



Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

June 18, 2024

REGION MEMORANDUM  
ESSD-2024-095

**WORKSHOP ON THE DEVELOPMENT OF MENTAL HEALTH CRISIS RESPONSE  
AND REFERRAL SYSTEM**

To: Schools Division Superintendents

- The Department of Education, in fulfillment of its mandate under Republic Act 11036 or the Mental Health Act, is implementing the School Mental Health Program (SMHP) to strengthen the mental health and well-being of learners. The SMHP, coordinated by the Bureau of Learner Support Services – School Health Division (BLSS-SHD), involves the establishment of the Mental Health Crisis Response and Management (MHCRM) to effectively respond to learners experiencing mental health crises through appropriate mental health and psychosocial support interventions.
- With this, the BLSS-SHD will conduct an in-person **Workshop on the Development of Mental Health Crisis Response and Referral System on June 24-28, 2024** in a venue within Manila (to be announced later).
- The workshop has the following objectives:
  - Draft the MHCRM protocols, roles and responsibilities of DepEd personnel and stakeholders responding to learners in the event of a mental health crisis;
  - Create a guideline on ethical response, reporting and monitoring cases of mental health crises; and
  - Draft the referral system and mechanisms that can be used during mental health crises.
- The following identified participants for SOCCSKSARGEN Region shall attend and confirm their attendance through this link: <https://bit.ly/depedmhcrrsregsoccsksargen> on or before June 19, 2024:

Name	Designation	SDO
Jeza Mae B. Cerbolles	SDO SMPH Coordinator	Cotabato Province
Kimberly R. Echavaria	SDO DRRM Focal	Sultan Kudarat
Junellete D. Mabunga	SDO LRPO Focal	Sarangani
Lovella O. Maguad	School Head	Buayan ES, Mlang, Cotabato Province
Marilyn C. Bagasbas	Registered Guidance Counselor	KNCHS, Koronadal City
Kristine Joy S. Alperito	Registered Guidance Counselor	Libertad NHS, South Cotabato

- Travelling and other related expenses shall be charged against the SMHP funds of the Regional Office subject to usual accounting and auditing rules and regulations.



Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

6. For questions and further clarifications, please contact Belle Beatrice D. Hombrebueno, Technical Assistant II, BLSS-SHD through email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph) (cc: [kumustaka@deped.gov.ph](mailto:kumustaka@deped.gov.ph)) landline number (02) 8632-9935 or viber +639153857653.

7. For information and compliance.

  
**CARLITO D. ROCAFORT**  
*Director IV*

*Enclosure: Annex A & B*

*Reference: OM-OUOPS-2024-09-04811*

*Allotment: SMHP RO Funds*

*To be indicated in the Perpetual Index under the following Subjects:*

*MENTAL HEALTH*

*WORKSHOP*

*MLAI/ESSD-SHS/RM WORKSHOP ON THE DEVELOPMENT OF MENTAL HEALTH CRISIS RESPONSE AND REFERRAL SYSTEM / 102/June 17, 2024*



**Address:** Regional Center, Brgy. Carpenter Hill, City of Koronadal

**Telephone Nos.:** (083) 2288825/ (083) 2281893

**Email Address:** [region12@deped.gov.ph](mailto:region12@deped.gov.ph)

**Website:** [depedroxii.org](http://depedroxii.org)



Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

**Annex A:**

**LIST OF PARTICIPANTS**

**I. Program Management Team**

OFFICE	NAME	POSITION
BLSS-SHD	Dr. Lilibeth M. Gonzales	Supervising Health Program Officer
BLSS-SHD	Belle Beatrice D. Hombrebuena	Technical Assistant II
BLSS-SHD	Jordan P. Concepcion	Technical Assistant II
BLSS-SHD	Julia Andrea A. Aguila	Technical Assistant I
BLSS-SHD	Ellafher Ramos	Technical Assistant I

**II. Target Participants**

<b>DepEd Central Office</b>	1- DRRMS
	1- LRPO
	1- BCD
<b>DepEd Regional Office (16 regions)</b>	1- SDO School Mental Health Coordinator
	2- Registered Guidance Counselor
	1- School Head
	1- SDO DRRM Focal
	1- SDO LRPO Focal
<b>External Participants</b>	15
<b>External Resource Person</b>	2



Republic of the Philippines  
**Department of Education**  
 SOCCSKSARGEN REGION

**Annex B:**

**INDICATIVE PROGRAM OF ACTIVITIES**

TIME	ACTIVITY	PERSON/OFFICE RESPONSIBLE
<b>DAY 1 (MONDAY)</b>		
-	Arrival of Participants	-
1:00 PM – 2:00 PM	Registration of Participants	Program Management Team (PMT)
2:00 PM – 2:45 PM	Opening Program <ul style="list-style-type: none"> <li>• Preliminaries</li> <li>• Welcome Remarks</li> <li>• Inspirational Message</li> <li>• Introduction of the participants</li>   <li>• Introduction of School Mental Health Program</li>   <li>• Introduction of Mental Health Crisis Response and Management (MHCRM)</li> </ul>	PMT
2:45 PM – 3:15 PM	Health Break	-
3:15 PM – 4:00 PM	Program Overview	PMT
4:30 PM – 5:00 PM	End-of-day Evaluation and Clearing House / Other Reminders	PMT
<b>DAY 2 (TUESDAY)</b>		
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> <li>• Program Matrix</li> <li>• Session Norms</li> </ul>	PMT
8:30 AM – 10:00 AM	<b>SESSION 1</b> Mental Health Crisis 1	Resource Person
10:00 AM – 10:30 AM	Health Break	-
10:30 AM – 12:00 PM	Mental Health Crisis 2	Resource Person
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 2:30 PM	<b>SESSION 2</b> Screening and Interventions	Resource Person
2:30 PM – 3:00 PM	Health Break	-
3:00 PM – 4:30 PM	<b>SESSION 3</b> Presentation of MHCRM Best Practices	PMT





Republic of the Philippines  
**Department of Education**  
 SOCCSKSARGEN REGION

4:30 PM – 5:00 PM	End-of-day Evaluation and Clearing House / Other Reminders	PMT
<b>DAY 3 (WEDNESDAY)</b>		
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> <li>• Program Matrix</li> <li>• Session Norms</li> </ul>	PMT
8:30 AM – 10:00 AM	<b>Writeshop 1</b> MHCRM Protocol	PMT
10:00 AM – 10:30 AM	Health Break	-
10:30 AM – 12:00 PM	<b>Writeshop 2</b> MHCRM Protocol	PMT
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 2:30 PM	<b>Writeshop 3</b> MHCRM Protocol	PMT
2:30 PM – 3:00 PM	Health Break	-
3:00 PM – 4:30 PM	<b>Writeshop 4</b> MHCRM Protocol	PMT
4:30 PM – 5:00 PM	End-of-day Evaluation and Clearing House / Other Reminders	PMT
<b>DAY 4 (THURSDAY)</b>		
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> <li>• Program Matrix</li> <li>• Session Norms</li> </ul>	PMT
8:30 AM – 10:00 AM	<b>SESSION 4</b> Case Management	Resource Person
10:00 AM – 10:30 AM	Health Break	-
10:30 AM – 12:00 AM	<b>SESSION 4</b> Effective Referral	Resource Person
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 2:30 PM	<b>Writeshop 5</b> Creation of Referral Network	PMT
2:30 PM – 3:00 PM	Health Break	-
3:00 PM – 4:30 PM	<b>Writeshop 6</b> Creation of Referral Network	PMT
4:30 PM – 5:00 PM	End-of-day Evaluation and Clearing House / Other Reminders	PMT
<b>DAY 5 (FRIDAY)</b>		
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> <li>• Program Matrix</li> <li>• Session Norms</li> </ul>	PMT



Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

---

8:30 AM – 10:00 AM	<b>Writeshop 7</b> Action planning	PMT
10:00 AM – 10:30 AM	Health Break	-
10:30 AM – 12:00 AM	<b>Writeshop 8</b> Presentation of the draft of the MHCRM and Referral System	PMT
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 2:00 PM	Closing Program	PMT