

AEROBIC GYMNASTICS



Address: Regional Center, Brgy. Carpenter Hill, City of Koronadal
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Website: depedroxii.org



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I. RULES and REGULATIONS

The Federation Internationale de Gymnastique (FIG) Code of Points 2022-2024, Updated Version, and Palarong Pambansa 2023 Technical Guidelines will be used in 2024 SOCCSKSARGEN Regional Athletic Association (SRAA) Meet. Gymnastics competition in consonance with the FIG Appendix to the COP, Technical Regulations, and Statutes the Aerobic Gymnastics will observe the FIG World Age Group Competition Programme with some modification in Elementary and Secondary levels, respectively.

Provision: all updates, errata, newsletters, and the like that are released by the FIG will be adapted as they are announced in effect. These changes will propose to DepEd Palara Board subject for approval.

II. ELIGIBILITY

a. The NSAC Rules for eligibility shall apply:

- Age
- The gymnast's age eligibility will be based on age on the cut-off date which is in the year of competition.
- Residency
- Appeal

III. COMPOSITION OF CONTINGENT

a. Each region/team shall compose of two (2) gymnasts per gender and category.

DISCIPLINE	GENDER	NO. OF GYMNASTS	COACH	CHAPERON
AEROBIC GYMNASTICS	BOYS	ELEMENTARY	1	1
	GIRLS	ELEMENTARY		
	BOYS	SECONDARY	1	1
	GIRLS	SECONDARY		

b. 1 Coach per category (Elementary and Secondary)

c. 1 Chaperone per category except for Boys

IV. DISQUALIFICATION

- a. The athlete who did not qualify in the eligibility rules of NSAC.
- b. The athlete proved to have knowingly broken any DepEd and GAP rules and regulations.
- c. Unsportsmanlike
- d. Disruptive Behavior of Coach

A coach who is found guilty of harassing or causing undue trouble *with or without direct* impact on the result/performance of the gymnasts/team will be given the ff. sanctions:

- Unsportsmanlike conduct, other flagrant and undisciplined behavior.



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- 1st time: Yellow card for coach (warning)
- 2nd time: Red Card or removal of coach from competition/training area.
- Unexcused delay or interruption, speaking to active judges during the competition, speaking directly to gymnasts, give signals, shouts/cheers during the exercise, etc.
- 1st time: -0.50 (from gymnast/team at event) & Yellow card to coach.
- 1st time: -1.00 (from gymnast/team at event) & Yellow card to coach who speaks aggressively to active coaches.
- 2nd time: 1.00 (from gymnast/team at event) & Red card & removal of coach from competition area.
- Incorrect presence of prescribed persons in inner circle during competition/ and or in the preparation of the apparatus.
- 1.00 (from gymnast/team at event) & immediate red card & removal of coach from competition floor.
(FIG Table of Faults and Penalties shall be followed)
- The use of flash when taking pictures is *NOT allowed*. First offense will be issued a yellow card/warning and second offense will be issued a red card and will be escorted out of the competition venue immediately.
- There are serious breaches of the FIG Statutes, Technical Regulations and/or Code of Points and if there is a Walk-over.

V. SPORTS EVENTS / DISCIPLINES

c. COMPETITION PROGRAM FOR AEROBIC GYMNASTICS

The program for Aerobic Gymnastics in SRAA 2024.

AEROBIC GYMNASTIC				
Competition Structure				
Category	Age	Events/Categories	Exercise Routine	Number of Athletes
Elementary	The gymnast's age eligibility will be based on age on the cut-off date which is in the year of Palarong Pambansa competition	Individual Men (IM) Individually Women (IW) Mixed Pair (MP) Trio (TR) Aerobic Dance (AD)	FIG World Age Group Competition Programme & COP May 2022 Edition	4
Secondary	The gymnast's age eligibility	Individual Men (IM) Individually Women (IW)	FIG World Age Group Competition	4



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	will be based on age on the cut-off date which is in the year of Palarong Pambansa competition	Mixed Pair (MP) Trio (TR) Aerobic Dance (AD)	Programme & COP May 2022 Edition	
- Individual Men	IM (1 male competitor)			
- Individual Women	IW (1 female competitor)			
- Mixed Pairs	MP (1 male competitor and 1 female competitor)			
- Trio	TR (3 competitors of optional gender)			
- Aerobic Dance	AD (8 competitors, mixed of (4) Elementary and (4) Secondary)			
*The participation is limited to 2 units per division in each category except Trio and AER Dance.				

VI. CATEGORIES

- Follow the Revised Eligibility Requirements and Guidelines for the Screening and Accreditation of Athletes, Coaches, and Chaperones in the Division, Regional, and Palarong Pambansa.

VII. PLAYING AREA AND EQUIPMENT

The podium on for Aerobic Gymnastics is no less than 14m x 14m in size.

The competition floor must be 12m x 12m. It must have a clearly marked competition area of 10m x 10m for the all events/categories for Secondary Level, Elementary Mixed Pair, Elementary Trio and Aerodance categories. The 7m x 7m will be used for Elementary Individual Men and Individual Women category. The tape measuring 5 cm is included within the measurements of the competition area. Only floors with a current valid FIG Certificate can be used at competitions.

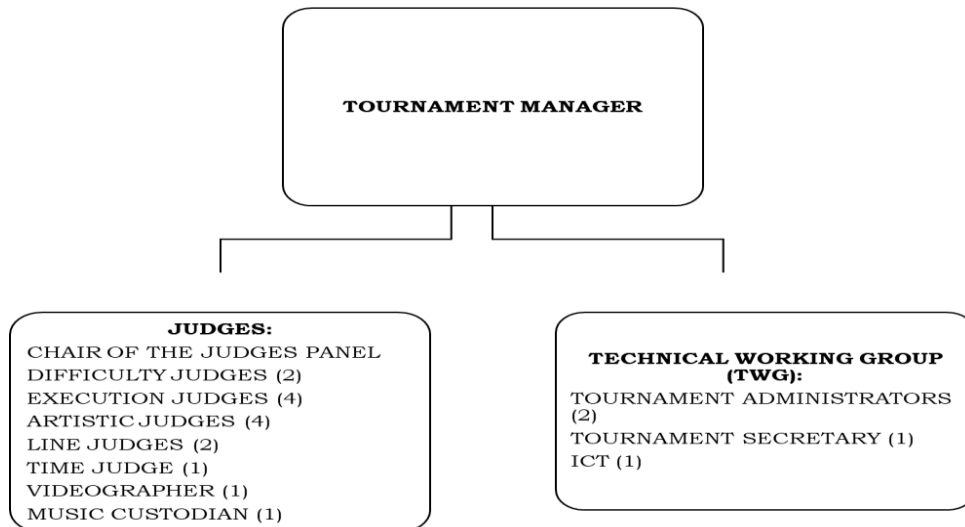
VIII. OFFICIALS

- Only DepEd Regional Accredited Officials are allowed to officiate in the SOCCSKSARGEN Regional Athletic Association (SRAA) Meet
- He / She must be Physically Fit.
- Must comply with the age requirement of DepEd Palarong Pambansa Guidelines.



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IX. ORGANIZATIONAL STRUCTURE



Position	Number of Judges
Superior Jury	1
Chair of Judges' Panel	1
Tournament Secretary	1
E-Jury (Execution)	6
A-Jury (Artistry)	6
D-Jury (Difficulty)	2
Line Judges	2
Time Jury	1
Music Custodian	1
Videographer	1
TOTAL	22

Terms of Reference

a. *Tournament Director*

- Formulate standards for competition, playing venues and management of tournaments in the Regional Meet and lower meets.
- Develop technical guidelines of their respective sports.
- Participate/attend to activities relative to the conduct of 2024 Regional Meet a such as meeting and organizational planning.
- Ensure the readiness and preparedness for playing venues.



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- Oversee the conduct of the 2024 SOCCSKSARGEN Regional Athletic Association (SRAA) Meet.

b. Tournament Secretary

- Secure the supplies and other equipment for the competition.

c. Superior Jury

- To deal with any breaches of discipline or any extraordinary circumstances affecting the conduct of the competition.
- To assess a grave error of judgement on the part of one, or several, judges and to take such action as they consider necessary.
- To review the scores awarded by the judges and to issue a warning to any judge whose work is considered to be unsatisfactory or showing partiality.
- To remove and replace any judge who disregarded a previous warning.
- To take the final decision about inquiries as per Art. 8.4.
 - Superior Jury is responsible for controlling the work of all judges and the Chair of Judges Panel according to the rules and to guarantee a correct publication of the final scores. It registers the deviations of the judges' scores.
 - If there are repeated deviations, the Superior Jury has the right to warn or replace a judge with reserved judge.

d. D-Jury

- Record the whole routine (all difficulty elements and the lift)
- Count the number of difficulty elements and give the values.
- Apply Difficulty deductions.
- Evaluate the lift in agreement with the Chair of Judges panel.

e. E-Jury

- Evaluates the technical skills of elements (Difficulty and Acrobatic), AMP, transition and linking, lift, partnership and collaboration, and synchronization.

f. Chair of Judges Panel

- Records routine performed in same way as D-Judges.
- Gives the value of the required lift after consultation with the D judges.
- Controls the judges' work as determined in the Technical Regulations.
- Deducts from total score for infringements according to the Code of Points.
- Checks E- scores and A- scores for logic and approaches judge with significant deviation from expectation or when the scores are impossible to justify and consider a change of mark (the judge is allowed to refuse).
- Releases Scores: After allowing time for the SJ to intervene if necessary. (10 seconds)
- Once the scores are released to the public, no change is possible except in the case of incorrect score display or inquiry.



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- Make decision for lifts, prohibited moves, interruption or stop performance, time infractions, time faults, falling to appear on stage within 20 seconds, presentation fault, attire errors.
- Give penalties and warnings in presence in prohibited area, improper behavior and manners, national tracksuit not being worn during opening and closing ceremonies, competition attire not being worn during medal ceremony.

g. A-Jury

- The A- judge evaluates the CHOREOGRAPHY (Total 10 points) of the routine based on the criteria.

h. Line Judges

- - The line faults are checked by the Line Judges placed diagonally in 2 of the 4 corners of the stage.
- - Each judge is responsible for two lines.
- - Each line fault is 0.1 each time.

i. Time Judge

- For Aerobic Gymnastics, time the late appearance or walk-over, time fault, time infraction, interruption and/or stop of the performance.

j. Judge Secretaries

- The secretaries need to have knowledge in the Code of Points and computer.
- They are usually appointed by the Organizing Committee under the supervision of the Superior Jury.
- They are responsible for the accuracy of all entries into the computers, adherence to the correct order of the teams and gymnasts, operating the green and red lights or flags, and correct flashing of the Final Score.

k. Tabulator

- Responsible for encoding of scores and flashing the Final Scores.

l. Music Custodian

- In-charge of music of all the participants and order of performance.

m. VIDEOGRAPHER

- record the performances during the competition using camera and audio equipment for future reference.

n. Announcer

- Introduce the gymnast before the start of the performance.
- Facilitate the opening, closing, and awarding ceremonies.



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- Informing the audience of what is coming on in the future. They describe changes to programs and sometimes interrupt broadcasts with urgent news or apologies for faults.

X. PROTEST, PENALTIES AND SANCTIONS

No protest allowed. Only official coach will be allowed to ask queries.

Queries

- Verification of scores must be done by the Official Head Coach in writing and submitted right after the announcement of the gymnast's score. This should be addressed only to the Tournament Manager.
- Only queries about the DV Score, review line and time penalties will be entertained. Comparison of scores with the scores of other gymnasts will not also be entertained.
- Validity of the scores (FIG Technical Regulations, Section 1, Art. 8.4) – in cases where the scores announced/ flashed differs from what is in the official computer tabulation of the Judge Secretary, the scores registered in the computer of the Judge Secretary prevails.
- Inquiries of the score (FIG Technical Regulations, Section 1, Art. 8.5) – inquiries on the Difficulty Score are allowed, however, inquiries on the execution score is not allowed.
- Submission of Queries (written) should be within four (4) minutes right after the score is flashed.
- Judges' decision is final. (Based on the FIG COP)

XI. CONDUCT OF THE COMPETITION

AEROBIC GYMNASTICS QUALIFYING ROUNDS AND FINALS

Number of Participants in the Qualifying Rounds

The maximum number for the Qualifying Rounds is:

- two per category per region for IM, IW, and MP
- one per region for TR and AER Dance.

Number of Participants in the Finals

The eight best scores of all categories may participate in the finals.

Training Area

A training hall is available to the competitors 2 days prior to the start of the competition. It is equipped with appropriate sound equipment and a full-size competition floor. Access to the floor is given by a rotation schedule set up by the LOC and approved by the Aerobic Gymnastics Technical Committee.

Waiting Area



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A designated area connected to the Podium is referred to as the Waiting Area. It is only to be used by the competitors and their coaches of the next two starts. The area is not allowed to be used by any other person.

Restrictions

Competitors, coaches, and all unauthorized persons are restricted from entering the waiting area during competition, except when called by an official of the OC or the FIG.

Coaches have to remain in the Waiting Area while their competitors are competing. Coaches, competitors, and all unauthorized persons are restricted from entering the judging area. Disregard of these restrictions may lead to the disqualification of the competitor by the Superior Jury.

Technical / Orientation Meeting

It is mandatory for all coaches to be present in the Technical / Orientation Meeting. At this meeting, all information concerning the detailed organization of the competition will be given by the Tournament Manager.

The qualification system identifies individuals participating in the event and indicates that these individuals are permitted access. There will be access control at the entrance to each area. All participants are required to wear ID Cards at all times in the competition venue.

Coaches must check the names, categories, and competitors' music CDs. The Technical / Orientation Meeting will be held in _____.

Music

Upon arrival, the delegation must deliver two CDs or USB stick to the OC as per the norms given in the FIG Code of Points. The following information must be written on the CDs:

- Division
- Name of competitor
- Category (IM / IW / MP /TR / AER DANCE)
- Title of the music
- The composer(s) of the music used.

The Head of Delegation or the Coach must sign two forms on behalf of the competitor(s)

- The approval of the technical criteria of playing the CDs or USB stick by the OC
- The confirmation that the music used does not violate any copyrights and that it can be broadcasted within sports.

For training in the training venue, the competitor(s) will have to bring their personal (third) copy of the music CDs or USB stick.



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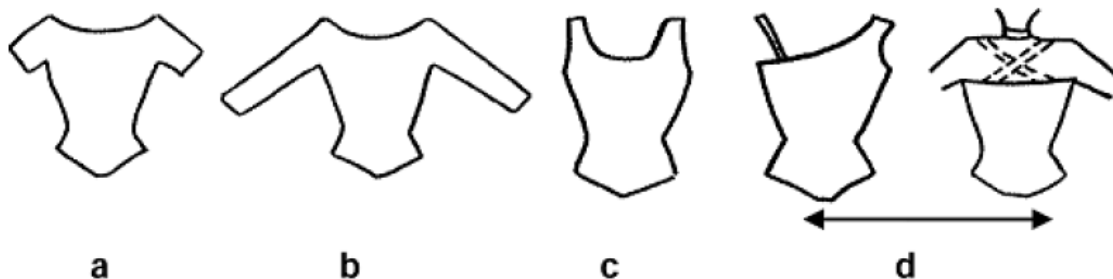
Dress Code

The competitors dress must demonstrate that it subscribes to the sport profile of a Gymnastics discipline. A neat and proper athletic appearance should be the overall impression.

Attire violating any description written in the Dress Code will be deducted by CJP (-0.2 point each time for different criteria).

WOMEN'S ATTIRE

- Women must wear a one-piece leotard with flesh colored or transparent tights or a full-length unitard (one-piece leotard from neck to ankle).
- Different types of sequins are allowed.
- The neckline of the front and back of the leotard/unitard must be no further than half of the sternum for the front and no further than the lower line of the shoulder blades for the back.
- The cut of the leotard at the top of the legs must not go higher than the waist and the outside seam must pass through the crest of ilium. The leotard must cover the crotch completely.
- Attire for women may be with or without long sleeves (1 or 2 sleeves). Long sleeves end maximum at the wrist. Transparent material allowed for sleeves.



The examples shown “a to c” represent the same front and back of the leotard. The example “d” is the same leotard showing the front and the back.

MEN'S ATTIRE

- Men must wear 2 pieces (short or long pants and a form fitting top) or full-length unitard. Shorts/pants/trousers must not be skin-tight.
- Short pants must cover 1/3 of the thigh length from hip joint.
- The attire must not have an open cut at the front or back.
- The armhole must not be cut below shoulder blades (scapular).

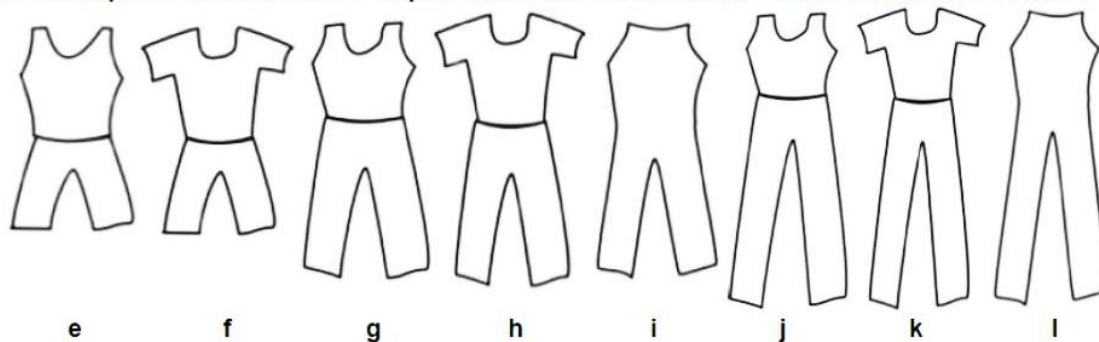


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- Any kind of SEQUINS for Men's Attire is not allowed.
- 3/4 leggings, long gymnastics trousers (leotard + trousers), 1-piece combi-trousers are allowed.

Examples for MEN

The examples shown "e to l" represents the same front and back of the leotard.



CORRECT ATTIRE:

- Correct support must be worn.
- Hair must be secured to the head.
- The competitors must wear white aerobics shoes and optional white socks.
- Make-up must be only for women and used sparingly.
- Loose and additional items to the attire are not allowed.
- Jewelry must not be worn.
- Torn or ripped costume or undergarments must not be shown during a performance.
- Aerobics attire must be in non-transparent material, except for sleeves for women.
- Attire depicting war, violence or religious themes is forbidden.
- Body paint is not allowed.
- Only skin color taping is allowed (no braces/grips).
- Leotards that are almost all skin colored (see Glossary) are not allowed. It appears as nudity on TV.

Uniform: (WARNING BY CJP):

All competitors must wear their official national tracksuit at the Opening and Closing Ceremony and competition attire for Medal Award ceremonies. (see FIG T.R. section 1, Art. 9.3.3)

Competition Attire for Muslim Participants

All participants from BARMM or Muslim participants from other regions can wear jazz pants, jogging pants, hijab, or any comfortable



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attire that will not violate the Muslim teachings.

Late Appearance on the Competition Area and Walk Over

Should a competitor fail to appear on stage within 20 seconds after being called, a deduction of 0.5 point will be made by the Chair of the Judges Panel. Should a competitor fail to appear on stage within 60 seconds after being called, the start will be deemed as a Walk Over. Upon announcement of such a Walk Over the competitor loses his right to participate in the category in question.

In case of EXTRAORDINARY CIRCUMSTANCES, refer to chapter 1, COP 2022-2024.

Training Warm-Up

Training sessions will begin on _____ and the official training venue is at General Santos City.

The training schedule will be made according to the arrival time of each delegation and will be handed to the Heads of Delegation upon registration.

Access to the competition hall and the training venue will be given only to the members of the delegation wearing their ID and only during their respective training time.

Judges' Meeting

All members of the judging panel are obliged to attend all meetings, briefings, and debriefings as per FIG COP 1.2.b. Briefings will take place before every competition and is compulsory to all appointed judges and reserves.

Judges' Briefing will take place on _____ from _____ at the _____.

Drawing of Lots for Judges / Starting Order

A draw will decide the starting order of the competition. Lots will be drawn in the presence of the Coaches and Technical officials. The drawing of lots will take place during the coaches' and technical meeting. The lots shall be drawn by a "neutral" person or by computer.

Display of Scores and Distribution of Results

The scores of the juries and final results will be published on a display screen.

A detailed list of results, including all judges' marks, will be distributed to the Heads of Delegation after the Finals.



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COMPETITION PROGRAMME

	ELEMENTARY LEVEL	SECONDARY LEVEL
AGE	DepEd Palarong Pambansa Eligibility Guidelines	
CATEGORIES	IM, IW, MP, TR, AER DANCE	IM, IW, MP, TR, AER DANCE
EXCEPTIONS	No 1 arm support	
MUSIC LENGTH	1 minute 15 seconds (+/- 5sec)	1 minute 20 seconds (+/- 5sec)
DIFFICULTY ELEMENTS	Maximum 7 elements IM: Family 4 is NOT compulsory Family 8 is NOT allowed.	Maximum 7 elements Must perform minimum of 4 families. IM: same rule as Senior
ACROBATIC ELEMENTS (No repetition)	2 Elements from A1 to A4 (optional)	2 elements from A1 to A5 (optional) No repetition and Salto 360° without twist ONLY. <IM / IW> 1 combination of Acrobatic Elements (A+A) allowed and will be counted as 1 combination.
COMBINATION OF DIFFERENT ELEMENTS	2 diff elements or diff/Acro elements allowed. (A+D / D+D / D+A)	2 diff elements or diff/Acro elements including Compulsory elements allowed. (A+D / D+D / D+A)
TOTAL COMBINATION SET ALLOWED	Maximum 1 set of combination (A+D / D+D / D+A)	Maximum 1 set of combination (A+D / D+D / D+A) IM/IW: include A+A
COMPULSORY ELEMENTS (MP/TR: must perform the same compulsory element at the same time)	4 Elements • Combination of Compulsory elements not allowed. ① Helicopter ② Straddle or L- Support (max to 1/1turn) ③ Tuck Jump 1/1 turn ④ 2/1 turn	7 elements • Combination of compulsory elements allowed. ① 0.8 value (optional): Maximum 1 element ② 0.7 value: Minimum 1 and maximum 2 elements



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	<ul style="list-style-type: none"> Group B & C: If performed with incomplete rotation <p>(as in the CoP), Downgraded and Missing Compulsory deduction will apply.</p>	③ 0.6 value or lower: 4, 5 or 6 elements <ul style="list-style-type: none"> If no element from 0.7 value, it will be a deduction for Missing Compulsory including downgraded.
ELEMENTS ALLOWED VALUE	0.2 – 0.6	0.2 – 0.8
PUSH UP SPLIT LANDING (Difficulty Elements (Group B / Acrobatic Elements)	<IM> <ul style="list-style-type: none"> Maximum 1 element landing to PU. No Split landing elements < IW/MP/TR/GR > <ul style="list-style-type: none"> Maximum 1 element landing to PU OR <ul style="list-style-type: none"> Maximum 1 element landing to Split 	<IM> <ul style="list-style-type: none"> Maximum 2 element landing in PU No Split landing elements <IW/MP/TR> <ul style="list-style-type: none"> Maximum 1 element landing in PU OR <ul style="list-style-type: none"> Maximum 1 element landing in Split
COLLABORATIONS	Minimum of 2 collaborations	Minimum of 3 collaborations
ATTIRE	FIG Code of Points (LIGTHT make-up)	FIG Code of Points
JUDGES' PANEL	For National Development: 2-4 A-Jury, 2-4 E-Jury, 1-2 D-Jury, 2 L-Jury, 1 T-Jury, 1 CJP According to the FIG Judges rules, the FIG Technical Regulations, the Aerobic Gymnastics Code of Points.	
TEAM RANKING	There will be a team ranking for both categories.	

DEDUCTIONS		
	ELEMENTARY LEVEL	SECONDARY LEVEL
Difficulty Deductions (-0.5 each time)	<ul style="list-style-type: none"> More than 7 elements Compulsory elements: missing or in any combination or not at the same time Elements with 0.7 or more 	<ul style="list-style-type: none"> More than 7 elements Less than 4 families Missing Compulsory: Not performing 1 element of 0.7 value Elements with 0,9 value or more



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	<ul style="list-style-type: none"> Performing elements not allowed More than 1 jump element landing to PU or split More set of combination of elements allowed <p>(D+D, D+A, A+D)</p> <ul style="list-style-type: none"> Combination of 3 elements Repetition of an element 	<ul style="list-style-type: none"> Performing elements not allowed (IM: Family 8) IM: Missing Family 4 IM; More than 2 PU landing IM; Split landing (Group B) IW, MP, TR; More than 1 Split landing IW, MP, TR: More than 1 PU landing Combination of 3 elements More set of combination of elements allowed (D+D, D+A, A+D, A+A) Repetition of an element
CJP Deduction (-0.5 each time)	<ul style="list-style-type: none"> Performing Acrobatic elements (A5) without collaboration Performing more than 2 Acrobatic elements and or in combination Acro elements (A5) landing without support / help from partners in collaboration Performing Prohibited moves 	<ul style="list-style-type: none"> Performing Salto 360° with twist Performing more than 2 Acrobatic elements IM: Acrobatic elements landing in Splits MP/TR: Combination of Acro elements Acrobatic elements (A5) landing without support / help from partners in collaboration Performing Prohibited moves

AEROBIC DANCE

EVENTS	AEROBOC DANCE
DEFINITION	<p style="text-align: center;">COMBINED (4) ELEMENTARY AND (4) SECONDARY</p> <p style="text-align: center;">Group Choreography of 8 competitors (male/female/mixed), utilizing the Aerobic movements in Dance Style.</p> <ul style="list-style-type: none"> The Choreography must have a "THEME" and must express within the choreography. The routine must include 32 to 64 counts of 2nd style (Any Style of Dance are allowed) that is different from the rest of the choreography.



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	<ul style="list-style-type: none"> • One of the important aspects is the SYNCHRONIZATION of all members as a unit. • The routine may include acrobatic and/or difficulty elements, but they will not receive any value.
AGE	DepEd Palarong Pambansa Eligibility Guidelines
CATEGORIES	AER DANCE
COLLABORATION	Must show minimum of 3 collaborations in the whole routine.
MUSIC LENGTH	1 minute 20 sec. (+/- 5sec)
ACROBATIC ELEMENTS (No repetition of Acrobatic Element)	<p>The routine may include movements from other disciplines (without excessive use) well integrated into the Choreography.</p> <p>Only A-1 to A-4 Acrobatic element is allowed to perform. A-5 is not allowed to perform except in the collaboration but must land with partner(s) support/help.</p> <p>If A-5 is performed without collaboration, it will be considered as a prohibited move.</p> <p>If all 8 competitors perform the Acrobatic element, this must be performed at the same time with the same element.</p>
COMBINATION OF DIFFERENT ELEMENTS ACROBATIC ELEMENTS AND DEDUCTIONS	<ul style="list-style-type: none"> • Maximum of 2 Acrobatic Elements in combination (=set) may be performed but must perform at the same time. <p>Examples: Round off + flic flac + salto = DEDUCTION Round off + salto = NO DEDUCTION</p> <ul style="list-style-type: none"> • Combination of 2 Acrobatic Elements (A+A) is allowed in the whole routine. <p>More than 2 acrobatic elements performed in combination (=sets): -0.5 each time. More than 2 acrobatic combinations (sets) in the whole routine -0.5 each time.</p>
COMPETITION SPACE	10m x 10m: AER DANCE
DANCE CONTENT	In the Dance Content, dance movements are evaluated throughout the routine, including the 2nd style. If the 2nd style is not included or not recognizable or not



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	STREET DANCE, maximum in Dance Content is 1.1 (Unacceptable). The dance content must have high correlations with the theme and the style of the music. It is recommended to show high level of creativity in the dance content, especially by using the music style and accents, but without repetitions. The second style must be clearly different from the rest of the choreography and must show high degree of creativity.
PUSH UP SPLIT LANDING	Maximum 1 JUMP landing in SPLIT Maximum 1 JUMP landing in PUSH UP
LIFT	1(optional), no value
ATTIRE	FIG Code of Points
JUDGES' PANEL	2-4 A-Jury, 2-4 E-Jury, 2-D Jury, 2-L- Jury, 1- CJP According to the FIG Judges rules, the FIG Technical Regulations, the Aerobic Gymnastics code of points.
TEAM RANKING	There will be a team ranking for both categories (Elementary and Secondary)

XII. DETERMINATION OF WINNER

WINNER

The gymnast who gets the highest score wins the event. In case of ties the FIG Rule in breaking of tie shall be applied.

Tie Breaking

(See T.R. section 3 - Art 4.4)

In case of a tie, in points at any place on any apparatus for qualification for Apparatus Finals, the ranking will be determined by the following criteria:

1. The gymnast with the highest E-score prevails.
2. The gymnast with the highest sum of E and A-scores prevails.
3. The gymnast with the highest D-score prevails.

If there is still a tie, the tie will not be broken.

Ranking By Teams

(See T.R. section 6 - Art 3.3)



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In case of a tie in points at any place in the Team Ranking, the ranking will be determined by the following criteria:

1. The best ranked Group
2. The best ranked Trio
3. The best ranked counting Aerobic Dance

If there is still a tie, the tie will not be broken.

The team ranking list will be established adding the **4 best places** (ranking): Individual Men or Individual Women, Mixed Pair, Trio, and Aerobic Dance. The 4 places of each Team are converted into points as according the ranking from the competition.

e.g.: 1st place = 1 point, 2nd place = 2 points

The team with the lowest number of points is declared Team Champion. Medals will also be given to the winning teams. The delegations must announce the composition of their team coaches meeting and orientation. (1 individual man, 1 individual woman, 1 mixed pair, 1 trio and 1 aero dance during)

In case of a tie in points at any place in the Team Ranking, the ranking will be determined by the best ranked Trio. If there is still a tie, the tie will not be broken.

XIII. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

a. Selection of Recommended Athletes

The selection of the recommended athlete will be based on their performance during the competition

- ✓ Gold Medalist for Individual Men
- ✓ Gold Medalist for Individual Women
- ✓ The Committee will also use the modified selection of athlete based on performance, skills, and as to what the skills needed of the team.

b. Selection of Recommended Coach

The selection of recommended coach will be based on the Team Ranking, the Coach who got the gold medal in team ranking will be the recommended Coach.

c. Selection of Recommended Chaperon

The selection of recommended coach will be based on the Team Ranking. the Chaperone who got the highest in team ranking will be the recommended Chaperone.

XIII. MEDALS TO BE CONTESTED

Aerobic Gymnastics

Categories	Gold	Silver	Bronze
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Elementary	5	5	5
Secondary	5	5	5
Total	10	10	10

XIV. NUMBER OF MEDALS TO BE AWARDED

Aerobic Gymnastics

Category	Competition/ Event	Awards		
<i>Elementary</i>	Individual Men (IM)	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Individual Women (IW)	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Mixed Pair (MP)	First Place – 2 Gold	Second Place – 2 Silver	Third Place – 2 Bronze
	Trio (TR)	First Place – 3 Gold	Second Place – 3 Silver	Third Place – 3 Bronze
	Aerobic Dance (AD)	First Place – 4 Gold	Second Place – 4 Silver	Third Place – 4 Bronze
<i>Combined Medal Points</i>	Team Championship	First Place – 4 Golds	Second Place – 4 Silvers	Third Place – 4 Bronzes
Total Medals		15 Gold Medals	15 Silver Medals	15 Bronze Medals

Category	Competition/ Event	Awards		
<i>Secondary</i>	Individual Men (IM)	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Individual Women (IW)	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Mixed Pair (MP)	First Place – 2 Gold	Second Place – 2 Silver	Third Place – 2 Bronze
	Trio (TR)	First Place – 3 Gold	Second Place – 3 Silver	Third Place – 3 Bronze
	Aerobic Dance (AD)	First Place – 4 Gold	Second Place – 4 Silver	Third Place – 4 Bronze
<i>Combined Medal Points</i>	Team Championship	First Place – 4 Golds	Second Place – 4 Silvers	Third Place – 4 Bronzes
Total Medals		15 Gold Medals	15 Silver Medals	15 Bronze Medals

XV. PROPOSED SCHEDULE OF THE GAME

Day Time Activity/Event



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Podium Training Day 1: Mass Dance Preparation

1	9:00 – 12:00	Podium Training for the Opening and Mass Dance / Assembly / Preparation / Parade Opening Ceremony / Checking of Gallery Orientation
	1:00 – 3:00	Judges' Refresher Course
	1:00 – 5:00	Training per Schedule
	3:00 – 5:00	Coaches' Solidarity Meeting
	5:00 – 7:00	Meeting of Technical Officials

Competition Day 2: Individual Men and Women

2	8:00 – 9:00	Judges' Meeting and Briefing
	9:00 – 9:30	Opening Parade
	9:30 – 12:00	Elementary Qualifying Rounds for IM and IW
	2:00 – 5:00	Secondary Qualifying Rounds for IM and IW
	5:00 – 7:00	Meeting of All Coaches / Draw Lots for Event Finals / Judges' Meeting

Competition Day 3: Mixed Pair, Trio, Aerobic Dance

3	8:00 – 9:00	Judges' Meeting and Briefing
	9:00 – 12:00	Elementary Qualifying Rounds for MP / TR / AER DANCE
	2:00 – 5:00	Secondary Qualifying Rounds for MP / TR / AER DANCE
	5:00 – 7:00	Meeting of All Coaches / Draw Lots for Event Finals / Judges' Meeting

Competition Day 4: Event Finals & Awarding

4	8:00 – 9:00	Judges' Meeting and Briefing Opening Parade
	9:00 – 12:00	Elementary Finals for IM / IW / MP / TR / AER DANCE
	1:00 – 4:00	Secondary Finals for IM / IW / MP / TR / AER DANCE
	4:00 – 5:00	Awarding Ceremonies

XVI. SAFETY STANDARDS AND HEALTH PROTOCOL

Principles

- Keep physical interactions with others to a minimum.
- Avoid physical contact, including hugs and handshakes.
- Keep two meters, distance from athletes and at least one meter from others, including in operational spaces.
- Avoid enclosed spaces and crowds where possible.
- Use Games transport systems provided by the Organizer or Region. Do not use public transport unless given permission.
- Complete and follow what you describe in your activity plan.
- Cough into your mask, sleeve, or tissue.
- Avoid using shared items where possible or disinfect them.
- Download DepEd Palarong Pambansa Contact Tracing and Health Reporting smartphone applications (app).



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- Get a test and isolate if you experience any symptoms or are told to by tracing services and inform the Coaches, Sports Regional Officer, Tournament Manager, Organizers, and Covid-19 Liaison Officer who will record your symptoms, test results and close contacts, and agree on next steps.
- Monitor your health daily for 14 days before you travel to Competition Venue. Take and record your temperature daily.
- Pro-actively monitor your personal health using the application.

Physical Facilities, Competition, and Spectators Area

- Sanitation devices and thermometer must be placed in all entrances of the Field of play (FOP) and are required to be used by the participants.
- Chairs for the spectators must be arranged 1-2 meters apart.
- Limited no. of spectators allowed in the competition area.
- Signs and Reminders must be posted and provided to remind the people about Safety Standards and Health Protocols.
- The Competition Area must be sanitized.
- Designated Area for disinfection of all the people that will be entering the premises of the competition area.
- Each team must be provided with a holding area spacious enough to observe social distancing.
- Handwashing facilities must be always available with soap and water and placed in high traffic areas and entry/exit points.
- Physical distancing must be strictly observed in and out of the field of play.
- Separate spectators' area from the athletes and maintain physical distancing at least 1-2 meters.
- Live broadcast will be posted (Official DepEd Palarong Pambansa Website, Facebook Page and YouTube Channel) to lessen the spectators in the venue.
- Regular disinfection of equipment and facilities before and after the event competition.
- Provide space for the medical team and there should an ambulance standby outside the gym.
- Ventilate rooms and common spaces every 30 minutes.
- Educate the people to observe the physical distancing through voice clips and video in the venue before, during, and after competition.

Gymnasts, Coaches, and Officials

a. GYMNASTS

- Gymnasts must secure medical clearance.
- Teams must always wear masks but during the competition proper, they may remove and wear it after their routine/performance.
- Each gymnast must have their own drinking bottles and towels.
- Each team will be provided a designated area, enough to observe physical distancing.
- Only teams with scheduled games will be allowed in the Field of Play.



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- Limited number of gymnasts which will be allowed in the competition area per event to observe physical distancing.
- Daily health check of teams and officials.
- All competing teams and officials must adhere to the medical requirements.
- Sharing of equipment should be prohibited (e.g. apparatus, towels, water bottles and cups are not shared).

b. COACHES AND OFFICIALS

- Coaches and officials must secure medical clearance.
- Coaches and Officials of the game shall always maintain and observe physical distancing for at least 1-2 meters apart.
- Coaches and Officials are required to always wear face masks.

XVII. EFFECTIVITY

These technical guidelines shall take effect upon the approval of the Regional Director.

2024 SRAA MEET TECHNICAL GUIDELINES

MENS ARTISTIC GYMNASTICS (MAG)

I. RULES AND REGULATIONS (*Based on Federation International Gymnastics (FIG) Code of Points 2022-2024*)

1. Only one (1) coach per team and officiating officials are allowed in the competition area. Team Managers, parents and other members of the delegation should stay in the spectators' area.
2. Verification of scores can be done after the score of the gymnast has been announced and should be done in writing signed by the coach. Only the start value or scores of Jury D can be verified.
3. Verification of scores with comparison to scores of other gymnast shall not be entertained.
4. Only the coach and the judges concerned plus the Tournament Manager are allowed to discuss score verifications. Non-members of the coaching staff are not allowed to join the discussion.
5. Any coach who acts in an unsportsmanlike behavior will be issued a yellow card and if he/ she continues to act still in the same manner a red card will be given and will be asked to leave the competition venue.
6. The use of video clips presentation is not allowed.
7. The use of flash when taking pictures is not allowed.
8. FIG rules of tie-breaking will be applied.
9. Drawing of lots to determine of order of performance will be done during the Solidarity meeting.



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II. ELIGIBILITY

The gymnast's age eligibility will be based on his on the cut-off date which is January of the year of competition. The Division Screening Committee is in charge of this, and we abide by their decision Cluster I 7-9 years old, Cluster II 10-12 years old cluster III 13-18 years old.

III. COMPOSITION OF THE CONTINGENT/DELEGATION

- Cluster I- One (1) 7-9 years old
- Cluster II- Two (2) 10-12 years old
- Cluster III – Three (3) 13-18 years old

IV. DISQUALIFICATION

1. Gymnasts cannot compete in a particular cluster if he did not met the age requirements.
2. No gymnast can compete in more than one disciplines.

V. EVENTS/DISCIPLINES

Competition in Cluster I

1. Floor Exercise
2. Mushroom
3. Tongue Vault
4. High Bars
5. Individual All Around (IAA)

Competition in Cluster II

1. Floor Exercise
2. Mushroom
3. Tongue Vault
4. High Bars
5. Individual All Around (IAA)
6. Team Competition

Competition in Cluster III

1. Floor Exercise
2. Pommel Horse
3. Tongue Vault
4. High Bars
5. Individual All Around (IAA)
6. Team Competition

VI. CATEGORIES

- VI.1 Elementary – Clusters I and II
- VI.2 Secondary – Cluster III



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VII. PLAYING AREA, EQUIPMENT AND COMPETITION UNIFORM

VII.1 Playing Area

VII.1.1 Standard requirement for Podium is 12m x 12 m

VII.1.2 The run way for Vault is 25 m

VII.2 Equipment

1. Mushroom/Pommel Horse
2. Tongue Vault
3. High Bars
4. Podium

VII.3 Competition Uniform

VII.3.1 Athlete

Gymnastics Delegation Uniform (Cycling Shorts and Sandos)

VII.3.2 Coach

Delegation Uniform

VII.3.3 Technical Official

Long sleeve with Neck Tie, Black Slacks and Black Leather Shoes

VIII. TECHNICAL OFFICIALS

VIII.1 Qualifications

- A. Below 50 years Old
- B. Undergone National and Regional Accreditations
- C. Served as Technical officials of MAG in lower meets.
- D. With Good Moral Character
- E. Physically Fit

VIII.2 Organizational Structure

MEN'S ARTISTIC GYMNASTICS ORGANIZATIONAL

PABLO L. EULATIC, JR.
Tournament Manager

JESSIE C. ORBITA
Asst. TM/Apparatus Supervisor

REDEN F. FAJAGUTANA
CECILE E. BEATISULA
Tournament Administrators



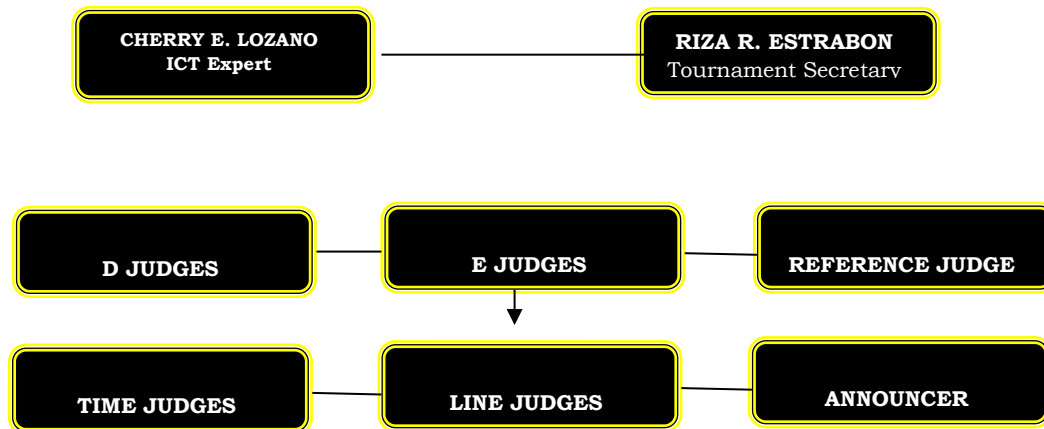
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VIII.3 Terms of Reference

- 1. Tournament Manager** – has the overall accountability for managing and running the tournament.
- 2. Tournament/Apparatus Supervisor** – provides advice to solve problems, create value, improved growth. Acts as liaison between management and support staff to help understand how their affects the competitions.
- 3. Tournament Administrator** – are responsible for carrying out administrative tasks across a wide range of functions within sports organizations.
- 4. ICT Expert** – to design, maintain and service systems that are used to save, retrieve and send data.
- 5. Tournament Secretary** – The Secretary need to have COP and computer knowledge. They are usually appointed by the organizing committee. Under the supervision of the D1 judge, they are responsible for the accuracy of all entries into the computers:
 - 5.1 Adherence to the correct order of teams and gymnast.
 - 5.2 Operating the green and red lights.
 - 5.3 Correct flashing of the final score.
 - 5.4 Time the duration of the fall period.
 - 5.5 Control the start of the exercise after the green flag is down.
- 6. D-Judges – Functions of the D- Panel**
 - 6.1 D- Panel Judges record the entire exercise content in symbol notation, evaluate independently, without bias and then jointly determine the D score content Discussion is allowed.
 - 6.2 The D-Panel enters the D score into the computer.
 - 6.3 The D – score content includes:
 - 6.3.1 The value of elements (difficulty value) according to the table of elements.
 - 6.3.2 The connections value, based on special rules for each apparatus.



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6.3.3 The number and the value of Element Group Requirements executed.

6.4 Functions of the D1 Judge

6.4.1 To serve the liaison between the Apparatus Jury and Apparatus Supervisor. The Apparatus Supervisor will then consult when necessary with the supervisor jury.

6.4.2 To coordinate the work of Time Judges, Line Judges and Secretaries.

6.4.3 To ensure efficient running of the apparatus

Including the control of warm up time.

6.4.4 To display the green flag or another

Conspicuous signal to notify the gymnasts they must begin their exercises within 30 seconds.

6.4.5 To ensure that neutral deductions for time, line behavior faults are taken from the Final Score before being flashed.

6.4.6 To ensure the correct penalties for short exercise are applied.

6.4.7 To ensure the following deductions are applied for:

6.4.7.1 Failure to present before and after the exercise.

6.4.7.2 Performance of an invalid "0" vault.

6.4.7.3 Assistance during the: Vault, Exercise and Dismount.

6.5 Function the D – Panel after the Competition:

Will submit the written report as directed by the Tournament Manager with the following information:

6.5.1 Forms listing violations, ambiguities and questionable decisions

6.5.2 with the number and the name of the

gymnast. The content of all exercises to the president of the Men's Technical Committee and the Apparatus Supervisor and the Superior Jury in one of the official FIG languages within two months of the competitions.

7. Execution Judges

7.1. They must observe the exercises attentively, evaluate the faults and apply the corresponding deduction correctly, independently and without consulting the other judges.

7.2. They must record deductions for:

7.2.1 General Faults

7.2.2 Technical compositional errors

7.2.3 Positional errors

7.3. They must complete the score slip with a legible signature or enter their deductions into the computer.



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7.4. They must be able to provide a personal written record of their evaluation of all exercises.

8. Reference Judge

8.1 Have an automatic and time saving correction system in case of problems with the Execution scores

9. Time Judges

9.1 Time the duration of floor exercise

9.2 Ensure the adherence to the warm up time on PB

9.3 On floor exercise give an audible signal to the gymnast completion of 60 and 70 seconds.

9.4 Inform the D1 judge of any violation and deduction and sign and submit appropriate written record.

9.5 For time violation where there is no computer input, the time judge must record the exact amount of time over the time limit.

10. Line Judges

10.1 Line judges are drawn from among the Brevet judges to serve us.

10.2 Determine on Floor and VT stepping outside of the border marking and acknowledge the fault by raising a red flag.

10.3 Inform the D1 judge of any violation and deduction and sign and submit the appropriate written record.

11. Announcer

11.1 Announce the order of performance of the gymnast.

11.2 Announce the score of the gymnast after performance.

IX. CONDUCT OF THE COMPETITIONS

IX.1 Seeding (*if applicable*)

IX.2 Competition format

There will be three competitions for each discipline as follows; Competition I Team Championship; Competition II – Individual All Around; Competition III Individual Event Finals.

MEN'S ARTISTIC GYMNASTICS				
Competition Structure				
Cluster	Age	Apparatus	Exercise Routine	Number of Athletes
ELEMENTARY				
1	Ages 7-9 in the year of Palarong Pambansa competition (Born 2014-2016) (Ages 7-8 years old and turning 9 years old on 2023.)	Floor Exercise Pommel Horse (Mushroom) Vaulting Table Horizontal Bar	Class 2 FIG Age Group Edition 1 2021 Compulsory Class 1 FIG Age Group- Edition 1 2021 Compulsory Class 2 FIG Age Group- Edition 1 2021 Compulsory Class 1 FIG Age Group- Edition 1 2021	1

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General Judging Rules

1. Unless otherwise stated within this document execution errors for poor technique, poor body position, etc. are evaluated to the current FIG code of Points.
2. Deductions of a disciplinary nature are taken from the Final SCORE BY THE Chair of the apparatus jury.
3. The values and deductions of all compulsory routines will be based in the FIG Age Group Program Manual.
4. The evaluation of optional exercise in Elementary Cluster I will be based on the system of the 2022-2024 FIG code of Points. There are two evaluation factors in this system; a Difficulty Score (D-score) and an Execution Score (E-score).
5. The D-score is calculated based on adding the following 3 aspects of a performance;
 - 5.1 The Values of the difficulties presented in the exercise up to a specific maximum number.
 - 5.2 Each EGR fulfilled in the exercise will be given 0.5
 - 5.3 The values of any eligible Bonus Connection points that were performed.
6. The D-score is calculated according to the following sequence:
 - 6.1. Determine the value of the dismount. If a gymnast does not performed a recognized dismount he will automatically be penalized by not receiving the 0.5 for that EGR.



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6.2 Determine if the remaining EGR have been performed and award 0.5 for each one met (plus the value of the element itself). This applies also to A-part and B-part dismounts.

6.3 Add the value of the remaining the most difficult recognized element up to the maximum number of elements permitted.

6.4 Add any connection bonus that applies (Floor Exercise only)

E-score

The E-score deductions for optional exercises and when not specified for Compulsory exercises are as follows:

Compulsory Exercises

Cluster 1 (All apparatus), Cluster 2 (Mushroom, Horizontal Bar),
 Cluster 3 (Pommel Horse, Horizontal Bar)

Small error= 0.1	Medium error=0.2	Large error= 0.3	Fall= 0.5
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Optional Exercises

Cluster 2 (Floor, Vault) and Cluster 3 (Floor, Vault)

Small error= 0.1	Medium error=0.3	Large error= 0.5	Fall= 1.0
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Final Score

The final Score for compulsory and for Optional Exercises is determined by adding the D-score and E-score.

Max. E-score	10.0	10.0	8.0	8.0	6.0	3.0	2.0	1.0
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EXERCISE 1 (Compulsory Exercises)

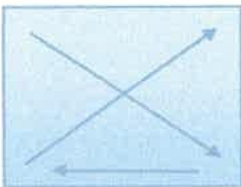
FX	Mushroom (PH)	VT
FIG Age Group Class 2	FIG Age Group HP 1	FIG Age Group HP 1
2-3 steps to front handspring, straight jump and then rebound to salto forward tucked	1. 5 leg circles with 2 point each, total value of 10.0	2 Choices: 1. Handspring to land on feet over Vault table.



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stand. (Can be performed back and forth on single straight mat.)

Floor Pattern



7. Swing forward and swing backward to push off dismount (on 5th backward swing) and land on mats.

CLUSTER 2

FX	Mushroom (PH)	VT
FIG Age Group HP 3 Class HP 3- Optional	FIG Age Group Class 2	FIG Age Group Class HP 3- Optional
Difficulty Values & Required No. of Elements	1. Double leg circle 2. Double leg circle 3. ½ spindle (two ¼ spindles) 4. Double leg circle	Permitted Vaults and Difficulty Values



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	<ol style="list-style-type: none"> 3. To immediate back hip circle to under swing cast extend body forward. 4. Swing backwards, swing forwards. 5. Swings backwards, swing forward with $\frac{1}{2}$ and switch grip to both hands in over grip (one hand at a time). 6. Swing forward. 7. Kip to support. 8. Under swing to swing backward; swing forward with $\frac{1}{2}$ turn to two hand mixed grip and drop off dismount 	<p>Yurchenko Straight=3.1</p> <p>Height=1.15m- 1.35m (2nd attempt is permitted, but with 1.0 deduction)</p>
<p>EGR (0.3 each)</p> <ul style="list-style-type: none"> • Non- acro element • Acro. Element fwd • Acro. Element bwd • Dismount 		
<p>Additional Regulations</p> <p>No time limits</p>		



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5. On 2nd downhill loop, flank back ($\frac{1}{2}$ circle) to stop with feet on ground in front support position

4. Swing backwards, swing forwards.

5. Swings backwards, swing forward with $\frac{1}{2}$ and switch grip to both hands in over grip (one hand at a time).

6. Swing forward.

7. Kip to support.

8. Under swing to swing backward; swing forward with $\frac{1}{2}$ turn to two hand mixed grip and drop off dismount.



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X. DETERMINATION OF WINNER

Winners for each competition shall be determined by the total points earned for each event or apparatus scores obtained.

XI. SELECTION COMMITTEE

XI.1 Composition

Chairman	Tournament Manager
Vice-Chairman	Tournament Administrators
Secretary	Tournament Secretary
Members	Tournament Supervisor and Winning Coach

XI.2 Qualifications:

Athletes, Coaches and Technical Officials - Must pass the required skills and trainings set by the Division and Region Screening Committee.

XI.3 Terms of Reference:

The Technical Guidelines is based on Federation International Gymnastics Code of Points.

XII. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

XII.1 Selection of Recommended Athletes

Cluster I One (1) Gymnast who got the Rank 1 in Individual All Around (IAA)

Cluster II Two (2) Gymnast who got Ranks 1 and 2 in IAA

Cluster III. Three (3) Gymnast who got Ranks 1, 2 and 3 in Individual all Around (IAA)

XII.2 Selection of Recommended Coach:

Coach should be recommended if she/he got the most number of Golds. In case of tie in Gold the silver medal will be the basis and so on. This is applied to Clusters I, II and III.

XII.3 Selection of Recommended Chaperon:

Chaperon is not required for MAG

XIII. MEDALS AT STAKE *(Based on number of events/disciplines)*

XIII.1 Medals to be awarded

Gold	25
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Silver	25
Bronze	25
XIII.2 Medals to be Counted (Over-all ranking)	
Gold	17
Silver	17
Bronze	17

XIV. SPECIAL AWARDS (*Certificate of Recognition*)

XIV.1 Athlete

1. Most Disciplined Gymnasts
2. Most Organized Delegation
3. Most Eco Friendly Delegation
4. Most Punctual Delegation

XIV.2 Technical Official

1. Best Execution Judge
2. Best Difficulty Judge
3. Best Line Judge
4. Most Punctual Judge

XV. PROTEST, PENALTIES, AND SANCTIONS

XV.1 **Protest**

Submission of written complaints and protest duly signed by the coach and delegation head should be done within 30 minutes right after the game and after 30 minutes no protest and complaints will be entertained. Protest fee is 15,000 is required before the review of the complaint and protest fee is non-refundable.

XV.2 Disciplinary **Penalties**

A. **WARNINGS:**

1. Warnings are given for the following:

- *Presence in the prohibited area.
- *Improper behavior on the podium.
- *Disrespectful manners to judges & officials.
- *Unsportsmanlike behavior.
- *Competition attire not being worn at the medal awarding ceremony. A competitor receives one warning only and, irrespective of the category, the second warning will result in immediate disqualification.

B. Disqualification is hereby declared if:

- *there are serious breaches of the FIG statutes, Technical Regulations and/or Code of Points and if there is a Walk-over.



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XVI. PROPOSED SCHEDULE OF THE GAME

XV.1 Official Practice Day

Each division will be given schedule to have their practice and familiarization of the venue and apparatus 2 days before the competition or as soon as the venue is available and apparatus has been installed.

XV.2 Competition Proper

1. Coaches are required to attend the Enhancement Training and sign the Technical Guidelines and Ground Rules. Coaches who did not affix their signatures means they are waiving their rights to file protest and complaints.
2. The order of Performance of the gymnasts will be determined according to the number picked by the coaches during the drawing of lots.
3. Each division is given schedule to have their practice and familiarization of the venue 2 days before the competition or as soon as the venue is available and apparatus has been installed.
4. The gymnasts per division will be given at least 90-minutes of general warm-up prior to the competition but no one touch (30 second) warm-up in advance of the competition.
5. All gymnasts and Coaches should attend the opening and awarding ceremony. In case for the winning gymnasts who will not attend the closing ceremony without valid reasons this will be the ground to forfeit the award.
6. All gymnast should perform according to the exercise required in their Cluster and Age Category.
7. Proper attire and behavior should be observed.
8. The performer will wait for the green flag to be raised before he will start to perform.
9. Written request for all queries/ verification will be done by the Official Coach address to the Tournament Manager
- 10.

XVII. RISK ASSESSMENT

XVII.1 Proposed Plan of Action

PROCESS RISK ASSESSMENT			
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RISK /ISSUES	RISK PROBABILITY	IMPACT TO CUSTOMERS	RISK IMPACT	CORRECTION	RISK PRIORITY	OPPORTUNITIES FOR IMPROVEMENT	TIME LINE	SUCCESS INDICATORS
1. Inappropriate lighting	HIGH	Performance will be destructed	HIGH	Proper lighting is recommended		Ask assistance from the host.	January 2024	100% effective and efficient addressing Priority Improvement Area
2. Inadequate ventilation	MEDIUM	Low performance of the athletes	MEDIUM	Inform the Event coordinator		Propose to the event coordinator the conducive venue for the MAG competition	January 2024	100% effective and efficient addressing Priority Improvement Area
3. Unsuitable Venue	HIGH	Delay of the conduct of the game	HIGH	Coordinate to the event coordinator		Suggest to the event coordinator the appropriate venue/proper podium.	January 2024	100% effective and efficient addressing Priority Improvement Area
4. Unpredictable weather condition	HIGH	Performance will be affected	HIGH	Reschedule the game		Ask assistance to the event coordinator for transfer of the venue	January 2024	100% effective and efficient addressing Priority Improvement Area
5. Lack and substandard equipments	HIGH	Delay of the conduct of the game	HIGH	Coordinate with the event coordinator		Inform the event coordinator the desired number of equipment to be used	January 2024	100% effective and efficient addressing Priority Improvement Area
6. Absence/lack of officials	HIGH	Game will be delay	HIGH	Official should be committed and prompt		Inform a head the RSO For replacement promptly.	January 2024	100% qualified officials.

XVIII. SECURITY & SAFETY PROTOCOLS



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Above everything it is a must that the safety and security of all participants must be secured. The following are the safety measures implemented during the conduct of the game.

1. The tournament Manager and the Technical Officials will inspect the playing venue. They must see to it that the place is safe and free from any hazardous objects and materials.
2. Apparatus must be installed properly for the safety of the gymnasts.
3. A spotter is permitted to assist the gymnast especially in Bar, and Vault apparatus.
4. Assign in-charge that will strictly monitor the passing or crossing of the spectator during the conduct of the game.
5. A standby medical team is requested to stay during the duration of the game to assure the safety of the gymnast.

XIX. MONITORING AND EVALUATION SYSTEM

XVII.1 Performance Assessment

Refer to Standard Monitoring and Evaluation Tool of the Region.

XVII.2 Narrative Report

To be prepared and submitted by the Tournament Secretary after the game.

XX: EFFECTIVITY

These technical guidelines shall take effect upon the approval of the Regional Director.

2024 SRAA MEET TECHNICAL GUIDELINES

RHYTHMIC GYMNASTICS (RG)

LVI. RULES AND REGULATIONS *(Cite International Rules)*

GENERAL RULES



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The Federation *Internationale de Gymnastique* (FIG) Code of Points 2022-2024 Updated Version valid from 1st of February 2022 will be used in the **Palarong Pambansa 2024** Rhythmic gymnastics competition in consonance with the FIG appendix to the COP (Code of Points), Technical Regulation, Statutes and Apparatus Norms. The Elementary level will observe the GAP RG Age Group Program 2022-24 Pre-Junior Category while the Secondary level will observe the FIG Junior Category.

1. Only one (1) coach per team and meet officials are allowed in the competition area. Team Managers, parents and other members of the delegation should stay in the spectators' area.
2. Verification of scores can be done after the score of the gymnast has been announced and should be done in writing signed by the coach. Only the start value or scores of Jury DB can be verified.
3. Verification of scores with comparison to scores of other gymnast shall not be entertained.
4. Only the coach and the judges concerned plus the Tournament Manager are allowed to discuss score verifications. Non-members of the coaching staff are not allowed to join the discussion.
5. Any coach who acts in an unsportsmanlike behavior will be issued a yellow card and if he/ she continues to act still in the same manner a red card will be given and will be asked to leave the competition venue.
6. The use of video clips presentation is not allowed.
7. The use of flash when taking pictures is not allowed.
8. FIG rules of tie-breaking will be applied.
9. Drawing of lots to determine of order of performance is done during the Solidarity meeting and will just be reviewed during the solidarity meeting.
10. Winning coach shall be determined based on the Gold Count.

LVII. ELIGIBILITY

II. a. ATHELETES

The gymnast's age eligibility will be based on the cut-off date which is stipulated in the Regional Screening and Accreditation Committee and we abide by their decision (RSAC).

II. b. COACHES

The following requirements as basis for eligibility:

*Certificate of trainings in Rhythmic Gymnastics in Division and Regional Level Refresher Course in Coaching Training Workshop.

* Winning Coach from the lower meet.



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- * Passed the following to RSAC.
- * Certificate of Employment
- * Sworn Statement
- * Medical Certificate
- * Certificate of Sports Recognition

III. COMPOSITION OF THE CONTINGENT/DELEGATION

A. COMPETITION PROGRAM FOR RGI (RHYTHMIC GYMNASTICS INDIVIDUAL)

The program for RG Individual Exercises (2022-2024) are as follows:

ELEMENTARY LEVEL – PRE-JUNIOR CATEGORY (3 GYMNASTS)

SECONDARY LEVEL – FIG JUNIOR CATEGORY (3 GYMNASTS)

X. DISQUALIFICATION

No gymnast can compete in more than one disciplines.
 Players should passed the RSAC requirements

X. EVENTS/DISCIPLINES

COMPETITION PROGRAM FOR RG

1 OFFICIAL CHAMPIONSHIP OF RHYTHMIC GYMNASTICS AND COMPETITION PROGRAMS

Individual Competitions:

- * **Competition 1.** Qualification Competition with Team Ranking
- * **Competition 2.** All-around Qualification Competition – 4 Apparatus
- * **Competition 3.** All-around Apparatus Finals – 4 Apparatus

The program for Pre Junior and Junior Individual gymnast usually consists of four (4) exercises

V.1.1 ELEMENTARY LEVEL –PRE JUNIOR CATEGORY (3 GYMNASTS)

PALARO 2022-2024

FREE HAND	ROPE	BALL	HOOP
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V.1.2 SECONDARY LEVEL –FIG JUNIOR CATEGORY (3 GYMNASTS)

PALARO 2022-2024

RIBBON	HOOP	BALL	CLUBS
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V.2 COMPETITION REQUIREMENTS

Refer to Code of Points Palaro 2022-2024 pages 5 onwards...

PART 1 - INDIVIDUAL EXERCISES A. GENERALITIES INDIVIDUAL EXERCISES Norms Applicable to Individual Exercises

NOTE: In this document, the gender used in relation to any physical person shall, unless there is a specific provision to the contrary, be understood as including all genders.

KI. COMPETITIONS AND PROGRAMS

1.1 Official Championships of Rhythmic Gymnastics and competitions programs: Individual, Group and Team Competitions. Individual Competitions:

1.2 • Qualification Competition for All-Around Final, Team ranking, Apparatus Finals

1.3 • All-Around Finals - 4 Apparatus

1.4 • Apparatus Finals - 4 Apparatus

1.5 **Team ranking:** Team ranking is established by adding the 8 best scores registered by the Individual gymnasts of the team plus 2 exercises of the Group. The FIG Apparatus Program for the current year determines the apparatus required for each exercise (See Annex).

For more details concerning FIG official competitions refer to the Technical Regulations (Sec.1 and Sec.3).

1.2 Program for Individual gymnasts

1.2.1 The program for Senior and Junior individual gymnasts usually consists of 4 exercises

Elementary FREEHAND, ROPE, BALL, HOOP

Secondart RIBBON, HOOP, BALL, CLUBS

1.2.2 The length of each exercise is from 1'15" to 1'30"(75 seconds to 90 seconds)

2.1 The stopwatch will start as soon as the Individual gymnast begins to move and will be stopped as soon as the Individual gymnast is totally motionless.

2.2 A short musical introduction not longer than 4 seconds without body and/or apparatus movement is tolerated.

2.3 Timing related to all exercises (start of exercise, gymnast's exercise duration) will be done in 1 second increments.

Penalty by the Time Judge: 0.05 point for each additional or missing second, counted in full second increments.

Example: 1'30.72=no penalty; 1'31=penalty -0.05

RG Code 2022-2024 – Page 6/225

2. JURY COMPOSITION: OFFICIAL CHAMPIONSHIPS AND OTHER COMPETITIONS

3. Superior Jury: Refer to Technical Regulations Sect.1 and Sect.



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3.1. Individual Judges' Panels:

3.2. For official FIG Competitions, World Championships and Olympic Games, each Jury will consist of 3 groups of judges:

D - Panel (Difficulty), A - Panel (Artistry) and E - Panel (Execution).

3.3. The Difficulty, Artistry and Execution Judges are drawn and appointed by the FIG Technical Committee in accordance with the FIG Technical Regulations and Judges' Rules.

3.4. Composition of the Judges' Panels

3.5.1. Difficulty Judges' Panel (D): 4 judges, divided into 2 subgroups:

- Subgroup 1 (D): 2 judges (DB1, DB2) work independently and then give a common DB score.
- Subgroup 2 (D): 2 judges (DA1, DA2) work independently and then give a common DA score.

3.3.2. Artistry Judges' Panel (A): 4 judges (A1, A2, A3, A4)

3.3.3. Execution Judges' Panel (E): 4 judges (E1, E2, E3, E4) 3.4.

Functions of the D-Panel

3.4.1. The first subgroup (DB) records the content of the exercise in symbol notation, evaluating the number and technical value of Difficulties of Body (DB), the number and technical value of Dynamic elements with Rotation (R) and recognition of W. These judges evaluate the entire exercise independently, without consulting the other judge, and then give a common DB score.

3.4.2. The second subgroup (DA) records the content of the exercise in symbol notation, evaluating the number and technical value of Difficulty of Apparatus (DA) and the presence of required Fundamental apparatus technical elements. These judges evaluate the entire exercise independently, without consulting the other judges and then give a common DA score.

3.4.3. Judging records: At the end of the rotation/competition, the President of the Superior Jury may request the judging records of the content of the exercises in symbol notation with indicating the number, gymnast name, NF and apparatus.

3.4.4. Final D score: the sum of the DB and DA scores.

3.5. Functions of the A-Panel judges

3.5.1. **4 judges (A1, A2, A3, A4)** evaluate the Artistry faults by deduction, determining the total deduction independently and without consulting the other judges; **the highest and the lowest scores are eliminated, and the remaining 2 scores are averaged to give the final A-score.**

3.5.2. Final A score: the sum of the Artistry deductions is subtracted from 10.00 points.

3.6. Functions of the E-Panel judges



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3.6.1. 4 judges (E1, E2, E3, E4) evaluate the Technical faults by deduction, determining the total deduction independently and without consulting the other judges; the highest and the lowest scores are eliminated, and the remaining 2 scores are averaged to give the final E-score.

3.6.2. Final E-score: the sum of the Technical deductions are subtracted from 10.00 points.

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3.7. Functions of the Time and Line judges Time and Line Judges are drawn from among the Brevet judges

3.7.1 Time Judges (1 or 2) are required to:

- Control timing of the duration of the exercise
- Control time violations and record the exact amount of time over or under the time limit if there is no computer input
- Sign and submit the appropriate written record with any violation or deduction to the head judge
- If a gymnast loses her apparatus at the end of the exercise and does not return to the official floor area because her music has ended, the Time Judge calculates the moment the gymnast retrieves her apparatus as the last movement.

3.7.2 Line Judges (2) are required to:

- Determine crossing of the boundary of the official floor area by the apparatus, by one or two feet, or by any part of the body as well as apparatus leaving the official floor area
 - Raise a flag for the apparatus and/ or body crossing the boundary or leaving the floor area
 - Raise a flag if a gymnast changes the official floor area or leaves the official floor area during the exercise
 - Sign and submit the appropriate written record to the head judge
- Request to Superior Jury: if the coach is in doubt of a penalty for Time and/or Line deduction(s), she must submit a request for review to the Responsible Judge.

3.8 Position of the Line Judges Example 1:

Line Judges sit at opposite corners and are responsible for the 2 lines and the corner at her right-hand side.

RG Code 2022-2024 – Page 8/225 Example

2: The line judges sit at the judges' table and observe the line on a monitor using video camera assistance.

3.9 Functions of the Secretary .



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The Secretaries need to have knowledge of the Code of Points and a computer; they are usually appointed by the Organizing Committee. Under the supervision of the President of Superior Jury, they are responsible for the accuracy of all entries into the computers, adherence to the correct order of the teams and gymnasts, operating the green and red lights, and correct flashing of the Final Score.

3.10 Functions of the Responsible Judge All Responsible Judge penalties indicated in the table (#14) will be submitted on an official form by the Superior Jury member(s) and/or the DA1 judge, and will be verified and given by the Responsible Judge: the President of the Superior Jury, the Technical Delegate or the Head Judge. For any other details concerning the Juries, their structure or functions, see Technical Regulations, Section 1, Reg. 7 and Judges' Rules.

4. FINAL SCORE CALCULATION The rules governing the determination of the Final Score are identical for all sessions of competitions (Individual Qualifications, All-Around, Apparatus Finals).

SCORE INQUIRIES (See Technical Regulations, Sect. 1, Art.

4.1 Inquiries of the score). JURY Line Judge 1 Line Judge

4. **2 The Final score of an exercise will be established by the addition of the D score, A score and E score. Deduction of penalties if any are from the final score.** RG Code 2022-2024 – Page 9/225

5. JUDGES' MEETING

- Before every official FIG Championships, the Technical Committee will organize a meeting to inform the participating judges about the judging organization.
- Before all other Championships or tournaments, the Organizing Committee may hold a similar meeting.
- All judges are required to attend the judges' instruction and/or meeting, the whole duration of the competition, and the award ceremonies at the end of each competition. For more details concerning Judges and judging of competitions, refer to the Technical Regulations (Sec.1, Reg.7, Sec.3, General Judges' Rules and Specific Judges' Rules).

6. FLOOR AREA

8.1. The official floor area 13 x 13 m (exterior of the line) is compulsory. The working surface must correspond to FIG standards (see Technical Regulations Sec.1).

8.2. Any part of the body or apparatus touching outside the boundary of the official floor area will be penalized: **Penalty by the Line Judge: 0.30 point each time for the gymnast or apparatus**

8.3. The gymnast or apparatus leaving the official floor area will be penalized **Penalty by the Line Judge: 0.30** point for the gymnast leaving the floor area Penalty by the Line Judge: 0.30 point for the apparatus leaving the floor area No Line nor Execution penalty for voluntarily removing the second Club from the floor area in order to use the replacement Clubs as a pair.



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8.4. Loss of apparatus outside the floor area:

8.4.1. Consecutive loss of both clubs outside the official floor area: **Penalty by Line Judge: 0.30 point for one Club + 0.30 point for another Club**

8.4.2. Simultaneous loss of two apparatus at the same time outside the same line: two Clubs are lost together at the same time outside the same line/ two Clubs are locked together and leave the official floor area at the same time. **Penalty by Line Judge: 0.30 point one time, as one apparatus**

8.4.3. Simultaneous loss of two apparatus at the same time outside two different lines: Two Clubs are lost together at the same time outside two different lines. **Penalty by Line Judge: 0.30 + 0.30 point**

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8.5. The gymnast will not be penalized for the below-mentioned cases; otherwise, penalties are applied as mentioned in points # 7.2-7.4:

- Apparatus and/or gymnast touches the line
- Apparatus passes the boundary of the official floor area without touching the ground
- Apparatus is lost at the end of last movement of the exercise
- Apparatus leaves the official floor area after the end of the exercise and the end of the music
- Unusable apparatus is removed outside the official floor area
- Broken apparatus is removed outside the official floor area
- Apparatus caught in the ceiling (beams, lights, scoreboard, etc.)

8.6. Each exercise will have to be performed entirely on the official floor area: 8.6.1. If a gymnast finishes the exercise outside the official floor area, the penalty will be applied according to # 7.3.

8.6.2. Any Difficulty initiated outside the official floor area will not be evaluated (during or at the end of the exercise).

8.6.3. If the Difficulty is started inside the official floor area and finished outside the official floor area, the Difficulty will be evaluated.

7. APPARATUS

9.1. Norms – Checking

9.1.1. Norms and characteristics of each apparatus are specified in the FIG Apparatus Norms.

9.1.2. Each apparatus used by each gymnast must have the manufacturer's logo and "FIG approved logo" in specified places for each apparatus. No gymnast is authorized to compete with



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an unapproved apparatus. If a gymnast competes with an unapproved apparatus, the exercise will not be evaluated (0.00 points).

9.1.3. At the request of the Superior Jury, every apparatus can be checked prior to the entrance of the gymnast in the competition hall or at the end of an exercise and/or a random draw may be conducted for an apparatus control.

9.2. Replacement Apparatus: Placement around the floor area

9.2.1. Replacement apparatus around the official floor area is authorized (according to the apparatus program each year).

9.2.2. The Organizing Committee must place a set of identical apparatus (the complete set of apparatus used for the competition) along two sides of the official floor area for the use by any gymnast. The line immediately in front of the judges is left open as is the line of the official floor area where the gymnast enters. Apparatus must be set separately. Example: RG Code 2022-2024 – Page 11/225

9.2.3. If during the exercise the apparatus falls and leaves the official floor area, the use of a replacement apparatus is allowed. **Penalty by the Line Judge: 0.30 point for the apparatus leaving the floor area**

9.2.4. The gymnast may only use a replacement apparatus which has been placed prior to the start of the exercise. **Penalty: 0.50 point for using any apparatus not previously placed**

9.2.5. A gymnast may use the maximum number of replacement apparatus placed around the official floor area with all applicable penalties Example: Two Hoops are placed by the Organizing Committee according to the picture above: A gymnast may use both if needed in one exercise. **Penalty: 0.50 point if a gymnast uses her own apparatus again after using reserve apparatus placed around the official floor area.**

9.2.6. If the apparatus falls during the exercise, but does not leave the official floor area, the use of the replacement apparatus is not allowed; the gymnast must take her own apparatus from inside the official floor area. **Penalty: 0.50 for unauthorized use of a replacement apparatus Penalty: 0.30 point if a gymnast, after retrieving the reserve apparatus, does not remove her own apparatus from the official floor area by the end of the exercise. No Line nor Execution penalty for voluntarily removing an apparatus from the floor area.**

9.2.7. The apparatus falls and leaves the official floor area, then returns itself to the official floor area Penalty by the **Line Judge: 0.30 point for the apparatus leaving the floor area If the lost**



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apparatus returns itself to the official floor area, and the gymnast subsequently takes the replacement apparatus: **Penalty: 0.50 for unauthorized use of a replacement apparatus** If a gymnast, after retrieving the reserve apparatus, does not remove her own apparatus from the official floor area that has returned by itself, by the end of the exercise: **Penalty: 0.30 point No Line nor Execution penalty for voluntarily removing an apparatus from the floor area.**

9.2.8. If the apparatus falls and leaves the floor area and is returned to the gymnast by a coach or any another person: **Penalty: 0.50 point for unauthorized retrieval of the apparatus**

9.3. Unusable Apparatus (Example: knots in the Ribbon)

9.3.1. Prior to the start of the exercise, if a gymnast determines the apparatus is unusable (Example: knots in the Ribbon) without a competition time delay, she may take a replacement apparatus, which will be accounted from one of the reserve apparatus possible to use. **No Penalty for use of replacement apparatus**

9.3.2. Prior to the start of her exercise, if a gymnast determines her apparatus is unusable (Example: knots in the Ribbon) and she attempts to untie the knot or decides to take a replacement apparatus that delays the competition: **Penalty: 0.50 point for excessive routine preparation which delay the competition RG Code 2022-2024 – Page 12/225**

9.3.3. During the exercise, the apparatus becomes unusable; the use of a replacement apparatus is allowed. No Penalty for use of replacement apparatus No Line nor Execution penalty for voluntarily removing an apparatus from the floor area.

8.3.4. If the replacement apparatus breaks during the exercise, the gymnast must stop the exercise. After permission from the Responsible Judge, the gymnast can repeat the exercise at the end of the rotation or according to the decision of the Responsible Judge.

8. BROKEN APPARATUS OR APPARATUS CAUGHT IN THE CEILING

10.1. The gymnast will not be penalized for a broken apparatus and will only be penalized for the consequences of various technical errors.

10.2. If the apparatus breaks during an exercise, the gymnast will not be authorized to start the exercise over.

10.3. In such a case, the gymnast may: • Stop the exercise • Remove the broken apparatus outside the official floor area (No Penalty) and continue the exercise with a replacement apparatus.

10.4. A gymnast will not be penalized for apparatus caught on the ceiling and will only be penalized for the consequences of various technical errors.



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10.5. If the apparatus is caught in the ceiling during an exercise, the gymnast will not be authorized to start the exercise over. In such a case, the gymnast may:

- Stop the exercise
- Take the replacement apparatus (No Penalty) and continue the exercise

10.6. If a gymnast stops the exercise due to a broken apparatus or apparatus caught in the ceiling, the exercise will be evaluated in the following way:

- **Difficulties already performed in a valid way will be counted**
- **Artistry will give 0.00**
- **Execution will give 0.00**

10.7. If a gymnast stops the exercise due to a broken apparatus or apparatus caught on the ceiling at the end of the exercise (last movement), the exercise will be evaluated in the following way:

- **Difficulties already performed in a valid way will be counted**
- **Artistry will give penalties**
- **Execution will deduct all penalties applied during the exercise, including “loss of apparatus (no contact) at the end of the exercise”**

9. DRESS OF GYMNASTS

11.1. Requirements for Gymnastics Leotards

• A correct gymnastics leotard must be in non-transparent material; therefore, leotards that have some parts in lace will have to be lined (from the trunk to the chest). The pelvic/crotch area (with or without a skirt) should be covered with non-transparent, non-skin-colored material up to the hip bones and a small lace or transparent or skin-colored area for connection/decoration is tolerated, if the following is respected:

RG Code 2022-2024 – Page 13/225 o A solid, colored connection between the front and the back of the leotard is required o The connection may be from fabric or applications but must give the impression of a whole material (not separate pieces) o The connection must appear at the hip bones or lower

- The style of neckline of the front and back of the leotard is free
- Leotards may be with or without sleeves; the leotards with narrow straps also allowed
- The cut of the leotard at the top of the legs must not go beyond the fold of the crotch (maximum); undergarments worn beneath the leotard should not be visible beyond the seams of the leotard itself
- The leotard must be tight-fitting to enable the judges to evaluate the correct position of every part of the body, this also includes tight-fitting sleeves
- The leotard must be all in one piece. It is not possible for a gymnast to wear a leotard and separate additional “socks,” “gloves,” decorative legwarmers, belt, etc.



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10.1.1. It is allowed to wear: - Long tights over or under the leotard - A full-length one-piece leotard provided that it is tight-fitting - The length and colors(s) of the fabric covering the legs must be identical on both legs (the “harlequin” look is forbidden), only the style (cut or decorations) may be different - A skirt that does not fall further than the pelvic area over the leotard, tights or the unitard - The style of the skirt (cut or decorations) is free, but the look of a ballet “tutu” is forbidden - Gymnasts may perform their exercises with bare feet or gymnastics slippers Note: no penalty taken by the Responsible Judge if the gymnastics slipper of a gymnast involuntarily comes off during her performance.

11.1.2. Decorative appliques or details on the leotard are allowed:

- Decorative details should not jeopardize the safety of the gymnast. It is not allowed to decorate leotard with light-emitting diodes (LED)
- Design of a leotard with words or symbols is allowed if the design meets ethical standards and based on RG COP

11.1.3. Every leotard will be checked prior to the entrance of the gymnasts in the competition hall. If the dress of the gymnast does not conform to the regulations: Penalty: 0.30 point if this rule is not met

11.2. It is forbidden to wear large and dangling jewellery that jeopardize the safety of the gymnast. Piercings are not allowed. Penalty: 0.30 point if this rule is not met

11.3. The hairstyle must be neat and compact. Decorative details are allowed but they must not be bulky and/or jeopardize the safety of the gymnast. Hair decorations must be close to the bun/compact to the hair. Penalty: 0.30 point if this rule is not met

10.4. Make-up should be clear and light (theatrical masks are not allowed) Penalty: 0.30 point if this rule is not met

10.5. Emblem or publicity must conform to the official norms of the event. **Penalty: 0.30 point if this rule is not met** 10.6. **Bandages or support pieces must be of skin color and cannot be in other colors Penalty: 0.30 point if this rule is not met** RG Code 2022-2024 – Page 14/225

12. REQUIREMENT FOR MUSICAL ACCOMPANIMENT

12.1. A sound signal may start before the music

12.2. Each piece of music must be recorded on a single, high-quality CD, USB, or uploaded on the internet according to the Directives and Work Plan of the official Championships and FIG competitions. If the LOC requests the music uploaded, the participating nations retain the right to use a CD/USB for competition. The following information must be written on each CD/ USB file:

- Country (the 3 capital letters used by the FIG to designate the gymnast’s country)
- Apparatus symbol or name
- Each music must be on a separate USB, with all information needed on music.



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12.3. In case the music plays incorrectly (wrong music, music distortion or interruption, etc.), it is the responsibility of the gymnast to stop the exercise as soon as the gymnast realizes the music is incorrect. After permission of the Responsible Judge, the gymnast can exit the competition floor and re-enter and re-start the routine with her correct music when called to the competition floor. A protest after completion of the routine will not be accepted for incorrect music.

13. DISCIPLINE OF THE GYMNASTS

13.1. The gymnast should be present in the competition area only once she has been called either by the announcer by the microphone or when the green light is showing **Penalty: 0.50 point for early presentation (before being called) or late presentation by the gymnast.** The Superior Jury verifies the reasons of delay (due to organization errors or discipline of the gymnast)

12.2. It is forbidden to warm up in the competition hall, and the gymnast may not stay on/return to the official floor area after the end of the exercise. **Penalty: 0.50 point if this rule is not met**

12.3. For the wrong apparatus presented according to the start order, the following ensues: The gymnast will be asked to leave the floor area and will compete in her later position in the start order for the correct/second apparatus She will perform the missed apparatus at the end of the rotation and receive a **Penalty of: 0.50 for that exercise**

12.4. If a gymnast stops her exercise due to an injury or unforeseen circumstance during the performance, the exercise will be evaluated as per stopping the exercise due to a broken apparatus (#9.6-9.7).

12.5. A gymnast may repeat an exercise only in the case of a “force major” fault from the Organizing Committee and approved by the Responsible Judge Example: electricity shut down, sound system error, etc.

13. DISCIPLINE OF THE COACHES During the actual performance of the exercise, the coach of the gymnast (or any other member of the delegation) may not communicate with the gymnast, the musician, or the judges in any manner: **Penalty: 0.50 point if this rule is not met** RG Code 2022-2024 – Page 15/225

14. PENALTIES TAKEN BY THE TIME, LINE AND RESPONSIBLE JUDGE FOR INDIVIDUAL EXERCISES

The total of these penalties will be deducted from the

Final score

Penalty taken by the Time Judge

1 For each additional or missing second (counted in full second increments) on the time of the exercise 0.05

Penalty taken by the Line Judge

1 For any part of the body or apparatus touching outside the boundary of the official floor area 0.30



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- 2 For the gymnast or apparatus leaving the official floor area 0.30
- 3 If a gymnast finishes the exercise outside the official floor area 0.30 Penalty taken by the **Responsible Judge**
- 1 For using any apparatus not previously placed 0.50
- 2 For an unauthorized use of replacement apparatus (original apparatus is in the official floor area) 0.50
- 3 After retrieving reserve apparatus, the gymnast's own apparatus returns to the official floor area and the gymnast does not remove it 0.30
- 4 For use of apparatus by an unauthorized retrieval 0.50
- 5 For excessive delays in routine preparation which delay the competition 0.50
- 6 Dress of the gymnast not conforming to the regulations 0.30
- 7 For not allowed jewellery or piercings 0.30
- 8 For hair style not conforming to official norms 0.30
- 9 For make-up not conforming to official norms 0.30
- 10 For emblem or publicity not conforming to official norms 0.30
- 11 Bandages or support pieces not conforming to the regulations 0.30
- 12 For early or late presentation 0.50
- 13 For gymnast warming up in the competition hall 0.50
- 14 Wrong apparatus chosen according to start order; penalty deducted one time from the final score of the exercise performed in the wrong order 0.50
- 15 For coach communication with the gymnast or the judges in any manner.0.50 RG Code 2022-2024 – Page 16/225

DIFFICULTY (D)

INDIVIDUAL EXERCISES

1. DIFFICULTY OVERVIEW

1.1. A gymnast must include only elements that she can perform safely and with a high degree of aesthetic and technical proficiency. Very poorly performed elements will not be recognized by the Difficulty (D) jury and will be deducted by the Execution (E) jury.

1.2. An element not in the Difficulty table that is not recognized by the D-jury will receive no value.

1.3. There are two Difficulty components:

- Difficulty of Body **(DB)**, including R
- Difficulty of Apparatus **(DA)**

1.4. Requirements for Difficulty

Difficulty Components

Difficulty of Body (DB) Highest 9 counted

Difficulty of Apparatus (DA) Minimum 1 Maximum 20 (in performance order)

Special Requirement



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Difficulty of Body Groups:

Jump/Leaps Minimum 1

Balances Minimum 1

Rotations Minimum 1

Full body waves (W) Minimum 2

Dynamic Elements with Rotation - R Maximum 5 (in performance order)

1.5. The Difficulty judges identify and record Difficulties in order of their performance regardless if they are valid or not:

- The first subgroup D- judges (DB): evaluates the number and value of DB elements; evaluates the number and value of R, recognition of W performed during the exercise. Judges record all elements in symbol notation.

- The second subgroup D-judges (DA): evaluates the number and value of DA elements and the presence of required Fundamental apparatus technical elements. Judges record all elements in symbol notation.

1.6. Penalties for missing the minimum required number of Difficulties and non-compliance with special requirements are applied when a Difficulty element is not attempted at all.

1.7. The performance order of Difficulties is unrestricted; however, the arrangement of Difficulties should respect the choreographic principle that the Difficulties should be arranged logically with connecting elements and movements in harmony with the character of the music. RG Code 2022-2024 – Page 17/225

2. DIFFICULTY OF BODY (DB)

2.1. Definition: DB elements are Jump, Balance and Rotation elements from the Difficulty Tables (# 9, 11, 13) in the Code of Points ().

2.1.1. In case there is a difference between the textual description of the DB and the drawing in the Tables of DB, the text prevails.

2.1.2. Procedure for New DB:

- Coaches are encouraged to submit new DB that have not yet been performed and/ or do not yet appear in the Tables of DB

- New DB should be submitted officially to the FIG RG Technical Committee (TC) via the FIG office by the National Federation with electronic mail or post

- The request for approval/evaluation of the element must be accompanied with the descriptive text in English, with drawings of the element and a video

- The new DB will be reviewed by the TC at its next meeting upon receipt of the request

- If approved by the TC, the new DB will be published in a Newsletter.

- Sometimes the element is not approved by the TC.

- The decision will be communicated as soon as possible in writing to the concerned Federation

- Approved DB can be performed internationally for the first time at an official

- FIG Group 1, 2, or 3 competition



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- Approved New Difficulties of Body will be added to the DB Tables following each **World Championships/Olympic Games**

2.2. Requirements:

2.2.1. 9 highest Difficulties in the exercise will be counted.

- Jumps/Leaps
- Balances
- Rotations

2.2.2. At least 1 element from each Group of Difficulties of body.

2.2.3. An exercise with less than 3 DB performed (# 2.2.2) will be penalized: 0.30 for each Body Group missing.

2.2.4. Each DB is counted only once. If the DB is repeated, the Difficulty is not valid (No Penalty)

2.2.5. It is possible to perform 2 or more identical (same shape) Jump/Leaps or Pivots in series:

- each Jump/Leap or Pivot in the series is evaluated separately
- each Jump/Leap or Pivot in the series counts as 1 Jump/Leap or Pivot Difficulty Explanations Same shapes Elements are considered the same if they are listed in the same box in the Difficulty Table Different shapes Elements are considered different if they are listed in different boxes in the Difficulty Table, including elements in the same family but in separate boxes RG Code 2022-2024 – Page 18/225

2.3. Value: DB are valid when performed according to the technical requirements listed in the Tables of Difficulties (# 9, 11, 13). Evaluation of DB is determined by the body shape presented: to be valid all DB must be performed with a fixed and defined shape, which means: the trunk, legs and all corresponding body segments are in the correct positions to identify a valid DB shape.

Examples: • 180° split position; • touching of any part of the leg for Difficulties with back bend of the trunk; • closed ring position; • stag position, • etc.

2.3.1. When the shape is recognizable with a small deviation of 10° or less of one or more of the body segments, the DB is valid with an Execution Penalty: 0.10 for a small deviation for each incorrect body segment

2.3.2. When the shape is recognizable with a medium deviation of 11-20° of one or more of the body segments, the DB is valid with an Execution Penalty: 0.30 for a medium deviation for each incorrect body segment

2.3.3. When the shape is not sufficiently recognizable with a large deviation of more than 20° of one or more of the body segments, the DB is not valid and receives an Execution Penalty: 0.50 for each incorrect body segment.



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2.3.4. Exception: criterion “back bend of the trunk” performed during Jumps/Leaps with a large deviation will receive an Execution penalty but the base value of the Jump/Leap may be valid if available in the table without “back bend” and performed according to the basic characteristics.

2.4. DB must be performed with a minimum of 1 Fundamental apparatus technical element specific to each apparatus and/or Non-Fundamental apparatus technical element.

2.4.1. DB is in connection with an apparatus technical element (Fundamental and/or NonFundamental) if the apparatus technical element is performed at the beginning, during, or towards the end of the DB. Explanations How can the judges understand the difference between 100 deviations and 110 deviations? The angles are just a guideline. Judges will learn to think in terms of small, medium and large deductions RG Code 2022-2024 – Page 19/225

2.4.2. An isolated DB under the flight of a high throw or “Boomerang” is valid, according to the following:

- An isolated DB under the flight of a high throw or “Boomerang” of the apparatus is valid in the exercise as long as the DB is executed according to the basic characteristics required to be valid.
- Isolated DB “under the flight” is a type of handling; therefore, it may be performed only one time in each exercise regardless of the type of throw/boomerang.
- An isolated DB performed under a small throw is not valid.
- If an isolated DB is performed under the flight, it is not possible to perform another DB of any value with that throw and/or catch, regardless of the possible presence of a DA element on the throw and/or catch
- If the apparatus is lost after the DB under the flight, the DB is not valid
- A Combined Difficulty may not be performed “under the flight” of the apparatus
- Series of Jumps/Leaps (with or without rotation): includes throw of the apparatus during the first DB, second DB under the flight, and catch during the third DB. If the apparatus is lost during the third DB in the series, neither the DB under the flight nor on the catch are valid. Only first DB performed during throw of the apparatus is valid. This series is possible in addition to an isolated DB performed one time under the flight.

2.4.3. If the apparatus technical element is performed identically during two DB, the second DB in performance order is not valid (No Penalty): Exception for identical Jumps/Leaps in series and identical Pivots in a series

2.5. Combined Body Difficulties: 2 Body Difficulties performed in a connected, consecutive manner (without hop and without travelling on the support leg). All DB must be from the Tables of Body Difficulties (# 9, 11, 13).

2.5.1. Difficulties included in the Combined Difficulty can be • from different Groups of Body elements (same or different shapes) or • from the same Group of Body elements but must be in different shapes.



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2.5.2. The first DB in the Combined DB determines to which Body Group it belongs. 2.5.3. If a gymnast combines 3 Body Difficulties in a valid manner, the first 2 Difficulties are valid as a Combined Difficulty, and the 3rd Difficulty is valid as an isolated DB.

2.5.4. Each of the 2 DB of the Combined Body Difficulties must each be performed with one Fundamental and/or Non-Fundamental apparatus element. (2 different apparatus elements, one for each DB).

2.5.5. Combined Body Difficulties are counted as 1 DB.

2.5.6. No more than 3 Combined Body Difficulty may be performed in an exercise: • Only 3 Combined Body Difficulties will be evaluated

- Additional Combined DB will be evaluated as isolated DB (No Penalty)

2.5.7. The value of the Combined Body Difficulty is the value of each independent DB added together, as long as the connection is executed according to the requirements (# 2.5.10- 2.5.14) RG Code 2022-2024 – Page 20/225

2.5.8. If the requirements for the connection or for one of the DBs are not met, the 2 DB will be evaluated as isolated DB and validated if performed according to the requirements for each: Only first DB valid, only second DB valid, or two isolated DB valid.

2.5.9. DB used in a combined DB may not be repeated as DB in isolation or in another combined DB; a repetition of a DB will not be valid.

2.5.10. Combined Body Difficulties with Jump/ Leap may be performed in the following ways: Jump/Leap+Jump/Leap Jump/Leap+Balance (or vice versa) Jump/Leap+Rotation (or vice versa)

- Without change of support leg or extra step between Difficulties, necessarily including a plie between the Jump/ Leap and Balance or Rotation (or vice versa)
- With Balance only in relevé
- With Rotation only in relevé (Pivot)

2.5.10.1. Any jump(s) performed with take-off from or landing with two feet are not authorized in Combined Body Difficulty.

2.5.10.2. Leap Difficulty #26 “Two or three successive Split Leaps with change of take-off foot” cannot be used with another Difficulty for a Combined Difficulty.

2.5.11. Combined Body Difficulties with Balance and Balance must be performed: • without change of support leg, heel support, plie or extra step between Difficulties

- with both DB and the connection in releve



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2.5.11.1. Balances #4-5, #9-10, #12-15, #18 with hand support (also Fouetté Balance with these shapes) can be used as part of a Combined Difficulty but another Balance must be either with a change in the trunk position (upright / trunk backward at the horizontal / backbend with split / trunk side at the horizontal / trunk forward) or leg direction (forward / side / backward).

2.5.11.2. Balance with “Slow Turn” cannot be used as part of a Combined Difficulty

2.5.11.3. Balances (#19-26) performed on other parts of the body or Balances performed on flat foot of the support leg are not eligible for Combined Difficulties.

2.5.11.4. Dynamic Balances (#27, 28 and #30-34) cannot be used with another Difficulty for Combined Difficulty.

2.5.11.5. Balance #29 Fouette: This Difficulty may be performed as the first part of a Combined Difficulty, if after the Fouette Balance, the connection with another Balance is executed in releve without heel support or plie.

2.5.12. Combined Body Difficulties with Balance (first) and Rotation (second) must be performed:

- without change of support leg or extra step between Difficulties
 - with possible heel support and plie during the connection
 - with both DB in releve
- 2.5.13. Combined Body Difficulties with Rotation (first) and Balance (second) must be performed:
- without change of support leg or extra step between Difficulties
 - with both DB in releve
 - without heel support or plie during the connection

2.5.14. Combined Body Difficulties with Rotation and Rotation must be performed:

- without change of support leg or extra step between Difficulties
 - with both DB in releve
 - without heel support or plie during the connection
- RG Code 2022-2024
– Page 21/225

2.5.14.1. Rotation Difficulty #24 Fouette may be performed as the first or second part of a Combined Difficulty if, after the Fouette pivot, the connection with another pivot will be executed in releve.

2.5.14.2. Rotation Difficulties #25 Illusion may be performed as the first or second part of a Combined Difficulty if the Illusion itself (the rotation part) and the connection with another Pivot is executed in releve without heel support. In illusions with multiple rotations, heel support is permitted between the rotations on relevé.



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2.5.14.3. Rotation Difficulties #26 Penche and #27 Sakura, which are performed on flat foot, may be connected as the second part of a Combined Difficulty with Pivots in releve. The connection must be performed without change of the support leg or extra steps between Difficulties, without plie or interruption or starting the rotation on flat foot as with “Slow Turn.” The Pivot in releve and Rotation on flat foot must be in different shapes.

2.5.14.4. Rotations performed on other parts of the body (#28-33) are not eligible for Combined Difficulties.

2.5.14.5. Rotations in releve (Pivots) including more than one shape (#10TR, #18GA, #20GZ) are not eligible for Combined Difficulties.

2.6. To be valid DB must be performed without the following technical faults:

- A major alteration of the basic characteristics specific to each group of DB
- Loss of balance with support on one or both hands or on the apparatus
- Total loss of balance with fall of the gymnast while performing the DB
- A loss of apparatus during DB
- Apparatus handling not performed according to the definition

2.7. Each exercise must have 2 full body waves (W). A full body wave is a sequential contraction and decontraction of all the muscles of the body, along the “chain” of body segments like an “electric current,” from the head, through the pelvis, to the feet (or vice-versa). The participation of the arms are determined by the apparatus handling and/or choreography.

2.7.1. The full body wave may be from the Difficulty Tables 11 (#28) and Difficulty Table 13 (#4) in the Code of Points; a Fundamental or Non-Fundamental apparatus element is required for full body waves which are DB in the DB Tables.

2.7.2. Full body waves which are modifications of DB waves (planes, start positions, leg positions, arm movements, etc that are different than the definitions in the DB Tables) may be performed provided that the wave is performed by the whole body.

2.7.3. Full body waves which are modifications of DB waves do not require Fundamental or nonFundamental Apparatus Elements; the apparatus must be in motion during the wave and (not static). These types of full body waves (modifications of DB) may be repeated.

2.7.4. An exercise with less than 2 full body waves, performed separately from each other, will be penalized 0.30 for each missing wave. RG Code 2022-2024 – Page 22/225



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3. FUNDAMENTAL AND NON-FUNDAMENTAL APPARATUS TECHNICAL GROUPS

3.1. Definition:

3.1.1. Every apparatus (, ,) has 4 Fundamental apparatus technical elements. Each element is listed in its own box in Table #

3.1.2. Every apparatus (, ,) has Non-Fundamental apparatus technical elements. Each element is listed in its own box in Tables # 3.6; # 3.7.

3.2. Fundamental apparatus technical elements may be performed during Difficulties of the Body – DB, Difficulty of Apparatus – DA or connecting elements between Difficulties and Dance Steps Combinations. Fundamental apparatus technical elements performed during R are not registered.

3.3. Requirements: 3.3.1. Each exercise must have a minimum number of each Fundamental Apparatus Groups (see #3.6).

3.3.2. When the required Specific Fundamental Apparatus Elements validate a DB, they must be different (#2.4.3.). Otherwise, Specific Fundamental Apparatus Elements may be repeated/the same. **Penalty: 0.30 for each missing Fundamental apparatus elements**

3.3.3. Penalties for missing the minimum required number of Fundamental apparatus elements are applied when a Fundamental apparatus element is not attempted at all or not performed according to its definition:

- Long roll with small bounces: Valid with E penalty. Short roll: Not valid (not according to its definition).
 - 4 oval spirals of the ribbon: Valid with E penalty. 3 circles of the ribbon: Not valid (not according to its definition).
- 3.4. Certain apparatus technical elements which include two required actions to be valid (a release in any form and a catch) may validate only one DB or DA element; such elements include:
- Bounce of the Ball
 - Small throw/ catch of any apparatus (and all its variations, see # 3.7.2)
 - Rebound of any apparatus (except Ball) from the floor
 - Echappe of the Ribbon
 - Boomerang of the Ribbon

3.5. “High throw” and “Catch from a high throw” are two different apparatus Groups (“Bases”). If a “high throw” is correctly executed for a DB or DA element but the subsequent “Catch from a high throw” results in a loss of apparatus, the Base “high throw” is valid and the Base “Catch from a high throw” is not valid. RG Code 2022-2024 – Page 23/225

VII.1.1 Apparatus

* Rope length: ----- based on gymnasts’ height (optional)

* Hoop dimensions: ----- 700-800 mm diameter, 300g minimum



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- * Ball dimensions: ----- 160-180 mm diameter, 300g minimum
- * Clubs dimensions: ----- 300-400 mm
- * Weight: 150 g. min, / Shape: Bottle Shape / Diameter of head: 30 mm maximum
- * Elementary(developmental/pre junior) gymnasts are allowed to use smaller than junior sized clubs.
 - * Ribbon length – 4 meters I length, with 1 meter fold at the end attached to the stick.

For **SECONDARY** level competitions, the use of apparatus which complies with standard dimensions set by the FIG in Junior International competitions is required, including the ribbon length (which needs to be 5 meters according to FIG Junior Regulations).

Penalty: (Coordinator Judge) 0.50pts for the use of non-conforming apparatus.

VII.1.1.1 Competition Uniform

- * A correct RG leotard must be in non-transparent materials; therefore, leotards that have some parts in lace will have to be lined (from trunk to chest).
 - * The neckline of the front and back of the leotard must no further down than half of the sternum and the lower line of the shoulder blades.
 - * Leotards may be with or without sleeves, but dance leotards with narrow straps are not allowed.
 - * The cut of the leotard at the top of the legs must not go beyond the fold of the crotch (maximum), undergarments worn beneath the leotards should not be visible beyond the seams of the leotard itself.
 - * The leotard must be tight-fitting to enable the judges to evaluate the correct position of every part of the body ; however, decorative applications are allowed as long as they do not jeopardize the safety of the gymnast.
- * It is allowed to wear: long tights over/under the leotards, a one-piece tight-fitting unitard, a skirt that does not fall further than the pelvic area, the style of the skirt is free.
- * Bandages and support pieces cannot be in colors and must be of skin color.

Penalty: (Coordinator Judge): 0.30 point deduction if any of the above is violated.

VII.2 Coach

Delegation Uniform

VII.3 Technical Official

SRAA 2020 issued uniform/White blouse with Collar and Black Slacks

LXII.

TECHNICAL OFFICIALS

VIII.1 Qualifications

- F. Below 55 years Old
- G. Undergone National and Regional Accreditations
- H. Served as Technical officials of RG in lower meets.



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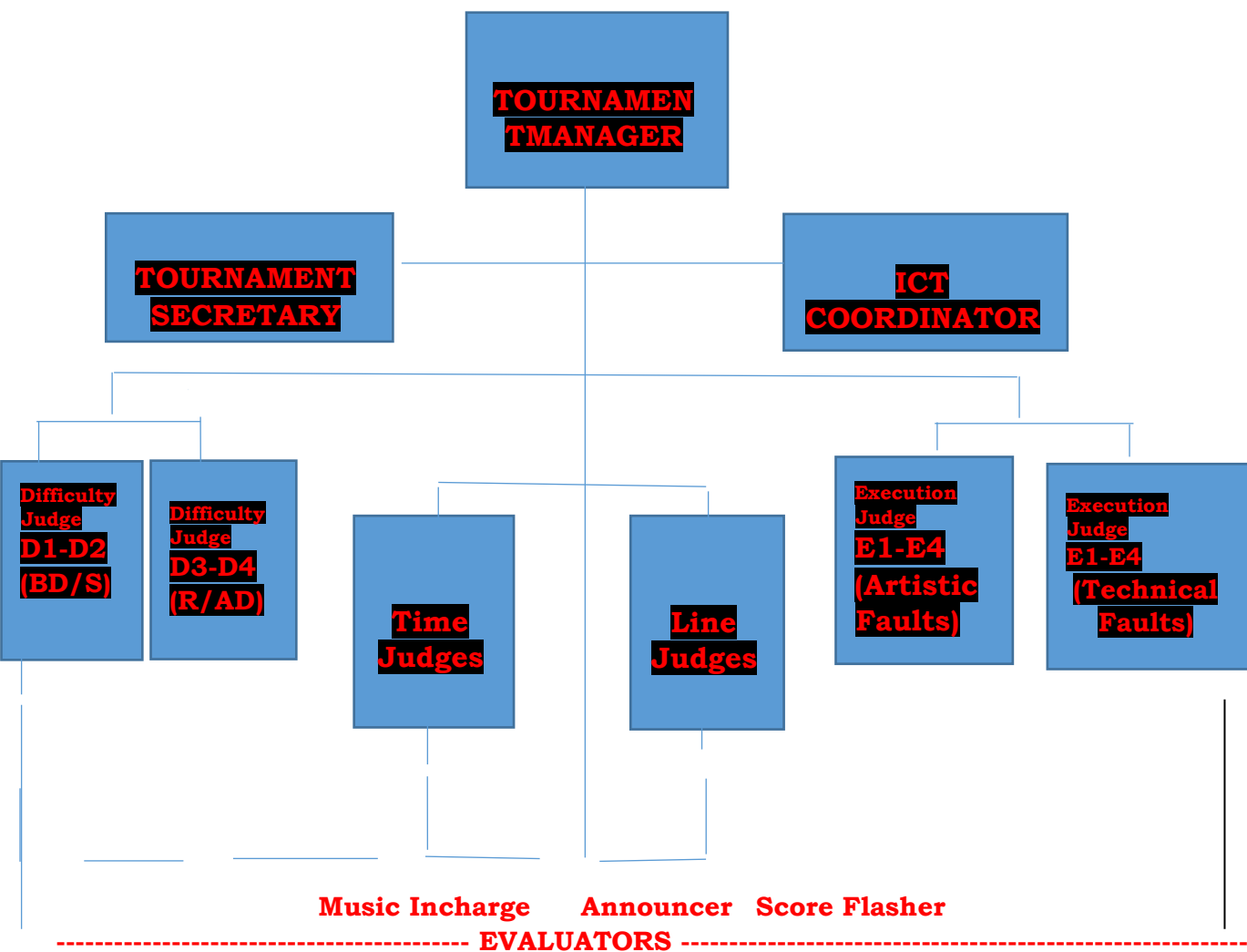


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- I. With Good Moral Character
- J. Physically Fit (Present Medical Certificate.)

VIII.2 Organizational Structure

**ORGANIZATIONAL CHART
RHYTHMIC GYMNASTIC (RG)**



JURY COMPOSITION AND FUNCTIONS

TOURNAMENT MANAGER

Has the overall accountability for managing the tournaments.



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SECRETARY

* **Functions of the Secretaries** need to have knowledge of the Code of Points and a computer; they are usually appointed by the Tournament Manager. Under the supervision of the RSO (Regional Sport Officer).

Jury they are responsible for the accuracy of all entries into the computers, adherence to the correct order of the teams and gymnasts, raising the green and red flag lets, correct flashing of the Final Score.

ICT

To design, maintain and service system that are used to save, retrieve and send data

To prepare and present the order of reports and documents.

Superior Jury

Judges' Panels for **Individual** and Group For official FIG Competitions, World Championships and Olympic Games, each Jury (**Individual and Groups**) will consist of 2 groups of judges:

D- Panel (Difficulty), and E- Panel (Execution).

VIII.3 Terms of Reference (based on organizational structure)

8. Tournament Manager
9. Tournament Administrator
10. Tournament Secretary
11. ICT Expert
12. DB-Judges
13. DA- Judges
14. Execution 1-4 Judges
15. Artistry 1-4 Judges
16. Lines Men 1-2
17. Time Judge
18. Announcer
19. Music Encharge
20. Score posting incharge

LXIII. CONDUCT OF THE COMPETITIONS

Competition format

There will be three competitions for each discipline as follows;

Competition I – Team Championship;

Competition II – Individual All Around;

Competition III – Individual Event Finals.

TEAM CHAMPIONSHIP



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The team with the highest total scores obtained by the gymnast on each apparatus shall be declared the winner.

TIE-BREAKING

- 1. All-Around Finals:** the gymnast with the lowest total deduction prevails.
- 2. Team Competition:** the team with the lowest combined total deduction prevails.

INDIVIDUAL ALL AROUND

- * All team members shall be ranked. The gymnast garnering the highest total score in all apparatus/events will be the Individual All-Around Champion per category.
- * There will be IAA Champions per category:
 - * Elementary IAA – 1st / 2nd / 3rd
 - * Secondary IAA - 1st / 2nd / 3rd
- * If by any chance a division places first, second and third in the all-around scores, the division will be awarded gold, silver and bronze medals respectively.
- * In cases of ties, FIG rules for tie-breaking will be observed.

APPARATUS FINALS

- * Eight finalists, per event in each category will make it to the Apparatus/Event Finals with a maximum of two gymnasts from each region/team in the case of (Elementary and Secondary only).
- * Two alternates (ninth and tenth place) will standby in case of the top eight finalists becomes injured or sick and will be unable to compete.

SUBSTITUTION

- * In the case of apparatus/Event Finals, substitution must be done 24 hours prior to the competition through informing the Tournament Manager if any of the top eight finalists for the Apparatus/event Finals would not be able to compete due to injury/sickness. The rank 9 and 10 who are alternates per apparatus/event re the only ones eligible for the substitution. The alternates, once informed/called upon by the Tournament Director, must be prepared to compete and will work in accordance with the order of the gymnast replaced.

TEAM CHAMPIONSHIP

The Team Score will come from the accumulated scores of the 3 gymnasts per level.

Elementary Level:

Elementary- 4 Apparatus /Events (3 Gymnasts)

Total: 12 Apparatus /Events

Secondary level:

Secondary - 4 Apparatus /Events (3 Gymnasts)

Total: 12 Apparatus /Events



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LXIV. DETERMINATION OF WINNER

Winners for each competition shall be determined by the total points earned for each event/apparatus scores obtained.

LXV. SELECTION COMMITTEE

XI.1 Composition

Rhythmic Gymnastics (RG) Officiating Official for SRAA 2020

Chairman: Tournament Manager

Secretary

Judges

Coach

Tournament Supervisor

Consultant

XI.2 Qualifications for Judges

* Undergone Regional or National Accreditation

* Physically Fit (Present medical Certificate)

* Possesses Good Moral Character

XI.3 Terms of Reference

* Recommended by the DSO (Division Sport Officer)

LXVI. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

XII.1 Selection of Recommended Athletes

*It will be based on the result of the Individual All-around.

Note: top 3 highest score in IAA (ELEMENTARY and SECONDARY)

XII.2 Selection of Recommended Coach

* It will be determined in the number of Gold gained by their gymnasts.

Note: Individual All-around

XII.3 Selection of Recommended Chaperon

* Having Chaperon in RG is case to case basis.

If the coach is a male, HE IS REQUIRED TO HAVE A FEMALE CHAPERON,
but if the coach is a female, THERE IS NO NEED TO HAVE A CHAPERON.

LXVII. MEDALS AT STAKE *(Based on number of events/disciplines)*

XIII.1 Medals to be Awarded

Elementary Level

Gold 8

Silver 8

Bronze 8

Secondary Level

Gold 8

Silver 8



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Bronze 8

XIII.2 Medals to be Counted (Over-all ranking)

Elementary Level

Gold 6

Silver 6

Bronze 6

Secondary Level

Gold 6

Silver 6

Bronze 6

LXVIII. SPECIAL AWARDS (*Certificate of Recognition*)

Certificate of Recognition for all the coaches.

LXIX. PROTEST, PENALTIES, AND SANCTIONS

Regional Level

XV.1 Protest

* **Verification of scores** must be done only by the Official Coach (appearing in the Gallery of Athletes) in writing and submitted right after the announcement/flashing of the gymnast's score. This should be addressed only to the Tournament Manager.

* **Submission of complaints and protest** (written) should be done within **15 minutes** right after the score is announced / flash signed by the Division Sports Officer. Late inquiries will not be entertained. A coach is not allowed to complain against a gymnast from another team.

* **Validity of scores** in cases where the scores announced/flashed differs from what is in the official computer tabulation of the Judge Secretary, the scores registered in the computer of the Judge Secretary prevails.

* **Inquiries of the score** on the **Difficulty Score** is **allowed**, however, inquiries on the **execution** score is **NOT ALLOWED**.

XV.2 Penalties



LXX. PROPOSED SCHEDULE OF THE GAME



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Not yet final

XV.1 Official Practice Day

Schedule of Practice: May 13- 18, 2024

TIME	DIVISION	VENUE
6:00 – 7:30 A.M		
7:30 – 9:00		
9:00- 10:30		
10:30 – 12:00		
12:00 – 1:30 P.M		
1:30 – 3:00		
3:00 – 4:30		
4:30 – 6:00		
6:00 – 7:30		

XV.2 Competition Proper

Based on the official schedule date of RG competition

LXXI. RISK ASSESSMENT

XVII.1 Proposed Plan of Action

PROCESS RISK ASSESSMENT								
RISK /ISSUES	RISK PRO-BABILITY	IMPACT TO CUSTOMERS	RISK IMPACT	CORRECTION	RISK PRIORITY	OPPORTUNITIES FOR IMPROVEMENT	TIME LINE	SUCCESS INDICATORS



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1. Inappropriate lighting	H I G 12 H	Performance will be destroyed	H I 12 G H	Proper lighting is recommended	144	Ask assistance from the host.	MAY 2024	100% effective and efficient addressing Priority Improvement Area
2. Inadequate ventilation	M E D I 8 U M	Low performance of the athletes	M E D I 8 U M	Inform the Event coordinator	64	Propose to the event coordinator the conducive venue for the RG competition	MAY 2024	100% effective and efficient addressing Priority Improvement Area
3. Unsuitable Venue	H I 12 G H	Delay of the conduct of the game	H I 12 G H	Coordinate to the event coordinator	144	Suggest to the event coordinator the appropriate venue/proper podium.	MAY 2024	100% effective and efficient addressing Priority Improvement Area
4. Unpredictable weather condition	H I 12 G H	Performance will be affected	H I 12 G H	Re schedule the game	144	Ask assistance to the event coordinator for transfer of venue	MAY 2024	100% effective and efficient addressing Priority Improvement Area
5. Lack of equipment (Gymnastic mats)	H I 12 G H	Delay of the conduct of the game	H I 12 G H	Coordinate with the event coordinator	144	Inform the event coordinator the desired number of equipment to be used	MAY 2024	100% effective and efficient addressing Priority Improvement Area
6. Absence/lack of officials	H I 12 G H	Game will be delay	H I 12 G H	Official should be committed and prompt	144	Inform a head the RSO For replacement promptly.	January 2020	100% qualified officials.

LXXII. SECURITY & SAFETY PROTOCOLS

There will be security personnel and medical team at the venue.

LXXIII. MONITORING AND EVALUATION SYSTEM

XVIII.1 Performance Assessment

Refer to monitoring and evaluation tool from the region.

XVIII.2 Narrative Report



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The Tournament Manager shall submit a narrative report to the technical staff on the conduct of the tournament including the incident/s happened (if there is/are) at the end of the tournament.

XX: EFFECTIVITY

These technical guidelines shall take effect upon the approval of Regional Director.

2024 SRAA MEET TECHNICAL GUIDELINES

WOMENS ARTISTIC GYMNASTICS (WAG)

I. RULES and REGULATIONS

The *Federation Internationale de Gymnastique* (FIG) Code of Points 2022-2024, Updated Version will be used in the **SRAA 2024**. Gymnastics competition in consonance with the FIG Appendix to the COP, Technical Regulations, Statutes and Apparatus Norms. *Artistic Gymnastics* will observe the modified DepEd and GAP Artistic Age Group Program Elementary/Pre-Junior Level (FIG-AGDP 2021) while the Secondary level will observe the FIG Junior Category.

II. ELIGIBILITY

a. The RSAC Rules for eligibility shall apply:

- Age - The gymnast's age eligibility will be based on age on the cut-off date which is in the year of competition.
- Residency

III. COMPOSITION OF CONTINGENT

- Each region/team shall compose of three (3) gymnasts in per category (Elementary and Secondary)

DISCIPLINE	GENDER	NO. OF GYMNASTS		COACH	CHAPERONE
Women's Artistic Gymnastics	GIRLS	<i>Elementary: Cluster 1</i>	1	1	1
		<i>Elementary: Cluster 2</i>	2		
		<i>Secondary: Cluster 3</i>	3	1	1



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- 1 Coach per category (Elementary and Secondary)
- 1 Chaperone per category (Elementary and Secondary)

IV. DISQUALIFICATION

- The athlete who did not qualify in the eligibility rules of RSAC.
- The athlete proved to have knowingly broken any DepEd and GAP rules and regulations.
- Unsportsmanlike
- Disruptive Behavior of Coach

A coach who is found guilty of harassing or causing undue trouble *with or without direct* impact on the result/performance of the gymnasts/team will be given the ff. sanctions:

- Unsportsmanlike conduct, other flagrant and undisciplined behavior.
 - 1st time: Yellow card for coach (warning)
 - 2nd time: Red Card or removal of coach from competition/training area.
- Unexcused delay or interruption, speaking to active judges during the competition, speaking directly to gymnasts, give signals, shouts/cheers during the exercise, etc.
 - 1st time: -0.50 (from gymnast/team at event) & Yellow card to coach.
 - 1st time: -1.00 (from gymnast/team at event) & Yellow card to coach who speaks aggressively to active coaches.
 - 2nd time: 1.00 (from gymnast/team at event) & Red card & removal of coach from competition area.
- Incorrect presence of prescribed persons in inner circle during competition/ and or in the preparation of the apparatus.
 - 1.00 (from gymnast/team at event) & immediate red card & removal of coach from competition floor.

(FIG Table of Faults and Penalties shall be followed)

- The use of flash when taking pictures is *NOT allowed*. First offense will be issued a yellow card/warning and second offense will be issued a red card and will be escorted out of the competition venue immediately.



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V. SPORTS EVENTS / DISCIPLINES

- COMPETITION PROGRAM FOR ARTISTIC GYMNASTICS

WOMEN'S ARTISTIC GYMNASTICS				
Competition Structure				
Cluster	Age	Apparatus	Exercise Routine	Number of Athletes
ELEMENTARY				
1	Ages 7– 9 years old in the year of Palarong Pambansa competition (Born 2015-2017)	Single Bar Vault Floor Exercise Balance Beam	<i>Cluster 1: FIG Age Group Edition 1 2021 (HP1) (Compulsory)</i>	1
	(Ages 7-8 yearsold and turning 9 years old on 2024.)			
2	Ages 10 – 12 in the year of Palarong Pambansa competition (Born 2011-2014) (Ages 10-12 years old and turning 13 years old on 2024)	Floor Exercise Balance Beam Vault	<i>Cluster 2: FIG Age Group Edition 1 2021 Optional HP3</i>	2
SECONDARY				
3	Ages 13 – 18 (Born 2006-2011) (Ages 13-17 years old and turning 18 years old on 2024.)	Floor Exercise Balance Beam Vault	<i>Cluster 3: FIG 2022-2024 (Cycle XV) Junior</i>	3



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VI. CATEGORIES

- ELEMENTARY (GIRLS)
 - Cluster 1 Ages 7– 9 years old in the year of Palarong Pambansa competition (**Born 2015-2017, Ages 7-8 years old and turning 9 years old on 2024.**)
 - Cluster 2 Ages 10–12 years old in the year of Palarong Pambansa competition (**Born 2011-2014, Ages 10-12 years old and turning 13 years old on 2024.**)
- SECONDARY (GRILS)
 - Cluster 3 Ages 13 – 18 in the year of Palarong Pambansa competition (**Born 2006-2011, Ages 13-17 years old and turning 18 years old on 2024.**)

VII. PLAYING AREA AND EQUIPMENT

- **Playing Area**
The Playing area is 12 x 12 meters.
- **Apparatus**
The Women’s Artistic Gymnastics apparatus are Vault, Uneven Bars, Balance Beam, and Floor.

VIII. OFFICIALS

- Only DepEd Regional Accredited Officials are allowed to officiate in SRAA 2024.
- He / She must be Physically Fit.
- Must comply with the age requirement of SRAA Guidelines. If the Technical Official did not qualify due to this provision, the Tournament Manager or Secretary will make justification letter address to the Regional Sports Officer (RSO) for his/her participation.

Jury

Composition

Position	Number of Judges
Superior Jury	1
E-Jury (Execution)	8
D-Jury (Difficulty)	4



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Line Judges	2
Time Judge	1
TOTAL	16

Terms of Reference

- **Tournament Manager**

- Formulate standards for competition, playing venues and management of tournaments in the SRAA and lower meets.
- Develop technical guidelines of their respective sports.
- Participate/attend to activities relative to the conduct of 2023 SRAA Meet such as meeting and organizational planning.
- Ensure the readiness and preparedness for playing venues.
- Oversee the conduct of the 2024 SCPAA Meet.

- **Tournament Secretary**

- Secure the supplies and other equipment for the competition.

- **Assistant Tournament Director**

- Assist the TM to ensure that all the requirements for judging a competition and venue are satisfied.

- **Technical Director**

- To supervise the draw for the selection of judges in the different competitions and at the different apparatus. To direct, with the assistance of the TC/C members, the instructional meeting and the judges' briefing preceding the competition.

- **Reference Judges**

- To have an automatic and time saving correction system in case of problems with Execution scores.

- **Superior Jury**

- To deal with any breaches of discipline or any extraordinary circumstances affecting the conduct of the competition.



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- To assess a grave error of judgement on the part of one, or several, judges and to take such action as they consider necessary.
- To review the scores awarded by the judges and to issue a warning to any judge whose work is considered to be unsatisfactory or showing partiality.
- To remove and replace any judge who disregarded a previous warning.
- To take the final decision about inquiries as per Art. 8.4.
- Superior Jury is responsible for controlling the work of all judges and the Chair of Judges Panel according to the rules and to guarantee a correct publication of the final scores. It registers the deviations of the judges' scores.
- If there are repeated deviations, the Superior Jury has the right to warn or replace a judge with reserved judge.
- **D-Panel**
 - D- Panel Judges record the entire program content in symbol notation, evaluate independently, without bias and then jointly determine the D- score content. Discussion is allowed.
 - The D2- judge enters the D- score into the computer.
 - The D-score content includes the:
 - Difficulty Value
 - Composition Requirements
 - Connection Value, based on special rules for each apparatus

Difficulty 1 Judge

- To serve as liaison between the Apparatus Jury and the Apparatus Supervisor. The Apparatus Supervisor will then liaise when necessary, with the Superior Jury.
- To coordinate the work of the Time and Line Judges and Secretaries.
- To ensure the efficient running of the apparatus including the control of warm up time.
- To display the green light or other conspicuous signal to notify the gymnasts they must begin their exercise within thirty seconds.
- To ensure that neutral deductions for time, line, behavior faults are taken from the



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Final Score before being flashed.

- To ensure the following deductions are applied for: – failure to present before and after the exercise. – assistance during the: Exercise and Dismounts – short exercise

E-Panel

- Observe the exercises attentively, evaluate the faults and apply the corresponding deductions correctly, independently and without consulting the other judges.
- Record the deductions for: – General Faults – Specific Apparatus Execution Faults
- Complete the score slip with a legible signature or enter their deductions into the computer.
- Be able to provide a personal written record of their evaluation of all exercises (Execution and Artistry Deductions)

- **Line Judges**

- Determine on FX and VT stepping outside of the border marking and to acknowledge the fault by raising a flag.
- Inform the D1 judge of any violation or deduction; sign and submit the appropriate written record.

- **Time Judge**

- Time the duration of the exercise (FX & BB)
- Time the duration of the fall period (BB & UB)
- Time the duration between the green light and the commencement of the exercise
- Ensure adherence to the warm-up time (For non-adherence, written information to the D- panel)
- Give on an audible signal to the gymnast and D- panel (BB)
- Control timing of the duration of the exercise. Sign and submit the appropriate written record with any violation or deduction and pass it to the coordinator judge (D1). Control time violations and record the exact amount of time over the time limit or less if there is no computer input.



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- For Aerobic Gymnastics, time the late appearance or walk-over, time fault, time infraction, interruption and/or stop of the performance.
- **Judge Secretaries**
 - The secretaries need to have knowledge in the Code of Points and computer.
 - They are usually appointed by the Organizing Committee under the supervision of the Superior Jury.
 - They are responsible for the accuracy of all entries into the computers, adherence to the correct order of the teams and gymnasts, operating the green and red lights or flags, and correct flashing of the Final Score
- **Music Custodian**
 - In-charge of music of all the participants and order of performance.
- **Announcer**
 - Introduce the gymnast before the start of the performance.
 - Facilitate the opening, closing, and awarding ceremonies.
 - Informing the audience of what is coming on in the future. They describe changes to programs and sometimes interrupt broadcasts with urgent news or apologies for faults.

IX. PROTEST, PENALTIES AND SANCTIONS

Only official coach will be allowed to ask queries.

Queries

- Verification of scores must be done by the Official Head Coach in writing and submitted right after the announcement of the gymnast's score. This should be addressed only to the Tournament Manager.
- Only queries about the DV Score, review line and time penalties will be entertained. Comparison of scores with the scores of other gymnasts will not also be entertained.
- Validity of the scores (FIG Technical Regulations, Section 1, Art. 8.4) – in cases where the scores announced/flushed differs from what is in the official computer



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tabulation of the Judge Secretary, the scores registered in the computer of the Judge Secretary prevails.

- Inquiries of the score (FIG Technical Regulations, Section 1, Art. 8.5) – inquiries on the Difficulty Score are allowed, however, inquiries on the execution score is not allowed.
- Submission of Queries (written) should be within four (4) minutes right after the score is flashed.
- Judges' decision is final. (Based on the FIG COP)

X. CONDUCT OF THE COMPETITION

- **Competition Ages**

The gymnast's age eligibility will be based on her age in the year of Palarong Pambansa competition.

- **Warm-up and Assistance**

- A spotter / Coach is required for Uneven Bars/Single Bar event for all Clusters. A deduction of .3 will be taken off from the Final Score on Uneven Bars if the spotter/coach leaves during the performance of the routine.
- For Cluster 1: .30 deduction if coach touches the gymnast during the element, value of the element will be deducted if the coach assists in the completion of the element.
- For Cluster 2 and 3: 1.00 deduction will be taken in the final score each time if spotting assistance (help) was done in Uneven Bars/Single Bar, Balance Beam, and Floor Exercise specifically:
 - if the coach/spotter helps gymnast after element completed and no CV and No DMT bonus;
 - if coach/spotter helps gymnast to perform element, then also no DV, CV, CR, and no DMT bonus
- Soft safety mats (5, 10, 20 cm) are permitted on all apparatus without penalty except Floor Exercise. The use of a safety mat on Floor Exercise will result in a 0.30 (age group) deduction and 0.50 deduction (Cluster 3) from the Final Score.
- A *safety-collar* must be used for all round-off entry vaults. Failure to use it will result in a Final Score of zero (0) point. (Apparatus Chair will not allow the gymnast to begin until a safety collar is present.)
- The use of any non-permitted supplementary equipment will have a



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corresponding deduction of .50.

- Cluster 1 & 2: There will be a *general warm up of 30 minutes* prior to the competition. No touch warm up before each apparatus for Cluster 1 only.
- Cluster 2 & 3: Warm-up will follow the FIG Warm up Rule: gymnasts are allowed touch warm-up before each event.

- **General Judging Rules**

FIG 2022 – 2024 Code of Points and *FIG 2021 Age Group Development Program* rules and regulations with modification, Technical Directives, Specific Apparatus Deductions and Table of General Faults and Penalties will be used. A gymnast has option to qualify for Competition

XI. SPECIFIC REGULATIONS

- **Specific Judging Rules**

- **Cluster 1: Compulsory Exercises**

- **Maximum D-score is from 10.00**
- **Maximum E Score is also from 10.00**
 - a. Change or omission of an element or a part without value will result in the deduction of 0.10 each time.
 - b. The addition of an element will result in the deduction of 0.30 each time from the D score.
- Deduction for wrong floor pattern is 0.50. The floor pattern can be changed in direction only in its entirety.
- Error in line of direction of an isolated element .10 deduction each time
- Error in line of direction of a full section of floor pattern .20 deduction each time
- Individual elements can turn left or right-an intermediate step is permitted if required to be in the right position.
- Each of the minor elements has a value of 0.10
- Errors in arm movements and positions are deducted as errors in execution maximum of 1.00 for the entire routine
- Errors in choreography=0.10 each time to a maximum of 1.00 for the entire routine.
- All exercises may be reversed in their entirety including the elements with Difficulty Value (Major Elements).
- Only Springboard provided by the organizers will only be used by all gymnasts.



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No changing of springboard and springs may not be removed.

Cluster 2: Optional Exercises for Beam, Floor and Uneven Bars

- Only vaults stated in the Age Group Development Program (AGDP) will be allowed, their corresponding vault values.
- For UB, BB and FX, the DV will be based on the recognized elements performed as defined by the FIG COP and the AGDP modifications, such as recognition of any legitimate gymnastics element that is not recognized in the current FIG COP as an A-value element based on individual apparatus requirement for HP3.
- Each Compositional Requirement (CR) is **0.30**.
- May repeat one skill of B or C value.
- Any connection bonus that applies (FX, BB, UB only).

The E-Score deductions:

For Clusters 1 :

Small Error: 0.1	Medium Error: 0.2	Large Error: 0.3	Fall: 0.5
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For Clusters 2 & 3: The E-Score deductions follow FIG Judging Rules

Small Error: 0.1	Medium Error: 0.3	Large Error: 0.5	Fall: 1.0
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* The Final Score is determined by adding the D-Score to the E-Score.

Element Values and Maximum Number of

Elements (Cluster 2)

Maximum Number of Elements	A-part value	B-part value	C-part value	D-part value
8	0.1	0.2	0.3	0.4

(E value and higher not permitted)

(Cluster 3)

Maximum Number of Elements	A Part Value	B Part Value	C Part Value	D Part Value	E Part Value	F Part Value	G Part Value
8	0.1	0.2	0.3	0.4	0.5	.6	.7



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Evaluation of Short (or long)

Exercises (Clusters 2)

No. of Elements	8-10	7	6	5	4	3	2	1
Max. E-score	10.0	10.0	6.0	6.0	4.0	4.0	2.0	2.0

Clusters 3)

- For the execution and artistry of presentation, the gymnast may earn a maximum E-Score of 10.00.
- The D-panel will take the appropriate neutral deduction (penalty) for a short Exercise from the Final Score
 - 7 or more elements – no deductions
 - 5-6 elements - 4.00
 - 3-4 elements - 6.00
 - 1-2 elements - 8.00
 - No elements -10.00

Vault:

- Cluster 1:* 80 cm stack
- Cluster 2:* Table at 1.15 m – 1.25 m, Yurchenko collar
- Cluster 3:* FIG Standard Height, Yurchenko collar

Single Bar / Uneven Bars:

Cluster 1: high enough to accommodate the tallest gymnast. Bar may be lowered or mats may be added before competition

*Cluster 2: FIG Standard (HB =2.50 m, LB = 1.70m) *20 cm safety mat is permitted*

*Cluster 3: FIG Standard (HB =2.50 m, LB = 1.70m) *20 cm safety mat is permitted*

Balance Beam

- Cluster 1:* 80 cm
- Cluster 2 & 3:*1.25 m

Floor (for all clusters) 12 x 12 m



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Summary of Specific Regulations and Compulsory Exercises

CLUSTER 1 (Elementary: Compulsory Exercises for ages 7-9)

VT	FIG Age Group Class 1 2 Choices:	A 2nd attempt is permitted, but with 1.0 deduction
HP1	1. From run, hurdle onto vault board and jump from 2 feet to hands with straight body and fall to back on a soft mat of 80 cm height.	2. Salto forward stretched from a vaulting board.

Single Bar

HP1

FIG Age Group Class 1

1. Starting from hang, lift to chin up position and pullover to front support
2. Cast to horizontal to immediate back hip circle
3. Immediate under bar cast above 45°) and long hang swing backward
4. Swing forward and swing backward
5. Swing forward and swing backward
6. Swing forward and swing backward
7. Swing forward and swing backward to push off dismount (on 5th backward swing) and land on mats.

CLUSTER 2 (Ages 10-12)

Elementary - Optional for BB, FX and Uneven Bars)

BB	FX	Uneven Bars
HP3	HP3	HP3



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<p style="text-align: center;"><i>FIG Age Group HP 3</i></p> <p>8 skills maximum for D-score (Maximum 4 can be Acro elements)</p> <ol style="list-style-type: none"> 1. Two connected dance Elements 2. Minimum full turn on 1 foot 3. Acro series min one flight element 4. Dismount <p>May repeat one skill of B</p>	<p style="text-align: center;"><i>FIG Age Group HP 3</i></p> <p>8 skills maximum for D-score</p> <ol style="list-style-type: none"> 1. A passage with three two dance elements 2. Acrobatic element forward 3. Acrobatic element backward 4. Dismount-Salto 	<p style="text-align: center;"><i>FIG Age Group HP 3</i></p> <p>8 skills maximum for D-score</p> <ol style="list-style-type: none"> 1. Long hang swing with min ½ turn to handstand on the same bar 2. Close Bar element-min B 3. One transitions between Bars. 4. Dismount
<p>or C Value for Difficulty.</p> <p>* No “D” dismount</p>	<p>*May repeat one skill of B or C Value for difficulty.</p> <p>* No “D” salto</p> <p>* No Connection Bonus</p>	<p>* Jump from low bar to high bar is permitted without deduction</p> <p>*May repeat one skill of B or C Value for difficulty.</p>

<p>VT <i>FIG Age Group Class 3</i></p>		<p>A 2nd attempt is permitted, but with 1.0 deduction</p>
<p>HP3</p>	<p>Handspring= 2.00 Handspring ½= 2.20 Handspring 1/1= 2.50 Handspring 1 ½= 2.70 Handspring Front Tuck= 2.70 Handspring Front Tuck ½= 2.90 Handspring Front Pike= 2.90 Handspring Front Pike ½= 3.10</p>	<p>½ on= 2.00 ½ on ½ off = 2.20 ½ on 1/1 off= 2.50 Tsukahara Tuck= 2.70 Yurchenko Tuck= 2.70 Yurchenko Tuck 1/1= 2.90 Yurchenko Pike= 2.90 Yurchenko Straight= 3.10</p>

In the Qualifying Competition, the first vault counts towards the Team and the All Around Competition. Gymnasts who wish to qualify for the apparatus finals must perform 2 different vaults.



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CLUSTER 3 (Secondary: FIG 2022-2024 for VT, UB, BB & FX)

Optional FIG 2022-2024 (BALANCE BEAM)	Optional FIG 2022-2024 (FLOOR EXERCISE)	Optional FIG 2022-2024 (VAULT)
<p><i>Maximum 8 highest difficulties including the dismount are counted for DV.</i></p> <p><i>*No DMT -0.50 from Final Score (D Panel)</i></p> <p>*Minimum 3 Dance *Minimum 3 Acro and 2 optional elements</p> <p>1. One connection of at least 2 different dance elements, 1 being a</p>	<p><i>Maximum 8 highest difficulties including the dismount are counted for DV.</i></p> <p><i>*No DMT -0.50 from Final Score (D Panel)</i></p> <p>*Minimum 3 Dance *Minimum 3 Acro and 2 optional elements</p> <p>1. A dance passage composed of two different, leaps or hops, (from the</p>	<p>* In the Qualifying competitions (CI): the 1st vault score counts <i>toward the team and/or All-Around Total.</i></p> <p>The gymnast who wishes to qualify for the Apparatus Final must perform two (2) vaults as per the Junior Level Apparatus Final rules.</p>



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<p>leap or jump with 180° split (<i>cross or side</i>), or straddle position. = 0.50</p> <p>2. Turn (<i>Gr. 3</i>) = 0.50</p> <p>3. One acro series, min. of 2 flight* elements - 1 being a salto (<i>elements may be the same</i>). = 0.50</p> <p>4. Acro elements in different directions (<i>fwd/swd and bwd</i>). = 0.50</p> <p>*Flight elements with or without hand support.</p>	<p>Code) connected directly or indirectly (<i>with running steps, small leaps, hops, chassé, chainé turns</i>), one of them with 180°cross/side split or straddle position. = 0.50</p> <ul style="list-style-type: none">▪ No jumps or turns are permitted because they are stationary. Chainé turns ($\frac{1}{2}$ turns on two feet) are allowed because they are traveling steps.▪ Leaps and hops must land on one leg if performed as the 1st element in the dance passage. <p>2. Salto with LA turn (min.360°) = 0.50</p> <p>3. Salto with double BA= 0.50</p> <p>4. Salto bwd and salto fwd (no aerials) in the same or different acro line. = 0.50</p> <p><i>*Note: CR 2, 3, & 4 must be performed within Acro line.</i></p>	<p>* Apparatus Finals (CIII):</p> <p>- Gymnast must perform two (2) different vaults (can be from the same Vault Group).</p>
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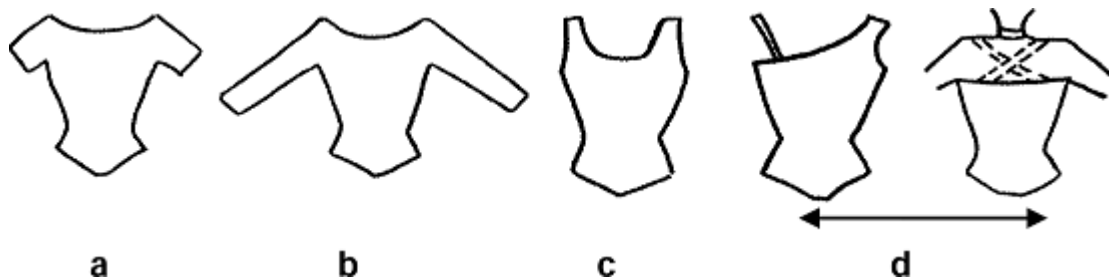


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Uneven Bars	FIG 2022-2024
1. Flight element from HB to LB	= 0.50
2. Flight element on the same bar	= 0.50
3. Different grips (not cast, MT or DMT)	= 0.50
4. Non-flight element with min. 360° turn (<i>Not MT</i>)	= 0.50

• **WOMEN'S ATTIRE**

- Women must wear a one-piece leotard with flesh coloured or transparent tights or a full-length unitard (one-piece leotard from neck to ankle).
- Different types of sequins are allowed.
- The neckline of the front and back of the leotard/unitard must be no further than half of the sternum for the front and no further than the lower line of the shoulder blades for the back.
- The cut of the leotard at the top of the legs must not go higher than the waist and the outside seam must pass through the crest of ilium. The leotard must cover the crotch completely.
- Attire for women may be with or without long sleeves (1 or 2 sleeves). Long sleeves end maximum at the wrist. Transparent material allowed for sleeves.



**XII. DETERMINATION OF
WINNER**

Finals



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Eight finalists, per event will make it to Competition III or the Apparatus Finals. Two alternates (ninth and tenth place) will standby in case any of the top eight will not be able to compete.

A maximum of two (2) gymnasts per region may qualify to compete in Individual Apparatus Finals (Comp. III).

Individual All-Around (Comp. II)

All team members shall be ranked. The gymnast garnering the highest total score in all events will be the Individual All - Around Champion.

There will be IAA Champions per category:

- Elementary- Cluster 1- IAA – 1st / 2nd / 3rd
Cluster 2- IAA – 1st / 2nd / 3rd
- Secondary- Cluster 3- IAA – 1st / 2nd / 3rd

In case three (3) gymnasts from a region place first, second and third in the all-around scores, the region will be awarded gold, silver and bronze medals respectively.

In cases of ties for all three slots, FIG Rules for tie-breaking will be observed.

Team Championship

For Secondary (Cluster 3), scores of the three (3) gymnasts from each region for all apparatuses will be tallied and ranked per team. Teams who ranked first, second and third will be given gold, silver, and bronze medals. Coaches will receive certificates only.

For Elementary (Clusters 1 & 2), the team score will come from accumulated scores of gymnasts from Cluster 1 and Cluster 2 for four (4) events. Teams who ranked first, second and third will be given gold, silver, and bronze medals. Coaches will receive certificates only.

XIII. MEDALS TO BE CONTESTED

Categories	Gold	Silver	Bronze
Elementary	11	11	11
Secondary	6	6	6



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Total	17	17	17
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Category	Competition / Event	Awards		
<i>Elementary Cluster 1</i>	Individual-All-Around	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Bar	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Floor Exercise	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Balance Beam	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Vault	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
<i>Elementary Cluster 2</i>	Individual-All-Around	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Floor Exercise	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Balance Beam	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Vault	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
<i>Combined Scores</i> <i>IAA</i>	Team Championship	First Place – 3 Golds	Second Place – 3 Silvers	Third Place – 3 Bronzes
<i>Secondary Cluster 3</i>	Individual-All-Around	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Floor Exercise	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Balance Beam	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
	Vault	First Place – 1 Gold	Second Place – 1 Silver	Third Place – 1 Bronze
<i>Combined Scores</i> <i>IAA</i>	Team Championship	First Place – 3 Golds	Second Place – 3 Silvers	Third Place – 3 Bronzes

Total Medals	24 Gold Medals	24 Silver Medals	24 Bronze Medals
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Note: Extra medals will be given in case there is a tie.

XIV. PROPOSED SCHEDULE OF THE GAME

Day 1

7:00 a.m. – 7:30 a.m. – Opening Program



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8:30 a.m. – 10:00 a.m. – Balance Beam Competition
10:00 a.m. – 12:00 p.m. – Floor Exercise
12:00 p.m. – 1:00 p.m. – Lunch Break
1:00 p.m. – 3:30 p.m. – Vault Competition
3:30 p.m. – 5:00 p.m. – Bar Competition

Day 2

Awarding Ceremony

XV. SAFETY STANDARDS AND HEALTH PROTOCOLS

Principles

- Keep physical interactions with others to a minimum.
- Avoid physical contact, including hugs and handshakes.
- Keep two meters, distance from athletes and at least one meter from others, including in operational spaces.
- Avoid enclosed spaces and crowds where possible.
- Complete and follow what you describe in your activity plan.
- Cough into your mask, sleeve, or tissue.
- Avoid using shared items where possible or disinfect them.
- Pro-actively monitor your personal health using the application.

XVI: EFFECTIVITY

This technical guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

SEPAKTAKRAW

I. RULES AND REGULATIONS

I.1 TOURNAMENT GROUND RULES

The 2024 SOCCSKSARGEN Regional Athletic Association Meet, specifically the Sepaktakraw competitions showcasing the skills of top athletes from the different elementary and secondary schools of five (4) cities and four (4) provinces of Region XII, shall be held on May 13-17, 2024 in General Santos City.

The tournament shall be run in accordance with the ISTAF (International Sepaktakraw Federation) Law of the Game 2024 currently enforced, the 2024 Palarong Pambansa Sepaktakraw Technical Guidelines, 2024 SRAA Meet Technical Guidelines, and DepEd No. 40, s. 2012.

For purposes of reference, the General Policy shall be:

1. The Official Color of All Technical Officials is black except on the official uniform provided by RO XII - SOCCSKSARGEN.
2. All Referees may be assigned to any or all of the six events of Sepaktakraw.
3. The Staging Area shall be made known by the Tournament Manager (TM) during the Referee & Solidarity Meeting.
4. No Warm-up or Practice is allowed inside the Official Field of Play (FOP).
5. Match Timing of 8:00 a.m. or 9:00 a.m., etc. means Referee calls "Love All" shall be applied.
6. No Re-Scheduling of Matches shall be done unless approved by the TM. The time indicated in the Game Schedule is an estimated time and the rule of succession shall be followed. The court assigned to any Match may also change as the need arises.
7. No Technical Official talks to the Press unless approved by DepEd RO XII through the Tournament Manager and/or Regional Sports Officer.
8. All are obliged to attend the Opening Program as scheduled.
9. First Matches for all events shall be done as scheduled.
10. Any unforeseen incidents not covered by the rules shall be dealt with as follows:
 - 10.1 Case of a general nature shall be resolved in accordance with the SOCCSKSARGEN Regional Athletic Meet Game Rules.
 - 10.2 Technical questions shall be referred to and resolved by the Technical Committee.
 - 10.3 In case of problems in the Court of Play not covered by the existing ISTAF rules, the final decision shall be by the Tournament Manager with the Official Referee, Court Referee, and Referees concerned.



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I.2 NUMBER OF EVENTS/NUMBER OF ATHLETES

There will be six (6) events to be contested:

Elementary Boys Regu (EBR)	-	4 players
Elementary Boys Double (EbD)	-	3 players (from ER Players)
Secondary Girls Regu (SGR)	-	5 players
Secondary Girls Double (SGD)	-	3 players (from GR Players)
Secondary Boys Team (SBT)	-	12 players
Secondary Boys Regu (SBR)	-	5 players (from BT Players)

I.3 MODE OF COMPETITION

I.3.1. BOYS TEAM (BT), GIRLS REGU (GR), and ELEMENTARY REGU (ER)

The tournament shall be played in a Single Round-Robin system grouped into two (2) A and B for the Elimination Round of BOYS TEAM, GIRLS REGU, and ELEMENTARY REGU Events. The losers of this round shall be declared Ranks 5 to 8 based on their win-loss points.

The top two (2) teams in each group shall advance to the crossover final elimination round where two (2) out of three (3) Regus or Sets shall be applied. The score of 2-0 or 2-1 shall be given to the winning team.

Rank 1 of Group A and the Rank 2 of Group B shall play for Match 12 while Rank 1 of Group B and the Rank 2 of Group A shall play for Match 14. The losers of the two Matches shall play for Bronze (Match 15) while the winners shall play for Silver and Gold (Match 16).

I.3.2 BOYS REGU (BR), GIRLS DOUBLE (GD), and ELEMENTARY DOUBLE (ED)

For Boys Regu, Girls Double, and Elementary Double Events, the tournament shall be played in a Knockout System with the following competing teams: Rank 1 vs. Rank 8; Rank 2 vs. Rank 7; Rank 3 vs. Rank 6; and Rank 4 vs. Rank 5 of the Boys Team, Girls Regu, and Elementary Regu.

I.4 DETERMINING THE WINNERS USING THE POINT SYSTEM SCHEME

The score of 2-0 or 2-1 shall be awarded to the winner of the Match or Set.

If two teams share the same win-loss points, the “win-over-the-other” scheme and if so needed, the number of sets won for the BOYS Team (in case of another tie/s, the total points won shall be the bases); and total points won for the Girls and Elementary REGU and Double events shall be the bases of determining the winner.

In case of triple ties, the number of sets won for the BOYS Team (in case of another tie/s, the total points won shall be the bases); and total points won for the Girls and Elementary REGU and Double events shall be the bases of determining the winner.

If in case there will be another tie/s, a coin toss shall be considered.

I.5 Consequences of Walkover and Abandonment

Any team that concedes a walkover or causes a match to be abandoned shall be considered to have lost the particular match and a score of two (2) sets to zero (0) set



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regardless of the number of sets having been played already in the match or a score of 2-0 for the winning team of Boys Team Event.

In such circumstances, the medal shall be awarded to the next higher-ranked team based on the (a) number of matches played and won, (b) number of sets won, and (c) aggregate scores whether they won or not from All their matches.

For purposes of ranking and reporting by the competition management, the team responsible for the walkover or abandonment shall be placed at the bottom of the rankings.

The decision of the Referee during the conduct of the tournament is final and irrevocable.

I.6 ENTRIES AND REGISTRATION NAMES

The teams should only follow the Main Registration of its athletes' names submitted to the DepEd Regional Screening Committee as scheduled before the conduct of the SRAA Meet. The team is not allowed to change its players before its first match unless the signature of approval of the Chairperson of the Regional Screening Committee is affixed.

Filled-up Entry Forms shall have been submitted to the table official 30 minutes before the scheduled Match. Failure to do this, the team shall not be allowed to enter the Field of Play. Upon the start of the competition, no Team shall be allowed to change the list of players listed in the submitted entry form.

In the case of the Boys Team, no team is allowed to change the Groupings by Regu (three regular players plus 1 reserve player) other than what has been listed in the Entry Form submitted by the Coach for the First Match of the Boys Team Event.

For the Regu Event, where entry is a concern due to a Team having 4 players only per school, the Coach can nominate 1 Reserve Player from the 12 athletes to complete the 5 players.

I.7 START OF THE MATCH AND SCHEDULE OF THE GAMES

Five (5) minutes before the scheduled Match, athletes and coaches must be at the staging area for the coin toss and final instructions by the Court Referee. **Rules of the Game of Succession** shall be applied. **Fifteen-minute grace period** shall be given to the team after the last or conclusion of the last match following their game schedule. Non-appearance of the team after the grace period given shall mean forfeiture of the game in favor of the opposing team.

I.8 WEARING OF UNIFORMS

Participating teams and coaches may wear their delegation uniform or the color of their respective division/ delegation.

Players must wear their jerseys with permanent numbers at the back and front of their shirts, numbering 1-36.



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I.9 MISCONDUCT OF TEAM OFFICIALS

Disciplinary action shall be taken against Team Officials or their team for any misconduct or disturbances committed by the official or team during the tournament whether in or outside the court.

Only the coaches and athletes are allowed to enter the Field of Play (FOP). Athletes are not allowed to warm up at the FOP.

I.10 Reporting Time of Teams and Technical Officials

All Technical Officials and Referees should arrive at the field of play (FOP) one hour before the posted time of the match. On the other hand, all Teams should arrive at the field of play (FOP) one hour before the expected time of their match, considering the **RULES OF THE GAME OF SUCCESSION.**

I.11 PROTESTS AND APPEALS

All entries are presumed to have been decided with finality by the Regional Screening and Accreditation Committee, therefore, any protest on eligibility shall not be entertained by the Sepaktakraw Tournament/Competition Management Team.

All matters arising from the actual conduct of the match that will push teams to file a protest utilizing the official Protest Form of Sepaktakraw and in conformance to the 2024 SRAA Meet's set standard on protest shall require its filing addressed to the Regional Director, ATTENTION: Jury and/or Appeals Committee.

II. ELIGIBILITY

Eligibility of athletes shall be in accordance with the set guidelines of the Regional Screening and Accreditation Committee currently enforced.

III. COMPOSITION OF THE CONTINGENT/DELEGATION

The Sepaktakraw competing teams in all six events are the official representatives of the eight (8) schools divisions of Region XII-SoCCSKSarGen.

IV. DISQUALIFICATION

IV.1 Any disqualification of athlete and coach in terms of eligibility shall be determined by the Regional Screening and Accreditation Committee before the conduct of the Sepaktakraw Tournament.

IV.2 Any disqualification of athlete and coach during the conduct of the tournament shall be determined based on the degree or level of misconduct or violation of the law of the game as stipulated in Rule No. 16 of the ISTAF Law, and therefore be dealt with or penalized by the technical committee in conformance to the 2024 ISTAF Law of the Game currently enforced.

V. EVENTS

- V.1 Competition in Secondary Level
Secondary Boys Team (SBT)
Secondary Boys Regu (SBR)
-



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Secondary Girls Regu (SGR)
Secondary Girls Double (SGD)

V.2 Competition in Elementary Level
Elementary Boys Regu (EBR)
Elementary Boys Double (EBD)

VI. CATEGORIES

VI.1 Secondary – Boys
VI.2 Secondary – Girls
VI.3 Elementary – Boys

VII. PLAYING AREA, EQUIPMENT AND COMPETITION UNIFORM

VII.1 Playing Area

VII.1.1 Field of Play (FOP)

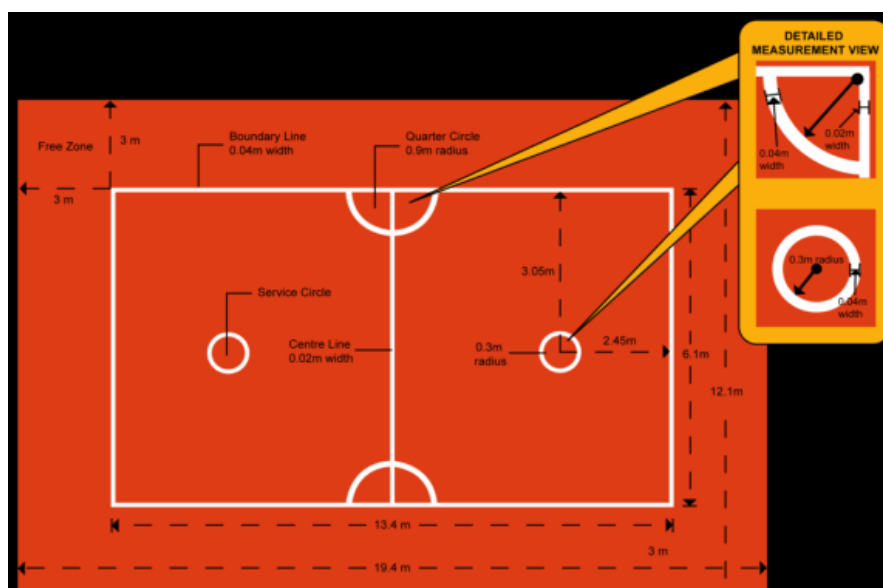
A covered FOP that accommodates at least 4 Courts of Play (COP) is required.

VII.1.2 Court of Play (COP)

Each COP shall have a width of 6.1 m and a length of 13.4 m with a free zone of 3 m from the sidelines and back line.

VII.2 Equipment

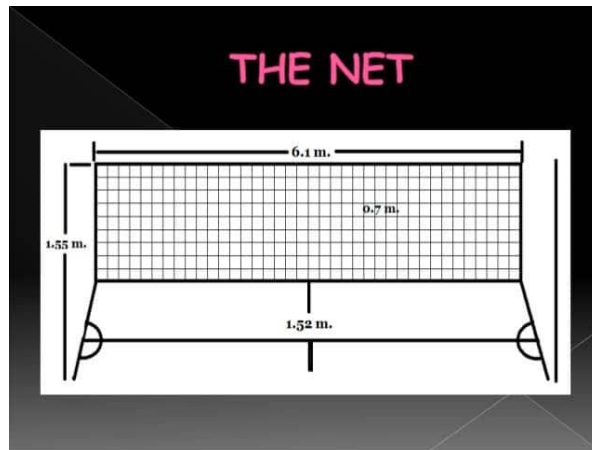
VII.2.1 The Sepaktakraw Court





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VII.2.2 The Sepaktakraw Net



The net shall be made of fine nylon cord with a mesh of 0.06m to 0.08m.

The net is 0.7m in width and must not be shorter than 6.1m in length placed vertically over the axis of the Centre Line. Two side bands of 0.05m wide shall be fastened vertically to the net and placed above each sideline. These are considered part of the net.

The net shall be edged with a 0.05m wide tape, doubled at the top and bottom. It must be supported by a fine cable that runs through the tape, strains over and flushes at the top of the post.

The height of the net at the center of the court shall be 1.52m for men and 1.42m for women while the height at the posts shall be 1.55m for men and 1.45m for women.

VII.2.3 The Post



The posts shall be 1.55m for men and 1.45m for women in height from the floor and must stand firmly to maintain high net tension. It should be made with very strong materials and shall not be more than 0.05m in radius.

The position of the posts shall be erected firmly 0.3m away from the sidelines and shall be in line with the Centre Line.



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VII.2.4 The Sepaktakraw Ball



For Girls/Elementary



For Boys

The Sepaktakraw ball shall be spherical in shape, and made of synthetic fiber with one woven layer.

The Sepaktakraw ball without synthetic rubber covering shall consist of the following characteristics: 12 holes, 20 intersections, a circumference measuring from 0.41m to 0.43m for men and from 0.42m to 0.44m for women, a weight that ranges from 170g (grams) to 180g for men and from 150g to 160g for women.

VII.3 The Sepaktakraw Player's Clothing

VII.3.1 **The Sepaktakraw Player's Attire**



All jersey shall be numbered on both the front and back. A player shall be assigned only one number from 1 to 36 throughout a tournament. The numbers shall not be less than 19 centimeters in height on the back, and not less than 10 cm in height on the front within the chest area.



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A team shall have a minimum of two sets of jerseys of different color. If both teams are wearing the same color jerseys, then the home team shall change. When the match is played in a neutral venue, the team listed first on the match program shall make the change.

VII.3.2 The Sepaktakraw Shoes



Shoes

The sepaktakraw player must wear the sport shoes with rubber soles without heels.

VII.3 Competition Uniform

VII.3.1 Athlete

The athlete must wear the official delegation playing uniform at FOP/COP during the games. This must be in conformance to the requirement set by the Law of the game currently enforced

VII.3.2 Coach

The coach must wear the official delegation uniform at the FOP/COP or at the designated area for coaches during the competition.

VII.3.3 Technical Official

The Technical Official must wear the official regional uniform provided by the Regional Office for the current SRAA Meet during the opening program, first day of the Tournament and on the day of the championship match. The rest of the days of the tournament, they are required to wear the official uniform of the Sepaktakraw Technical official as agreed by the TO's. For 2024 SRAA Meet, black shirt with the official SOCCSKSARGEN Referee on Logo attached on the left chest, slacks, formal shoes, socks, belt are considered the official Sepaktakraw Technical Official's uniform.

VII.3.4 TOs, Team Managers, Coaches, Chaperons

The TOs, Team Managers, Coaches, and Chaperons shall not be allowed to enter the Field of Play, unless they wear the official uniforms.

VIII. TECHNICAL OFFICIALS

VIII.1 Qualifications



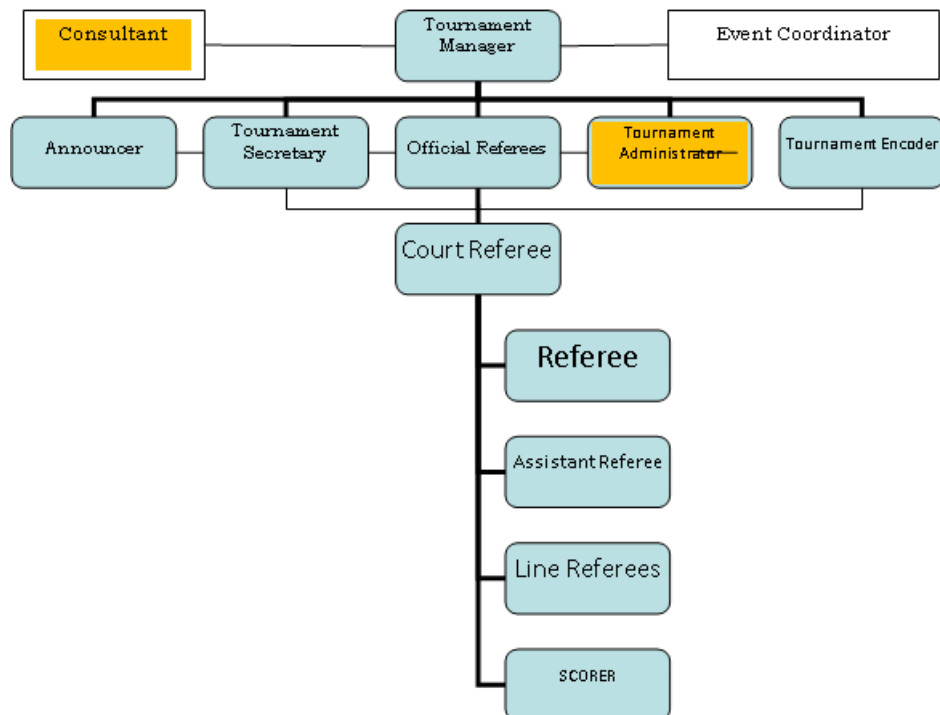
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He or she must be a permanent DepEd employee, and must pass the qualification requirements set by the Regional Sports Office.

VIII.2 Organizational Structure



VIII.3 Terms of Reference *(based on organizational structure)*

VIII.3.1 Tournament Manager, **Code TM:**

He or she has the overall accountability for managing and running the 6 events of the Sepaktakraw Tournament in accordance with the ISTAF Law of the Game, Palarong Pambansa and Regional Technical Guidelines currently enforced, RASAC Rules, and DepEd Order No. 12, s. 2012.

He or she

1. predetermines the Consultant, Tournament Administrators, Tournament Secretary, Tournament Encoder, Official Referees, and Referees (Referees, Assistant Referees, Line Referees), and Scorers.
2. ensures that rules are strictly observed.
3. signs verified and validated documents and reports for submission to the Regional Sports Officer.
4. ensures that Technical Guidelines are made understood by all concerned and conformed by all official coaches involved.



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VIII.3.2 Consultant

He or she serves as adviser and counselor of the Tournament Manager whenever the TM needs or seeks his or her advice or counsel for the attainment of the successful conduct of the Sepaktakraw Tournament.

VIII.3.3 Tournament Administrator, **Code TA:**

He or she works with and provides support to the Official Referee and acts as his or her assistant with the approval of the Tournament Manager.

VIII.3.4 Tournament Secretary, **Code TS:**

He or she serves as the secretariat and documenter of the Tournament. He or she ensures proper preparation of documents before submission to the RSO; and sees to it that all documents are properly filed and kept until the conduct of the next SRAA Meet.

VIII.3.5 Announcer

He or she serves as the Master of Ceremonies and is responsible for making announcements for the general public upon approval by the Tournament Manager.

VIII.3.6 Official Referee, **Code OR:**

He or she

1. is re-assigned by the Tournament Manager and shall be introduced to all during the Referee Refresher Meeting;
2. assigns the Court Referees, Referees, Asst. Referees, and Line Referees per Match where it is discouraged to apply a rotational format, instead to adopt a quality-based Referee given the degree of competition between teams playing;
3. has to monitor their assigned Court Referees per Match to ensure that timing is met as it is posted, equipment is appropriate, & scoresheets are secured;
4. needs to monitor that all equipment from each Court Referee are accounted for before the start of the day's Matches and after the day ends;
5. informs the next Playing Teams to warm up 30 minutes before their time of Match;
6. should sit beside the Court Referee as long and as often as possible as part of the monitoring of the Match;
7. does not need to bring any document during his or her watch/monitoring;
8. signs all the used Scoresheets under their Event;
9. talks to Coaches now and then for any concern such that this can be sensitively addressed;



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10. reports in writing any incident to the Tournament Manager in an Incident Report Format, attached with it, are the Incident Reports of the Referees and Asst. Referees involved;
11. sees to it that no one uses the FOP for warm-up and/or practice. After every match, the FOP should be clear from obstacles and persons, except the Technical Officials; and
12. does other necessary tasks as requested by the TM.

VIII.3.7 Court Referee, **Code CR:**

He or she

1. is identified and assigned on a per Match basis by the Official Referee;
 2. serves as the timekeeper of the entire and any Match including Time-outs, temporary suspension of the match, injury, and the likes;
 3. has to get the two Scoresheets for the Match from the Tournament table 5 minutes before Match time; Fills-up the time start (if blank), who to serve, used Reserve Players if 2nd Regu of Team Event, and the likes;
 4. has to instruct the Assistant Referee to get the Official Ball and put it on his or her (Asst. Referee) side of the Court 5 minutes before Match time;
 5. calls all his/her Referees to the staging area 5 minutes before the Match time;
 6. calls the Playing Teams to the staging area 5 minutes before their Match time;
 7. inspects the Players while at the staging area and initiates the Toss of Coin;
 8. signals the Tournament Table that they are ready to enter the Field of Play (FOP), 3 minutes before Match time;
 9. sees to it that the order upon entry to the FOP shall be CR, R, AR, LRs, and Team A, then Team B (unless a change of sides is chosen);
Note: Upon entry to the FOP, the Players of Team A and Team B will be introduced by the Tournament Table Official/ Announcer then followed by the introduction of Referees.
 10. sees to it that “shake hands” should only be done between players excluding Referees who will shake hands by themselves;
 11. maintains order during the Match by reminding Players to ask permission from the Referee whenever they adjust their uniform, wipe their perspiration, etc.;
 12. reminds Coaches to use their Team/Regu Captain if an inquiry is asked;
 13. talks to the Referee now and then, especially during time-outs, for any concern or missed calls so that early on, the adjustments are made;
 14. serves as the approving authority for any request by the Coach such as the application for an Injury Timeout. (Coaches do not have the right to call for an automatic Injury Time-out. The Coach MUST apply for the Injury Time-out, which must be approved by the Court Referee and Official Referee, if they are around with the recommendation of the Medical Team in attendance.)
 15. fills up the two scoresheets upon conclusion of the Match specifically the time to finish, winning team, duration & remarks. (It is not the Referee, who will fill these up.); and
 16. does other necessary tasks as requested by the OR and/or TM.
-



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VIII.3.8 Referee, **Code R:**

1. follows all instructions of his/her Court Referee;
2. makes all the necessary announcements of the Match;
3. is wise to call his/her Line Referees if a decision involves the sidelines or baselines;
4. follows strictly the **15-second Rule** for every interruption a Player or Coach makes during the Match;
5. gives a yellow card or red card as the need arises and records this on the Remarks section of the scoresheet;
6. should not recognize a Substitution unless the Player coming IN is on his/her side;
7. fills-up his/her scoresheet with scores, jersey numbers during substitutions, times during breaks, remarks such as injury time-outs made, temporary suspension of the match, and the likes, which include also the table found at the lower left portion of the scoresheet needing the points garnered per set by each team/regu;
8. does not fill up the time to finish, winning team, duration, & signature;
9. is the King/Queen of the Match, hence, he/she has to display firmness and integrity in his actions and decisions. He should not steal the limelight from the players; and
10. does other necessary tasks as requested by the OR, CR, and/or TM.

VIII.3.9 Assistant Referee, **Code AR:**

1. has to support his Referee throughout the Match;
2. calls any fault that he or she sees that might have been missed by the Referee twice;
3. shall not overshadow the Referee during their Match;
4. needs to approach the Referee on the serving side whenever time-outs or suspension of the match happens. His return to his position signals that time "is up";
5. calls all Players to go baseline and immediately approach the Referee to help in cases where Referees do not have a decision;
6. is an Assisting Time-keeper to the Court Referee;
7. MUST monitor the ball of the Match and be the one to return it to the Tournament Table or return it to the Ball Container at the back of the Assistant Referee position (Any lost ball shall be in the account of the Assistant Referee); and
8. does other necessary tasks as requested by the OR, CR, R, and/or TM.

VIII.3.10 Line Referee, **Code LR:**

1. decides ONLY IF called by the Referee;
2. controls the bench including the Coach from approaching the Referee;
3. monitors that no towel, bags or water shall be placed in front of the A-Boards;
4. if in case, Line Referee has no decision when called, he/she signals to approach the Referee to inform him/her (This allows the Referee to refer to the Court Referee or the other Line Referee for the collective decision.); and



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5. does other necessary tasks as requested by the OR, CR, R, AR, and/or TM.

VIII.3.11 Scorer

-shows the scores of competing teams during the conduct of the game.

VIII.3.12 Tournament Encoder, **Code TE:**

1. checks all used Scoresheets compiled in one folder according to the Schedule of Matches by the Tournament Secretary;
2. computes all points, tallies, and tabulates all results; and
3. is assigned as ICT In-Charge.

IX. CONDUCT OF THE COMPETITIONS

IX.1 The results of ranking in the previous year shall be the basis to determine the competing teams for the Elimination Round of the Boys Team, Girls Regu, and Elementary Regu Events.

:

- Group A – Ranks 1, 4, 5, and 8
- Group B – Ranks 2, 3, 6, and 7

IX.2 Knock-out System or Single Elimination shall be applied for the Boys Regu, Girls Double, and Elementary Double Events.

X. DETERMINATION OF WINNER

The team with the score of 2-0 or 2-1 shall be declared winner of the Game or Match.

XI. SELECTION COMMITTEE

XI.1 The approval of recommended athletes shall be based on the Palarong Pambansa determined number of athletes, coach, and chaperon and Technical Guidelines currently enforced.

XI.2 Composition

XI.2.1 Regional Selection Board:

They are responsible for the official selection of the official athletes, coach, assistant coach (in the case of the Secondary Boys Team only), and chaperon (in the case of Secondary Girls with Female Coach) based on the recommendation of the 2024 SRAA Meet Sepaktakraw Tournament Officials.

Approving Authority – Regional Director

Recommending Approving Authority – ARD



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Chairperson of the Selection Board - RSO
Members - DSO

XI.2.2 Tournament Selection Committee:

These are the composition of the Tournament Selection Committee.

Chairperson - Tournament Manager
Members - Official Referee Concerned
Court Referee/s Concerned
Tournament Administrator
Tournament Secretary Concerned
Tournament Encoder
Coaches and Assistant Coaches Concerned (for Secondary Boys where *Winner-take-all Policy* is observed by Regu considering the Options provided)

XI.3 Qualifications

The qualified members of the Tournament Selection committee are only the Technical Officials whose names are in the Roster of Officiating Officials during the conduct of the games of the particular event, the Tournament Encoder, the Tournament Secretary, the Tournament Administrator of the event, and the Tournament Manager as the chairperson.

XI.4 Terms of Reference

- Tournament Manager - verifies and recommends qualified athletes.
- Tournament Administrator - assists the TM and recommend qualified athletes
- Court Referee - justifies and confirms the performance of the athlete/s based on recorded statistics.
- Tournament Secretary - keeps records of the performance of the athletes and prepares needed documents to be submitted to the management.
- Tournament Encoder - checks the scoresheets and computes all the scores needed for the ranks of Regus for the determination of qualified athletes for Boys Team who will represent SRAA in the the next level competition.
- Concerned Coach/es – accept/s, recommend, and confirm/s the recommendation of the committee based on the Boys Team Competition results and the needed skills in case



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reserve player needs to be replaced to make the team more competitive

XII. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

XII.1 Selection of Recommended Athletes:

XII.1.1 For the selection of athletes for Secondary Boys, the top 2 best performing Regus (3 athletes plus 1 Reserve Player per Regu) based on the total number of wins in the Elimination Rounds, Crossover, and Championship Matches of Boys Team Event shall be part of the recommended athletes to represent the Region SoCCSKSarGen in the National Competition provided that each Regu and 1 reserve Player must come from the same school. The Reserve Players of the recommended Regus may be replaced by better-performing player from another Regu provided that he and the other three players come from the same school.

XII.1.2 To complete the Secondary Boys Team composition, the final result of the Regu Event shall be the basis in the determination of one (1) Regu and its Reserve athlete. If the champion Regu has been made part of the recommended two (2) Regus from the Boys Team Competition results, the next in rank shall be recommended and the Ranks of the Runners-up both in the SBT and SBR events shall be considered. All athletes per Regu shall come from one school only.

XII.1.3 The composition of the Secondary Boys Team that shall represent SRAA to the next level of competition shall follow any of these options that is applicable based on the results of the events:

OPTION	NO. OF SCHOOLS	NO. OF PLAYERS (1 Regu has 3 Regular Players plus 1 Reserve Player coming from 1 school only)
A	1	12 (3 Regus)
B	2	8/4
C	3	4/4/4

XII.1.4 For Secondary Girls and Elementary Boys, the Winner-take-all Policy shall be observed where all athletes from the champion team of the Regu Event shall be made part of the Secondary Girls and Elementary Boys Teams to represent Region SoCCSKSarGen in the National Competition. All athletes of each Team shall come from one school.

XII.2 Selection of Recommended Coach:

The Champion Coach of the Boys Team, Girls Regu, and Elementary Regu shall be recommended as the official coach of the team. The Assistant Coach of the Champion team or the Coach of the Recommended Regu/s other than the



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Champion Coach may be recommended as the Assistant Coach provided that he comes from the school of the recommended Regu/s.

XII.3 Selection of Recommended Chaperon:

The lady chaperon of the Champion team for the Secondary Girls shall be recommended as the official chaperon of the team if the champion coach is male.

XIII. MEDALS AT STAKE *(Based on the number of events/disciplines)*

XIII.1 Medals to be awarded

EVENT (CODE)	Final Rank	GOLD MEDAL (QTY)	SILVER MEDAL (QTY)	BRONZE MEDAL (QTY)
Boys Team (BT)	Champion	12		
	First Runner-Up		12	
	Second Runner-Up			12
Girls Regu (GR)	Champion	5		
	First Runner-Up		5	
	Second Runner-Up			5
Elem Regu (ER)	Champion	4		
	First Runner-Up		4	
	Second Runner-Up			4
Boys Regu (BR)	Champion	5		
	First Runner-Up		5	
	Second Runner-Up			5
Girls Double (GD)	Champion	3		
	First Runner-Up		3	
	Second Runner-Up			3
Elem Double (ED)	Champion	3		
	First Runner-Up		3	
	Second Runner-Up			3
TOTAL MEDAL QTY		32	32	32

XIII.2 Medals to be Counted (Overall Ranking)

Boys Team Event	-	1
Boys Regu Event	-	1
Girls Regu Event	-	1
Girls Double Event	-	1
Elementary Regu Event	-	1
Elementary Double Event	-	1
Total	-	6

XIV. SPECIAL AWARDS *(Certificate of Recognition)*

XIV.1 Athletes:

The Gold Medal and/or Certificate of Recognition shall be awarded to:

1. Best Tekong of three categories,



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2. Best Feeder of three categories, and
3. Best Striker of three categories.

XIV.2 Coaches and Technical Officials:

The Certificate of Recognition/Commendation shall be awarded to the Coaches and Officiating Officials for their exemplary and outstanding performance.

XV. PENALTIES AND SANCTIONS

Offenses or violations of the law of the game shall be dealt with in accordance with Rule No. 16 of the 2024 ISTAF Law of the Game currently enforced.

Offenses or violations of the policies and rules not stated in the ISTAF Law of the Game shall be dealt with in accordance with RSAC Rules and other legal bases.

XVI. PROPOSED SCHEDULE OF THE GAME

XV.1 Official Practice Day

Official Practices and/or Familiarization of the FOP/COP shall be done before the competition proper and upon the availability of the FOP and COP provided each team shall provide their equipment and maintain cleanliness and orderliness of the playing venue.

XV.2 Competition Proper

The general schedule of the games shall follow the schedule set by the Regional Management.

Rule of succession shall be strictly followed during the conduct of the actual Sepaktakraw Tournament. The fifteen-minute grace period shall be given to a team with the preceding game scheduled right before its next game.



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XVII. RISK ASSESSMENT

INFORMATION			
PROCESS NAME:	SRAA Meet 2024	PROCESS OWNER:	Sepaktakraw Regional Technical Officials
CUSTOMER:	Sepaktakraw Athletes, Coaches, Chaperons, Technical Officials.		

PROCESS RISK ASSESSMENT								
RISK/ISSUES	RISK PROBABILITY	IMPACT TO CUSTOMERS	RISK IMPACT	CORRECTION	RISK PRIORITY	OPPORTUNITIES FOR IMPROVEMENT	TIME LINE	SUCCESS INDICATORS
1. Unavailability of standard sports equipment	Medium (8)	Dissatisfied athletes and coaches during practice and actual events due to substandard specs of sports equipment	High (12)	Purchase the prescribed or standard sports equipment	96	Include in the Operations Manual of RSO the measures/specifications to purchase the standard sports equipment	May 2024	Provision / purchase of standard sports equipment to avoid injuries or casualties, to ensure proper conduct of tournament, and to allow athletes to utilize prescribed sports equipment
2. Delay in the conduct of the tournament due to unavailability of the standard, safe, and accessible covered playing venue that have covered FOP with at least 4 covered COPs	High (12)	Dissatisfied team official, coaches, athletes, chaperon, and spectators	High (12)	Inform the host division through the event coordinator for possible identification of the alternate playing venue/s that can provide standard, safe, and accessible covered Field of Play with at least 4 covered courts of play	144	Include in the operations manual of RSO the proper identification of the standard, safe, and accessible playing venues with field of play which can accommodate at least 4 covered courts	May 2024	Appropriate safe, and accessible playing venues provided on time to avoid delay and continuity of the games during the tournament
3. Insufficient number of	Medium (8)	Dissatisfied athletes	High (12)	Inform the Regional Office	96	Creation of Directory of Accredited TOs, with their names	May 2024	Enough reserve accredited TOs of Koronadal



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Technical Officials due to unavailability of accredited/qualified Technical Officials		, coaches, Team Officials, and spectators		of the need to approve the recommend additional accredited Technical Officials to replace the TOs who are not in attendance		stations, birthdate, contact numbers, and email addresses, that is readily available to determine additional TOs to be recommended to the Regional Sports Officer		who are readily available
4. Non-compliance with the Health and Safety Protocols to contain COVID-19	High (12)	Dissatisfied athletes, coaches, Team Officials, and spectators	High (12)	Provide all necessary requirements (material and human resources) to ensure compliance with and strict observance of Health and safety Protocols currently enforced by IATF to contain the spread of COVID-19		Inclusion of provision of material and human resources needed to ensure compliance with and strict observance of Health and Safety Protocols currently set by IATF	May, 2024	Safe and COVID free conduct of the Tournament/ Games

XVIII. SECURITY & SAFETY PROTOCOLS

XVIII.1 Before the Game

XVIII.1.1 The Referees must check the Court of Play for any dangerous object. Remove them and recommend safety precautions.

XVIII.2 They must ensure that complete equipment, tables and chairs, and reasonably necessary facilities (such as lights, sound system, etc.) are available.

XVIII.3. They must make sure that the players wear proper playing attire such as flat shoes with rubber sole, shorts and shirts. (*Refer to Sepaktakraw Attire.*)

XVIII.4. They must review the do's and don't's in playing the game to avoid untoward incidents.



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XVIII.5 The Tournament Management must make sure of the provision of all necessary health and safety requirements; and that no Official, Coach, or athlete is allowed to serve or participate in the Tournament/ Game if he or she is not compliant with the health and safety protocols currently enforced by IATF for Officials, Coaches, and Athletes at the Field and Court of Play to contain the spread of COVID-19.

XVIII.6 They must make sure of the presence of the medical team and security personnel before the start of each game.

XVIII.2 During the Game

XVII.2.1 The Referees inspect, observe, and supervise the players. Check if they are wearing the attire properly.

XVIII.2.2 If the referees observe that the players react unruly, he or she may signal to stop and resume the game when the players are ready.

XVIII.2.3 Referee ensures that players, coaches, and fellow referees observe/show adherence to the rules of the game.

XVIII.2.4 The Tournament Management must make sure that strict compliance with health and safety protocols currently enforced by IATF is observed by Officials, Coaches, and Athletes at the Field and Court of Play to contain the spread of COVID-19.

XVIII.3 After the game.

The Referee should

1. declare the winner;
2. do an inventory of materials;
3. ensure cleanliness and orderliness of the playing venue before leaving;
4. post-assessment and evaluation of the games; and
5. allow fellow TO's to express their "ways forward."

XIX. MONITORING AND EVALUATION SYSTEM

XVII.1 Narrative Report

The Tournament Manager shall submit a narrative report to the technical staff on the conduct of the tournament on an incident/s that happened (*if there is/are*) at the end of the tournament.

XX: EFFECTIVITY

These Technical Guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

SOFTBALL

I. RULES AND REGULATIONS

The rules and regulations that will govern the tournament will be world baseball softball confederation (2022-2025 WBSC) Rule book. With some modification stated in this ground rules.

II. ELIGIBILITY

The participant's eligibility totally lies within the result of screening committee regarding the eligibility of the players and coaches.

III. COMPOSITION OF THE CONTINGENT/DELEGATION

- A. Belongs to the 8 Divisions of the region 12 SOCCKSARGEN
- B. A team is composed of 12 players, one head coach, one assistant coach, one chaperon and Team Physician.

V. DISQUALIFICATION

Athlete(s) that was disqualified validated/screened by the RSAC and who was not included in the list of qualified athletes.

VI. EVENTS/DISCIPLINES

- V.1 Competition in Secondary Level:
- V.2 Competition in Elementary Level

VII. CATEGORIES

- VI.1. Elementary - Girls
- VI.2. Secondary - Girls

VIII. PLAYING AREA, EQUIPMENT AND COMPETITION UNIFORM

VII.1 Playing Area

- A .The area within which the ball being played and fielded up to and including the dead ball line.

VII.1.1 Standard requirement

- a. The playing field must have a clear and unobstructed area within the minimum
- b. The playing field shall have a warning track.

VII.1.2 Layout

- a. The official diamond lay-out must comply with the dimensions and specifications set by WBSC/ISF.

VII.2 Equipment/Materials

- a. Official balls shall be provided by the management.



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- b. Helmets are mandatory on offense for batters, on deck batter, batter runners and runners.
- c. Bats - only WBSC or ISF/ASA certified bats shall be allowed or as agreed by the competing teams during the pregame conference.
- d. Safety base or double bag system at the first base shall be used.
- e. Metal clits is strictly prohibited.
- f. Any player may wear glove, but only the catcher and first baseman may use a mitt.

VII.3 Competition Uniform

VII.3.1.a. Uniform is required with number below its name.

1.b. Borrowing and exchanging of uniforms shall not be allowed. Anybody caught using another number during the progress of the game shall be put out and be ejected from the game.

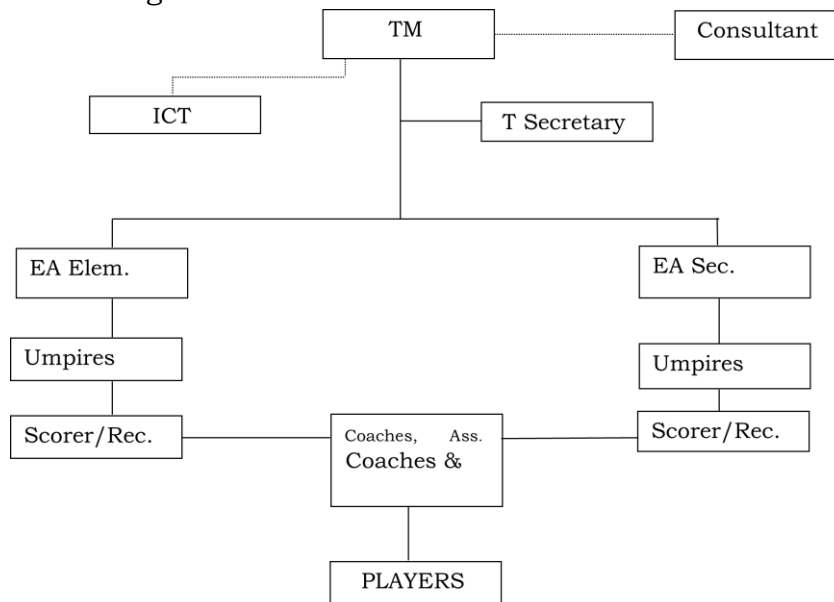
VII.3.2. A coach must be neatly attired, including the wearing of suitable footwear, and attire fitted in the event.

IX. TECHNICAL OFFICIALS

VIII.1 Qualifications.

Undergone the Training Seminar of technical officials done by the Region/National and the refresher activity before the conduct of the 2024 SRAA Meet.

VIII.2 Organizational Structure



VIII.3 Terms of Reference (based on organizational structure)

A. TM – Tournament manager



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1. The head of the tournament ensures the proper implementation of the rules during the tournament.
 2. Plot and prepare the games schedule.
- B. Consultant
1. Referral by the T.M. in the smooth operation of the tournament.
 2. Give assessment in the performance of umpires/PU after the game.
- C. TS – Tournament Secretary
1. Keeps the result of every game/tournament and team standing.
 2. Submit result of the game through ICT.
 3. Check documents and of qualified players/coaches/asst. coach/chaperon/player before the start of the tournament.
- D. ICT – Information Computer Technician
1. Send result of every game through messenger/email to the secretariat.
 2. Encode the names of the qualified players before the start of the tournament.
- E. EA Elem. – Event Administrator Elementary
1. Act as the team leader and manage the umpires assigned in elementary level.
 2. Make and submit narrative report.
 3. Member in the selection committee.
- F. EA Sec – Event Administrator Secondary
1. Act as the team leader and manage the umpires assigned in the secondary level.
 2. Make and submit narrative report.
 3. Member in the selection committee.
- G. Umpires – Technical Officials/Plate Umpire/Base Umpires
1. Are representatives of the tournament or organization by which they have been assigned to a particular game.
 2. The Plate Umpire has the authority to make decisions on any situations not specifically covered by the Rules.
 3. A base umpire will assist the PU in every way to enforce the rules.
- H. Scorers – Recorder
1. Prepare or caused to be prepared and keep records of a game.
 2. Be the sole authority for all scoring decisions involving judgement.
 3. Determine whether a batter's advance to first base is the result of a hit or error.
- I. Coaches, Asst. Coaches and Chaperon



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1. A team representative is responsible for notifying the PU when a change occurs in the line-up.
 2. The head coach is responsible for the signing the line-up card.
 3. Two base coaches are allowed to give words of assistance and direction to the members of their team at bat.
- J. Players
1. Each team must have a minimum of nine (9) players in the line-up at all times, using the DP, a team must have 10 players listed in the line-up.
 2. A team must have the required number of eligible players in the line-up at all times to continue a game.

X. CONDUCT OF THE COMPETITIONS

IX.1 Seeding (*if subject for the compliance of the requirement applicable*)
Seeding system using bracketing with cross over in placement game

IX.2 Competition Format

- a. Competition is done in single round robin in each bracket using the seeding system with the play-off through cross over for placement games.
- b. Ranking by most number of wins garnered.
- c. In case of tie- win over the other
- d. In case of triple tie- runs against (WBSC tie breaker rule; Tie Breaker Inning).
- e. Teams will be divided into two brackets according to the number assigned per division based on the result of draw lots during solidarity meeting.
Bracket A- 1, 4, 5, 8 Bracket B- 2, 3, 6, 7
- f. Rules of immediate succession shall be observed.
- g. Only the first game in the morning shall be given fix time.
- h. No mandatory play rule shall be applied in this tournament.

X. DEFAULT

- a. All teams shall be given fifteen(15) minutes grace period before being declared in default without prior notice or valid reason.

XI. CONFERENCES

- a. DEFENSIVE CHARGE CONFERENCE. The coach has three (3) calls to confer in the whole duration of the game and which may opt to use in an inning. PENALTY. Removal of the pitcher from pitching position.
- b. OFFENSIVE CHARGE CONFERENCE. Only one (1) call to confer in every inning shall be allowed. Penalty: Ejection of the player or the coach who insisted for the conference.

XII. PITCHING REGULATIONS.

- a. WBSC FAST Pitch strike zone 5.1.41 strike zone is implemented.



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XIII. PITCHER HITTING BATTER BY A PITCH BALL

- a. If in the judgement of the umpires the pitcher deliberately hits the batter by a pitch ball, she shall be ejected from the pitching position and in the game with additional one (1) game suspension for the unsportsmanlike conduct.

XIV. INTENTIONAL WALK

- a. If the pitcher desires to walk a batter intentionally, it is sufficient to notify the plate umpire of the intent so as not to go through the motion of pitching. In this case the ball is dead and runners cannot advance unless forced.

XV. WARM-UP PITCH

- a. In the first inning or when the pitcher relieves another, they are allowed to deliver five (5) warm-up pitches. In each subsequent innings, pitchers will be given three (3) warm-up pitches.

XVI. CATCHERS

- a. Warm-up catchers must wear proper gear or at least the catcher's mask. No coach shall be allowed to warm-up the pitcher during the game without proper gear.

XVII. THE SAFETY BASE OR THE DOUBLE BAG SYSTEM AT FIRST BASE

- a. The safety base or the double bag system shall be used in the tournament as part of the ISF initiative to prevent possible injury/ies to players at first base due to collision. The coaches shall be briefed regarding this during the solidarity meeting.

XVIII. TEAM PRACTICE

- a. Teams scheduled to play will be given five (5) minutes practice on the field/diamond before the game.

XIX. BATTING LINE-UP

- a. Must be submitted thirty (30) minutes before the schedule time.

XX. DETERMINATION OF WINNER

- a. The winner of the game is the team that scores more runs than the other team scores in regulation game.
- b. The score of a called regulation game is the score at the end of the last completed inning.
- c. The game will be played for seven (7) innings for the elimination round to the championship games with application of WBSC run ahead rule (Mercy rule). 15 runs after 3 innings, 10 after 4 innings, and 7 after 5 and 6 innings.
- d. The tie breaker rule shall be applied after 7 innings by placing the runner on 2nd base, with the player scheduled to bat ninth in that respective half-inning.

XXI. SELECTION COMMITTEE

XXI.1 Composition



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- A. The chairman of the secretariat in softball
- B. The tournament manager
- C. The tournament administrator
- D. The tournament supervisor

- XXI.2 Qualifications of technical officials
- a. Accredited officiating officials in the region/palarong pambansa
 - b. Must be physically fit with new medical certificate signed by the physician.
- XXI.3 Terms of Reference
- a. Regional memorandum re-SRAA Meet 2024

XXII. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

- XXII.1 Selection of Recommended Athletes
Winner takes it all system.
- XXII.2 Selection of Recommended Coach
The winning coach and the assistant coach and chaperon shall automatically the coach to the higher meet subject for the compliance of the requirement.
- XXII.3 Selection of Recommended Chaperon
The chaperon came from the winning team.

XXIII. MEDALS AT STAKE *(Based on number of events/ disciplines)*

- XXIII.1 Medals to be Awarded

Medal Count	Elementary	Secondary	TOTAL
GOLD	12	12	24
SILVER	12	12	24
BRONZE	12	12	24

- XXIII.2 Medals to be Counted (Over-all ranking)

Medal Count	GOLD	SILVER	BRONZE
ELEMENTARY	1	1	1
SECONDARY	1	1	1

XXIV. SPECIAL AWARDS *(Certificate of Recognition)*

- XXIV.1 Athlete
- a. Best pitcher
 - b. Best slugger
 - c. Best out fielder
 - d. Most number of RBI
 - e. Most Valuable Player (MVP)



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Rubrics for the Selection: BEST

ATHLETE	Score Sheet Stat. (75%)	No. of innings played (25%)	TOTAL (100%)	RANK
1				
2				
3				
4				
5				

XXIV.2 Technical Official

- 3-4-man umpire during elimination
- during the championship game 6-man umpire

XXV. PROTEST, PENALTIES, AND SANCTIONS APPEAL.

XXV.1 Protest

- Protest on player(s) coach shall be done before the start of the first game. The coach is only allowed to protest signed by the delegation head.
- Call of the official(s) officiating is final.
- Misinterpretation of the rules.
- The failure of an umpire to apply the correct rule to a given situation.
- The failure to impose the correct penalty for a given violation.
- All protest should be written form addressed to the regional director, attention to the jury of appeals, duly signed by the coach, approved by the head of the delegation. It must be handed to the tournament manager within an hour after the match.
- Appeal (page 27)

XXV.2 Penalties

- Ejection from the game for any unsportsmanlike act of the player and coaches.
- Other violations of the rules penalties be based on the WBSC/ISF rule book.

XXV.3 Sanctions

- Sanctions be final unless revoked by the event management.

XXVI. PROPOSED SCHEDULE OF THE GAME

XXVI.1 Official Practice Day

DATE	DELEGATION	TIME

XXVI.2 Competition Proper

- Game proper will start on
- Competition will be up to



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3. PLOTTING

BRACKET A

- 1
- 4
- 5
- 8

GAME BRACKET A

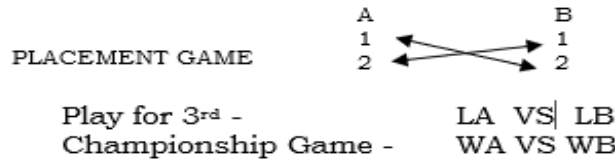
- 1 - 1 VS 8
- 2 - 4 VS 5
- 3 - 8 VS 5
- 4 - 1 VS 4
- 5 - 5 VS 1
- 6 - 8 VS 4

BRACKET B

- 2
- 3
- 6
- 7

GAME BRACKET B

- 1 - 2 VS 7
- 2 - 3 VS 6
- 3 - 7 VS 6
- 4 - 2 VS 3
- 5 - 6 VS 2
- 6 - 7 VS 3



XXVII. RISK ASSESSMENT

Proposed Plan of Action

RISK/ISSUES	RISK PROBABILITY	IMPACT TO CUSTOMERS	RISK IMPACT	CORRECTION	RISK PRIORITY	OPPORTUNITIES FOR IMPROVEMENT	TIMELINE	SUCCESS INDICATORS
Delayed games due to absence of technical officials	Low (4)	Dissatisfied athletes and coaches	Low (4)	Alternate officials/umpire	16	Include in the guidelines that if the officiating official 2 days absent he/she will not be include in the succeeding SRAA	May 13-17, 2024	No injury / No fire incident/ Shed, table and chairs will be provided for players and technical officials
delayed games due earthquake Wind/tornado/ heavy rain	High Risk (12)	Delay the game	(8)	Suspension of the Game	96	Rescue Team		
Fire	(12)	Game delayed	(4)	Suspension of the Game	48	Availability of firetruck and BFP personnel		
Temperature	(12)	Delay the game	(4)	Suspension of the Game	48	Shed/BFP		
Injury	(12)	Delay the game	(8)	Substitution /safety measures before the game start	96	Rescue Team		Lessen the number of injury
Urinal/C.R.	(4)	Delay the game	(4)	Protocol		Portalet availability/ask assistance from host		100% availability of portalet/accessibility to CR



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XXVIII. SECURITY & SAFETY PROTOCOLS

- a. Bomb threat/riot/ theft-
Coordinate with the ICS
Visibility/ presence of men in uniform/peacekeepers/snipping dogs.
- b. This face-to-face activity shall adhere to the minimum health protocols as prescribed by IATF/RIATF. All participants are enjoined to strictly follow the health and safety protocols set by the venue and shall observe physical distancing in the entire conduct of the activity.

XXIX. MONITORING AND EVALUATION SYSTEM

XXIX.1 Performance Assessment

Post assessment shall be done daily.
Every officiating official shall submit daily accomplishment report to the event coordinator.

XXIX.2 Narrative Report

Team leaders will submit narrative report with pictures.

XXX. EFFECTIVITY

Theses technical guidelines shall take effect upon the approval of the Regional Director.



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SWIMMING

LXXIV. RULES AND REGULATIONS

- 1.1. Competition shall be ran in accordance with the Federation Internationale de Natation (FINA) 2023-2025 rules. Ground rules, which agreed upon by the coaches and technical officials, shall be implement.
- 1.2. In matters not provided for, decisions shall rest with Technical and / or the Organizing Committee.
- 1.3. Giving of medals (awards) will be done right after the competition
- 1.4. Official result generated from the meet manager and duly signed by the tournament referee and manager.

LXXV. ELIGIBILITY

II.I. Swimmers

Only swimmers who passed the screening procedure of RSAC shall be allowed to swim.

II.2. Coaches

- a. Attended accreditation in coaching.
- b. Physically fit
- c. Had been a coach in the lower meet.
- d. Compliant to the RSAC prescribed requirements.

LXXVI. COMPOSITION OF THE CONTINGENT/DELEGATION

III.1. Number of swimmers per delegation will be as follows:

- a. Elementary – maximum of 10 Male and 10 Female
- b. Secondary – maximum of 10 Male and 10 Female

III.2. One coach per category and one (1) chaperon when needed.

LXXVII. DISQUALIFICATION

IV.I Swimmers

- a. Did not able to meet the qualifying standards set forth by the regional screening committee in accordance to the standards set by the Palarong Pambansa 2024 Committee.
- b. Did not comply with the standard rules set by World Aquatics on different strokes/swimming style.
- c. Did not comply with the ground rules agreed by the coaches and officials and approved by the directorate. (VIII.2.7)
- d. Not included in the list of qualified swimmers



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IV.2 Coaches

Did not meet prescribed requirement set by RSAC

LXXXVIII. EVENTS/DISCIPLINES

Elementary	
Boys	Girls
200 Freestyle	200 Freestyle
50 Butterfly	50 Butterfly
50 Breaststroke	50 Breaststroke
50 Freestyle	50 Freestyle
50 Backstroke	50 Backstroke
100 Butterfly	100 Butterfly
100 Breaststroke	100 Breaststroke
100 Freestyle	100 Freestyle
100 Backstroke	100 Backstroke
200 Individual Medley	200 Individual Medley
4x50 Medley Relay	4x50 Medley Relay
4x100 Medley Relay	4x100 Medley Relay
4x50 Freestyle Relay	4x50 Freestyle Relay
4x100 Freestyle Relay	4x100 Freestyle Relay
400 Freestyle	400 Freestyle

The

Secondary	
Boys	Girls
400 Freestyle	400 Freestyle
200 Butterfly	200 Butterfly
50 Butterfly	50 Butterfly
200 Breaststroke	200 Breaststroke
50 Breaststroke	50 Breaststroke
200 Freestyle	200 Freestyle
200 Backstroke	200 Backstroke
50 Backstroke	50 Backstroke
50 Freestyle	50 Freestyle
100 Butterfly	100 Butterfly
100 Breaststroke	100 Breaststroke
100 Freestyle	100 Freestyle
100 Backstroke	100 Backstroke
200 Individual Medley	200 Individual Medley
4x50 Medley Relay	4x50 Medley Relay
4x100 Medley Relay	4x100 Medley Relay
4x50 Freestyle Relay	4x50 Freestyle Relay
400 IM	400 IM
4x100 Freestyle Relay	4x100 Freestyle Relay
1500 Freestyle	1500 Freestyle
800 Freestyle	800 Freestyle

Events to be competed during the SRAA competition:

B. Order of Events

EVENT NUMBER	EVENT	CATEGORY
1	200 M Freestyle	Elementary Boys
2	200 M Freestyle	Elementary Girls
3	400 M Freestyle	Secondary Boys
4	400 M Freestyle	Secondary Girls
5	50 M Butterfly	Elementary Boys
6	50 M Butterfly	Elementary Girls
7	50 M Butterfly	Secondary Boys
8	50 M Butterfly	Secondary Girls
9	100 M Backstroke	Elementary Boys
10	100 M Backstroke	Elementary Girls
11	100 M Backstroke	Secondary Boys
12	100 M Backstroke	Secondary Girls
13	200 M Butterfly	Secondary Boys
14	200 M Butterfly	Secondary Girls
15	4 X 50 M Medley Relay	Elementary Boys
16	4 X 50 M Medley Relay	Elementary Girls
17	4 X 50 M Medley Relay	Secondary Boys
18	4 X 50 M Medley Relay	Secondary Girls



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19	200 M Breaststroke	Secondary Boys
20	200 M Breaststroke	Secondary Girls
21	200 M Individual Medley	Elementary Boys
22	200 M Individual Medley	Elementary Girls
23	200 M Individual Medley	Secondary Boys
24	200 M Individual Medley	Secondary Girls
25	50 M Breaststroke	Elementary Boys
26	50 M Breaststroke	Elementary Girls
27	50 M Breaststroke	Secondary Boys
28	50 M Breaststroke	Secondary Girls
29	100 M Freestyle	Elementary Boys
30	100 M Freestyle	Elementary Girls
31	100 M Freestyle	Secondary Boys
32	100 M Freestyle	Secondary Girls
33	4 X 100 M Medley Relay	Elementary Boys
34	4 X 100 M Medley Relay	Elementary Girls
35	4 X 100 M Medley Relay	Secondary Boys
36	4 X 100 M Medley Relay	Secondary Girls
37	400 M Freestyle	Elementary Boys
38	400 M Freestyle	Elementary Girls
39	1500 M Freestyle	Secondary Boys
40	1500 M Freestyle	Secondary Girls
41	800 M Freestyle	Secondary Boys
42	800 M Freestyle	Secondary Girls
43	200 M Backstroke	Secondary Boys
44	200 M Backstroke	Secondary Girls
45	100 M Butterfly	Elementary Boys
46	100 M Butterfly	Elementary Girls
47	100 M Butterfly	Secondary Boys
48	100 M Butterfly	Secondary Girls
49	50 M Backstroke	Elementary Boys
50	50 M Backstroke	Elementary Girls
51	50 M Backstroke	Secondary Boys
52	50 M Backstroke	Secondary Girls
53	200 M Freestyle	Elementary Boys
54	200 M Freestyle	Elementary Girls
55	200 M Freestyle	Secondary Boys
56	200 M Freestyle	Secondary Girls
57	400 M Individual Medley	Secondary Boys
58	400 M Individual Medley	Secondary Girls
59	50 M Freestyle	Elementary Boys
60	50 M Freestyle	Elementary Girls
61	50 M Freestyle	Secondary Boys
62	50 M Freestyle	Secondary Girls
63	200 M Freestyle	Secondary Boys
64	200 M Freestyle	Secondary Girls
65	100 M Breaststroke	Elementary Boys
66	100 M Breaststroke	Elementary Girls
67	100 M Breaststroke	Secondary Boys
68	100 M Breaststroke	Secondary Girls



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69	400 M Freestyle	Elementary Boys
70	400 M Freestyle	Elementary Girls
71	400 M Freestyle	Secondary Boys
72	400 M Freestyle	Secondary Girls

V. CATEGORIES

- a. Secondary – Boys
- b. Secondary – Girls
- c. Elementary – Boys
- d. Elementary - Girls

LXXIX. PLAYING AREA, EQUIPMENT AND COMPETITION UNIFORM

VII.1 Playing Area

- a. Standard requirement
Long Course (50 meter/ eight lane pool)
- b. Layout (see the attach illustration/sheet)
Bleachers for spectators
Holding Area for the swimmers

VII.2 Equipment

- 2.1. Standard Swimming Pool
- 2.2. Tent – 17 pcs. (3x3) meters
- 2.3 Tables – 4 pcs (3x6) feet
- 2.4. Mono bloc Chairs - 60 pcs
- 2.5. Long Bench - 16 pcs (1x8) feet
- 2.6. Megaphone – 2 pcs
- 2.7. Horn- 1 pc
- 2.9. Stop Watches – 28 pcs
- 2.10. Clip Boards - 36 pcs
- 2.11. Computer with printer and ink
- 2.12. Long bond paper – 2 reams
- 2.13. Short bond paper – 2 reams
- 2.14. Ballpens – 30 pcs
- 2.15. Bells – 8 pcs
- 2.16. Lap Cards – 8 sets
- 2.17. Order of Event (Printed in Tarp) – 2 pcs (3x4) feet/ portrait
- 2.18. Sound System
- 2.19. Stapler with staple wire – 5 pcs
- 2.20. Scissors – 5 pcs
- 2.21. Masking Tape – 2 roll (big)
- 2.22. Water Dispenser with 4 containers of water



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VII.3 Competition Uniform

A. Swimmers

- 3.1.a The Swimwear (Swimsuit, Swimming Trunks, Cap and Goggles) of all competitors shall be in good moral taste and suitable for the individual sports disciplines and not to carry any symbol which may be considered offensive.
- 3.1.b All Swimsuit shall be non-Transparent.
- 3.1.c The competitor must wear swimsuit in one or two pieces. For boys, the swimwear shall not extend above the navel nor below the knee and for girls, shall not cover the neck, extend past shoulder, nor extend below the knee. All swimsuit shall be made from textile materials. No Additional items, like armbands or leg bands shall be regarded as parts of swimsuit with proper Identification Card.
- 3.2 **Coach**
For proper identification of official coach, they must wear their QR CODED DELEGATION Identification Card.
- 3.3 **Technical Official**
SRAA Officiating Officials Uniform/ customize swimming officials uniform with proper QR CODED Identification Card.

LXXX. TECHNICAL OFFICIALS

VIII.1 Qualifications

- Physically Fit
- Attended and passed Regional Accreditation for Technical Officials
- Conferred by the Division Sports Officer
- Must have served in the lower meets

VIII.2 Terms of Reference

Regional Director – Supervising Tournament Director

Regional Sports Officer – Supervises the conduct of the tournament

Tournament Consultant – Provides Technical Assistance

Tournament Manager – Manage the whole competition

Asst. Tournament Manager – Assist the tournament manager in managing the competition

Referee - shall have full control and authority over all officials, their assignments, and instruct them regarding all special features or regulations related to the competitions. He shall enforce all rules and decisions of FINA and shall decide all questions relating to the actual conduct of the meet, and event or the



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competition, the final settlement of which is not otherwise covered by the rules. **(As stated in WA 2.1.1 – 2.1.9).**

Starter - shall have full control of the swimmers from the time the referee turns the swimmers over to him (SW 2.1.5) until the race has commenced. **(As stated in WA 2.3.1- 2.3.5)**

Call Room Supervisor - shall assemble swimmers prior to each event. **(As stated in WA 2.4.1-2.4.2).**

Chief Inspector of Turns - shall ensure that inspectors of turns fulfill their duties during the competition. **(As stated in WA 2.5.1)**

Inspectors of Turns - shall ensure that swimmers comply with the relevant rules for turning, commencing from the beginning of the last arm stroke before touching and ending with the completion of the first arm stroke after turning. **(As stated in WA 2.6.1-2.6.9)**

Judges of Stroke shall ensure that the rules related to the style of swimming designated for the event are being observed, and shall observe the turns and the finishes to assist the inspectors of turns. **(As stated in WA 2.7.1-2.7.3)**

Chief Timekeeper - shall assign the seating positions for all timekeepers and the lanes for which they are responsible. **(As stated in WA 2.8.1-2.8.4)**

Timekeepers - shall take the time of the swimmers in the lane assigned to him in accordance with SW 11.3. **(As stated in WA 2.9.1-2.9.4)**

Finish Judges – shall be positioned in elevated stands in line with the finish where they have at all times a clear view of the course and the finish line. shall decide and report the placing of the swimmers according to the assignments given to them. They shall decide and report the placing of the swimmers according to the assignments given to them. **(As stated in WA 2.10.1 - 2.10.2)**

Chief Recorder is responsible for checking results from computer printouts or from results of times and placing in each event received from the referee. The chief recorder shall witness the referee's signing the results. **(As stated in WA 2.11.1)**

LXXXI. CONDUCT OF THE COMPETITIONS

VIII.1 Seeding

- a. Lane assignment of swimmers shall be based on the seed time submitted by their coaches.

(As stated in WA 3.1.1- SW 3.1.3.)

- b. All events are in final heats.

VIII.2 Competition format

1. All swim shall be timed finals.
2. Competition starts at 7:30 A.M. and 2:00 P.M.
3. One start rule.
4. Submission of entry forms must be done **BEFORE** the scheduled solidarity meeting and signed by the delegation head.



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5. Change of entry must be one (1) hour before the competition and must be supported with medical certificate issued by any of the SRAA meet physicians stating the reason/s thereof. Provided that the athlete's rest should not be less than 24 hours.
6. Relay team entries and names of swimmers in order of swim including two (2) alternates for Freestyle Relay and two (2) alternates for the Medley Relay) must be submitted in the master list of entries. Indicate order of swim by numbering swimmers (1-6) in the official entry form. Swimmers must swim in the order in which they are to swim.
7. Each swimmer is allowed to swim 5 individual and two (2) relay events only.
8. Each team is allowed two (2) entry per event only.

LXXXII. DETERMINATION OF WINNER

- A. Best in time if using automatic timing device.
- B. Judges at Finish decision in the absence of automatic timing device. **(As stated in WA 2.10.2)**

LXXXIII. SELECTION COMMITTEE

X.1 Composition

Selection committee shall compose of the following:

- a. Chief Recorders
- b. Assistant Tournament Manager
- c. Tournament Manager
- d. Tournament Consultant
- e. Referee

X.2 Qualifications

Currently serve as technical official.

LXXXIV. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

In the selection of swimmers, the following shall be considered: Qualifying time, Medal tally and microseconds.

XI. 1 Selection of Recommended Swimmers

- A. Those who beat the **qualifying time set by PALARONG PAMBANSA 2024 Committee** will be recommended for **SCREENING** and **RANKING** by the Palarong Pambansa Secretariat.



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LXXXV. 2 Selection of Recommended Coach

Selection of coach for higher competition (Palarong Pambansa) will depend on the result of the screening by the Palarong Pambansa secretariat.

The provision will be observed:

- A.** Coaches of **the most numbered swimmers** from each category (**as result of the screening and ranking**) shall be the coach for 2024 Palarong Pambansa.
- B.** In case of tie (as to number of qualified swimmers), medal tally in individual event will be applied.
- C.** In case the selection is based on medal tally, relay events will be counted as one gold.
- D.** In the event that the identified coach waived his/her right, **REPLACEMENT** shall be based on the law of succession.

XI.3 Selection of Recommended Chaperon

It shall be taken from the winning team. In case the CHAPERON waived her right, the DIRECTORATE will decide whether to replace or not.

LXXXVI. MEDALS AT STAKE *(Based on number of events/ disciplines)*

Medals	Medals to be Awarded	Medals to be Counted (Over-all ranking)
Gold	123	72
Silver	123	72
Bronze	123	72

LXXXVII. PROTEST, PENALTIES, AND SANCTIONS

XIII.1 Protest

Protest must be filed in written by the official coach, signed by their delegation head, submit to the referee 30 minutes after the posting of the official result and/or conclusion of the event.

XIII.2 Penalties

Not applicable.

XIII.3 Sanctions

Disqualification to those who violated the rules and regulation set forth in the World Aquatics rules and ground rules.



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LXXXVIII. PROPOSED SCHEDULE OF THE GAME

XIV.1 Official Practice Day

- a. One hour before the start of every session, each swimming team are allowed to have their warm-up.
- b. Lane assignment for the warm-up will be agreed by the coaches during the Solidarity meeting

XIV.2 Competition Proper

- a. Competition proper will commence one day after all entries had been submitted and encoded in the meet manager by the designated table officials.
- b. The competition will start with a prayer , singing of the Philippine national anthem and the entrance of the Swimming Technical Officials.
- c. Order of events.

LXXXIX. SECURITY & SAFETY PROTOCOLS

- Request for a standby medical team, police officers and lifeguards
- The technical officials will conduct an ocular inspection of the playing venue to ensure that it is hazard-free three days before the conduct of the competition and make recommendations to the directorate.
- Coaches and chaperones must ensure the safety of their swimmers before, during and after the competitions.

XC. MONITORING AND EVALUATION SYSTEM

XVI.1 Narrative Report

- Narrative Reports will be submitted after the competition with photos duly signed by the tournament secretary, tournament manager validated by the tournament supervisor.

XX: EFFECTIVITY

These Technical Guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

TABLE TENNIS

1. EVENT

- 1.1 Individual Event
 - 1.1.1 Singles
 - 1.1.2 Homo Doubles

II. ENTRIES

- 2.1 Maximum of four (4) boys and four(4) girls-both in Elementary and Secondary levels.
- 2.2 Only four (4) players per entry are permitted to represent a Division Team per Category to play in Two (2) events. Two (2) players in Singles and the other two (2) players in Homo Doubles.
- 2.3 No single player can play both in the Singles and in the Homo Doubles event. A player can only play (1) event.

III. SYSTEMS OF PLAY

- 3.1. The coach has the sole discretion to choose four (4) players in the team to compete in the Singles and Homo Doubles and where to place his/her players in different brackets except for the ranked/seeded players based on the recent rankings.
- 3.2. Singles and Homo Doubles shall be played in **Single Round Robin Elimination** for the first round where entries are grouped into two: Groups 1 and 2 which is composed of divisions. Identified top players, with previous regional and national records, will be seeded or/spread into different brackets in singles.
- 3.3. In singles/doubles, the top 1 in each group will compete against top 2 in cross-over match. The winner in cross-over match will advance and play for a championship while the loser will be declared third place (bronze medal).
- 3.4. All matches shall be in the best of five (5) games.
- 3.5. Singles Event shall be played first followed by the Doubles Event, however, Championship Matches shall be played on the last day of the competition after all elimination matches in all events shall have been finished.
- 3.6. Technical Officials are allowed to officiate both Elementary and Secondary matches.

IV. RANKING:

The results of the SRAA meet 2023 for all levels shall be the basis in the seeding of team and individual events. (The previous record from the elementary level CANNOT be carried to the secondary level.)



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V. TOURNAMENT SESSION:

Venue: _____
Date of Competition: _____
Time: 8:00 am to 5:00 pm with noon breaks

GRACE PERIOD FOR A MISSING PLAYER IS 5 MINUTES AFTER THE OFFICIAL MATCH WALK IN. AFTER THIS, THE MATCH WILL BE CONSIDERED AS A DEFAULT.

VI. CLOTHING/UNIFORMS OF PLAYERS:

6.1. Players shall be required to wear their designated Division uniform (as provided) with their family names printed at the back of their shirts including the coaches for proper identification and for the succeeding matches if necessary. For doubles events, players should wear the same colour of uniform provided it is not similar to the colour of the ball and the opposing team.

6.2. In case of identical shirt colour by opponents, the official division uniform shall prevail over the other.

6.3 The rules on playing clothing in the ITTF Handbook shall take effect.

VII. BALL:

The white/orange, three (3) star, 40+ polyball or plastiball shall be used throughout the competition.

VIII. RACKETS

Rackets must be conformed to the ITTF List of Authorized Racket Coverings (LARC) and must be inspected before the scheduled matches.

IX. The International Table Tennis Federation (ITTF) rules and regulations approved by the SOCCSKSARGEN Regional Athletic Association (SRAA) Directorate shall govern the conduct of the competition.

X. Other unforeseen occurrence which is not covered by the ITTF rules shall be dealt upon by the **TABLE TENNIS TECHNICAL MANAGEMENT COMMITTEE** (Tournament Supervisor, Tournament Manager, Tournament Admin. In Elem & Sec. and Tournament Secretary) whose decision shall be final.

XI. Official coaches, Co-coach/Assistant coach from other levels (of the same delegation) who are included in the gallery can take the place of a designated coach if there will be simultaneous matches in singles.

XII. Use of mobile phone by a coach/player during official match will **not** be allowed.

XIII. RECOGNITION OF WINNERS



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There will 3 major winners in each event to be proclaimed at the end of the competition for both Boys and Girls, Elementary and Secondary namely: CHAMPION, FIRST RUNNER-UP and SECOND RUNNER-UP.

XIV. SELECTION OF RECOMMENDED ATHLETES

The Champion Player and First Runner-up in Singles and Champion in Homo Doubles are automatic recommended players for Palarong Pambansa. However, in case of disqualification for any reason as may be determined by the tournament manager such as grave misbehavior and attitude unbecoming conduct of a player/s, the next in rank player/s shall fill-up the slot.

The Mixed-doubles players for the Palarong Pambansa shall be determined through these procedures:

- The champion players in Doubles both Boy's and Girl's categories will play in a Singles Match.
- The winner in the boy's category will be paired with the winner in the girl's category to form a pair of mixed doubles for the 2024 Palarong Pambansa.

XV. SELECTION OF RECOMMENDED COACH

The Winning Coach in the Doubles Event shall be the automatic Coach for the Team. However, in case of disqualification due to **misbehavior and conduct unbecoming of a coach**, the management shall recommend another coach following the "LAW OF SUCCESSION".

XVI. APPEALS:

Appeals must be made by the coach and to be submitted to the Regional Director in writing thirty (30) minutes after the contested match, duly signed by constituted delegation authorities, and shall be dealt with in accordance with the Rules and Regulations promulgated by the SOCCSKSARGEN Regional Athletic Association (SRAA) Directorate.

XVII. EFFECTIVITY:

These Technical Guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

TAEKWONDO

A. KYOROGI (Sparring) EVENT

I. COMPETITION ATTIRE AND EQUIPMENT

1. Competitors

- i. Competitors shall wear the official competition uniform and equipment.
- ii. These includes the following:
 - 1, Competition uniform (white with blue for boys, white with red for girls) with black belts, junior black belts or competition belts. See PTA/WT approved uniforms.

NOTE:

- *USE OF THE PHILIPPINES, PHI, PH print on the uniform is strictly prohibited.
2. Arm Guards
3. Shin Guards
4. Groin Guards
5. Hand gloves (white)
6. White or transparent mouth guard
7. E-foot protectors (sensor sock)

2. Official Coaches

- i. Coaches are required to wear their **OFFICIAL DELEGATION'S ID**.
- ii. Coaches are required to wear the following.
 1. Collard and sleeve shirt.
 2. Official delegation uniform

II. COMPETITION MECHANICS

- a. METHOD OF COMPETITION: Individual competition between competitors of the same category.
 1. Competitors can only join one category per event.
- b. The competition will follow the Single Elimination Tournament System.
- c. The competition will use the Best of Three System (see III.COMPETITION, Winning a Match, Best of Three System).
- d. DIVISIONS & CATEGORIES: There will be a division between male and female competitors.
- e. Each division is separated into different categories: Elementary and Secondary Boys and Girls.

CATEGORIES:

ELEMENTARY BOYS AND ELEMENTARY GIRLS

- | | |
|---------|------------------------|
| Group 1 | Over 144 cm to 151 cm. |
| Group 2 | Over 152 cm to 159 cm |
| Group 3 | Over 160 cm. |



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SECONDARY BOYS

Category 1	Not exceeding 45 kg.
Category 2	Over 45 kg. & not exceeding 48 kg.
Category 3	Over 48 kg. & not exceeding 51 kg.
Category 4	Over 51 kg. & not exceeding 55 kg.
Category 5	Over 55 kg. & not exceeding 59 kg.
Category 6	Over 59 kg. & not exceeding 63 kg.
Category 7	Over 63 kg. & not exceeding 68 kg.

SECONDARY GIRLS

Category 1	Not exceeding 42 kg.
Category 2	Over 42 kg. & not exceeding 44 kg.
Category 3	Over 44 kg. & not exceeding 46 kg.
Category 4	Over 46 kg. & not exceeding 49 kg.
Category 5	Over 49 kg. & not exceeding 52 kg.
Category 6	Over 52 kg. & not exceeding 55 kg.
Category 7	Over 55 kg. & not exceeding 59 kg.

WEIGH IN/ HEIGHT VERIFICATION

***Height/Weight-In:** Height/Weigh-In shall be conducted a day prior to the competition.

* A maximum of two hours and a maximum of two trials for weigh-in.

*Height verification will only be done once.

1. Duration of the Matches

- a. **ELEMENTARY DIVISION-**One (1) minute per round with 30-second break in between rounds in elimination and semi-finals and one (1) minute and 30 seconds in the final round.
- b. **SECONDARY DIVISION-** One (1) minute and 30 seconds per round with 30-second break in between rounds in elimination and semi-finals and one (2) minutes in the final round.

2. Drawing of lots

An automatic system for the drawing of lots will be used by the assigned technical officials.

3. Scoring System

- a. The LPSS will be used as the Protector and Scoring System (PSS) during the competition.
- b. Permitted techniques
 - i. Fist Technique: using the knuckles of a tightly clenched fist to deliver a straight punching technique to the opponent's trunk protector.



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- ii. Foot technique: kicks delivered to the trunk or the head using any part of the foot below the ankle bone.
- c. Valid points
- i. Point(s) shall be awarded when a permitted techniques is delivered to the colored area of the trunk protector with a proper level of impact.
 - ii. Points shall be awarded when a permitted technique is delivered to the head protector.
- d. Different valid points
- i. One (1) point for a valid punch to the trunk protector
 - ii. Two (2) points for a valid kick to the trunk protector
 - iii. Four (4) points for a valid turning kick to the trunk protector.
 - iv. Three (3) points for a valid kick to the head protector
 - v. Five (5) points for a valid turning kick to the head protector
 - vi. One (1) point is awarded for every one “Gam-jeom” (see Prohibited Acts and Penalties iii) given to the opponent
4. Prohibited Acts and Penalties
- a. Penalties shall be decided by the referee.
 - b. Prohibited acts (see Annex C) shall be penalized with a “Gam-jeom” by the referee.
 - c. A “Gam-jeom” shall be counted as one (1) point for the opposing contestant.
5. Invalidation of Points
- Recorded points will be invalidated when a competitor acquires the score right after the execution of a prohibited act. The referee would declare the penalty for the prohibited act and invalidate the acquired score.
6. Appeal Card
- a. The Appeal Card is the means for the coach to object to a judgment of the refereeing officials during the contest and request for a correction of the decision.
 - b. The situations the coach can use the Appeal Card are the following.
 - i. Penalties against the opponent for instances of falling down or crossing the boundary line or attacking the opponents after “Kal-yeo” or attacking the fallen opponent.
 - ii. Technical point.
 - iii. Any penalty against your own contestant.
 - iv. Any mechanical malfunction or error in time management.
 - v. When the referee forgot to invalidate points(s) after “Gam-jeom” was given for the prohibited act.
 - vi. Wrong identification of fist-attacking contestant by the judge.
 - vii. Head Kick that is not scored.
 - c. When an appeal is requested, the assigned referees of the court will convene.
-



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- d. If the appeal is successful and the contestant request is corrected, the coach shall retain the appeal right for the pertinent contest.
- e. If the appeal is unsuccessful, the coach shall forfeit the right to appeal to the pertinent contest.
- f. The decision of the convening referees is final, and no further appeals during the contest or protest after the contest will be accepted.

7. Winning a Match

Using the Best-of-Three-(3)-System; the competitor winning the most matches in three (3) rounds wins the match.

- i. Winning a Round in the Best of Three System
 1. Winning by points: the competitor who has acquired more points in a round wins that round.
 2. Winning by point gap: in case of a twelve (12) point difference between the athletes, the referee will stop the contest and declare the competitor with more score the winner of the round.
 3. Winning by Gam-jeom: when a competitor receives five “Gam-jeom” in a round, the opponent will be declared the winner of the round.
- ii. Round with Tied-Scores

The round winner shall be decided by superiority based on the following order of criteria.

 1. Most points scored by turning or spinning kick
 2. If the number of turning and spinning kicks are the same, the competitor who has more scores using higher value techniques, the following order.
 - A. Head
 - B. Trunk
 - C. Punch
 - D. “Gam-jeom”
 3. If the high value points are the same, the competitor with the higher number of registered hits.
 4. If the three (3) above criteria are the same, the referee and judges shall determine superiority

III. PROTESTS

1. Protests shall be made in writing using the Protest Form.
2. The protest shall be submitted to the Tournament Manager no more than 30 minutes after the match in question.

“GAM-JEOM”

- i. Crossing the Boundary Line:



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A “Gam-jeom” shall be declared when one foot of a contestant crosses the boundary line. No “Gam-jeom” will be declared if a contestant crosses the boundary line as a result of a prohibited act by the opposing contestant.

ii. Falling down:

“Gam-jeom” shall be declared for falling down. However if a contestant falls down due to the opponent’s prohibited acts “Gam-jeom” penalty shall not be given to the fallen contestant, while a penalty shall be given to the opponent. If both contestants fall as a result of incidental collision, or in case a contestant who received a point with turning kick falls down, no penalty shall be given.

iii. Avoiding or delaying the match:

- a) This act involves stalling with no intention of attacking. A contestant who continuously displays a non-engaging style shall be given a “Gam-jeom”. If both contestants remain inactive after three (3) seconds, the center referee will signal the “fight” command. A “Gam-jeom” will be declared: On both contestants if there is no activity from them three (3) seconds after the command was given.
- b) Turning the back and move away to avoid the opponent’s attack should be punish as it expresses the lack of a spirit of fair play and may cause serious injury. The same penalty should be given for evading the opponent’s attack by bending below waist level or crouching.
- c) Retreating from the technical engagement only to avoid the opponent’s attack and to run out the clock, “Gam-jeom” shall be given to the passive contestant.
- d) Pretending injury means exaggerating injury or indicating pain in the body part not subjective to a blow for the purpose of demonstrating the opponent’s actions as a violation, and also exaggerating pain for the purpose of elapsing the match time. In this case, the referee shall give a “Gam-jeom”.
- e) “Gam-jeom” shall be given to an athlete who asks the referee to stop the contest in order to adjust the position/fit of protective equipment.
- f) “Gam-jeom” will be given when contestant moves 3 consecutive steps backward or sideways without technical engagement.

iv. Grabbing or pushing the opponent:

- a) This includes grabbing any part of the opponent’s body, uniform or protective equipment with the hands. It also includes the act grabbing the foot or leg or hooking the leg with forearm. For pushing, it is permitted as a quick impact and a contestant must disengage from opponent after one push. The following acts shall be penalized.
 - Pushing the opponent with prolong or continuous contact
 - Pushing the opponent out of the boundary line
 - Pushing the opponent in a way that prevents kicking motion or any normal execution of attacking movement.
- b) Contestant should be separated following the referee’s “fight” command in clinch position, and if they fail to do so within three (3) seconds, “Gam-jeom” will be given to the passive contestant or to both contestants.



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- c) “Gam-jeom” will be given to the contestant who is grabbing, holding or crossing the arms to opponent’s body in clinch position.
- v. Lifting the leg or cut kick motion shall not be penalized only when it is followed by execution of punching or kicking technique in combination motion.
- vi. Attacking below the waist:
This action applies to an attack on any part below the waist. When an attack below the waist is course by the recipient in the course of an exchange of techniques, no penalty will be given. This article also applies to strong kicking or stamping actions to any part of the high, knee or shin for the purpose of interfering with the opponent’ technique.
- vii. Attacking the opponent after “Kal-yeo”:
a) Attacking after Kal-yeo requires that the attack results in actual contact to the opponent’s body.
b) If the attacking motion started before the Kal-yeo, the attack shall not be finalized.
c) If an attack after Kal-yeo did not land on the opponent’s body but appeared deliberate and malicious the referee may penalize the behavior with a “Gam-jeom”
- viii. Hitting the opponent’s head with the hand:
This article includes hitting the opponent’s head with the hand (fist), wrist, arm or elbow. However, unavoidable actions due to the opponent’s carelessness such as excessively lowering the head or carelessly turning the body cannot be punished by this article.
- ix. Grabbing or pushing the opponent:
a) This includes grabbing any part of the opponent’s body, uniform or protective equipment with the hands. It also includes the act of grabbing the foot or let or hooking the leg with forearm. For pushing it is permitted as a quick impact and a contestant must disengage from opponent after one push. The following acts must shall be penalized.
b)
-Pushing the opponent with prolonged or continuous contact
-Pushing the opponent out of the boundary line.
-Pushing the opponent in a way that prevents kicking motion or any normal execution of attacking movement
b) Contestants should be separated following the referee’s “fight” command in clinch position and if they fail to do so within three (30 seconds, Gam-jeom will be given to the passive contestant or both contestants.
Gam-jeom will be given to the contestant who is grabbing, holding, or crossing the arm to opponent’s body in clinch position.
- x. Attacking below the waist:
This action applies to an attack on any part below the waist. When an attack below the waist is caused by the recipient in the course of n exchange of techniques, no penalty will be given. This article also applies to strong kicking or stamping actions to any part of the thigh, knee or shin for the purpose of interfering with the opponent’s technique.
-



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- xi. Butting or attacking with the knee:
This article to an intentional butting or attacking with the knee when in close proximity to the opponent. However, contact with the knee that happens in the following situations cannot be punished by this article.
-When the opponent rushes in abruptly at the moment a kick is being executed.
-Inadvertently, or as the result of a discrepancy in distance in attacking.
- xii. Attacking the fallen opponent:
This action is extremely dangerous due to the high probability of injury to the opponent. The danger arises from the following:
-The fallen opponent is in an immediate defenseless state
-the impact of any technique which strikes a fallen contestant will be greater due to the contestant's position. This type of aggressive actions toward a fallen opponent is not in accordance with the spirit of Taekwondo and as such is not appropriate to taekwondo competition. In this regard, penalties should be given for intentionally attacking the fallen opponent regardless of the degree of impact.

When misconduct is committed by a contestant or a coach during a rest period, past the five (5) seconds of the round conclusion, the referee can immediately declare the "Gam-jeom" and the "Gam-jeom" shall be recorded to the upcoming round. However, "gam-jeom" shall be recorded to the previous round if the action happened within five (5) seconds of the round conclusion.

B. POOMSAE (FORMS) EVENT

GENERAL GUIDELINES:

- *There shall be 2 divisions. (Elementary and Secondary)
- *Each division is divided into Male and Female.
- *There shall be 3 players for the Male, 3 players for the Female in both elementary and secondary.

I. CATEGORIES FOR BOTH ELEMENTARY AND SECONDARY

1. INDIVIDUAL POOMSAE EVENT (Elementary M/F, Secondary M/F)
2. MIXED PAIR POOMSAE EVENT (2 participants, M/F for both elementary and secondary)
3. TEAM POOMSAE EVENT (3 male, and 3 female for both elementary and secondary)

II. REQUIRED POOMSAE:

Elementary: Elimination: Taegeuk 8, Finals: Koryo
Secondary: Elimination: Koryo, Finals: Keumgang



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III. METHOD OF COMPETITION:

A player is allowed to participate in a maximum of two (2) events only. The cut off shall be applied in this competition. It shall comprise of the following stages.

ELIMINATION:

Contestants shall perform the required poomsae for the elimination and top 4 shall be selected for the final round based on their point rankings.

FINALS:

Contestants shall perform the required poomsae for the finals and top 3 players will be awarded medals based on their point rankings.

IV. DURATION OF THE CONTEST:

The time limit for the performance of the required poomsae for all events shall be 1 minute and 30 seconds.

V. UNIFORM:

The contestant shall only use the prescribed poomsae uniform. DepED, PTA/WT)

VI. COMPETITION RULES:

The current WT Poomsae competition rules and interpretation shall apply.

VII. SCORING CRITERIA:

- A) Accuracy (4.0)
 - 1.) 0.1 point shall be deducted each time a contestant does not perform the basic movements or the pertinent poomsae accurately.
 - 2.) 0.3 point shall be deducted each time a contestant makes a major mistake.
- B) Presentation (6.0)
 - 1.) 2.0 speed and power
 - 2.) 2.0 control of power, speed and rhythm
 - 3.) 2.0 expression of the energy

IV. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

IV.1 Selection of Recommended Athletes

- Gold Medalist in Kyorugi is automatically recommended as qualified athletes to the directorate.
- Gold Medalist in Poomsae Individual and Mixed Pair are automatically recommended as qualified athletes to the directorate.
- The third player in Poomsae to be recommended as qualified athlete to the directorate is to be determined by the Technical officials by medal ranking.



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In the case of a Tie in Medal ranking their performance will be the basis of the decision of the Poomsae technical officials:

- i. The highest score in their individual or mixed event.
- ii. The highest score in the presentation of their individual or mixed event.
- iii. The highest combined score of the five judges.
- iv. If it is still Tie the Technical officials will select and recommend the third player.

IVI.2 Selection of Recommended Coach

Winning Coach is determined on the champion team (Medal Ranking) the most number of gold combine both kyurogi and poomsae.

IV.3 Selection of Recommended Chaperon

- Chaperon is required if the coach of Girls is Male. To be determined by the directorate.

V. MEDALS AT STAKE *(Based on number of events/ disciplines)*

V.1 Medals to be Awarded

• Elementary	Gold	Silver	Bronze
Kyorugi Boys and Girls	6	6	12
Poomsae Individual B&G	2	2	2
Team Poomsae B & G	6	6	6
Mixed Pair	2	2	2
Total	16	16	22

V.2 Medals to be Counted (Over-all ranking)

Elementary	Gold	Silver	Bronze
Kyorugi Boys and Girls	6	6	12
Poomsae Individual B&G	2	2	2
Team Poomsae B & G	2	2	2
Mixed Pair	1	1	1
Total	11	11	17

Secondary	Gold	Silver	Bronze
Kyorugi Boys and Girls	14	14	28
Poomsae Individual B&G	2	2	2
Team Poomsae B & G	2	2	2
Mixed Pair	1	1	1
Total	19	19	33



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Secondary	Gold	Silver	Bronze
Kyorugi Boys and Girls	14	14	28
Poomsae Individual B&G	2	2	2
Team Poomsae B & G	6	6	6
Mixed Pair	2	2	2
Total	24	24	38

Over All Total for:	GOLD	SILVER	BRONZE
Medals to be Awarded	40	40	60
Medals to be Counted	30	30	50

VI. PROPOSED SCHEDULE OF THE GAME

XI.1 Official Practice Day / Preparatory

Activity	Date and Time	Venue
Weight and Height In	May 13, 2024: 7-11am	Billeting Quarter of Technical Officials
Solidarity		Billeting Quarter of Technical Officials
Equipment Testing		Billeting Quarter of Technical Officials

XII.2 Competition Proper

Event	Day 1:	Day 2:	Day 3:
Poomsae	Elem & Sec Poomsae	Continuation of the game.	Continuation of the game.
Kyorugi	Elementary/ Secondary		Awarding

VII. SECURITY & SAFETY PROTOCOLS

- Emergency hotline such as PNP, DRRM, MEDICAL must be visible and coordinated before the competition
- Follow security protocol of the mall
- Medical Team must be present during Kyorugi Competition

VIII. MONITORING AND EVALUATION SYSTEM

VIII.1 Narrative Report

Narrative Reports will be submitted after the competition with photos duly signed by the tournament secretary, tournament manager validated by the tournament supervisor.

IX: EFFECTIVITY

These Technical Guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

TENNIS

For the purpose and functional management of the Tennis Tournament, the following ground rules are hereby formulated for the guidance of all concerned:

1. Event Category
 - a. Elementary
 - *Singles A and B Boys
 - *Doubles
 - *Singles A and B Girls
 - *Doubles
 - b. Secondary
 - *Singles A and B Boys
 - *Doubles
 - *Singles A and B Girls
 - *Doubles

Scoring format. All matches shall be played in straight eight (8) games. No advantage/deciding point at 40 all. Receiver's choice.

2. During service, a let/net is considered good if the ball lands on the correct court.
3. It will be played in single elimination for all categories of Elementary Boys, Elementary Girls, Secondary Boys, and Secondary Girls.
4. The champion in singles and best netter in doubles champion will have a crossover play for the mixed doubles entry and the **winner** of this match will be the final mixed doubles entry for the 2024 Palarong Pambansa. The compositions are the following:
 - a. single boys champion and one (1) from the champion in girl doubles which is the best netter.
 - b. single girls champion and one (1) from the champion in boy doubles which is the best netter.
5. To determine the winning coach for Palarong Pambansa 2024, the basis is the coach from the champion in doubles event.
6. Overall tally of medals: Eight (8) golds, Eight (8) silvers, and sixteen (16) bronzes.



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7. Succeeding match after the first game shall be played in succession.
8. All teams scheduled to play shall be at playing area fifteen (15) minutes before the match started.
9. All competing players/teams must stay within the vicinity of the playing area during the duration of the tournament ready at all times to proceed and play in case of early conclusion of earlier match, default or forfeiture.
10. Players are given fifteen (15) minutes grace period after the end of the proceeding match report and play; otherwise default shall be declared to the offending team who failed to comply with the grace period limit.
11. Players and coaches must present proper credentials as required. Incomplete credentials are grounds for disqualification.
12. Coaching is not allowed while the match is going on, improper behavior of either the player, coach, or audience will get POINT PENALTY to the game score of the non-offending players on points to wit:
 - a. First offense: Warning
 - b. Second offense: Point penalty
 - c. Third offense: Point penalty
 - d. Fourth offense: Default
13. In any time violation, the player will get WARNING in first offense, POINT PENALTY in second offense, POINT PENALTY in third offense and so on and so forth.
14. Umpire's decision shall be final on question of **FACT**. The decision of the Tournament manager/Administrator shall be final on question of **LAW**.
15. The tournament will follow the **ITF RULES**.
16. In case of unfinished match/matches, such as heavy rain or due to darkness and upon the declaration of the Tournament manager/Administrator, the score stands as it is.
 - a. All protest should be in written form addressed to the Regional Director, attention to the jury of appeals, duly signed by the coach, approved by the head of the delegation. It must be must be handed over the Tournament Manager within 2 hours after the match.
 - b. No protest will be entertained regarding judgement call of the umpire. Only technicalities of the game may be protested.

17. EFFECTIVITY

These technical guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

VOLLEYBALL

1. ELIGIBILITY RULES

The DepEd Palarong Pangrehiyon age eligibility rules shall be adopted in the elementary and secondary boy's and girls' teams. (refer to RSAC guidelines)

2. COMPOSITION OF CONTINGENT

Each division is entitled to send entries in two (2) divisions and two (2) levels:
Elementary Boys and Girls; and, Secondary Boys and Girls divisions.

3. The Winner-take-all policy shall be applied in the representation of teams.

3.1 COMPOSITION OF A TEAM

A team shall be composed of the following:

- 3.1.1. 12 Players including one (1) or (2) LIBEROS
- 3.1.2. 1 Head Coach
- 3.1.3. 1 Asst. Coach
- 3.1.4. 1 Chaperon in case of Girls' team (female chaperon only)

4. DISQUALIFICATION

Participants must know the "official volleyball rules" and abide by them.

- 4.1. Participants must accept Referee's decision with sportsmanlike conduct, without disputing them;
- 4.2. Participants must refrain from actions or attitudes aimed at influencing the decision of the referees or covering up the faults committed by their team.
- 4.3. Participants must behave respectfully and courteously in the spirit of fair play not only towards the referee but also towards the officials, the opponent, teammates and spectators. (Rule 20.2.1)
- 4.4. DEFAULT:

A team that does not appear Ten (10) minutes after the scheduled time of their game shall be declared in default in favor of the opposing team.

4.4.1. DEFAULT/FORFEITURE/WALK-OUT:

A team that declares its game in default, voluntary forfeiture and/or walks-out before or during the match shall be given zero (0) point. Chances are, it might entail exclusion from the next qualifying/ ranking round. This rule applies from the preliminary up to the championship round. All matches previously played will be declared forfeited with score: 0-2: (0-25; 0-25 for two out of three sets and 0-3: (0-25; 0-25; 0-25) for three out of five sets.)

4.4.2. PLAYERS AND COACHES ATTITUDE DURING GAMES

Participants must refrain from actions or attitudes aimed at influencing the decision of the referees, otherwise, the player/team/coach shall be issued verbal warning. Repetition of the same offense warrants penalty.

4.4.3. UNDER THE INFLUENCE OF LIQUOR:



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Any member of the team found to be under the influence of liquor or drugs shall not be allowed to sit on the bench.

5. SPORTS EVENTS / DISCIPLINE

5.1. ELEMENTARY

- 5.1.1. Boys
- 5.1.2. Girls

5.2. SECONDARY

- 5.2.1. Boys
- 5.2.2. Girls

6. PLAYING AREA AND EQUIPMENT

6.1. PLAYING AREA

- 6.1.1. The playing area includes the playing court and the free zone. It shall be rectangular and symmetrical.
- 6.1.2. The playing court is a rectangle measuring 18 x 9 m, surrounded by free zone which has a minimum of 3 m on all sides. The free playing space is the space above the playing area which is free from any obstructions. The free playing space shall measure a minimum of 7 m in height from the playing surface.
- 6.1.3. Number of playing venues:
 - 7.1.3.1 1 – Elementary – Girls
 - 7.1.3.2 1 – Elementary – Boys
 - 7.1.3.3 1 – Secondary – Girls
 - 7.1.3.4 1 – Secondary – Boys

6.2. NET

- 6.2.1. The net is 1 m wide and 9.50 to 10 m long (with 25 to 50 cm on each side of the side bands), made of 10 cm square black mesh.
- 6.2.2. HEIGHT OF THE NET:
 - 7.2.2.1 Elementary Level: Boys: 2.15 meters, Girls: 2.10 meters
 - 7.2.2.2 Secondary Level: Boys: 2.43 meters, Girls: 2.24 meters

6.3. SIDE BANDS

Two white bands are fastened vertically to the net and placed directly above each side line.

6.4. ANTENNAE

An antenna is a flexible rod, 1.80 m long and 10 mm in diameter, made of fiberglass or similar material.

6.5. BALL

- 6.5.1. The ball shall be spherical, made of a flexible leather or synthetic leather case with a bladder inside, made of rubber or a similar material.
- 6.5.2. Synthetic leather material and color combinations of balls used in international official competitions should comply with FIVB standards.
- 6.5.3. Its circumference is 65-67 cm and its weight is 260-280 g. Its inside pressure shall be 0.30 to 0.325 kg/cm² (4.26 to 4.61 psi) (294.3 to 318.82 mbar or hPa).



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6.6. PLAYING UNIFORM

- 6.6.1. The player's number 1-20 or (01-09) registered on the O-2 VIS form must be the same and shall be used by the player throughout the Palarong Pangrehiyon game duration. The uniform of the LIBERO must be in contrast with the team's color. (Rule: 4.3.1; 19.2) The number must be a minimum of 15 cm in height on the chest, and a minimum of 20 cm in height on the back. The stripe forming the numbers shall be a minimum of 2 cm in width. The team captain must have on his/her jersey a stripe of 8 x 2 cm underlining the number on the chest.
- 6.6.2. There must be a checking of players uniform including libero during the solidarity meeting.

7. OFFICIALS

- 8.1 Referees accredited by DepED, officially endorsed by their respective divisions and officiated division meet with good moral character will be tapped to officiate in the Volleyball games.
- 8.2 Attend the refresher training and closing program.

8. CORPS OF REFEREES

- 1 – Tournament Manager
- 1 – ATM for Secondary
- 1 – ATM for Elementary
- 1 – Tournament Secretary
- 1 – Chief Referee for Secondary Boys
- 1 – Chief Referee for Secondary Girls
- 1 – Chief Referee for Elementary Boys
- 1 – Chief Referee for Elementary Girls
- 34 – Referees
- Total – 42 pax

9.1. TERMS OF REFERENCE

9.1.1. Tournament Manager

- 9.1.1.1. Oversee the general management of the Tournament
- 9.1.1.2. Inspect venues and examine all the equipment to ensure that they are in accordance with the technical requirements of international standard
- 9.1.1.3. Conduct refresher courses /meetings prior to the conduct of tournament
- 9.1.1.4. Prepare the schedule of games
- 9.1.1.5. Conduct daily general evaluation of refereeing core
- 9.1.1.6. Recommend provisions to ensure the safety of the playing venues
- 9.1.1.7. Submit post tournament reports at the end of the event

9.1.2. Assistant Tournament Manager

- 9.1.2.1. Assist TM in the discharge of duties
- 9.1.2.2. Responsible for the duties assigned by the TM
- 9.1.2.3. Represent the TM during meetings in the absence of the later
- 9.1.2.4. Evaluate referees' performance under his/her jurisdiction
- 9.1.2.5. Provide technical assistance to the member of his/her refereeing team
- 9.1.2.6. Perform other related duties.

9.1.3. Chief Referee

- 9.1.3.1. Responsible for the periodic evaluation of referees under his/her watch



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- 9.1.3.2. Provide technical assistance to his/her refereeing group
- 9.1.3.3. Prepares the assignment of referees for every match
- 9.1.3.4. Monitor the behavior of the members of the referees under his/her jurisdiction
- 9.1.3.5. Check the presence of the teams for the next match.
- 9.1.4. **Tournament Secretary**
 - 9.1.4.1. Serve as link to the Palarong Pangrehiyon Secretariat
 - 9.1.4.2. Check and submit the day – to – day results to the Secretariat
 - 9.1.4.3. Keep updated results of competitions for reference and public information
 - 9.1.4.4. In – charge for the requisition and retrieval of sports equipment and supplies

10. PROTEST, PENALTIES AND SANCTIONS

10.1. SANCTIONS

- 10.1.1. See RSAC Guidelines
- 10.1.2. All forms of misconduct during competition shall be subject to sanction in accordance with the sanction scale. (Rule 21.3)

10.2. PROTEST

- 10.2.1. Protest should be in written form duly signed by the coach and noted by the Division Sports Officer
- 10.2.2. The Protest shall be submitted to the Tournament Manager within two (2) hours after the match
- 10.2.3. No protest will be entertained regarding eligibility of players
- 10.2.4. No protest will be entertained regarding judgment calls of the referee
- 10.2.5. Only technicalities of the game may be protested

10.3. COACHES AND TEAM OFFICIAL'S UNIFORM

- 10.3.1. The officials on the player's bench must wear polo shirt or T-shirt with collar
- 10.3.2. Team officials who are in short pants and/or in slippers will not be allowed to participate during the warm – up
- 10.3.3. Teams without registered team officials before the start of their scheduled game will lose the game by default
- 10.3.4. “No Coach, No Play” rule shall apply, the team will lose the game by forfeiture.
- 10.3.5. In case a team coach is thrown – out due to unsportsmanlike conduct, the Assistant Coach or Chaperon may act as a coach upon request of the team captain
- 10.3.6. A “thrown – out” or “penalized coach” however still holds the responsibility over his/her team after the match.

11. CONDUCT OF THE COMPETITION

11.1. MODE / FORMAT OF TOURNAMENT:

Pre-Qualifying Games - Tournament Format:

- 11.1.1. The Tournament shall adopt the Single Round Robin, Cross – Over and Knock – Out System of tournament in all levels/division, hence, there shall be grouping of teams.

11.2. GROUPING PROCEDURE

- 11.2.1. The eight (8) teams shall be divided into two (2) groups, A & B. .



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11.2.2. Drawing of lots for all participating teams shall be applied except top 2 teams of the previous SRAA meet.

12. DETERMINATION OF WINNER

12.1. HOW TO WIN A SET / MATCH

- 12.1.1. All games for the elementary boys and girls shall be played on a 2-out of-3 sets following the Rally Point System. A team which scores 25 points with a minimum lead of two (2) points wins a set. In case of a 24 – 24 tie, play is continued until a two-point lead is achieved i.e., 26 – 24; 27 – 25; etc. should there be 3rd or deciding set, the change sides of court shall be at score 13, consistent to current health protocol, and the team which scores 25 points or with a minimum lead of two (2) points, wins a set.
- 12.1.2. All games including semi-final match shall be played in 2 – out – of – 3 sets following the Rally Point System. A team which scores 25 points with a minimum lead of two (2) points, wins a set. In case of a 24 – 24 tie, play is continued until a two-point lead is achieved i.e., 26 – 24; 27 – 25; etc. should there be 3rd or deciding set, the change sides of court shall be at score 13 points and the team which scores 25 points or with a minimum lead of two (2) points, wins the set. Finals, games shall be played on a 3 – out – of – 5 sets. Should there be fifth (5th) or deciding set, teams change sides of the court at score 8, consistent to current health protocol, and a team which scores 15 points or with a minimum lead of two (2) points, wins the set.
- 12.1.3. Teams in each group shall play a single round robin and shall be ranked accordingly. Top two (2) teams in each Group A & B will advance to the Semi Finals and play on a crossover knock – out system. Losers of the Semi-Final match will play for 3rd and 4th places respectively; winners will play for the Championship (1st & 2nd Places.)

SEMI-FINALS (2 Games)

Rank1A _____ -vs- Rank 2B _____
Rank 1B _____ -vs- Rank 2A _____

FINALS

Loser SF1 _____ -vs- Loser SF2 _____ 3rd and 4th
Winner SF1 _____ -vs- Winner SF2 _____ 1st and 2nd

PLAYING DAYS:

(It can be played in 3-4 days actual competition)

12.2. CLASSIFICATION OF TEAMS

Classification of Teams will be considered in the following orders:

- 12.2.1. Number of Victories (Win-Loss) record
12.2.2. Teams will be classified in descending order by the number of matches won.
12.2.3. In Case of Equality in the Matches Won, Ranking points will be considered.
12.2.4. The following points will be awarded per match to each team:

Match Won	2 – 0	3 points
Match Won	2 – 1	2 points
Match lost	1 – 2	1 point
Match lost	0 – 2	0 point
Match Forfeited		0 point (25-0;25-0)



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12.2.5. In case of Equality of Ranking Points:

- 12.2.5.1. *Set Quotient* – In the case of equality in the number of matches won by two or several teams, they will be classified in descending order by the quotient resulting from the division of the number of all sets won by the number of all sets lost with in their bracket.
- 12.2.5.2. *Points Quotient* – If the tie persists as per the set quotient (12.2.4.1) there will be classified in descending order by the quotient resulting from the division of all points scored by the total of points lost during all sets, within their bracket.
- 12.2.5.3. If tie continues as per the point quotient (12.2.4.2) between two teams, the priority will be given to the team which won the last match between them. When the tie in point quotient is between three or more teams, a new classification of these teams in terms of (12.2.4.1), (12.2.4.2) and will be made taking into consideration only matches in which they were opposed to each other.

12.3. **PROLONG INTERRUPTIONS**

- 12.3.1. Interrupted matches, even if it exceeds four hours and played in another venue, shall resume with the same scores, players, and position.
- 12.3.2. Interrupted set shall continue normally, with the scores of completed set/s kept as played.

13. **MEDALS TO BE CONTESTED**

- 13.1. **One Gold per category** Elem. Boys and Girls, Secondary Boys and Girls
- 13.2. **One Silver per category** Elem. Boys and Girls, Secondary Boys, and Girls
- 13.3. **One Bronze per category** Elem. Boys and Girls, Secondary Boys and Girls

14. **NUMBER OF MEDALS TO BE AWARDED**

- 14.1. Winners in respective category/division shall be awarded the following:
- 14.1.1. **Champion** **12 Gold Medals X 4 categories = 48 gold**
- 14.1.2. **First Runner – Up** **12 Silver Medals X 4 categories = 48 silver**
- 14.1.3. **Second Runner – Up** **12 Bronze Medals X 4 categories = 48 bronze**
- 14.1.4. **ALL VOLLEYBALL PLAYERS** shall wear their official uniform by division in receiving the medals and certificate of during the awarding and closing ceremonies which will follow immediately after the championship match.

15. **VICTORY CEREMONIES:**

- 15.1.1. Victory ceremonies, awarding shall follow immediately after the conclusion of the tournament.
- 15.1.2. Coaches of top three (3) teams shall advise their players to be in full volleyball uniform particularly those who will be receiving their awards.

16. **UNFORSEEN ITEMS**

As regards the specific items not expressly foreseen in this regulation, the Tournament Manager shall decide in consultation with the General Rules and Guidelines contained in the FIVB and the Palarong Pangrehiyon Rules and Regulations.

17. **EFFECTIVITY**

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2024 SRAA MEET TECHNICAL GUIDELINES

WRESTLING

I. RULES & REGULATIONS

The Tournament Guidelines of PALARONG PAMBANSA '2024 shall be managed and modified in accordance with United World Wrestling (UWW) for the safety of the students -athletes.

In order, to guide the field in the conduct of sports activity in Wrestling, the following ground rules are hereby issued for the information and guidance of all concerned:

I. ELIGIBILITY OF ATHLETES

Only Secondary Students-Athletes who passed the screening procedure shall be allowed to play and only one participant per age and weight class.

II. AGE and WEIGHT CLASS

There shall be two (2) age groups for both boys and girls:

- A. 13-15 = Cadets (only 13 to 15 years of age come the nationals). **Cadets are not allowed to play in Juniors.**
- B. 16-18 = Juniors (16-18 years of age come the nationals)

CATEGORY	AGE	GENDER	WEIGHT (kg)
Cadets	13 – 15 years old	Boys	42, 46, 50, 54
Cadets	13 – 15 years old	Girls	40, 44, 48, 52
Juniors	16 – 18 years old	Boys	54, 58, 62, 66
Juniors	16 – 18 years old	Girls	48, 52, 56, 60

III. COMPETITION SYSTEM

Pre-Tournament

- A. The medical inspection shall be done one (1) day before the tournament. The weigh-in will be done one (1) day before the day of competition per category. We apply exact weight per category during the weigh-in. One (1) kilogram is allowed to underweight. Only (1) weigh-in for each category (cadets/juniors).

Day	Activity
1.	Medical for all category
	Weigh-in for Cadets Boys and Girls
2.	Elimination to semi-final for Cadets Boys and girls
3.	Repechage (for bronze medal) and Finals for Cadets Boys and Girls
	Elimination to semi-finals Juniors Boys and Girls
4	Repechage and Finals – Juniors Boys and Girls
5.	Closing Program/Awarding Ceremony



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B. The drawing of lots shall be done after the weigh-in.

Tournament

a. The **Nordic System** shall apply in accordance with the number of entries per weight categories. The direct elimination with repechage for (8) or more in a weight class with one (1) gold, one (1) silver and two (2) bronze medals, However, if there are 6 or 7 athletes one bronze only with crossover bout.

Classification in Nordic System Ranking:

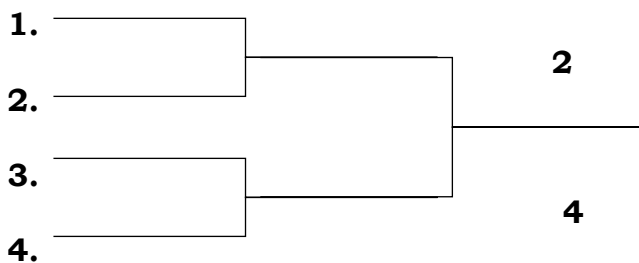
The wrestler with the highest number of victories will be rank first.

For all the cases with a tie between athletes in the same group, the ranking will be determined with following criteria, across all competition:

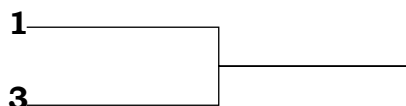
- *The highest classification points:*
- *The highest victory by fall*
- *The highest match victory by superiority*
- *The highest technical points scored.*
- *The direct match (winner against each other).*

Pairing

4 Participants
Ideal number



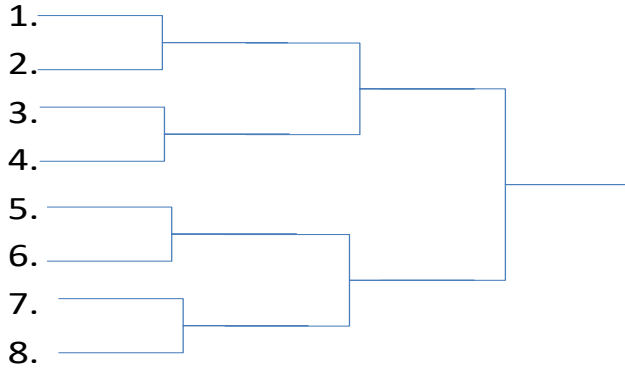
Bronze Medal Bout





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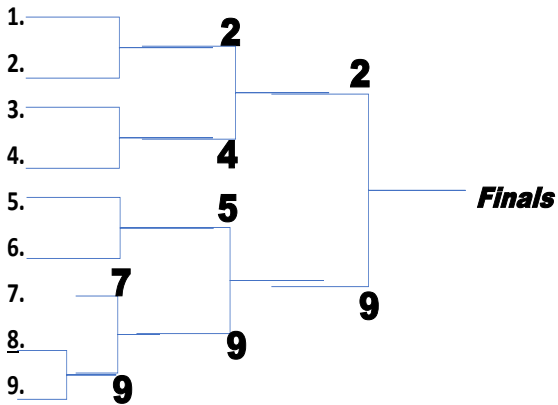
8 participants
ideal number



Repechage



9 is not an ideal number, so elimination will be done.



Reperchage





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b. Modification for victory by FALL or 2 Pin down.

Two (2) Pin down Rules

2 pin down to win the match regarding it happen 1st or 2nd round.

The wrestler with 1 pin-down will earn plus 5 points.

If the pin down is tie (both wrestlers got 1 pin down) the score sheet will be basis to declare the winner.

c. The Challenge

Is the action through which the coach is allowed, on behalf of the wrestler, to stop the action and request the mat chairman to watch the video evidence in case of a disagreement with the call. Challenge can be requested (10) seconds after the score publish into the scoreboard or the wrestler goes into neutral position. If the Jury and Mat chairman confirms the decision by the refereeing body, the wrestler loses the challenge, and his opponent will receive one (1) technical point.

Each wrestler is entitled to one (1) challenge per match. If after reviewing the challenge the Tournament Director (or his substitute) modifies the initial decision, then the challenge can be used again during the match by the concerned wrestler.

No challenge can be requested after the end of the regular time of a period.

*Only 2 challenge per match is allowed

d. Point System

For the safety of wrestlers, only one (1) and two (2) points shall apply in our current Set-up. (All throws low or high is forbidden, if the wrestler used any high amplitude Throws (Supplex and lifting up), it will result into immediate disqualification). Any attempt of a throw must be stop or be given a caution (if the throw continued) upon the agreement of three (3) refereeing body (mat chairman, judge and referee).

How to win the Bout

1. BY POINTS (AFTER 2 ROUNDS)
2. BY SUPERIORITY (LEADING 10 POINTS)
3. BY FALL (PINDOWN)
4. BY DEFAULT
5. BY INJURY (OPPONENT IS INJURED DURING THE BOUT)
6. 3 CAUTIONS (COMMITTING 3 FOULS)
7. BY DISQUALIFICATION (DUE TO BRUTALITY)

- **INCASE OF A TIE
(ENDING THE BOUT WITH THE SAME POINTS)**

Look for:

1. the highest value of holds
2. the least amount of cautions
3. the last technical point(s) scored



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Red	Blue	Comment	Result
1 1 1	1 1 <u>1</u>	Last technical point scored by the blue wrestler.	Blue winner
1 2	1 1 1	Last technical point scored by the blue wrestler but the red wrestler scored a 2-point hold.	Red winner
0 0 1 1 1	1 1 1 0	Last technical point scored by the red wrestler, but he has two cautions and the blue wrestler has only one.	Blue winner
1 1 1	1 <u>2</u> 0	The blue wrestler scored a 2-point hold which is the highest value hold	Blue winner
1 1 1 0	1 2 0	The red wrestler scored the last technical point; but the blue wrestler scored a 2-point hold. Each of the wrestlers has one caution.	Blue winner
1 1 1 0 0	0 0 1 1 1	Each of the wrestlers has two cautions. The blue wrestlers scored the last technical point.	Blue winner

Further all fouls will be caution and 1 point.

e. Call to the Mat

The contestants are called in a loud and clear voice to present themselves on the mat. A contestant cannot be called to compete in a new bout until he has had a rest period of twenty (20) minutes from the time his preceding bout ended. A delay is granted to any wrestler who does not reply to the first request in the following manner: The competitors must be called three times at 30-second intervals. These calls are made in both French and English. If the wrestler does not come forward after the third call, he will be eliminated and will not be placed. His opponent will win the bout by forfeit.

f. Duration of the Bout

- For all category the duration of a bout will be two periods of 2 minutes with a 30-second break.
- The timing displayed on the scoreboards will start from 4 to 0 minute.
- The winner is declared by the addition of the points in both periods at the end of the regular time.
- Technical superiority is reached when there is a difference of 10 points. This automatically leads to victory and ending the bout by blowing of whistle.
- The fall (2 pin down) stops automatically the match whatever the period.
- Default if opponent did not come 1 minute after the call
- Winner by Injury if opponent cannot continue due to injury
- Disqualification after 3 cautions
- Disqualification after any brutality action.
- If a wrestler commits an obvious offence against fair play within the spirit and concept of total and universal wrestling enunciated by UWW, and openly cheats, commits a serious error or engages in brutality, he will be disqualified immediately from the competition and eliminated by a unanimous decision of the officiating team. In this situation, he will be placed last in the ranking, whiteout any rank and the note "Dsq" near to his name.



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- In case the score is 0-0 in the first round (after the 2 minutes regulation period), the blue wrestler will be declared as passive and the red wrestler get 1 point. And if the situation in the second round is the same, the red wrestler will be declared as passive and the blue wrestler get 1 point. The tie breaker system will apply to declare the winner.

g. Presentation of wrestlers

The following ceremony takes place for each weight category in the finals for first and second places: The finalists are presented together with the coach and their achievements are announced when they are coming on the mat.

h. Start

Before the bout begins, each opponent answers when his name is called and takes his place at the corner of the mat assigned to him. The corner is the same color as the singlet he has been assigned to wear. The referee, standing in the central circle in the middle of the mat, calls the two wrestlers to his side. He then shakes hands with them and examines their dress, checks that they are not covered with any greasy or sticky substance, verifies that they are not perspiring, verifies that their hands are bare. The wrestlers greet each other, shake hands and, when the referee blows his whistle, they start the bout.

i. Point system

1 point

- Step out

To the wrestler whose opponent goes in the protection zone with one entire foot (in standing position) without executing a hold.

Clarification for stepping out in standing position only

When the attacking wrestler is the first to step into the protection area in the commission of a hold, the following may occur: . If the wrestler completes the hold successfully in a continuous action, he shall be awarded the requisite points--1, or 2. If the wrestler is unable to complete the hold successfully, after stopping the action the referee shall award his opponent 1 point. If the wrestler attack and controls his opponent and he is unable to complete the hold in a continuous action, the referee shall stop the bout but not award his opponent 1 point.

NB: When a wrestler deliberately pushes his opponent into the protection area with no meaningful action, he shall no longer be awarded 1 point (only verbal warning).\

- **All the stops of bout by injury without bleeding or any visible injury are penalized by 1 point to the opponent.**
- **To the wrestler whose opponent requested a challenge if initial decision is confirmed.**
- **To the opponent of a wrestler designated as passive who fails to score points during a 30 second activity period in Freestyle wrestling.**
- **Reversal (counterattack by dominated wrestler in parterre position and passing behind)**

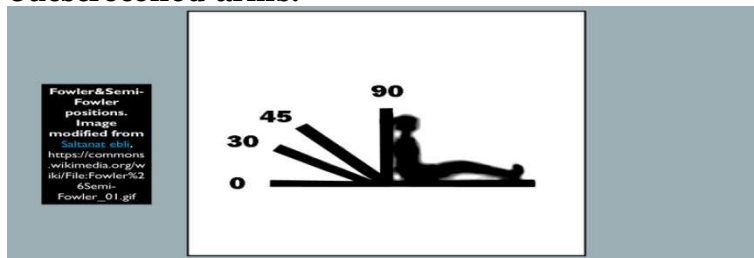


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- **To the attacking wrestler whose opponent flees the hold, the mat, commits illegal actions or acts of brutality.**
- **To the attacking wrestler whose opponent flees the hold and the mat.**
- **To the attacking wrestler whose opponent commits an illegal hold during the execution of an engaged hold.**
- **To the wrestler whose opponent commits offensive foul, after the first warning - To the top wrestler whose opponent refuses correct “parterre” position, after the first verbal warning.**
- **To the wrestler who finally succeeds in completing the hold even his opponent is doing an irregular hold.**

2 points

- **To the wrestler who overcomes and then controls his opponent by passing behind (three points of contact: two arms and one knee or two knees and one arm or head or elbow).**
- **To the wrestler who applies a correct attack and takedown that brings his opponent into a prone position or lateral position or a position with three points of contact. The defensive wrestler must lose control during the throw.**
- **To the wrestler who executes a hold that places his opponent's back at an angle of less than 90 degrees, including when his opponent is on one or two outstretched arms.**



- **To the attacking wrestler whose opponent rolls onto his shoulders.**
- **To the wrestler who blocks his opponent in the execution of a hold from the standing position, in a position of danger.**
- **To the attacking wrestler whose opponent commits any illegal actions or acts of brutality.**
- **To the wrestler whose opponent flees the mat in a danger position.**
- **To the attacking wrestler whose opponent commits a foul in a danger position.**

j. Injury Time Out

- If a contestant finds himself forced to interrupt the period because of an injury or because of any other acceptable incident beyond his control, a **4 minute injury time out is use** and the referee may stop the bout. During such an interruption, the wrestler(s) must stand in their corner. They can cover their shoulders with a towel or their dressing gown and receive advice from their coach.



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- If a bout cannot be resumed for medical reasons, the decision is made by the competition doctor in charge, who informs both the coach of the wrestler involved and the mat chairman; the latter then orders that the bout be stopped. The decision rendered by the competition's doctor may not be reversed.
- Under no circumstances may a contestant take the initiative to interrupt the action himself, by deciding to wrestle in the standing or "parterre" position, or by pulling his opponent back from the edge of the mat to the center.
- If an action must be stopped due to one wrestler deliberately injuring his opponent, the wrestler at fault will be disqualified.
- If a wrestler interrupts the bout without any blood or visible injury as determined by the competition doctor, 1 point will be awarded to the opponent. The bout shall resume immediately.
- In case of bleeding of one of the wrestlers, the referee shall interrupt the bout to stop the bleeding. A chronometer will start as soon as the doctor steps on the mat. In case the accumulated time of interruptions to treat the bleeding exceeds 4 minutes over the entire duration of the bout, the mat chairman shall order the end of the bout. In that case, the concerned wrestler loses the match and the opponent wins the match on injury. If the bout is wrestled until the end, the chronometer will be reset for the next round.
- After the medical treatment, the bout resumes in the same position than before the interruption.

k. Passivity Implementation

One of the roles of the refereeing body should be to evaluate and distinguish what is real action versus a feigned attempt to waste time.

Anytime the refereeing body agrees a wrestler is blocking, interlocking fingers, thwarting his opponent and/or generally avoiding wrestling; the referee signals to the wrestler "Caution blue or red". The action is stopped briefly to designate the guilty wrestler and a **30-second Activity period** begins. The referee shall not interrupt the bout in the midst of a viable action to either start or finish the activity period. A light corresponding to the wrestler at fault is lighted. This notifies the wrestlers, coaches and spectators an "activity period" has begun. Passive wrestler should score point(s) in the 30 seconds otherwise his opponent will score one point even if he scores point(s) during that period.

IV. COMPETITION UNIFORM **The Singlets (standard)**



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For the Palarong Pambansa National Championship, to limit the participation costs per teams, it is suggested that in place of the official Olympic Wrestling standard uniform, it is allowed to have a close approximate of having 1.) a pair of blue and red sando-and-cycling shorts combo per athlete (must be approved by technical officials assigned) and 2.) exempt the athletes from wearing wrestling shoes, have them compete barefooted.

Wearing of Hijab for our Muslim participants is allowed.



Athletes must appear on the edge of the mat wearing a one-piece singlet of the color assigned to them (red or blue) ... wearing a sando should be approved by the technical officials.

A Division / Region emblem on the chest is optional.



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The use of light knee pads containing no metal parts is allowed.

The athlete must have a cloth handkerchief with him/her on the duration of the bout/match.

At the beginning of each day, every athlete must be closely shaven or have a beard of several months' grown. And fingernails must be cut short to avoid abrasion.

Advertising on clothing. Athletes may also wear their sponsor's name(s) at the back or sleeves of their robes. Letters and symbols should not be more than 6 cm.

Ear Protectors. Ear protectors to be used by the wrestlers must be approved by DepEd and must not contain any metal or hard shells. The referee can oblige the wrestler with long hair to wear ear protectors.

Shoes. Athletes must wear wrestling shoes that provides firm support for the ankles. Shoes with heels or with nailed soles, shoes with buckles or with any metallic parts is prohibited. Shoes with laces must be wrapped with a sticky tape or hide the laces so that they will not be exposed during the bout / match to avoid interruptions or disturbance to the athletes. Each athlete is responsible for providing the tape for the shoes which should be controlled before entering the mat.



Bans. At the weigh-in, the referee must check that each competitor satisfies the requirement. The wrestler must be warned at the weigh-in that if his/her appearance is incorrect, he/she is NOT ALLOWED to enter the competition. If the wrestler enters the mat with a non-compliant appearance, officials will allow a maximum of one (1) minute for him/her to comply. If, after one minute, the wrestler is still at fault, he/she will lose the match by abandonment.

It is prohibited to:

- Wear the emblem or abbreviation of another Division / Region.
- Apply any sticky or greasy substance to the body.
- Enter the mat perspiring for the beginning of the match and for the beginning of each period.
- Wear bandages on fingers, wrists, arms, or ankles except in the case of injury and on doctor's orders. Bandages must be covered with elastic straps.



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- Wear any objects that might cause injury to the opponent like rings, bracelets, prosthesis, piercings, etc.
- Wear under-wired bras (for women wrestlers).

V. ILLEGAL HOLDS

The following holds and actions are illegal and should be strictly prohibited:

- Lifting opponents in standing and parterre position (the only allowed is lifting while kneeling in double leg, backward roll and countering single or double leg attack in parterre position).
- All throwing's (one arm throw, hip throw, head and arm throw, fireman's throw, double and single leg lifting up takedown).
- Supplex and all high amplitude holds would result into disqualification of the athlete.
- Pull the hair, ears, genitals, pinch the skin, bite, twist fingers or toes, etc. and generally, to perform actions, gestures or holds with the intention of torturing the opponent or making him suffer to force him to withdraw.
- Kick, head-butt, strangle, push, apply holds that may endanger the opponent's life or cause a fracture or dislocation of limbs, tread on the feet of the opponent or touch his face between the eyebrows and the line of the mouth.
- Thrust the elbow or knee into the opponent's abdomen or stomach, carry out any twisting action which is likely to cause suffering
- Hold the opponent by his singlet.
- Hitting the mat (using hands or legs)
- Cling to or grasp the mat.
- Talk during the bout.
- Holding the toe of the opponent's foot (only seizing the upper part of the foot or the heel is permitted).
- Bringing the opponent's arm behind his back and the same time applying pressure to it in a position where the forearm forms an acute angle.
- Executing a hold by stretching the opponent's spinal column.
- Executing a hold in the neck using two arm.(the only allowed is holding head and arm)
- Lifting the opponents who is in bridge position and throwing it in the mat.
- Breaking the bridge by pushing to the head direction.
- If the attacking wrestler is found to be violated the Rules during the execution of the hold, the action in question shall be completely void, and the wrestler will get caution and 1 point to his/her opponent.
- If a defending wrestler, by an illegal action, prevent his/her opponent from developing the holds, he/she will receive 'caution' and 1 point to the attacking wrestler.
- Twisting the leg out while in parterre position
- Agree with the match result between themselves.
- Grasping or interlocking fingers to block the opponent and prevent Active Wrestling.
- To spit the water out during the break.
- Double nelson
- Leg hook (binding/hooks the leg of opponent in ground/parterre position)

These general prohibitions are sanctioned based on the severity of the foul (disqualification, caution-1 point or verbal warning). Disciplinary sanctions might also be applied after the competition against the athlete at fault.

VI. THE COACH

- Coaches are not allowed to stand in their designated chair during the bout for the refereeing body will give him/her a warning for 1st violation and a yellow card for 2nd violation and red card for the 3rd violation and kick out for the entire tournament, the assistant coach will assume his/her job.



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- Coaches are prohibited to throw any object on the mat during the bout, only the soft object approved and placed in each corner will be thrown if there is a challenge.
- Coach that violates the oath of sportsmanship and ethical standards of a Coach shall be given a verbal warning for the first offense, and a YELLOW CARD in second violation and a RED CARD and kick out from the competition for the third time violations.
- The assistant coach will sit as a coach after the RED CARD is given to the head coach of the team and if the assistant coach also violates the rules of ethical standards of a coach, the trainer will sit in place of their coaches. If the three violates the rules the team captain will be authorized to act as coach. No wrestler can play without coach in their corner.

Other rules stated underneath should also be strictly implemented:

1. Adapt the two-period system with continuation of score from period one, based on the 2019 Palarong Pambansa Guidelines General Information, Technical Rules, Regulations, Guidelines in Sports (Memorandum No. 1, series of 2019). Cadets (2 minutes with 30 seconds break); Juniors (2 minutes with 30 seconds break).
2. No more warning (“stopping the bout giving warning”) will be given to a passive wrestler (only loud voice will be given by referee to a passive wrestler). After 2nd time verbal warning, an automatic 1 point will be given to the opponent in the next and succeeding passive actions. The referee is authorized to stop the play if a passive player is to be reprimanded.
3. A warning (“ATTENTION”) will be given to a wrestler who makes an unintentional or intentional brutality for the first offense.
 - a. The Officiating Team will also make a decision for any brutality that will be done by the wrestler (even on first offense) ... to whether a point will be given to the opponent or an automatic disqualification.
 - b. When brutality is being performed again by the wrestler, the game will be stopped, and a decision will be made by the officiating officials.
4. If the wrestler is in a half pin position and quickly changes the position to escape from the danger of pinning down, is not yet considered pinned. But if he/she will return to his previous half-pin position, he/she is declared pinned down.
5. **NO WAIVERS ALLOWED (As per DepEd Order on Child Protection Policy).**
6. **No wrestler is allowed to a “1 step up” in each weight category.**
7. There can only be one player / wrestler in every weight category per delegation.
8. Winning in medal tally will be based on the number of golds, silver, and bronze. Even if the fourth placer is still bronze recipient, it is NOT included in the medal tally.
9. In case of a question about the official’s decision, the coach should forward his/her queries, but the decision of the Jury would be final and irrevocable.
10. Only the official video(s) by the Officiating Team will be used for any clarifications and review of decisions.

HEALTH AND SAFETY PROTOCOLS

- a. Tables and chairs must be in a set up in compliance to the safety standards and protocols with at least 1 meter apart to maintain physical/social distancing.
 - b. Players, coaches, chaperons, and all members of the officiating team must already be fully vaccinated and already had a booster shot.
-



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- c. Players who are not playing, coaches, chaperons, and technical officials are required to wear face mask on the whole duration of the tournament.
- d. Players could only remove their face masks when they are playing. They are also required to bring alcohol or any disinfectants.
- e. Signs and reminders must be posted and provided to remind the people about social distancing and the prescribed health protocols.
- f. There must be a presence of security personnel, facility safety officials and medical team at all times.
- g. Only the players, coaches, trainers, security personnel, medical team and officiating officials are allowed in the playing venue. No spectators allowed inside the playing venue.
- h. Physical/Social distancing should be strictly followed.
- i. Disinfection of equipment and surrounding area must be done before and after the competition proper.

VIII: Effectivity:

These Technical Guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

WUSHU SANDA

XCI. RULES AND REGULATIONS (*Cite International Rules*)

The competition will be conducted in accordance with the rule of IWUF 2017.

Athletes for Group A must be 45.1 Kg and above but not exceed 48.0 Kg to compete in the 48 Kg category.

Athletes for Group B must be 39.1 Kg and above but not exceed 42.0 Kg to compete in the 42 Kg category.

All delegations must be on time during the weigh- in schedule. Date schedule and venue will be announced during the solidarity meeting/ Coaches training and the time schedule will be 8:00 A.M. to 11:00 A.M, either in the nude or only with their trunks on (Female competitors may wear close fitting undergarments).

During the weigh- in each athlete will be given 1 hour to have his/her catch - up wait category, and will be given 3 attempts to weigh on the official weighing scale with in the time allotment.

The weighing -in shall start with the lighter weight categories. A competitor who outweighs his/her entered category and fails to reduce his weight within stipulated time shall not be allowed to compete in any of the subsequent contests.

The drawing of lots ceremony shall take place after the first weighing – in, starting with the lighter weight categories. The team coaches shall draw lots for the competitors of their respective teams.

Kick(s) to the head as well as successive/ continuous punches to the head are not permitted. One absolute hit (punch- kick) policy will be applied.

All attacking and defending techniques are applicable except of the following:

- a. Attacking with the head, elbow, or the knee, or by twisting the opponent's joints.
- b. Forcing the opponent to fall head over heels, or intentionally smashing or pressing him/her down.
- c. Hitting the opponent's head by any means when he is already down.
- d. Attacking the back of the head, and the crotch.

The following takedowns techniques are permitted.

- a. Lower Hip side takedown.
- b. Lower Side tackle



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- c. One leg tackle/ one leg catch tackle
- d. Cross leg tackle
- e. Lower double leg takedown.
- f. Leg Sweeping

Shoulder Throw, Lifting, over throw, Floating Hip Throw, Single back Throw, Hip wheel Throw, Neck Throw, Back Throw, **ARE NOT PERMITTED.**

Each bout is consisting of 3 rounds, with 1 minute and 30 seconds per round and 1 minute interval rest between rounds.

A winner will be declaring as best of two (2) out of three (3) rounds in each bout.

- a. In case of draw/tie in any of the 2 rounds an additional round will be held.
 - b. If ever there will be a draw / tie in round 3, we will follow the international order of precedence in identifying the winner.

24.3.6 Under the elimination system, fewer warnings will be declared the winner.

1. The competitor with fewer warning will be declared the winner.
2. The competitor with fewer admonitions will be declared the winner.
3. Lighter weight on time of weigh in.

If the tie remains, an additional round will be held.

Each team shall strictly abide by the Rules of DepEd and the Organizing committee.

Those who will violate the rules and regulations will be dealt with according to the regulation of DepEd: (such as: Throwing of protective gears, uttering bad words, extreme and violent reactions. Etc.)

Teams may bring video cameras for the documentation of the bout(s), but it will not be accepted as basis for complaints.

Official coach and chaperon must be in their delegation uniform. No short pants, sando and slippers will be allowed for the coaches and chaperons during the competition.

Official coach and chaperons must observe proper decorum during the competition.

Trainers are not allowed to sit on the athlete's corner during the competition.

The technical Committee shall decide on all other quires/issues not mentioned in the ground rules.

XCII. ELIGIBILITY

Secondary school students and coaches who passed the screening procedure.

XCIII. COMPOSITION OF THE CONTINGENT/DELEGATION

Each team may compose of 2 coaches, 1 chaperon for the girls and 10 athletes.



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XCIV. DISQUALIFICATION

Coaches, Chaperon and athletes who did not qualify the screening procedure.

XCIV. EVENTS/DISCIPLINES

V.1 Competition in Secondary Level:

Group A who were born between January 01, 2006 to December 31, 2008

Group B who were born between January 01, 2009 to December 31, 2011

XCVI. CATEGORIES

VI.1 Secondary – Boys

Group A: 48 kg; 52 kg; 56kg

Group B: 42 kg; 45 kg; 48 kg

VI.2 Secondary – Girls

Group A: 48kg; 52kg

Group B 42kg; 45kg

XCVII. PLAYING AREA, EQUIPMENT AND COMPETITION UNIFORM

VII.1 Playing Area

VII.1.1 Standard requirement

8m x 8m Rubber Mats playing area

VII.1.2 Layout

10m x 10m Rubber Mats (100 pcs.)

VII.2 Equipment

VII.2.1. Competitors shall wear costume and protective gears in compliance with “Rules for International Sanda Competition”

VII.2.2. A total of eighteen (18) plates—six(6) in black, six(6) in red, and six (6) half in red and half in black—are used by the sideline judges to indicate the winner and the loser and a drawn bout respectively. The plate is a disc 20 cm in diameter with a wooden handle 20cm in length.

VII.2.3 Admonition cards; Twelve (12) 15cmX5cm yellow cards are used for admonition.

VII.2.4 Warning cards; Six (6) 15cmX5cm red cards are used for warning.

VII.2.5. Default plates; Two (2) yellow plates are used for default, and with the word DEFAULT written in red color on one side and in black on the other side. The plate is a disc 40cm in diameter, with a wooden handle 40cm in length,

VII.2.6. Two (2) stop-watches (one as reserve)

VII.2.7 Two (2) whistles

VII.2.8. 2 microphones

VII.2.9. Speaker

VII.2.10 Fifteen to twenty (15-20) tally counters



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- VII.2.11. Six (6) big Masking Tape (2 inches)
- VII.2.12. Supplies: (20) ball pen, (5) Pentel pen, (10) Cartolina, (1) ream long Size band paper, (1) ream A4 size band paper,
- VII.2.12; 2 long tables and 5 small tables, and 25 chairs

VII.3 Competition Uniform

VII.3.1 Athlete

Two sets of costumes; 1 red and 1 black (shorts/ trunks and shirt)
Female competitors must wear close-fitting undergarments.
Gum shield, groin guard, hand-wrap and shin guard with foot pad.

VII.3.2 Coach and Chaperon

Official delegation uniform.

VII.3.3 Technical Official

Regional Official Uniform

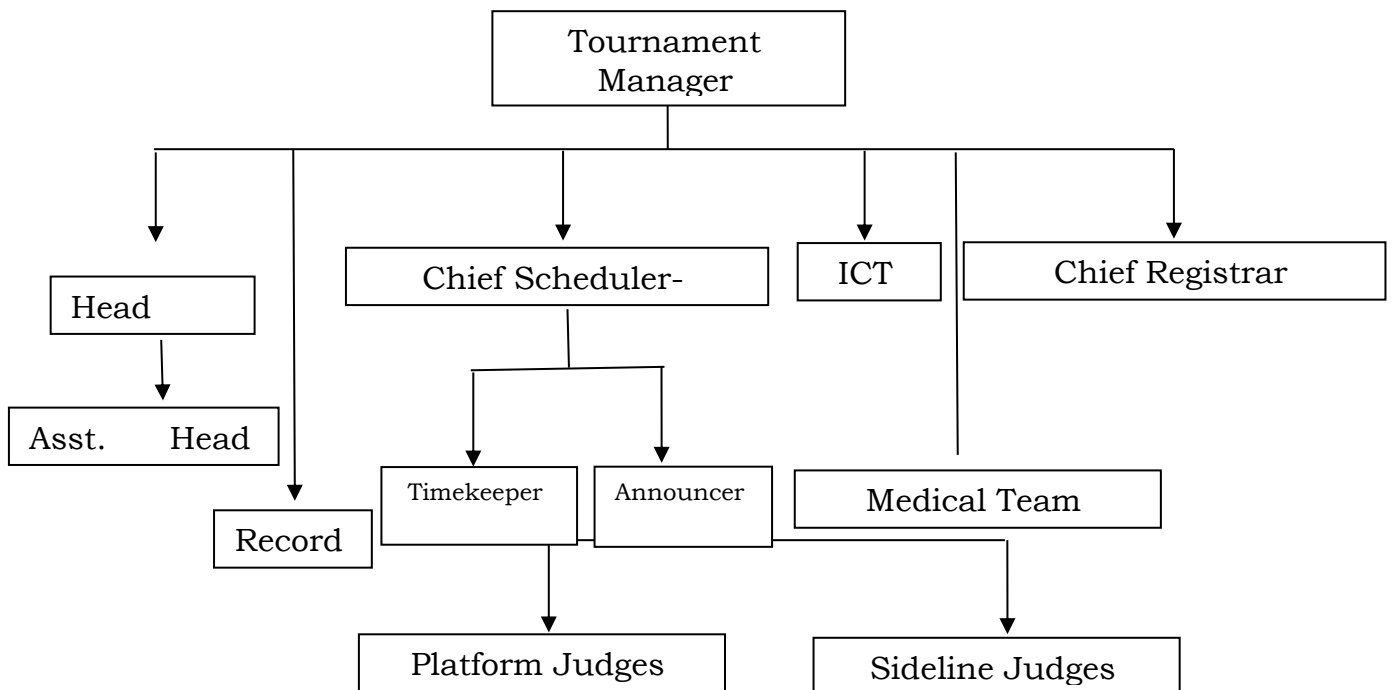
Platform judges must wear hand gloves.

VIII: TECHNICAL OFFICIALS

VIII.1 Qualifications

- VIII.1.1 He/she must be DepEd personnel.
- VIII.1.2. He/she must undergo national/regional accredited training.
- VIII.1.3. He/she must be physically and mentally fit
- VIII.1.4. He/she must be 50 years old and below during the year of competition except members of technical working group.

VIII.2 Organizational Structure





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VIII.3 Terms of Reference *(based on organizational structure)*

A. Tournament manager/Chief Referee:

- A.1. Organize all officials to study the rules and regulations of the competition, and to master the officiating methods.
- A.2. Make sure that everything is ready for competition in regard to the platform, equipment. And officiating apparatus, and to the weighing-in, drawing of lots and programming.
- A.3. Settle problems according to the Rules and Regulations, but Without the power to modify them.
- A.4. Provide guidance to juries in competition and replace officials if necessary.
- A.5. Notify the referee, chief programmer, recorder and announcers in time if any change has occurred in the order of competition owing to a competitors default.
- A.6. Have the right to make the final decision when a dispute arises in jury.
- A.7. See to it that the officials are implementing the Rules properly.
- A.8. Examine, sign and announce the result of competition.
- A.9. Submit a written summary report to the organizing committee.

B. Assistant Chief Referee.

- B.1. Assist the Tournament manager and may act on his behalf in his Absence.

C. Head Judge:

- C.1. Organize his jury in its work and study.
- C.2. Supervise and guide the work of the judges, timekeeper and Recorder.
- C.3. Whistle as a hint for correction, before the final result is Announced, when the platform judge has made an apparent Misjudgment or omission.
- C.4. Announce the result at the end of each round to decide the Winner.
- C.5. Handle such matters as absolute victory, fall-off, penalty, and Forcible counting according to the competitors conditions on the platform and the recorders records.
- C.6. Examine and sign the results at the end of each bout.

D. Chief Scheduler-recorder/Tournament Secretary

- D.1. Responsible for examining the competitors credentials and Entry forms.
- D.2. Organize the drawing-lots ceremony and work out the Competition schedule.
- D.3. Prepare various forms to be used in competitions; check and verify the competitors result to determine their placings.
- D.4. Record and announce the results of all bouts.



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D.5. Collect data for statistics and compilation of results.

E. Recorder

E.1. Fill in the two fighters forms carefully before the competitions.

E.2. Participate in the work of weighing-in ceremony and record the Competitor's weights in the statistical charts of the bout.

E.3. Record the numbers of warnings, admonitions, forcible counts And falls-off according to the platform judge's calls and gestures.

E.4. Decide the winner of each round according to the sideline judges Decisions and report to the head judge.

F. Timekeeper

F.1. Check the gong and timing devices before the competition, Making sure that the stop-watches keep correct time.

F.2. Keep the record of the time clasped during the fights, stops and Rest periods between the bouts.

F.3. When the computer system is not available, blow a whistle ten (10) Seconds before the start of each round and beat a gong to announce its end.

F.4. Read out the sideline judges decisions.

G. ICT

G.1. Encode data and transmit result online.

H. Chief Registrar

H.1. Responsible for the competitors weighing-in ceremony

H.2. Responsible for the preparation of protective gear and its Management during the competition.

H.3. Summon the competitors for roll-call twenty (20) minutes before the start of a contest.

H.4. Report to the chief referee immediately in cases of absence or Default during the roll-calls.

H.5. Check the competitors dress and protective gears as required by The Rules.

H.6. the registrars shall perform tasks as assigned by the chief Registrar.

I. Announcer

I.1. Give the audience a general idea of the Rules and Regulations of the competition.

I.2. Introduce the judges and competitors to the audience.

I.3. Announce the results of competitions.

J. Platform Judges

J.1. Check the competitors' protective gears and ensure safety in Fighting.

J.2. Guide the fights through calls and gestures.



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J.3. Make decisions on such matters as fall-down, fall-off, penalty, Forcible counting and call for first aid.

J.4. Announce the result of the bout.

K. Sideline Judges

K.1. Award points to the competitors according to the rules.

K.2. Display the results simultaneously and instantly at the head Judge's signal at the end of each round

K.3. Sign the scorecard at the end of each bout, to be kept for Examination and verification.

L. Medical Team

L.1. Check the competitor's health certificates.

L.2. Carry out anti-doping test in cooperation with the experts.

L.3. Conduct selective checkups among the competitors before the Competitions.

L.4. Provide first-aid service to injured or sick competitors during the Competitions,

L.5. Examine cases of injury caused by fouls.

L.6. Responsible for medical supervision and propose to the chief Referee in time to suspend injured or sick competitors from Competition.

XCVIII. CONDUCT OF THE COMPETITIONS

IX.2 Competition format

IX.2.1. Drawing of lots, weigh-in and scheduling

IX.2.2. Knock-out system

IX.2.3. Single round robin will be applied if the number of competitors below four.

XCIX. DETERMINATION OF WINNER

X.1. Absolute victory

X.2. Winner by default

X.3. Winner of the bout

C. SELECTION COMMITTEE

XI.1 Composition

XI.1.1 SRAA Technical Officials.

XII.1.1.1 Tournament manager

XII.1.1.2. Head Judge

XII.1.1.3. Platform Judges

XII.1.1.4. Sideline Judges

XI.2 Qualifications

XI.2.1. SRAA Technical Official must be national/regional trained and Passed the accreditation.

XI.2.2. He/she must be a member of the SRAA Technical officials.



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XI.3 Terms of Reference

XI.3.1. Tournament Manager serves as an overall chairman of the selection Committee.

XI.3.2 Head judge serves a vice chairman

XI.3.3. Platform judges and sideline judges serve as members of the committee.

CI. SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

XII.1 Selection of Recommended Athletes

All Gold medalist athletes in their respective weight categories will be automatically recommended, thus, in case the athletes will not be able to participate, the Law of succession will be applied.

XII.2 Selection of Recommended Coach

The determination of the winning coach will be based on the number of gold medals won. In case of ties in the number of gold medals the number of silver and bronze will be rank and counted. If the winning coach will waive his/her right to coach, the law of succession will be applied.

XII.3 Selection of Recommended Chaperon

The recommended chaperon will come from the winning team. In case the coach is male and the athlete is female.

XIII.1 MEDALS AT STAKE *(Based on number of events/ disciplines)*

XIII.1 Medals to be awarded

XIII.1.1 10 gold medals for the champion (4 for female and 6 for males)

XIII.1.2 10 silver medals for the second (4 for females and 6 for males)

XIII.1.3. 20 bronze medals for the third (8 for females and 12 for males)

XIII.2 Medals to be Counted (Over-all ranking)

XIII.2.1 10 gold medals for the champion (4 for female and 6 for males)

XIII.2.2 10 silver medals for the second (4 for females and 6 for males)

XIII.2.3. 20 bronze medals for the third (8 for females and 12 for males)

XIII.3 SPECIAL AWARDS *(Certificate of Recognition)*

XIII.3.1 Athlete and Coaches

Medals and certificates will be given to the winning athletes.

XIII.3.2 Technical Official

Certificate of Recognition will be given to the SRAA Technical Officials

XIX. PROTEST, PENALTIES, AND SANCTIONS

Refer to 2024 SRAA Meet General Operation Manual

XX. PROPOSED SCHEDULE OF THE GAME

XX.1 Official Practice Day

Schedule of practice is a day before the start of competition.



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XX.2 Competition Proper

The competition proper will be on May 13-17, 2024

XXI. SECURITY & SAFETY PROTOCOLS

Coordinate with the Peace and Order Committee/Security In – charge of the venue.

XXII. MONITORING AND EVALUATION SYSTEM

XXII.1 Performance Assessment

Coordinate with the Monitoring & Evaluation of the RO XII.

XXII.2 Narrative Report

The Tournament Manager shall submit a narrative report to the technical staff on the conduct of the tournament including the incident/s happened (if there is/are) at the end of the tournament following the given template and format.

XXIII. UNFORSEEN ITEMS

As regards the specific items not expressly foreseen in this regulation, the Tournament Manager shall decide in consultation with the General Rules and Guidelines contained in the IWUF 2017 and the Palarong Pangrehiyon Rules and Regulations.

XXIV. EFFECTIVITY

These technical guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

DANCESPORT

I. RULES:

1. The Dancesport competition of the *SRAA MEET 2024* will be held in accordance with the current **World Dancesport Federation (WDSF) Rules and Regulations** under the guidance of the **Philippine Dancesport Federation, Inc. (PDSFI)** as recognized by the **Philippine Sports Commission (PSC)** and **Philippine Olympics Committee (POC)** to govern dancesport competitions in the Philippines.

In case of any disagreement in the language interpretation of the WDSF Rules and Regulations, the English version shall prevail. Any unforeseen cases not covered by the Rules and Regulations shall be resolved as follows:

General Issues: To be resolved in accordance with the *SRAA MEET* Implementing Rules and Regulations.

Technical Issues: To be resolved in accordance with the WDSF Rules and Regulations and WDSF Norms.

2. The technical organization of the tournament shall be the responsibility of the Technical Committee/Tournament Manager. The committee's decision shall be final in all matters relating to the competition.

3. Only the Official **Coach and Chaperon** listed on the gallery are allowed to sit on the coaches' area and approach the competitors during intervals. (Maximum of two persons allowed)

4. Only the Official **Coach and Chaperon** are allowed to approach the Officiating Officials with regards to questions and inquiries during the match.

II. ELIGIBILITY

1. The latest DepEd National Screening and Accreditation Committee (RSAC) rules on SRAA MEET and School Sports athletes and coaches' participation shall apply.
2. Only athletes and coaches in the approved gallery of delegates per category shall be allowed to participate and compete.
3. Couples can compete regardless of the school or district they are representing as long as they are within their congressional unit. If one from the couple either male or female came from other Division, NSAC rules of residency will apply.

III. COMPOSITION OF CONTINGENT

3.1 Each Division may enter a maximum of four (4) couples; one (1) couple for Modern Standard Discipline Elementary level, one (1) couple for Latin American Discipline Elementary Level, one (1) couple for Modern Standard Discipline Secondary level and one (1) couple for Latin American Discipline



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LEVEL	DISCIPLINE	GENDER	NO. OF COMPETITORS	COACH	CHAPERONE
ELEMENTARY	STANDARD	MALE	1	1	1
		FEMALE	1		
	LATIN	MALE	1		
		FEMALE	1		

SECONDARY	STANDARD	MALE	1	1	
		FEMALE	1		
	LATIN	MALE	1		
		FEMALE	1		
TOTAL			8	2	1

IV.

DISQUALIFICATION:

4.1 The couples will be disqualified from the competition if proper dress regulations based on WDSF rules and guidelines are not followed.

4.2 Lifts are NOT permitted in any category level and dance; A lift is any movement during which one member of a couple has both feet off the floor at the same time with the assistance of the partner;

4.3 The competitors/couple will be disqualified if they are not present in their event.

4.4 The Chairman of the Board of Adjudicators will **DISQUALIFY** couples who will perform lifts during competition.

IV. TOURNAMENT FORMAT

1. PROGRESSIVE CONDUCT OF PALARO in the Lower Meet to Palarong Pambansa:

BRACKETS	GRADE	No. Of Dances	Latin American Dance		Modern Standard	
			Juvenile	Junior	Juvenile	Junior
1	E	1 Dance	Chachacha	Chachacha	Waltz	Waltz
	D	2 Dance	Samba & Jive	Chachacha & Jive	Waltz & Tango	Waltz & Tango
2	C	3 Dance	Samba Chachacha, Jive	Chachacha, Rumba & Jive	Waltz, Tango & Quickstep	Waltz, Tango & Quickstep
	B	4 Dance	Samba Chachacha, Rumba & Jive	Samba Chachacha, Rumba & Jive	Waltz, Tango, Foxtrot, Quickstep	Waltz, Tango, Foxtrot, Quickstep
3	A	5 Dance	Samba, Cha Cha, Rumba, Paso Doble, Jive	Samba, Cha chacha, Rumba, Paso Doble, Jive	Waltz, Tango, Viennese Waltz, Foxtrot, Quickstep	Waltz, Tango, Viennese Waltz, Foxtrot, Quickstep



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LEVELS OF PALARO	BRACKETS TO BE OFFERED	SUGGESTED NO. OF COUPLES
SCHOOL - DIVISION	1, 2, and 3	Max. Of 3 couples/bracket/category
REGIONAL	2 and 3 only	Max. Of 2 couples/bracket/category
PALARONG PAMBANSA	3 only	1 couple /region/category

V. SPORTS EVENTS / DISCIPLINES/CATEGORIES:

1. The Dancesport competition will consist of sixteen (24) events which compose of eight (12) events in Modern Standard Discipline and eight (12) events in Latin American Discipline.

EVENT	CATEGORY	Age Group / Grade Level	DISCIPLINE	DANCES
1	Single Dance	Elem / Juvenile	Modern Standard	Waltz
2	Single Dance	Elem / Juvenile	Modern Standard	Tango
3	Single Dance	Elem / Juvenile	Modern Standard	Viennese Waltz
4	Single Dance	Elem / Juvenile	Modern Standard	Foxtrot
5	Single Dance	Elem / Juvenile	Modern Standard	Quickstep
6	Grade A	Elem / Juvenile	Modern Standard	W, T, VW,F,Q
7	Single Dance	Secondary/Junior	Modern Standard	Waltz
8	Single Dance	Secondary / Junior	Modern Standard	Tango
9	Single Dance	Secondary / Junior	Modern Standard	Viennese Waltz
10	Single Dance	Secondary / Junior	Modern Standard	Foxtrot
11	Single Dance	Secondary / Junior	Modern Standard	Quickstep
12	Grade A	Secondary / Junior	Modern Standard	W, T, VW,F,Q
13	Single Dance	Elem / Juvenile	Latin American	Samba
14	Single Dance	Elem / Juvenile	Latin American	Chachacha
15	Single Dance	Elem / Juvenile	Latin American	Rumba
16	Single Dance	Elem / Juvenile	Latin American	Paso Doble
17	Single Dance	Elem / Juvenile	Latin American	Jive
18	Grade A	Elem / Juvenile	Latin American	S , C, R, PD, J
19	Single Dance	Secondary / Junior	Latin American	Samba
20	Single Dance	Secondary / Junior	Latin American	Chachacha
21	Single Dance	Secondary / Junior	Latin American	Rumba
22	Single Dance	Secondary / Junior	Latin American	Paso Doble
23	Single Dance	Secondary / Junior	Latin American	Jive
24	Grade A	Secondary / Junior	Latin American	S , C, R, PD, J

VI. PLAYING AREA AND EQUIPMENT

1. Covered Dance Floor: 17m x 22m Area (Standard Size);
2. Male and Female Dressing Rooms;
3. Toilets



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4. Holding Area;
5. Presidential Tables:
 - 5.1 Adjudicators' Table;
 - 5.2 Scrutineers Table;
 - 5.3 Awards Table
 - 5.4 VIP Tables
6. Stage
- 7 Slights and Sound/Microphones and Mic Stands;
- 8 Projector or LED Screen;
- 9 Victory Stand
- 10 Flag pole
 - 10.1 Flag Pole for Delegations
 - 10.2 Philippine Flag
 - 10.3 Host Division Banner
- 11 Mobile Board for posting of result
- 12 Podium

13. SUPPLIES AND MATERIALS

13.1 Competitors' Kit

- Number Tags (Couple Number) Tarpaulin Nos.
- Safety Pins (small)

13.2 Certificate of Participation (Athletes)

13.3 Certificate of Recognition and Appearance for (Coaches)

14 Information sheets:

14.1 Venue

- 1.1.1. Floor Lay-out
- 1.1.2. Schedule of Activities
- 1.1.3. Sequence Flow

15 Division Banner

48 Gold
48 Bronze
48 Silver

VII. OFFICIALS:

7.1 TECHNICAL OFFICIALS. The Sport Manager with the approval of the SRAA Meet Technical Working Group will select and appoint such number of National Technical Officials.

7.1.1 National Technical Committee:

- | | |
|---|---------------------------|
| a. Tournament Director/Tournament Manager | 1 |
| b. Tournament Secretary | 2 (1-Juvenile & 1-Junior) |
| c. Chairman / Chief Adjudicators | 1 |
| d. Adjudicators | 5 and above |



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e. Chief Scrutineer	1
f. Asst. Scrutineer	4(2-juvenile & 2-junior)
g. Barkers	4
h. Score Collectors	5
i. Runners	5
j. Dancesport Disc Jockey	1
k. Compere/Announcer	1
a. Working Committees to be determined by the host region	(5)
Total	35

If the Electronic Web Judge will be used the following Officials will apply:

Technical Officials	Number of Technical Officials
DepEd Adjudicators (1 from each Division)	10
Tournament Director/Tournament Manager	1
Tournament Secretary	1
Assistant Tournament Secretary	1
Barkers	2
Compere/Announcer	1
Dancesport Disc Jockey	1
Chairman of Adjudicators	1
Chief Scrutineer	1
Asst. Scrutineer	1
Results Collector/Score sheets collector	3
Total	23

7.1.2 ADJUDICATORS. The Regional Sports Manager with the guidance of the Philippine Dancesport Federation (PDSF) will appoint five (5) or more qualified adjudicators for the SRAA Meet 2023 as may be approved by SRAA Meet Board and Technical Working Group.

Adjudicators Qualifications (Ideal/High Suggested)

- 7.1.2.1 PDSF Licensed National Adjudicator A & B
- 7.1.2.2 PDSF DepEd National Licensed Adjudicators
- 7.1.2.3 Attended National Training in Dancesport from 2022.
- 7.1.2.4 At least Philippine DanceSport Federation-Academy Online Technical Course completer and attended National Congresses.
- 7.1.2.5 Adjudicators can be an NSA or qualified DepEd Adjudicators and must come from outside their respective District/Division/Region.
- 7.1.2.6 Adjudicators must not be handling, coaching, training or related to any of the competitors in the competition.
- 7.1.2.7 Must be a member of the Philippine DanceSport Federation Inc. (PDSFI) and DepEd DanceSport Association of the Philippines (DepEd - DSAP).



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7.3 SCRUTINEERING. The Sports Manager with the guidance of the Philippine Dancesport Federation (PDSF) will appoint one (1) qualified Chief Scrutineer with the assistance of the Technical Officials for the SRAA Meet 2024 as may be approved by SRAA Meet Board and Technical Working Group.

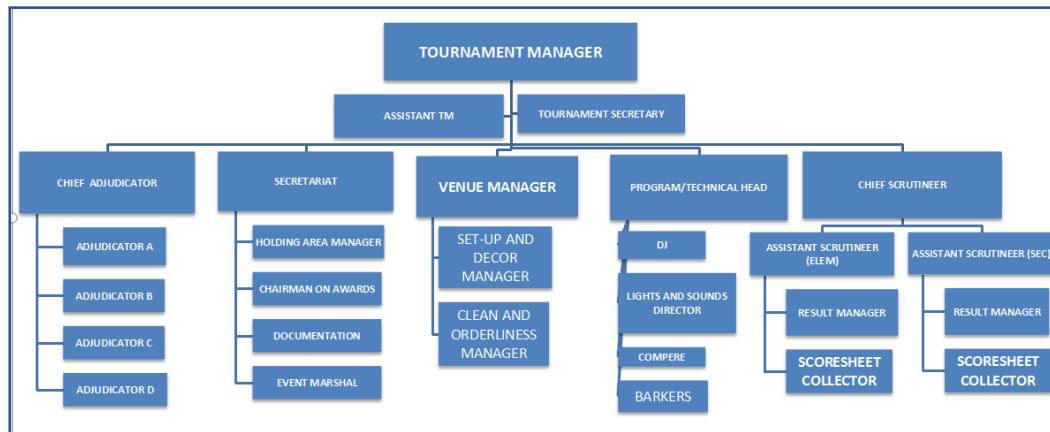
7.3.1 Scrutineering Qualifications (Ideal/High Suggested)

7.3.2 PDSF Official Scrutineering Team

7.3.3 DepEd Accredited List of Scrutineer/ Adjudicator

7.3.4 Manual scrutineering using Excel with the application of the 11 rules shall be used as a replacement if the electronic WEB Judge Application is not available.

VIII. ORGANIZATIONAL STRUCTURE



TERMS OF REFERENCE

Tournament Manager

1. A person responsible to ensure that rules are strictly observed in the competition.
2. Supervised the progress of the tournament and enforce any decisions made to resolve disputes.
3. Impose penalties for any fault or infraction of the rules.

Tournament Secretary

1. Prepare the game and final results and secure the TM's signature.
2. Assist the Tm in preparing the necessary documents and technical forms.
3. Record all deliberation on protest and meetings held.
4. Keep accurate records of the games and updated results of all competitions.

Chief Adjudicator

1. Decision of Chairman of Adjudicators is FINAL.
2. No further correspondence will be entertained for any reason.
3. Ensures smooth running of event and handles all situation that arise during the competition, from disqualifications to warnings, breaking dead heats to breaking of rules/regulations with appropriate actions.



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Adjudicators - are individuals and each person has a different view in what they want to see and how they weigh these factors. One adjudicator may be especially interested in technique while another may be interested in poise or musicality and expression.

Impartiality: No qualified adjudicator will mark a competitor for any reason other than his or her honest evaluation of your performance.

Chief Scrutineer

1. Prepares the scrutineering sheets and the scrutineering software that will be used needed in the competition.
2. Chief Scrutineer will check Scrutineer result and if any irregularity will report any to Chairman of Adjudicators who will make the decision to handle the situation.
3. Oversee the smooth running of encoding of the scores and responsible with the result.

Assistant Scrutineer (Elem. And Sec.)

1. To encode the scores of the adjudicators and apply the rules of scrutineering if needed.
2. Ensure the correct encoding of scores and applying of scrutineer rules.

Result Manager

1. Double check the encoded scores of the scrutineer and ensure the correct application of the Scrutineering rules.
2. Double check the scrutineering sheets before giving the to the scrutineer to ensure that it is properly signed and filled up by the adjudicator.
3. If incase that the form is incomplete, the score sheet will be given back to the adjudicator to complete the necessary information.

Score sheet Collectors/Runners (3 or more)

Duties include to hand in received adjudicator score cards or to hand out adjudicator score cards for next event to adjudicator assistants to disperse to the adjudicators.

Program Technical Head - look after the performance of the Disc Jockey, Lights and sounds, Compere and Barkers.

Compere - the key person to make the competition alive and rolling. Responsible for the smooth flow of the program.

Lights and sounds Director - secure the lights and sounds and be responsible with the correct use of lights and sounds in the competition.



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Barker/Marshalls - secures that the competitors are properly falling in line on the competitor's area and will be able to assure that each competitors will be able to dance on their designated event.

Disk Jockey - responsible to prepare the correct music of the competition.

Venue Manager/Coordinator - conduct an ocular inspection at the proposed playing venues and identify and prepare the list of playing venue possible for the event.

Set – Up and Décor Manager

responsible to communicate to the host regarding the venue and available resources needed for the decoration.

Clean and Orderliness Manager - in charge of before, during and after the cleanliness of the competition. Ensure the proper waste disposal during the competition.

Secretariat - ensures the organization of the Holding Area, Awarding ceremony and documentation.

Holding Area Manager - look after the safety and cleanliness of the holding area. Ensure that the signage are all properly accomplished.

Chairman of Awards - Make a program flow on the manner of distribution of certificates to all coaches and competitors.

Documentation - assigned to document the event from the preparation to the conduct of the competition.

Event Marshall - are responsible to organize the competitors and ensure the correct positions and the security of the of the venue.

VIII. PROTEST, PENALTIES AND SANCTIONS

Before making a protest, one should understand the rules of the game. As long as the competition flow is in accordance to the highest standards of judging based on WDSF/PDSF with all licensed adjudicators and a chairman nominated by the federation then the competition is safe from any complaints.

Based from the SEA GAMES Rule under WDSF, appeals against the decision of the adjudicators should be made by the fencers or coaches in written form only to the Chief Adjudicator. If the Chief Adjudicators maintains his/her decision the complaint shall be then referred to the Jury on protest and appeals.



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The following procedure shall be followed:

8.1 Protest on Technicalities shall be in writing and be submitted to the Tournament Director signed by the Coach and the duly authorized representative of the head of the delegation. Within 1 hour after the conclusion of the competition. Tournament Director shall decide within 2 hours upon receipt of the protest; only questions of laws are appealable to the Jury of Appeal:

8.2 The decision of the TD shall be appealable to the Jury of Appeal, signed by the coach and the head of the delegation within 3 hours upon the receipt of the decision.

8.3 The Jury of appeal shall decide within 6 hours upon receipt of the appeal. The decision of the Jury of appeal is final and executory.

8.4 All protest must be supported with evidence and attachments; video recording taken privately will not be considered as evidence. **Only videos from the official videographer can be used as a basis for evidence.**

8.5 The decision of the Adjudicators is final and irrevocable.

IX. CONDUCT OF THE COMPETITION

9.1 Competition Rules Dancesport

The regulations below cover the following disciplines:

9.1.1 Modern Standard Discipline with the following dances; Waltz, Tango, Quickstep

9.1.2 Latin American Discipline with following dances; Samba, Chachacha, Rumba, Jive

9.2 Choreography and Syllabus

9.2.1 The *SRAA Meet 2024* is subjected to the following choreography and syllabus:

9.2.1.1 Juvenile Age Group / Elementary Level will have a **restricted/strict/closed syllabus routine**

9.2.1.2 Junior Age Group / Secondary Level will have an **open syllabus/competitive routine**

9.3 Marking

9.3.1 Since technology does not allow open marking system, closed marking shall be used in all rounds of the competition;

9.3.2 SKATING SYSTEM of marking shall be used in the competition.

9.4 Selection of Heats, Quarter Finals, Semi-Finals and Finals

9.4.1 Competitions shall be composed of at least a 1st round, Quarter Final, Semi-Final and Final rounds;

9.4.2 1st round will be composed of 17 couples; selection of heats shall be in random;

9.4.3 Quarter Final round will be composed of 14 couples. Both the 1st round and the Quarter Final round will be danced in two heats;

9.4.4. The Semi-Final will be composed of ten (10) couples; while the Final Round will be a ranking of remaining six (6) couples. In the event that there will be more than 6 couples for the Final Round, Chairman of Adjudicators or Tournament



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Manager may split the round into two and select the best 6 couples/pairs, then proceed to the final round.

9.4.5 In the Final round, Adjudicators shall rank participating couples according to their performances with 1 being the highest mark. In no case shall same ranking be given to more than one couple;

9.4.6 The re-dance system shall apply from the 1st round to the final round.

X. Competition attire (Costuming)

10.1 Competitors shall dress according to the WDSF Dress Regulations. Each athlete may change costumes up to 3 times from the first round to the final round provided such costume has passed the screening of costumes and competition attires set by the Tournament Management;

(See attachment A and B for detailed information of dancesport costuming.)

10.2 Dance Order

The sequence of dances shall be as follows:

10.2.1 JUVENILE / ELEMENTARY LEVEL

LATIN AMERICAN DISCIPLINE – Samba, Cha Cha, Rumba, Paso Doble, Jive

MODERN STANDARD DISCIPLINE– Waltz, Tango, Viennese Waltz, Foxtrot, Quickstep

10.2.2 JUNIOR / SECONDARY LEVEL

LATIN AMERICAN DISCIPLINE – Samba, Cha Cha, Rumba, Paso Doble, Jive

MODERN STANDARD DISCIPLINE– Waltz, Tango, Viennese Waltz, Foxtrot, Quickstep

10.3 Music

10.3.1 Time allowed and tempo.

In all rounds of the competition, the music shall be in a minimum of one minute and thirty seconds to a maximum of two minutes except for JIVE and QUICKSTEP which is one minute to a maximum of one minute and thirty seconds.

The tempo for each dance shall be:

MODERN STANDARD		LATIN AMERICAN	
SLOW WALTZ	28 to 30 bars/min	CHACHACHA	30 to 32 bars/min
TANGO	31 to 33 bars/min	SAMBA	50 to 52 bars/min
VIENNESE WALTZ	58 to 60bar/min	RUMBA	25 to 27 bars/min
FOXTROT	28-30 bars/min	PASO DOBLE	60 to 62bars/min
QUICKSTEP	50 to 52 bars/min	JIVE	42 to 44 bars/min



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10.4 Type of Music

In the 2024 *SRAA Meet Dancesport Competitions*, the music must have the character of the dance performed. In Latin Dances for example, no disco music shall be played.

XI. DETERMINATION OF WINNER

11.1 The winner of Grade A will be considered to go to the next level if in case that there is any, regardless of how many gold medals received in the single dances.

11.2 If in case any of the winning couple or one of them cannot compete for whatever reason, the silver medalist couple will take their position. The winning couple will submit a signed waiver citing the reason why they won't be able to compete.

11.3 Determination of Coach will depend on the number of Golds of their competitors. In the event of a tie, then proceed to the number of silver and bronze. If in case that there will still be a tie, then the last option will be based on the credentials of the Coach submitted to the screening committees and will be evaluated and decided by the Sports Officer.

XII. MEDALS TO BE CONTESTED

12.1 The following are the medals to be contested in the different

Levels and Categories: LEVELS	DISCIPLINE	DANCES	GOLD	SILVER	BRONZE
JUVENILE LEVEL (ELEMENTARY)	LATIN AMERICAN DISCIPLINE	GRADE A (5 DANCE)	1	1	1
		SAMBA	1	1	1
		CHACHACH A	1	1	1
		RUMBA	1	1	1
		PASO DOBLE	1	1	1
		JIVE	1	1	1
	MODERN STANDARD	GRADE A (5 DANCE)	1	1	1
		SLOW WALTZ	1	1	1
		TANGO	1	1	1
		VIENNESE WALTZ	1	1	1
		FOXTROT	1	1	1
QUICKSTEP		1	1	1	
JUNIOR (SECONDARY)	LATIN AMERICAN DISCIPLINE	GRADE A (5 DANCE)	1	1	1
		SAMBA	1	1	1
		CHACHACHA	1	1	1
		RUMBA	1	1	1



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		PASO DOBLE	1	1	1
		JIVE	1	1	1
	MODERN STANDARD	GRADE A (5 DANCE)	1	1	1
		SLOW WALTZ	1	1	1
		TANGO	1	1	1
		VIENNESE WALTZ	1	1	1
		FOXTROT	1	1	1
		QUICKSTEP	1	1	1
TOTAL	(in terms of medal count)		24	24	24
TOTAL	medal in pairs to be awarded		48	48	48

12.2 4th, 5th and 6th placers shall also be awarded with Certificates of Recognition.

XIII. PROPOSED SCHEDULE OF THE GAME

DAY	ACTIVITIES	REMARKS
DAY 1	FLOOR PRACTICE	Familiarization to the floor and venue.
DAY 2	ELIMINATION	Juvenile (Elementary) Standard Latin Junior (Secondary) Standard Latin
DAY 3	FINALS	Juvenile (Elementary) Standard Latin Junior (Secondary) Standard Latin

XIV. SAFETY STANDARDS AND HEALTH PROTOCOLS

Principles

- Keep physical interactions with others to a minimum.
- Avoid physical contact, including hugs and handshakes.
- Keep two meters, distance from athletes and at least one meter from others, including in operational spaces.
- Avoid enclosed spaces and crowds where possible.



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- Use Games transport systems provided by the Organizer or Region. Do not use public transport unless given permission.
- Complete and follow what you describe in your activity plan.
- Avoid using shared items where possible or disinfect them.
- Proactively monitor your personal health using the application.

Competitors, Coaches, and Officials

a. **Competitors**

- Competitors must secure medical clearance.
- Always wear masks but during the competition proper, they may remove and wear it after their routine/performance.
- Each Competitors must have their own drinking bottles and towels.
- Each team will be provided a designated area, enough to observe physical distancing.
- Limited number of competitors will be allowed in the competition area per event to observe physical distancing.
- Daily health check of teams and officials.
- All competing teams and officials must adhere to the medical requirements.

b. **COACHES AND OFFICIALS**

- Coaches and officials must secure medical clearance.
- Coaches and Officials of the game shall always maintain and observe physical distancing for at least 1-2 meters apart.
- Coaches and Officials are required to wear face masks at all times.
- Each official must have their own table for judging to observe physical distancing.

c. **SPECTATORS**

- Support athletes by clapping and not singing or chanting

Attachment A

JUVENILE AGE Groups

General Guidelines:







1. If colored, only one color, no combination. Skin tone are not allowed.
2. No decorations in clothing, body or hair.



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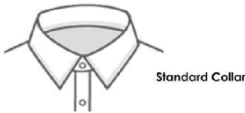
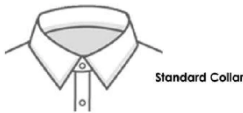




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OSTUMES/ ATTIRES/ ACCESSORIES		LATIN-AMERICAN		MODERN STANDARD	
		BOY	GIRL	BOY	GIRL
1	SHIRTS	<p>Only plain long white sleeves, tucked-in shirts is a must.</p> 	NONE	<p>Only plain long white sleeves, tucked-in shirts is a must.</p> 	NONE
2	SLEEVES	<p>Long only</p> 	<p>The following are allowed standard design of fitted sleeves:</p> <ol style="list-style-type: none"> Short sleeves (approximately 5 inches below the shoulder),  <p>2. ¾" sleeves</p>  <p>3. Long sleeves</p>  <p>No other design shall be used.</p>	<p>Long only</p> 	<p>The following are allowed standard design of fitted sleeves:</p> <ol style="list-style-type: none"> Short sleeves (approximately 5 inches below the shoulder),  <p>2. ¾" sleeves</p>  <p>3. Long sleeves</p>  <p>No other design shall be used</p>





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3	DRESS COSTUME	Not applicable	One piece costume of any color provided that the skirt and panty should be of the same color. Single Layer Skirt only.	Not applicable	One piece costume of any color provided that the skirt and panty should be of the same color. Single Layer Skirt only.
4	PANTS	Plain black only. No other color. 	1.Underpants/panty must be of same color as skirt covering fully the buttocks. 2.Black- and skin-colored underpants/panty are not allowed.	Plain black only. No other color. 	1.Underpants/panty must be of same color as skirt covering fully the buttocks. 2.Black- and skin-colored underpants/panty are not allowed.
5	COLLAR	Standard collar with tie. Other designs are not allowed. 	The following styles of collar are allowed: 1.Turtleneck 2. Round neck 3.Small square. Note: Other design like Open-back design and open chest area are not allowed.	Standard collar with bowtie. Other designs are not allowed. 	The following styles of collar are allowed: 1.Turtleneck 2. Round neck 3.Small square. Note: Other design like Open-back design and open chest area are not allowed
6	TIE	Wear black only Necktie for Latin. 	None	Bowtie for standard. 	None.
7	VEST	Not allowed	None	Not allowed	None
8	MATERIAL	1.Only plain material is allowed. Spandex material can be used for top: 2-way stretch material for pants. 2.Shiny materials or materials that reflect the light to be	1. Fabrics such as spandex, neoprene, or velvet and other fabric of the same material are allowed. 2. Plain color are allowed. 3. Lace and satin fabrics, beads, plastic stones,	1.Only plain material is allowed. Spandex material can be used for top: 2-way stretch material for pants. 2.Shiny materials or materials that reflect the light to be	1. Fabrics such as spandex, neoprene, or velvet and other fabric of the same material are allowed. 2. Plain color are allowed. 3. Lace and satin fabrics, beads, plastic stones,



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		accented are not allowed.	tassels are not allowed. 4. No shiny and glittery material that reflects the light.	be accented are not allowed.	tassels are not allowed. 4. No shiny and glittery material that reflects the light.
9	DRESS STYLE	Not applicable	1. For Latin, skirt must not be shorter than 3¾” or 10 cm above the knee;  2. Skirt must have no boning, piping, or frillings. No other designs. 3. No bigger underskirts/ petticoat. 4. Costume brand/brand patches regardless of their size are not allowed. 5. Balloon, hipster (first hip only) and umbrella cut is allowed. 6. "Tinkerbelle" cut is not allowed.	Not applicable	1. Skirt must be longer 3¾” or 10 cm below the center of the kneecap.  2. Skirt must have no boning, piping, or frillings. No other designs. 3. No bigger underskirts/ petticoat. 4. Costume brand/brand patches regardless of their size are not allowed. 5. Balloon, hipster (first hip only), and umbrella cut is allowed. 6. "Tinkerbelle" cut is not allowed.
10	DRESS ACCESSORIES	None	None	None	None
11	HAIR STYLE	Hair should be clean cut.	1. Long Hair shall be collected in a bun. 2. No colored hair spray and no other hair styles.	Hair should be clean cut.	1. Long Hair shall be collected in a bun. 2. No colored hair spray and no other hair styles.



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			Hairnet is allowed for hair support. 		Hairnet is allowed for hair support. 
12	HAIR DECORATION	None	None	None	None
13	JEWELRY	None	None	None	None
14	MAKE-UP	None	None	None	None
15	SOCKS	Wear black socks only	White short socks only with or without lace; mesh stockings not allowed 	Wear black socks only	White short socks only with or without lace; mesh stockings not allowed. 
16	SHOE COLOR	Black only 	Tan, skin tone, light brown, beige of same shades is allowed but no other color. 	Black only 	Tan, skin tone, light brown, beige of same shades is allowed but no other color. 
17	SHOE HEELS	1 ½” inches or 3.81 cm Cuban heels for Latin 	Maximum height is 1 ½” or 3.81 cm heels 	1” inch or 2.54cm heels for Standard 	Maximum height is 1 ½” or 3.81 cm heels 



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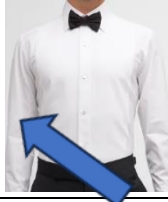


Attachment B

JUNIOR AGE GROUPS

General Guidelines:

1. No skin tone not allowed.
2. No decorations in clothing, body or hair.
- 3. No 2 piece in costume**
- 4. Dress age appropriately**

COSTUMES/ ATTIRES/ ACCESSORIES		LATIN-AMERICAN		MODERN STANDARD	
		MALE	FEMALE	MALE	FEMALE
1	SHIRTS	Only plain long white sleeves, tucked-in shirts is a must. 	NONE	Only plain long white sleeves, tucked-in shirts is a must. 	NONE
2	SLEEVES	Long only 	The following are allowed standard design of fitted sleeves: 1. Short sleeves (approximately 5 inches below the	Long only 	The following are allowed standard design of fitted sleeves: 1. Short sleeves (approximately 5 inches below the



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			shoulder),  2. ¾" sleeves  3. Long sleeves  No other design shall be used.		shoulder),  2. ¾" sleeves  3. Long sleeves  No other design shall be used
3	DRESS COSTUME	Not applicable	One piece costume of any color provided that the skirt and panty should be of the same color. Single Layer Skirt only.	Not applicable	One piece costume of any color provided that the skirt and panty should be of the same color. Single Layer Skirt only.
4	PANTS	Plain black only. No other color. 	1. Underpants/panty must be of same color as skirt covering fully the buttocks. 2. Black and skin colored underpants/panty are not allowed.	Plain black only. No other color. 	1. Underpants/panty must be of same color as skirt covering fully the buttocks. 2. Black- and skin-colored underpants/panty are not allowed.
5	COLLAR	Standard collar with tie. Other designs are not allowed.	The following styles of collar are allowed: 1. Turtleneck 2. Round neck 3. Small square. Note: Other design	Standard collar with bowtie. Other designs are not allowed.	The following styles of collar are allowed: 1. Turtleneck 2. Round neck



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		 Standard Collar	like Open-back design and open chest area are not allowed.	 Standard Collar	3.Small square. Note: Other design like Open-back design and open chest area are not allowed
6	TIE	Wear black only Necktie for Latin. 	None	Bowtie for standard. 	None.
7	VEST	Vest is not allowed.	None	Allowed 	None
8	MATERIAL	1.Only plain material is allowed. Spandex material can be used for top: 2-way stretch material for pants 2.Shiny materials or material that reflect the light to be accented are not allowed.	1. Fabrics such as spandex, neoprene, or velvet and other fabric of the same material are allowed. 2. Plain color are allowed. 3. Lace and satin fabrics, beads, plastic stones, tassels are not allowed. 4. No shiny and glittery material that reflects the light.	1.Only plain material is allowed. Spandex material can be used for top: 2-way stretch material for pants 2.Shiny materials or material that reflect the light to be accented are not allowed.	1. Fabrics such as spandex, neoprene, or velvet and other fabric of the same material are allowed. 2. Plain color are allowed. 3. Lace and satin fabrics, beads, plastic stones, tassels are not allowed. 4. No shiny and glittery material that reflects the light.
9	DRESS STYLE	Not applicable	1. For Latin, skirt must not be shorter than 3¾” or 10 cm	Not applicable	1.Skirt must be longer 3¾” or 10 cm below the center of the



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			<p>above the knee;</p>  <p>2. Skirt must have no boning, piping, or frillings. No other designs. 3. No bigger underskirts/ petticoat. 4. Costume brand/brand patches regardless of their size are not allowed. 5. Balloon, hipster (first hip only) and umbrella cut is allowed. 6. "Tinkerbelle" cut is not allowed.</p>		<p>kneecap.</p>  <p>2. Skirt must have no boning, piping, or frillings. No other designs. 3. No bigger underskirts/ petticoat. 4. Costume brand/brand patches regardless of their size are not allowed. 5. Balloon, hipster (first hip only), and umbrella cut is allowed. 6. "Tinkerbelle" cut is not allowed.</p>
10	DRESS ACCESSORIES	None	None	None	None
11	HAIR STYLE	<p>For Latin, if hair is long, braid and collect in ponytail</p> 	<p>1. Long Hair shall be collected in a bun. 2. No colored hair spray and no other hair styles.</p>	<p>Hair should be clean cut for standard.</p> 	<p>1. Long Hair shall be collected in a bun. 2. No colored hair spray and no other hair styles.</p>



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			Hairnet is allowed for hair support. 		Hairnet is allowed for hair support. 
12	HAIR DECORATION	None	None	None	None
13	JEWELRY	None	None	None	None
14	MAKE-UP	None	None	None	None
15	SOCKS	Wear black socks only	None	Wear black socks only	None
16	SHOE COLOR	Black only 	Tan, skin tone, light brown, beige of same shades is allowed but no other color. 	Black only 	Tan, skin tone, light brown, beige of same shades is allowed but no other color. 
17	SHOE HEELS	1 ½” inches or 3.81 cm Cuban heels for Latin 	Maximum height is 2” or 5 cm heels 	1” inch or 2.54cm heels for Standard 	Maximum height is 2” or 5 cm heels 

Note: Failure to comply with the above-mentioned dress code shall be a ground for **DISQUALIFICATION**.



XVI. EFFECTIVITY

These technical guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

PENCAK SILAT

I. Competition Rules

International Pencak Silat Federation or (PERSILAT) competition rules and regulations V. 2020 will be adopted in the conduct of tournament. International Pencak Silat Competitions are performed in principles of brotherhood and knightly feelings by using elements of self defense, arts and Pencak Silat sports and by honoring IKRAR PESILAT (PESILAT PLEDGE) highly.

The competitions are carried out in accordance with the category rules regulated in the competition regulations and conducted by legal technical officials.

The Competition Rules and Regulations Version 2022 is hereby modified to suit the safety and wellness of DepEd athletes. Thus, punching, kicking, takedown, and counter takedown competition rules shall be adopted.

Whereas, locking and submission techniques shall not be implemented for it will cause serious injuries to the athletes.

Pencak Silat competition categories consist of:

- A. **TANDING** (Match) category
- B. **TUNGGAL** (Single) category
- C. **GANDA** (Double) category
- D. **REGU** (Team) category

In order to perform the **SOCCSKSARGEN Regional Athletics Association (SRAA)** Pencak Silat competitions as well as possible conformed to their purposes and objectives, the Regulations of the Pencak Silat Competitions are established as follows:

A. Event no.1 (Artistic): Secondary: Competition of **TEENAGERS** groups for **Male** and **Female aged over 12 years old to 18 years old.**

- a. **Tunggal-** Individual with weapon (**single male and female category**)
- b. **Ganda-Double Cinematic Performance** (**double male and female category**)
- c. **Regu-Team Artistic** (**trio male and female category**)

B. Event no. 2 (Tanding) Secondary: Competition of **TEENAGERS** groups for **Male** and **Female aged over 12 years old to 18 years old.**

Boys (12-18 yr. old)

Class A over 42 kg up to 45kg
Class B over 45 kg up to 48kg
Class C over 48 kg up to 51kg
Class D over 51 kg up to 54kg
Class E over 54kg up to 57kg

Girls (12-18 yr. old)

Class A over 39 kg up to 42kg
Class B over 42 kg up to 45 kg
Class C over 45 kg up to 48 kg
Class D over 48 kg up to 51 kg
Class E over 51 kg up to 54 kg



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II. Guidelines

1. Participants/ Delegates must pass all the requirements of the eligibility committee created by DepEd screening and evaluation committee. Each team must have 5 boys and 5 girls representatives for Secondary every region.
2. Players who could not appear in the inspection area after the third and final call will be automatically declared as walk over.
3. The official tournament equipment such as; puzzle mats, coach corner, weighing scale, mono blocks plastic chairs, and etc. provided by the technical committee must be used in all matches.
4. Mouth guard, groin guard, shin guard, arm guard, hand gloves, head gear and weapons must be personalized by the player or provided by their team.
5. All protective equipment shall be worn during the game. However the use of foot gloves is optional.
6. Each team must have at least 1 representative who passed the DepEd technical officials training accreditation. He/she will serve as technical official. In the absence of team representative or undermanned of the technical officials, the DepEd technical working committee will conduct a 5-Day training and seminar accreditation.
7. Each team must have at least 1 coach and 1 assistant coach (during the match) who has a certificate of training/s in the DepEd coaching accreditation of Pencak Silat.
8. Duration of the match is 3 rounds at 1 minute and 30 seconds per round stop time with 1 minute break in between rounds.
9. The team with highest points/medals in “tanding” category shall be declared as the winning team who will represent to the next international competitions. In case of tie the winning team in 3 artistic competitions shall be apply depending on how many players is to be break.
10. Misbehavior of officials, coaches, players and delegation members, friends and relatives shall not be tolerated. The tournament director has the power to expel and disqualify the offender from entering the competition control area and shall be dealt with the **SOCCSKSARGEN Regional Athletics Association (SRAA)** board, Council of Jury, Secretariat and Screening and Accreditation Committee.
11. Drinking alcoholic substances in any form is not allowed throughout the whole duration of the tournament. The tournament director has the power to file sanctions and give orders to expel in the subject from DepEd sports competition.
12. The winning team with their coach shall represent in the higher meet. The coach of winning team shall have the prerogative to select players from other team/s to be included in his/her team for the purpose of higher competition.
13. The cutoff date of birth for **SOCCSKSARGEN Regional Athletics Association (SRAA)** 2024 is January 1, 2006 up to 2011.
14. The decision of referee is final.

III. The Protest:

There are two types of protest:

- A. Coach Protest
- B. Team Manager Protest



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A. Coach Protest

1. Corner Coach must stand at the Coach Box area, raising the protest card with right hand straight and firm. Should the Council or Competition is unaware on his protest, Corner Coach is allowed to voice out clearly "PROTEST" once.
2. Council will head towards the coach with microphone to record and state the protest. The Coach is given the option to state the protest themselves short and straight to the point, or towards the Council where the Council will record the protest.
3. Coach to state their protest within 10-seconds. Council will record the objection accordingly.
4. Or council will announce clearly from the Coach Box area towards the Protest Commissioner on protest that was made.
5. Once decision is made, Protest Commissioner will raise the result card, either valid or invalid.
6. Decision made by Protest Commissioner is final. However, Technical Delegate would have the right to override the decision, if the decision made is biased, and may cause discrepancy.
7. Protest card will not be returned to the corner coach.
8. Opponent's corner coach is not allowed to counter the protest on the decision which has been accepted as valid by the Protest Commissioner.

B. Team Manager Protest

1. Protest on technicalities shall be put in writing, signed by the coach and the head of the regional delegation. It should be submitted to the Tournament Manager(TM) within 20 minutes immediately after the conclusion of the match in protest. The TM shall decide within two (2) hours upon receipt of the protest.
2. All protests must be supported with the necessary evidence and attachments. Video recordings taken privately will not be considered as evidence.
3. The decision of the TD shall be appealable. Only questions on laws are appealable to the Jury of Appeal. Appeals shall be put in writing, signed by the head of delegation and shall be submitted to the Jury within three (3) hours upon receipt of the decision.
4. The Jury of Appeals shall decide within six (6) hours upon receipt of the written appeal. The decision made by the Jury is final, irrevocable, and executory.

IV. Weigh-in Procedure:

1. Weigh in will be carried out in the morning of competition, before the start of the first match, only for those scheduled to fight on the same day.
2. During weigh-in, athlete must wear a standard Pencak Silat uniform without sash, groin guard or any other guards.
3. If athlete does not make weight, he/she will be given a choice to strip down completely. Towels will be provided to assist the athletes.
4. No time tolerance will be given. Should athlete disagree to strip on the spot, they will be disqualified.
5. There will be no weight tolerance.
6. Last weigh in will be 1 hour before the start of the competition. If athlete fail to turn



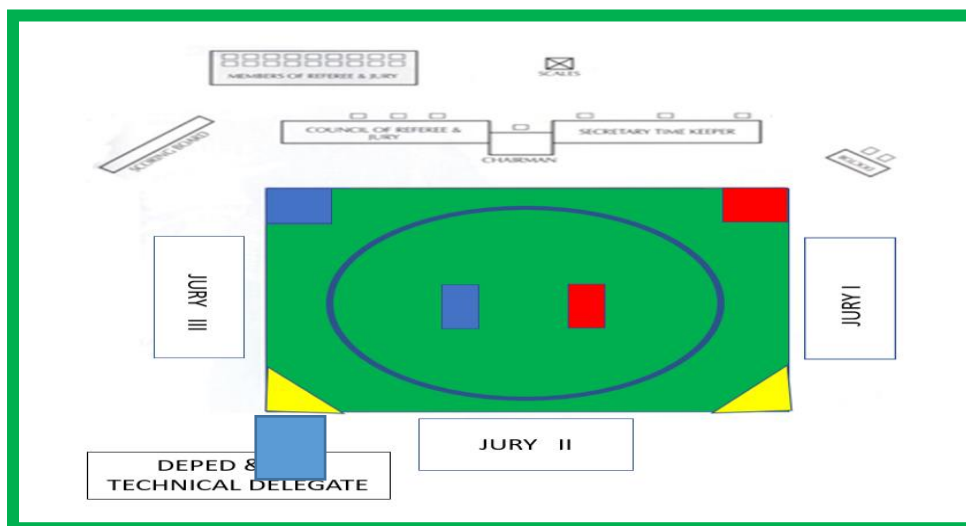
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- up for the weigh in, he/she will be disqualified.
- The weigh-in is only carried out once and must be witnessed by officials from both teams and an official on duty.
 - It is mandatory for the weigh-in officials and officials from both teams to sign the weigh-in form.
 - The weigh in officials are appointed by the Organizing Committee.
 - For injured athletes who are getting treatment in the hospital, they are given till 1PM to report for weigh in.

V. Competition Arena for Artistic and Tanding/Sparring



VI. The Coach, Players, and Referee-Jury:

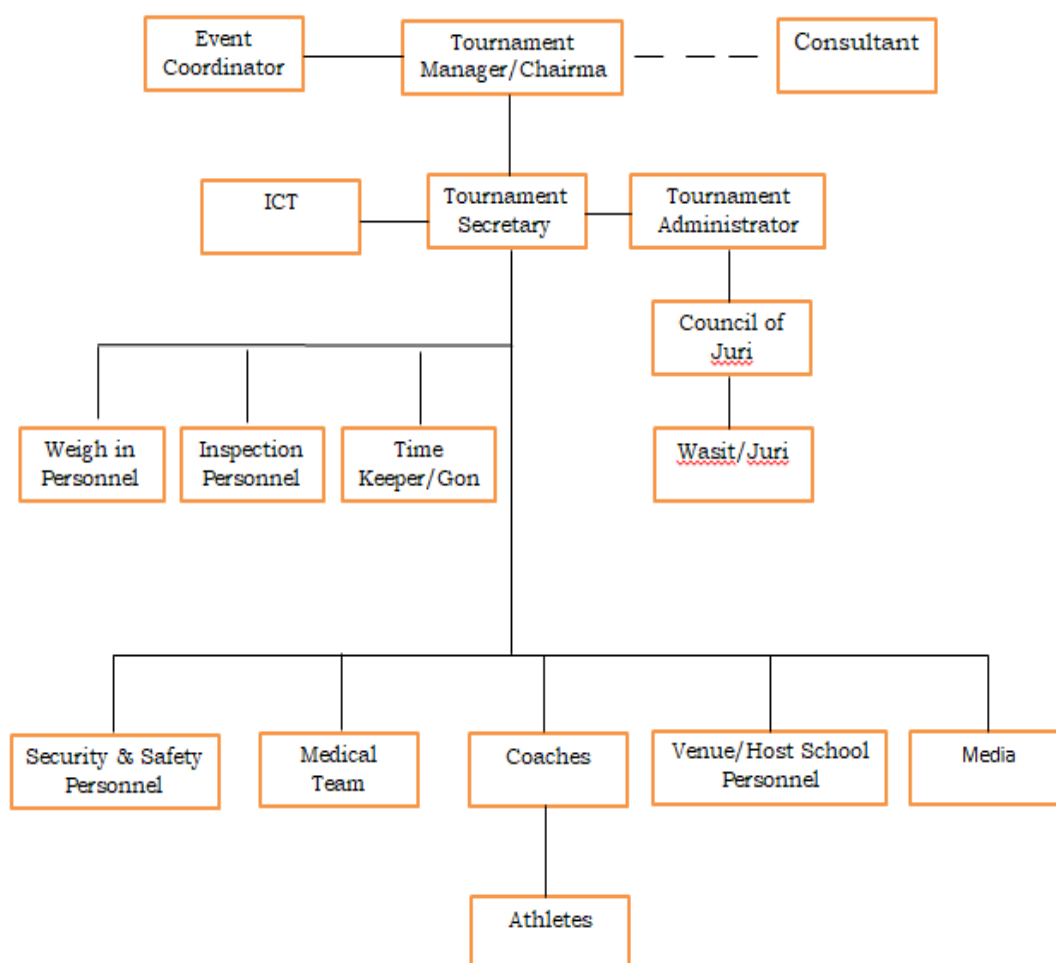




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VII. Organizational Structure





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VIII. Scoring Area/Target

A. A validating and scoring area is 'Togok' which covers the trunk area excluding the neck upwards and area from the navel downwards to the groin:

- a. Chest
- b. Abdomen (navel upwards)
- c. Left and right ribs
- d. Back part of the trunk
- e. Thigh can be attacked for an intercepting attack while aiming to strike down the opponent but are non-scoring area.

Successful Hand Attack

1. All types of hand attack to the body which is direct and powerful
 - a. Straight Punch
 - b. Haymaker Punch
 - c. Back Fist
 - d. Elbow Strikes
 - e. Hook Punch
 - f. Jab Punch
 - g. Slap
 - h. Palm Strikes
 - i. Superman Punch
 - j. Uppercut
 - k. Spade to stomach
 - l. Overhand Punch
 - m. Casting Punch
 - n. Spinning Back Fist
 - o. Vertical Punch
2. All types of foot attack which is direct and powerful
 - a. Front
 - b. Side
 - c. Spinning back
 - d. Half Turn
 - e. Stomping
 - f. Flying Kick
 - g. Horse Kick
 - h. Double Side Kick
 - i. Double Front
 - j. Jumping Side
 - k. Jumping Front
 - l. Reverse Sabit
3. All applicable techniques to drop the opponent ensuring that the knee and above touches to floor
 - I. a. Applying direct technique such as sweeping, scissors, etc.
 - i. Athletes can do two sweeping/scissors technique within two seconds.
 - b. Applying indirect dropping technique by tugging of opponent's leg.
 - c. Dropping process is given duration of 5 seconds
 - d. A counterattack is allowed within two seconds of a failed sweeping or scissors technique.
 - II. The score for the counterattack is determined by the technique applied.
 - A. Athlete on the ground can defend themselves by kicking the body protector or following up with another direct technique
 - B. If the defend-attack fails to meet the legal area, it will be considered as serious violation.
4. Technical Performance Score:
 - Score 1 An attack by hands successfully hitting the target without being blocked by repulse/parry, dodged or evaded by the opponent.
 - Score 2 An attack by foot successfully hitting the target without being blocked by repulse, dodged or evaded by the opponent.



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Score 3 Dropping technique which succeeds in flooring the opponent.

IX. Prohibitions:

There are four (4) categories of prohibitions: - Light - Moderate - Serious - Disqualification

- A. Light Violation (Verbal Warning)
- B. Moderation Violation (Reprimand)
- C. Serious Violation (Warning)
- D. Disqualification

See page 134-142 PERSILAT COMPETITION REGULATIONS V.2022

X. Faulty Defensive Technique:

- a. A valid attack with accurate direction but may cause injury due to the opponent's faulty defensive technique (i.e. dodging towards the incoming attack direction) is not declared as a violation.
- b. If the above attacked opponent is injured but remains conscious, the Referee will call for a doctor at once. If the doctor decides that the injured Pesilat is no longer fit, the Pesilat will be declared 'defeated by technical knock-out'.
- c. If according to doctor the knock-downed Pesilat is fit and cannot stand up at once, the Referee will immediately start the technical counting.

XI. Victory Decision

- Win by Score
- Win by Absolute Victory
- Win by TKO
- Win by RSC (Referee Stop Contest)
- Win by WO (Walk Out)
- Win by Disqualification

a. Win by Points Score

- a. 1. When the number of Juries that decides for the winning of a Pesilat is more than the opponent. (Then number of Juries that awarded the winning e.g. 2 out of 1 or 3 out of 3).
- a. 2. In the event where there is a tie, the winner will be determined based on the following:
 - i. With the least penalty score
 - ii. With the most technical score obtain as follows: 3, 2, 1



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- iii. With an additional round
- iv. The Pesilats who is lighter (body mass) referring to the weight taken at the pre-weighing process, 15 minutes before the game.
- v. Toss coins process that to be carried out by the Chairman of Competition and witnessed by Technical Delegate and both team managers.

b. Win by Technical Knock Out (TKO) Opponents is declared winning by Technical Knock Out:

- b.1 Opponent's request not to continue the fight.
- b.2. Competition Doctor's decision. Competition Doctor is given 120 (One hundred and twenty) seconds to decide whether Pesilat is declared "Fit" or "Unfit" to continue the fight and to give medical help.
- b.3 Coach's request (throw in towel)
- b.4 Referee's decision. (Upon counting of Pesilat to the count of 10).

c. Win by Absolute Victory

The decision of absolute victory is made when the opponent is knocked down due to valid attack and he/she is unable to get up immediately and feels dizzy or unable to stand upright with 'sikap pasang' after Referee's counting up to 10.

d. Win by RSC (Referee Stop Contest).

Winning as the referee valued the bout is unbalanced.

e. Win by WO (Walkover)

The opponent did not show up in the arena after the third call, with the interval of 30 seconds at each call. Unless the team manager had informed the withdrawal of the Pesilat.

f. Win by Disqualification:

- f.1 The opponent gets warning III after Warning II
- f.2 The opponent commits serious violation and is directly punished with disqualification.
- f.3 The opponent commits severe violation injuring the opponent hence not able to continue, to be decided by the competition's doctor. A Pesilat who won by disqualification by this rule, will only be allowed to compete in the next match, with the permission and recommendation from competition's doctor before the next match.
- f.4 During pre-weighing, the Pesilat's weight does not meet the weight requirement.
- f.5 Pesilat failed to show the medical certification before competition started.



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XII. MEDALS AT STAKE *(Based on number of events/ disciplines)*

X.1 Medals to be Awarded

A. TANDING CATEGORY *(Boys and Girls)*

CLASS	BOYS				GIRLS			
	Gold	Silver	1 st Bronze	2 nd Bronze	Gold	Silver	1 st Bronze	2 nd Bronze
A	1	1	1	1	1	1	1	1
B	1	1	1	1	1	1	1	1
C	1	1	1	1	1	1	1	1
D	1	1	1	1	1	1	1	1
E	1	1	1	1	1	1	1	1
TOTAL	5	5	5	5	5	5	5	5

B. TUNGGAL CATEGORY *(Single Artistic)*

	Gold	Silver	Bronze
Boys	1	1	1
Girls	1	1	1
Total	2	2	2

C. GANDA *(Double Artistic)*

	Gold	Silver	Bronze
Boys	2	2	2
Girls	2	2	2
Total	4	4	4

D. REGU *(Double Artistic)*

	Gold	Silver	Bronze
Boys	3	3	3
Girls	3	3	3
Total	6	6	6

SUMMARY

MEDAL	TANDING		TUNGGAL		GANDA		REGU		TOTAL
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
GOLD	5	5	1	1	2	2	3	3	22
SILVER	5	5	1	1	2	2	3	3	22
BRONZE	5	5	1	1	2	2	3	3	22
2nd BRONZE	5	5							10
GRAND TOTAL									76



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XIII. Equipment

- whistle
- Coach Corner (c/o host)
- Television (c/o host)
- Body protector (c/o delegation)
- Groin protector- (c/o delegation)
- Shin guard (c/o delegation)
- Arm guard (c/o delegation)
- Head gear (c/o delegation)
- Gum shield (c/o delegation)
- Tournament Lamp (DepEd)
- Flag: 8"x 12" 2 yellow, 8 blue, and 8 red (c/o host)
- Stopwatch 4 pcs (c/o DepEd)
- 2 sets Olympic Size tournament arena (121pcs 1X1m rubber mat X5cm thickness (c/o DepEd)
- Round Lamp (c/o DepEd)
- 1Mx1M 8 plastic table c/o DepEd)
- Long Table-2 (c/o DepEd)
- White plastic chairs-80 pieces (c/o host)
- Forms and score sheets (c/o DepEd host)
- Printer with scanner

XIV. EFFECTIVITY

These technical guidelines shall take effect upon the approval of the Regional Director.



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2024 SRAA MEET TECHNICAL GUIDELINES

PARALYMPICS

I: RULES AND REGULATIONS *(Cite International Rules)*

ATHLETICS:

International Olympic Committee

*International Association of Athletic Federation (IAAF)

*Philippine Athletic Tract and Field Association (PATAFA)

*International Paralympic Committee (IPC)

*Asian Paralympic Committee

*National Paralympic Committees of other member-countries

*PHILSPADA

*NPC-Philippines

*Rules for Para Athletics Events and the Different Sport Classes as mandated by the 2018 Palarong Pambansa Para Games Guidelines.

BOCCE:

The International Federation for Bocce is **Special Olympics Inc.** and therefore the Official Special Olympics Sports Rules for Bocce shall govern all Special Olympics competitions. Refer to Article 1, <http://media.specialolympics.org/resources/sports-essentials/general/Sports-RulesArticle-1.pdf>, for more information pertaining to Codes of Conduct, Training Standards, Medical and Safety Requirements, Divisioning, Awards, Criteria for Advancement to Higher Levels of Competition, and Unified Sports.

GOALBALL:

Based on the 2018-2021 International Blind Sports Association (**IBSA**) Goalball is a Paralympics sport designed for the blind and visually impaired. Teams of six compete against one another with three players from each team on the court at the same time. Players remain blindfolded, on their hands and knees, and the object of the game is to throw the ball into the opposing team's goal. The ball is 2.8 pounds and has bells inside to let players know where the ball is on the court.

(See attached International Blind Sports Association (**IBSA**) Guidelines)

SWIMMING:

Based on the Classification Rules have been adopted by World Para Swimming on 01 January 2018 and **FINA** Swimming Rules and Guidelines, World Para Swimming will provide opportunities for Athletes to be allocated a Sport Class and designated with a Sport Class Status in accordance with these Classification Rules at World Para Swimming Recognized Competitions (or other such locations as defined by World Para Swimming). World Para Swimming will advise Athletes, National Bodies and National Paralympic Committees in advance as to such World Para Swimming Recognized Competitions (or other such locations). <https://swimming.ca/content/uploads/2018/11/WPS-CLASSIFICATION-RULES-AND-REGULATIONS-JANUARY-2018-1.pdf>

(See attached FINA and World Para Swimming guidelines)



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II: ELIGIBILITY

A. Athlete

- The Palarong Pambansa (Para – Games) 2024 shall only be participated by the pupils/students with Intellectual Disability (ID), Visually Impaired (VI), and Orthopedically Handicapped/Amputee (OH) athletes who have enrolled students of Special Education (SPED) classes in the Public and Private Schools for School Calendar 2023 – 2024.
- Each Region is allowed to field in a maximum of fifty-five (55) delegates composed of athletes and coaches.
- Age Category

Exceptionality/Level	Age range
Intellectual Disability	
Level I (boys/girls)	15 years old and below
Level II (boys/girls)	16 years old to 25 years old
Visually Impaired	
Open Category	But up to 25 years old only
Ortho/Amputee	
Open Category	But up to 25 years old only

- **Eligibility of Documents**

All the documents are the same as with the regular athletes except for the following:

- a. Psycho-Educational Assessment Test Result (ID) IQ Level 70 & below
- b. Visual Acuity Test – (VI) Low Vision & Total Blindness,
- c. Individualized Educational Plan (IEP)

Note: All original copies must be presented for verification purposes.

B. Coaches

- SPED Teacher/SPED Receiving Teacher
- With Trainings/Seminars in sports management
- Physically, emotionally and mentally fit (supported with Medical Certificate)
- 57 years old below

III: COMPOSITION BY SPORTS (PARAGAMES)

SPORTS	GENDER	MAX. NO. OF ATHLETES	COACH	ASST. COACH	CHAPERON
INTELLECTUAL DISABILITY					
PARA-ATHLETICS	Boys	10	1		1
	Girls	10	1		
PARA-SWIMMING	Boys	2	1		
	Girls	2	1		



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BOCCE	Boys	2	1		
	Girls	2	1		
VISUALLY - IMPAIRED					
PARA-ATHLETICS	Boys	3	2		1
	Girls	3			
GOALBALL	Boys	4	2		
	Girls	4			
ORTHOPEDICALLY-HANDICAPPED					
PARA-ATHLETICS	OH Boys	2	1		1
PARA-SWIMMING	OH Girls	2	1		

Maximum total number of learner-athletes for paragames is **46**

Maximum total number of coaches for paragames is **12**

Maximum total number of chaperons for Paragames is **3**

IV: DISQUALIFICATION

IV.A. Athletes

- Incomplete documents
- Violation of the technical guidelines of the games

IV.B. Coaches

- Double coaching
- Physically unfit
- 58 years old above

V: EVENTS/DISCIPLINES

V.1 Competition Level:

ATHLETICS

INTELLECTUAL DISABILITY

- Level I (boys/girls) - 15 years old and below
 - Running Event
 - Shot put
 - Running Long Jump
- Level II (boys/ girls) - 16 years old -25 years old only
 - Running Event
 - Shot put
 - Running Long Jump
- Relay Level I (boys/girls) - 15 years old and below
- Relay Level II (boys/girls) - 16 years old -25 years old only

VISUALLY IMPAIRED

- T-11 - Open Category but up to 25 years old only (boys/ girls)
- T12 -Open Category but up to 25 years old only (boys/ girls)
- T13 -Open Category but up to 25 years old only (boys/ girls)
- Shot put
- Standing Long Jump
- Running Long Jump



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BOCCE

- Singles (Boys/Girls),
- Mixed Doubles
- Team

GOALBALL

- One Event- Open - Mixed Category

SWIMMING:

➤ **INTELLECTUAL DISABILITY**

Boys /Girls 50 meters (*backstroke, freestyle, breaststroke*)

➤ **ORTHO/ AMPUTEE**

Boys /Girls 50 meters (*backstroke, freestyle, breaststroke*)

VI: CATEGORIES

A. Visually Impaired (VI)

Category/ Event	No. of Athletes		No. of Coaches	Total Participants
	Boys	Girls		
Visual Impaired- Athletics → 100m → shot put → standing long jump --- running long jump	3	3	2	8 1 chaperon Total =9
Goal Ball	4	4	2	10

B. Intellectual Disability (ID)

Category/ Event	No. of Athletes		No. of Coaches	Total Participants
	Boys	Girls		
Athletics-ID Level I (15 years old and below) → 100m → 200m → 400m → relay (4x100m) → shot put → running long jump	5	5	1	11
Athletics-ID Level II (16 years old to 25 years old) → 100m → 200m → 400m → relay (4x100m) → shot put → running long jump	5	5	1	11 1 chaperon



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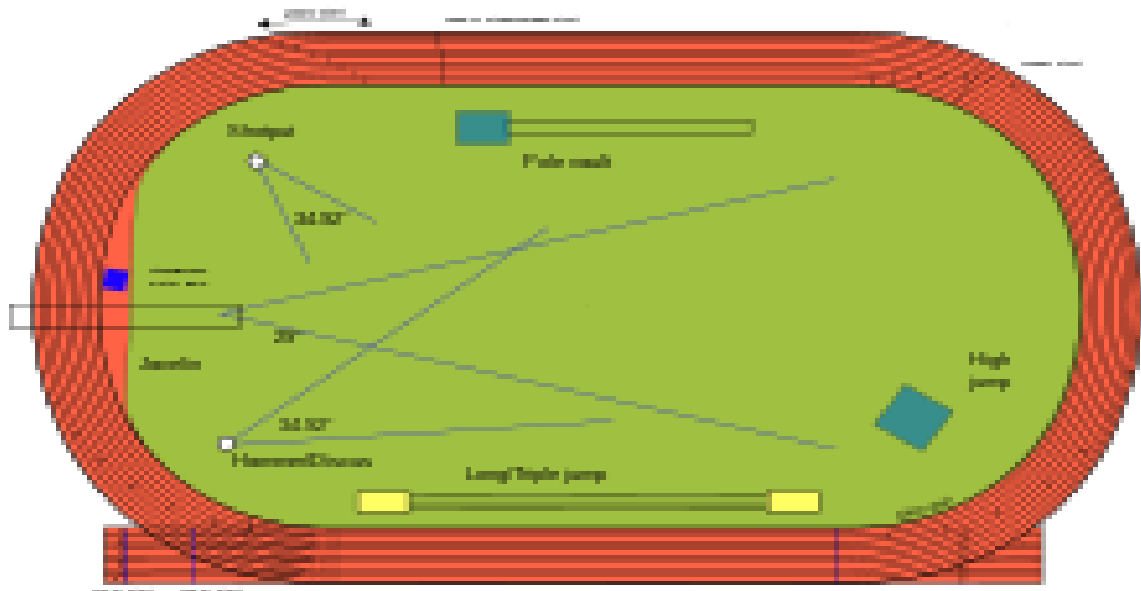
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				Total = 23
Orthopedically-Handicapped Para-Athletics: ➤ Shot put				
Para-Swimming: ➤ 50m (back stroke, freestyle, breast stroke)	2	2	2	6 1 chaperon Total -7
Bocce : Intellectual Disability → singles → doubles → team	2	2	2	6
Swimming: Intellectual Disability - open category up to 25 years old only → 50m(<i>backstroke, freestyle, breast stroke</i>)	2	2	2	6

VII: PLAYING AREA, EQUIPMENT, AND COMPETITION UNIFORM

VII.1 Playing Area

ATHLETICS:



-400m Running Tracks are specialized all-weather rubberized running surfaces used for an assortment of Track and Field competitions. With lanes designed to be 400m in length



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from start to finish, 400m Running Tracks are the most commonly used track size that can easily accommodate competitive sprint lengths of 100m, 200m, and 400m. 400m Running Tracks have an inner radius of 119'9" | 36.5 m, an overall length of 580'5" | 176.91 m, a width of 303'6" | 92.5 m, and an area of 157,092 ft² | 14,594 m². All running tracks have lane widths of 4' | 1.22 m.

- 400m Running Tracks have an overall length 580'5" | 176.91 m, an overall width of 303'6" | 92.5 m, and a total area of roughly 157,092 ft² | 14,594 m².

-The radius of the inside lane of a 400m Running Track is set at 119'9" | 36.5 m.

-Running tracks are used for sprints (100m, 200m, 400m), middle distance runs (800m, 1500m), long-distance runs (3km Steeplechase, 5km, 10km), hurdles (110/100m, 400m), and relays (4x100m, 4x400m). Field-based events in track and field include both jumping and throwing events. Jumping events include the Long Jump, Triple Jump, High Jump, and Pole Vault. Throwing events include the Shot Put, Discus Throw, Javelin Throw, and Hammer Throw.

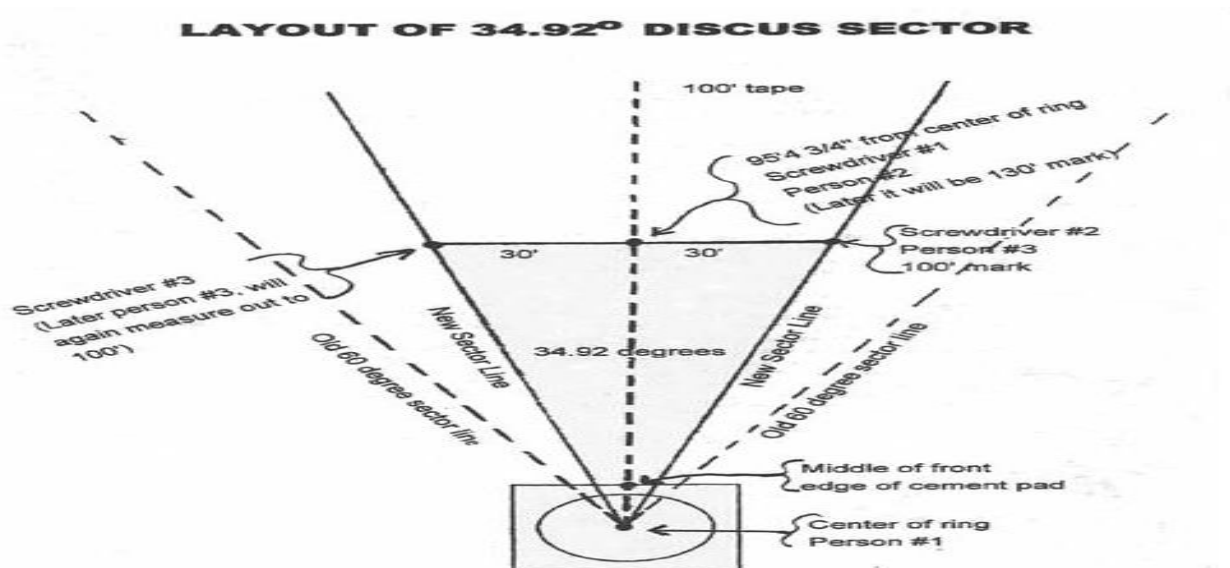
Note: 1. Intellectual Disability rules and requirements are based on Implementing rules and guidelines of Regular Athletes.

2. Visually Impaired – T11 – T12 needs:

- A. Guide runner from the regular athletics players.
- B. Teether

SHOT PUT FIELD:

VII.2 LAYOUT OF 34.92° SECTOR USING MEASURING DEVICE





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As has been written in many places, for a sector of 34.92 ° the ratio of the distance between the sector lines to the distance of the sector lines is 6 to 10 (i.e. 6:10 or 6/10 or .6). Using these figures, here is what you'll need for laying out the 34.92 ° sector for discus and shot.

- 3 screwdrivers or 3 small metal stakes
- 2) a 100' tape and 150' or larger tape
- 3) either a felt-tip marker or a can of spray paint
- 4) 3 people (total) to do the layout

Assuming that you wish to uniformly "bring in" the side sector lines from the old 60 ° sector, do the following:

- 1) Locate the middle of the front edge of the discus pad
- 2) With person #1 holding the "0" end on the center of the discus ring, person #2 stretches a 100' tape out across the middle mark of the front edge of the discus pad and when on out to 100'. Pull the tape taut and lay it on the grass. Person #1 stays in the center of the discus ring
- 3) Stick screwdriver #1 into the ground on this stretched 100' tape at 95'4 V"
- 4) With person #1 also holding the zero end of the 2nd longer tape on the center
 - 1) of the discus ring, have person #2 come back to the ring and stretch the longer tape out to exactly the 130' mark and place that 130' mark at the screwdriver #1 mark (for a minute, the longer tape will not be taut)
 - 5) Person #3 holds the longer tape at the 100' mark and pulls it taut so mat the longer tape forms a triangle with the #1 and #2 person. When both "sides" are taut, put screwdriver #2 into the ground at the 100' mark. The line between the center of the ring and screwdriver at #2 is the desired right sector line. You can then extend this sector line as long as you want (i.e. 200' or more)
 - 6) Repeat the same process for the left sector side.

A suggestion would be to scratch or paint permanent marks where sector lines cross either on the actual ring or the front edge of the pad. This will east future layout.

FOR	SHOT	PUT	PLAYOUT
Same process	divides	numbers in half	(i.e.)
1) Change	95'4	3/4" to	47'8 3/8"
2)		100'to	50'
3) 30'to 15'			

SHOT PUT:
1. ORTHO/AMPUTEE (SEATED THROWER)

Rule 35: Seated Throwing Requirements (Sports Classes F31-34, F51-57) [Note to officials: for the purpose of interpreting this rule and other rules regarding the shape, dimensions, construction, and other characteristics of competition



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equipment, the 'fundamental principles' set out in Part B – 7.1 regarding 'Technology and Equipment should be observed.]

1. Throwing Frame Specifications: a) The maximum height of the seat surface, including any cushioning, shall not exceed 75 cm; b) Each throwing frame must have a seat that is square or rectangular in shape and each side at least 30 cm in length. The seat surface must be level or with the front higher than the back (i.e. inclined backward). Note: The front is the plane furthest from the athlete's spine with the athlete in a seated position regardless of the direction of the athlete in relation to the landing area. c) The throwing frame may incorporate side, front and back rest for the purposes of safety and stability. They can either be made of non-elastic fabric (e.g., non-elastic canvas) or be a rigid construction that does not move (e.g., rigid steel or aluminum). The backrest may incorporate cushioning that must not exceed 5 cm in thickness. Note: The structure of the throwing frame shall not impede the view of judges. d) The side, front and back rest should not incorporate springs or movable joints or any other feature that could assist with propulsion of the throwing implement; e) The throwing frame may have a rigid vertical bar. The vertical bar must be a single, straight piece of material without curves or bends, and with a cross-sectional profile that is circular or square, not oval or rectangular. It must not incorporate springs or movable joints or any other feature that could assist with the propulsion of the throwing implement; Note (i): It is understood that most materials will flex and distort to some degree under pressure and it will not be practical or economically viable to engineer a solution whereby all flexing is totally eliminated. However, flexing must not be clear to the naked eye, and in the opinion of the technical officials, the spirit of these rules and Part B - 7 is being breached. Note (ii): The vertical bar may have layers of tape and/or any other suitable material to provide a better grip. The thickness of the tape or other alternative material must not result in any unfair advantage exceeding the athlete's physical prowess.

2. INTELLECTUAL DISABILITY & VISUALLY IMPAIRMENT

Regular Playing Area Standard will be applied.

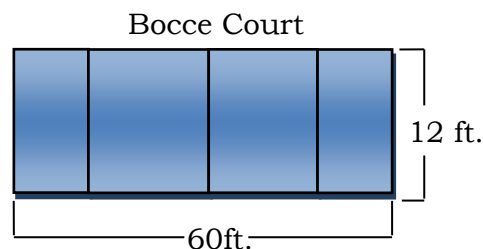
BOCCE:

Playing Area: (To be announced)

VII.3.1 - Standard Requirement

- Open Field with plain and well-trimmed grasses.

VII.3.2 Layout





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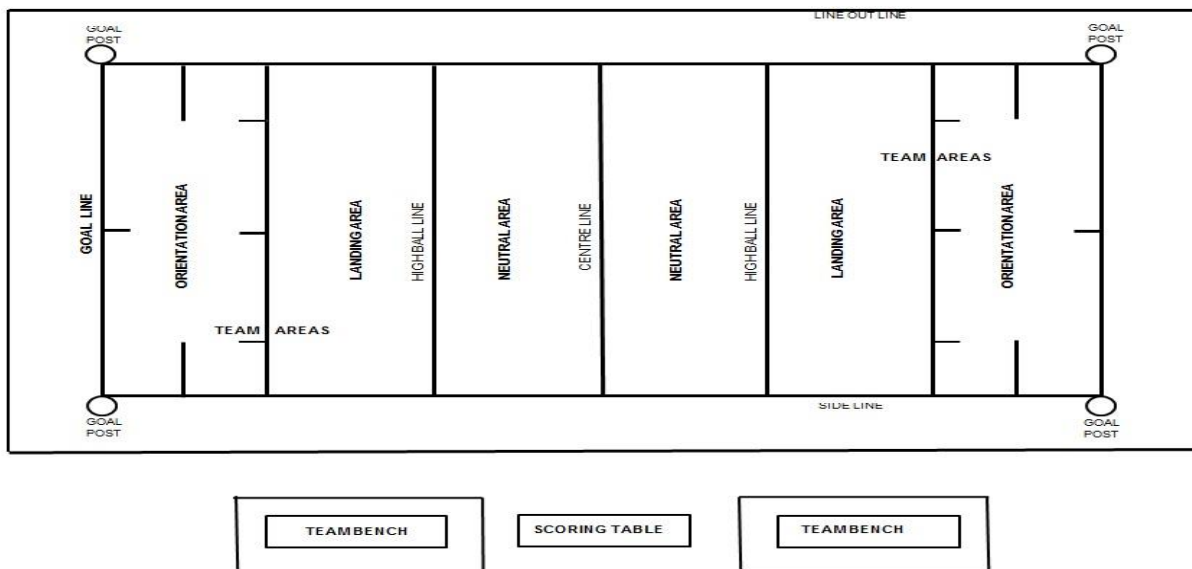
GOALBALL:

Playing Area: (To be announced)

VII.4.1 - Standard requirement:

The game is played in a gymnasium on a court measuring 18m x 9m, divided into two halves by a center line. The goals and nets extend right across the 9m width of the court. The Goalball is made of hard rubber material with holes in it that allow the bell, inside the goalball, to be heard as the ball moves. Goals span the **width** of the pitch. The **court** is divided into six even sections, 3 by 9 meters (9.8 by 29.5 ft). <https://www.google.com/search?sxsrf=ACYBGNTohoKO4tlB65kagOrBf3V7rT6mew%3A157846623711>

VII.4.2 Layout



SWIMMING

Playing Area: (To be announced)

VII.5.1 - Standard requirement:

Based on FINA FACILITIES RULES the swimming pool dimension will be 46.0 meters for 50-meter-long pools; 21.0 meters for 25-meter-long pools. Each lane line shall end 2.0 meters from the end wall of the pool with a distinctive cross line of 1.0- meter-long and of the same width as the lane line

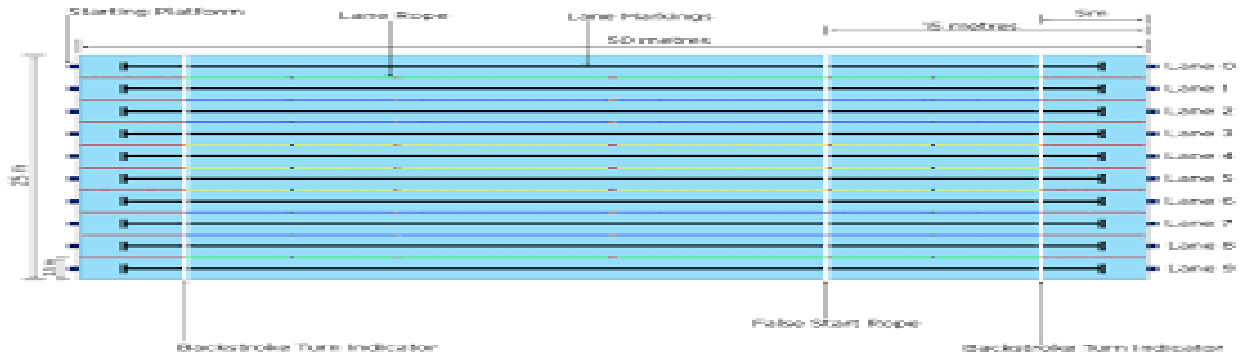


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VII.5.2 -Layout



VIII.1 – Equipment:

ATHLETICS:

- Clapper
- BIB number
- Flags (red/white/yellow)
- Whistle
- Score Card/ Score Sheets
- Measuring Device
- Baton
- Stop Watch
- Tether (for VI only)
- Modified Specialized Chair for Ortho Athletes
- Shot-put Implements

BOCCE:

- Pallina
- Bocce Balls
- Flags/Paddle (Red/Green)
- Whistle
- Score Card/ Score Sheets
- Measuring Device
- Coin
- Stop Watch
- BIB number

GOALBALL:

- Goalball
- Whistle
- Scoreboard/score sheet
- Eye patch/eyeshades
- Stopwatch
- Signboard
- Elbow/knee pads
- Coin
- Goal post



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SWIMMING

- 4 mm Polyethylene string
- BIB number

- Whistle
- Scoreboard/score sheet
- clapper
- Appropriate swimwear
- Goggles
- Stopwatch
- BIB number
- Swimming cap

VIII.2- Competition Uniform

VIII.2.1 - Athlete

- Delegation Uniform

VII.2.2 - Coach

- Delegation Uniform

VII.2.3 - Technical Official

- Technical Official's Uniform

C. TECHNICAL OFFICIALS

VIII.1- Qualifications

- SPED Teacher/SPED Receiving Teacher
- Attended Trainings/Seminars on sports management in PARA GAMES
- Physically, emotionally and mentally fit (supported with Medical Certificate)
- 55 years old below



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VIII.2 - Organizational Structure

**PARALYMPICS
ORGANIZATIONAL STRUCTURE**

VIII.3.1 Terms of Reference *(based on organizational structure)*
(See attached Organizational Structure)

**BOCCE
ORGANIZATIONAL
STRUCTURE**

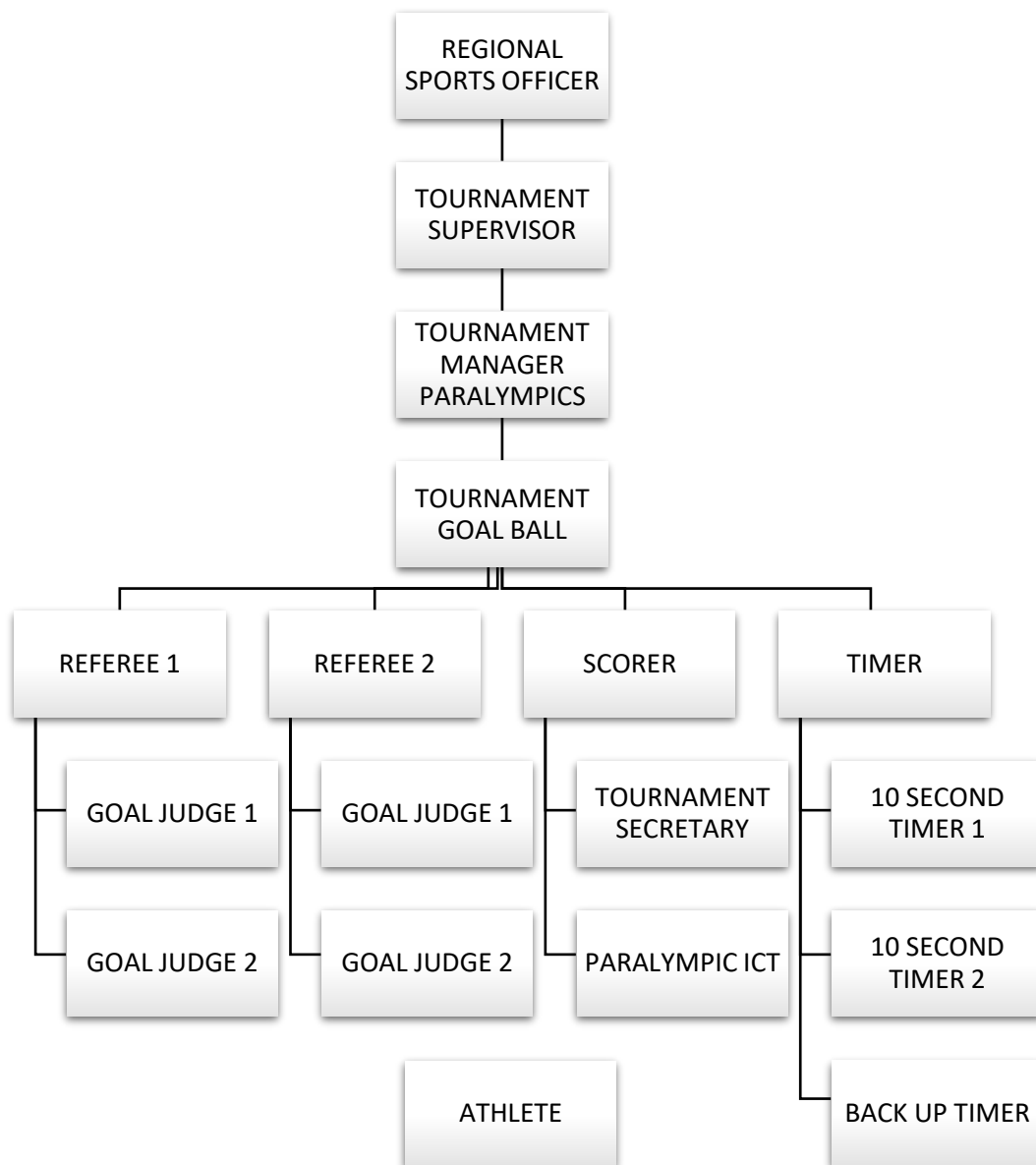
VIII.3.2 Terms of Reference *(based on organizational structure)*



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(See attached Organizational Structure)

**GOAL BALL
ORGANIZATIONAL
STRUCTURE**

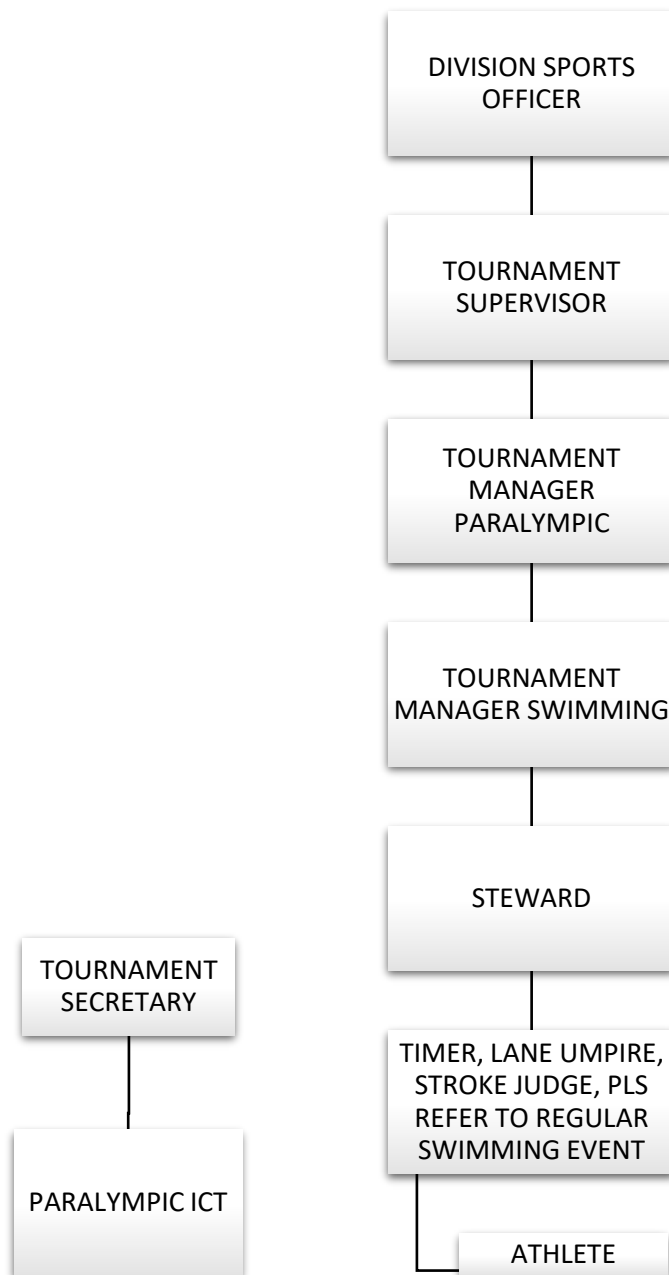




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VIII.3.3 Terms of Reference *(based on organizational structure)*

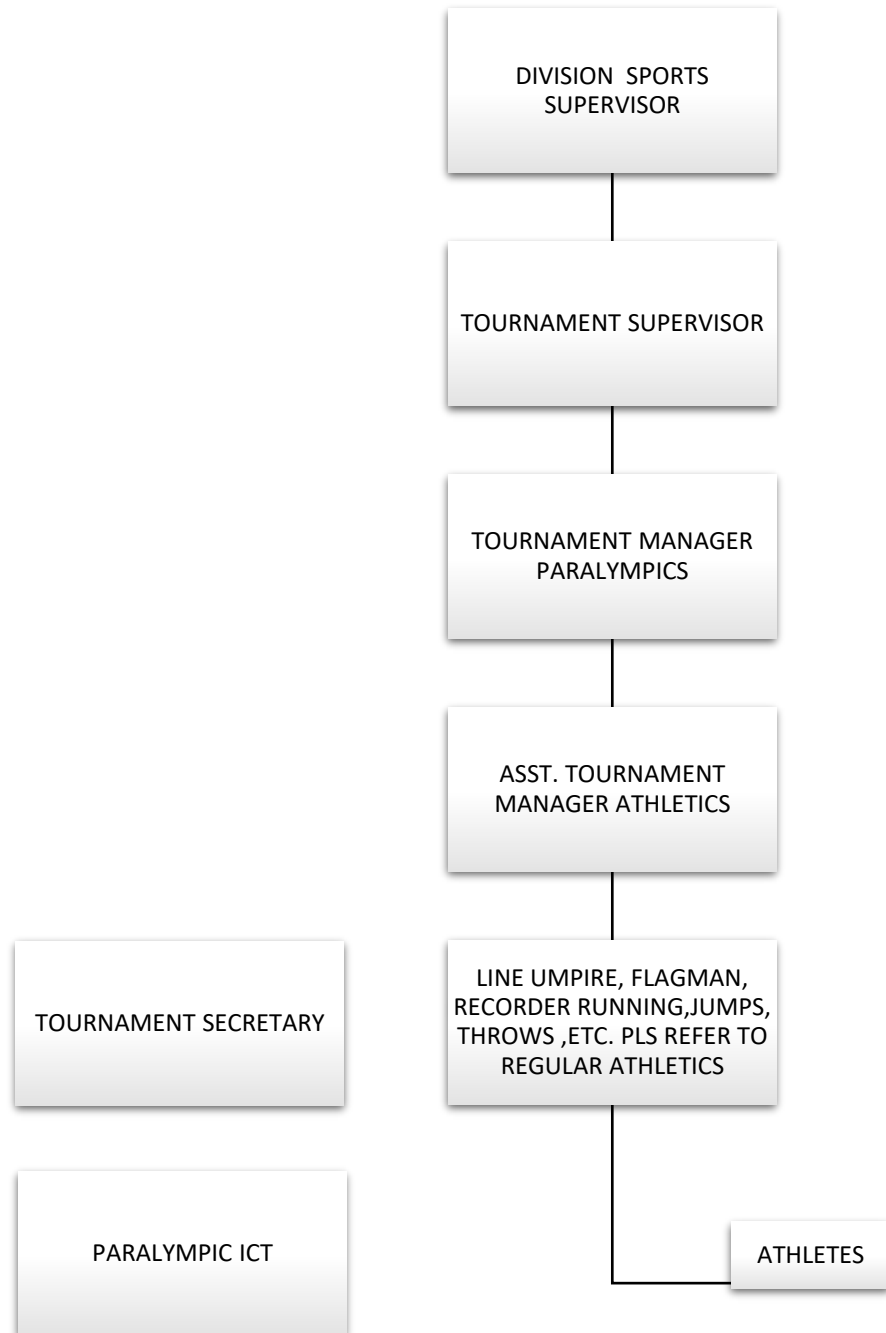
SWIMMING ORGANIZATIONAL STRUCTURE





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ATHLETICS





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D. CONDUCT OF THE COMPETITIONS

IX.1 Seeding *(if applicable)*

- Not Applicable

IX.2 Competition format

Event	Category	
Athletics	ID- Level I and Level II (boys/girls)	100m
		200m
		400m
		Relay (4x100)
		shot put
	Visually Impaired (boys/girls)	Running long jump
		100m
		Shot put
	Ortho/Amputee (boys /girls)	Standing Long jump
Running Long Jump		
Bocce	ID- boys/girls	Singles
		Mixed Doubles
		Team
Goal Ball	Visually Impaired (boys/girls)	Team
Swimming	ID- (boys/girls)	50m
		➤ Backstroke
		➤ Breaststroke
	Ortho/Amputee (boys/girls)	50m
➤ Backstroke		
➤ Breaststroke		
➤ Freestyle		

E. DETERMINATION OF WINNER

- Gold
- Silver
- Bronze



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F. SELECTION COMMITTEE

XI.1 - Composition

- Tournament Manager
- Tournament Officials
-

XI.2 Qualifications

- Number of Gold

XI.3 Terms of Reference

- Game results

XII - SELECTION OF RECOMMENDED ATHLETES, COACHES & CHAPERONS

XII.1 Selection of Recommended Athletes

- Modified Selection

XII.2 Selection of Recommended Coach

- Medal Count
- In case of a tie, the law of succession

XII.3 Selection of Recommended Chaperons

- Medal Count

XIII: MEDALS AT STAKE *(Based on the number of events/ disciplines)*

XIII.1-Medals to be Awarded

Event	Medals			Total
	Gold	Silver	Bronze	
A. Athletics- Intellectual Disability				
100m	8	8	8	24
200m	8	8	8	24
400m	8	8	8	24
Relay (4x100m)	16	16	16	48
Shot put	8	8	8	24
Running Long Jump	8	8	8	24
B. Athletics- Visually Impaired				
100m	2	2	2	6
Shot put	2	2	2	6
Standing Long Lump	2	2	2	6
Running Long Jump	2	2	2	6
C. Athletics- Ortho/Amputee				
Shot put (Above- Knee Amputation)	2	2	2	6
Shot put (Below- Knee Amputation)	2	2	2	6



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D. Bocce- Intellectual Disability				
Singles	2	2	2	6
Doubles	2	2	2	6
Team	4	4	4	12
E. Goal Ball				
Team	4	4	4	12
F. Swimming- Intellectual Disability				
Backstroke	2	2	2	6
Breast Stroke	2	2	2	6
Free Style	2	2	2	6
G. Swimming- Ortho/Amputee				
Backstroke	4	4	4	12
Breast Stroke	4	4	4	12
Free Style	4	4	4	12
Total	98	98	98	294

XIII.2 - Medals to be Counted (Overall ranking)

Event	Medals			Total
	Gold	Silver	Bronze	
H. Athletics- Intellectual Disability				
100m	8	8	8	24
200m	8	8	8	24
400m	8	8	8	24
Relay (4x100m)	4	4	4	12
Shot put	8	8	8	24
Running Long Jump	8	8	8	24
I. Athletics- Visually Impaired				
100m	2	2	2	6
Shot put	2	2	2	6
Standing Long Lump	2	2	2	6
Running Long Jump	2	2	2	6
J. Athletics- Ortho/Amputee				
Shot put (Above- Knee Amputation)	2	2	2	6
Shot put (Below- Knee Amputation)	2	2	2	6
K. Bocce- Intellectual Disability				
Singles	2	2	2	6
Doubles	1	1	1	3
Team	1	1	1	3
L. Goal Ball				
Team	4	4	4	12
M. Swimming- Intellectual Disability				
Backstroke	2	2	2	6
Breast Stroke	2	2	2	6



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Free Style	2	2	2	6
N. Swimming- Ortho/Amputee				
Backstroke	2	2	2	6
Breast Stroke	2	2	2	6
Free Style	2	2	2	6
Total	76	76	76	228

XIV - SPECIAL AWARDS (*Certificate of Recognition*)

XIV.1 Athlete

XIV.2 Technical Official

XV – PROTEST, PENALTIES, AND SANCTIONS

XV.1- Protest and Appeals

Protest will be entertained with the letter signed by the coach and DSO.

1. Protests concerning the status of an athlete to participate in a competition (other than relating to Classification and Anti-Doping) must be made to the Technical Delegate(s) prior to the commencement of the competition. Once the Technical Delegate(s) make(s) a decision, there shall be a right of appeal to the RSAC. If the matter cannot be resolved prior to the competition, the athlete shall be allowed to compete “under protest” and the matter shall be referred to the RSO.

2. Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event.

The Technical Officials of the competition shall be responsible for ensuring that the time of the announcement of all results is recorded.

XV.2 - Penalties

- Protest filling fee of _____, nonrefundable.

XV.3 - Sanctions

- Give 3 times warning
- Ejection from the court

XVI - PROPOSED SCHEDULE OF THE GAME

XVI.1 Official Practice Day

- Two days prior to the official scheduled games.

XVI.2 Competition Proper



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A. Athletics- Intellectual Disability and Visually Impaired

Event	Date/Time	Remarks
100m		Final
200m		
400m		
Relay (4x100m)		
Shot put		
Running Long Jump		

B. Bocce- Intellectual Disability

Events	Date/Time	Remarks
Singles (Boys)	May 14, 2024/ 5:30am	Elimination/Selection
Singles (Girls)	May 14, 2024/ 3:00pm	
Mixed Doubles	May 15, 2024/ 5:30am	
Team	May 16, 2024/ 5:30am	

C. Goal Ball- Visually Impaired

Event	Date/Time	Remarks
Team Boys	May 15, 2024/ 5:00pm	Elimination/Selection
Team Girls		

D. Swimming- Intellectual Disability

Event	Date	Remarks
Backstroke (50m)		Final
Breast Stroke(50m)		
Free Style(50m)		

E. Swimming- Ortho/Amputee

Event	Date	Remarks
Backstroke (50m)		Final
Breast Stroke(50m)		
Free Style(50m)		



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XVII - RISK ASSESSMENT

XVII.1 Proposed Plan of Action

INFORMATION			
PROCESS NAME:	PARAGAMES	PROCESS OWNER:	PARAGAMES TOURNAMENT MANAGER, OFFICIALS, DISTRICT SPORTS OFFICER AND REGIONAL SPORTS OFFICER
CUSTOMER:	PARA-ATHLETES, COACHES, AND CHAPERONS		

RISK/ISSUES	RISK PROBABILITY	IMPACT TO CUSTOMERS	RISK IMPACT	CORRECTION	RISK PRIORITY	OPPORTUNITIES FOR IMPROVEMENT	TIME-LINE	SUCCESS INDICATORS
1. Medium to high-intensity quake whilst events is going on.	High	Panic, non-performance of athletes.	Very High	Anticipate every now and then for medium to high-intensity quakes; Stop the games and proceed with the evacuation plan if it will happen.	46 Athletes and 30 officials	Include in the solidarity meeting the DRRM protocols.	January - M 2023	100% effective.
2. Athletes fainting during or after sprint events.	High	Non-performance of the athletes.	Medium	Fainting is inevitable in running events. Have DRRM volunteers be in their stations and be ready.	46 Athletes and 30 officials	Brief all DRRM volunteers to be ready especially during PARA-ATHLETICS	August-September 2023	100% effective.
3. Implements getting lost: Bocce Ball (8 balls) Goal Ball (1 ball)	Low	Delay on Events: Bocce and Goal Ball	High	Have all implements double-check. Keep and secure before and after the event.	46 Athletes and 30 officials	Assistant Tournament Manager should be responsible for securing implements before and after the event.	August-September 2023	100% effective.

XVIII - SECURITY & SAFETY PROTOCOLS

XVIII. 1 - GUIDELINES ON THE NATIONWIDE IMPLEMENTATION OF ALERT LEVEL SYSTEM FOR COVID-19 RESPONSE.

Observe COVID-19 SAFETY PROTOCOL:

- Always observe social distancing (Keep 1 meter away)
- Proper hand washing
- Cover when coughing and sneezing
- Avoid crowded places
- Always wear best-fitted face-mask
- Seek medical assistance when signs and symptoms of covid-19 appear

XVIII.2 – Conduct a physical inspection of the playing venues/courts. Clear from



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hazardous objects that can harm the athletes.

XVIII.3 – Observe the proper wearing of an athlete’s uniform.

XVIII.4 – Always seek the presence of the medical team before commencing the game.

XIX: MONITORING AND EVALUATION SYSTEM

XIX.1 - Performance Assessment

XIX.2 – Client’s Satisfaction Assessment Tool

XIX.3 - Narrative Report

XX: EFFECTIVITY:

These technical guidelines shall take effect upon the approval of the Regional Director.